

	<p><b>SIMON FRASER UNIVERSITY</b></p> <p><b>Clan Cup Invitational</b></p> <p><b>November 6-7, 2010</b></p> <p><b>Sanctioned by Swim BC - #9611</b></p>
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Simon Fraser University is hosting a Jr National-University + level Invitational. This meet will be heats and A-B finals on Saturday November 6, and heats + A finals only for Sunday November 7, 2010. It is intended for senior level athletes ages 15 and over. The meet will be in World Cup style format with a timed final relay event included.

**Starting Times:**

Saturday and Sunday Preliminaries

warm-up	8:00 am
<b>start</b>	<b>9:30 am</b>
estimated finish	12:00 pm

Saturday finals

warm-up	3:30 pm
<b>start</b>	<b>5:00 pm</b>
estimated finish	7:30 pm

Sunday finals

warm-up	1:30 pm
<b>start</b>	<b>3:00 pm</b>
estimated finish	4:30 pm

**Location:**

Simon Fraser University Pool  
6 lane 25 meter pool  
Simon Fraser University  
Burnaby, BC  
V5A 1S6

Seperate diving well for warm-up/warm-down  
Colorado timing system

**Entries:** Meet entries will only be accepted via upload to the [SNC meet website](#).

The meet is limited to 250 swimmers maximum.

**Entry Deadline:** Thursday  
**October 28/10**

**Fees:**

There is a charge of \$ 10.00 per swimmer which includes the Swim BC Provincial Team Splash fee. **There are no fees for relays.**

\* the swimmer charge must be paid in full on the first day of the meet. Cheques payable to: **Simon Fraser University Swim Team.**

**Seeding:** The meet will be pre-seeded with no deck entries. Scratches are due 30 minutes before session start.

**Meet Rules:** SNC and FINA rules will be followed . The current SNC swim suit policy will be followed. SNC Warm-Up Procedures will be in effect.

**Scratches:** scratches for finals must be submitted within 30 minutes of the conclusion of the preliminary session.

**Coaches Meeting:** There will be a coaches meeting 10 minutes prior to the start of the first session.

**Officials Meeting:** There will be an officials meeting prior to the start of each session.

**Awards:** The meet will be scored with a trophy for the winning team. Individual scoring will be through six places with the following formula:

1st	12	4th	3
2nd	8	5th	2
3rd	5	6th	1

Relay points:

1st	24	4th	6
2nd	16	5th	4
3rd	10	6th	2

**Meet Manager:**

Karen Schofield  
Dept. of Athletics  
Simon Fraser University  
Burnaby, B.C., V5A 1S6 off 778 782 3176  
fax 778 782 4922

**Meet Referee:** Barry Parrish

# CLAN CUP 2010

## SATURDAY EVENTS

Women		Men	
1.	400 free	2	
3.	100 fly	4	
5	50 back	6	
7.	200 breast	8	
9.	400 IM	10	top 24 only - fastest 12 entries to swim in finals
11.	100 free	12	
13.	50 breast	14	
15.	200 back	16	
17.	W 1500 free *		top 24 only - fastest 6 entries to swim in finals
	M 800 free *	18	top 24 only - fastest 6 entries to swim in finals
19.	200 free relay	20	relays swim in finals

\* timed final

## SUNDAY EVENTS

Women		Men	
21	200 free		22
23	100 breast	24	
25	50 fly	26	
27	100 back	28	
29	200 IM	30	
31	800 free		top 24 only - fastest 6 entries to swim in finals
32	50 free	33	
34	200 fly	35	
	1500 free	36	top 24 only - fastest 6 to swim at night
37	200 med relay	38	relays swim in finals

All entries must submitted on-line by

# Thursday October 28, 2010