



# FastSwim 2010

Hosted by



December 3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup>, 2010

Watermania,  
Richmond B.C.  
14300 Entertainment Blvd.  
Richmond B.C. Canada  
604- 275 -7946

\$ 50 free Eliminator \$  
\$ Mystery 200 I M \$

Sanctioned by Swim BC: #9398

"We would like to thank the Province of British Columbia for their assistance"



## Start times:

Friday	<b>Heats 8:15am -9:20warm up</b> <b>9:30am start / 1:30pm finish (approx.)</b> <b>Finals 4:00pm – 5:00pm warm up</b> <b>5:10pm start / 7:30pm finish (approx.)</b>
Saturday	<b>Heats 8:15am -9:20warm up</b> <b>9:30am start / 2:30pm finish (approx.)</b> <b>Finals 4:00pm – 5:00pm warm up</b> <b>5:10pm start / 8:00pm finish (approx.)</b>
Sunday	<b>Heats 8:15am -9:20warm up</b> <b>9:30am start / 1:00pm finish (approx.)</b> <b>Finals warm up will be 2 hrs after heats conclude,</b> <b>finals will start after a 1 hour warm up.</b>



### Special meet rules and explanations are listed in the meet package as follows.

1. The meet will be run under the most current SNC and Swim BC rules as per 2010-2011 SWIM BC Technical Guide.
2. Current SNC Swim Suit policy will be in effect at this meet.
3. This meet is open to swimmers in the swim meet's designated age categories registered with Swim BC or other affiliated FINA organizations.
4. The FINA one start rule and SNC warm up procedures will be in effect.
5. Preliminaries will be double pooled, male, female. Finals single pooled.
6. Swimmers missing a preliminary heat will be considered a scratch and will not be entered in another heat in that event.
7. Para-swimmers who are registered with a FINA or IPC affiliate are welcome and will be seeded according to their entry time.
8. 2010 IPC Swimming Rules will govern all SWAD events.
9. Complete IPC classification numbers must accompany entries. (e.g. s6sb6sm6)
10. Preliminary heats will be start overs, with the previous heat remaining in the pool.
11. Richmond Rapids reserve the right to enter swimmers not meeting the qualifying standards.
12. 10 & unders are limited to 4 hours per session, excluding warm up. Coaches are requested to adhere to this limit when considering events entered.
13. Scratches for preliminaries are requested by the posted scratch deadlines.
14. Finalists are considered to be the top 8 plus 2 or the top16 plus 2 in events with consolation finals.
15. The SwimBC Heats/Finals Scratch Policy will be in effect:
  - Failure to scratch a finalist or alternate will result in a scratch penalty if the alternate is called.
  - Scratches for finals must be into the clerk of the course ½ hour after the conclusion of preliminaries for re-seeding.
  - Last chance scratch. Up to ½ hour before finals. Coaches may find the alternate, notify the clerk of the course, and the referee of the intent to scratch. The original swimmer will be penalized if the incorrect alternate shows or swims.
  - In adherence to Swim BC's scratch policy at heats/finals meets, the penalty for no shows or scratches after the deadline during finals will be \$20, with the swimmer not allowed to swim any other events, including relays, for the remainder of that finals session. Also, no other swimmers from the late-scratching swimmer's team may compete in that session until such time as the penalty fee is paid.

16. Awards will be medals for 1<sup>st</sup> to 3<sup>rd</sup> in both individual events and relays. Cash awards will be awarded on Sunday evening for the 50 Free Eliminator Events for 12&U, 13-14, 15 &over and for the Mystery 200 IM top 4 finishers.
17. It is the visiting club's responsibility to ensure that their swimmers are supervised at all time during the competition and between sessions while in the Watermania facility.
18. Age groups will be 11 and under, 12, 13, 14, 15 &Over.
19. Consolation finals will be held for the 15 & Over category in all 50, 100 and 200m events with 24 or more swimmers entered. The "B" final will precede the "A" final.
20. All 400 events (Free and IM) Only the fastest 20 in each age category will swim in the heats.
21. 800 and 1500 will be timed final.
22. The 400m finals will be swum, with four swimmers from each age and gender in the final. (ex. finals will feature the top four 11-year-olds and the top four 12-year-olds).
23. Each club attending the meet will be required to provide officials for all sessions at the meet. **Please submit attached officials form with names of people available to work if needed during the preliminary sessions.**
24. All heats will be senior seeded, slowest to fastest (i.e., none of the heats will be circle-seeded)
25. Each attending club must provide their club's Officials Coordinator contact information to the Fastswim Official's coordinator.
26. Free Swims
  - 1QT = 4 free swims
  - 2QT = 3 free swims
  - 3QT = 2 free swims
  - 4QT= 1 free swim

A swimmer wishing to swim in more than five events must have met or exceeded the qualification standard for those events.

#### **800 / 1500 free**

- The fastest 16 entries per age group will be accepted. Teams will be notified via e-mail if their swimmers are in the 800 or 1500. Each heat will be swum as a timed final.
- 
- A positive check is required by 10:00 am on the day of the event. The events may then be re seeded. Failure to check in will result in a scratch and an alternate will be selected.

**Clubs entering swimmers in the 800 or 1500 must supply at least one timer per swimmer for the event.**

#### **Relays**

- It is the intention of the meet management to have relays at the meet. If individual swim numbers are oversubscribed then relays may not be held. Relays will be timed finals with the fastest heat swum during finals. Relay cards will be due in by 10:00 am Friday and Saturday.

#### **Entries:**

Swimmers in the Mystery IM (see details below) must be entered and swim 4 other events.

1<sup>st</sup> \$ 200 2<sup>nd</sup> \$ 125 3<sup>rd</sup> \$ 75 4<sup>th</sup> \$ 50

#### **Entry Fees:**

Individual events \$ 8.50

Swim B.C. \$ 4.00 Splash Fee

Relays \$ 10.00

Deck entries \$ 10.00 Deck entries are for time only and are not eligible for awards or finals

Relay deck entry \$ 20.00

- **NT** will not be accepted except for relays and will not be refunded.

Entry deadline **Monday November 22<sup>nd</sup>, 2010 3pm**

## **Special Races:**

### **50 Freestyle Eliminator**

Round 1 – Friday AM

Round 2 – Top 8 Friday PM

Round 3 – Top 4 Saturday PM

Round 4 - Top 2 Sunday PM

CASH PRIZES 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> 4<sup>th</sup>

12 & under \$ 50, \$ 25, \$ 15, \$ 10

14 & under \$ 60 \$ 30 \$ 20 \$ 15

15 & over \$ 100 \$ 50 \$ 35 \$ 20

### **Holiday Inn - Mystery IM:**

Timed final for the Top 8 - male and female swimmers. This is a separate event listed as event 111 and 112. Only the top 8 will swim.

## **Swimmers in the 50 free eliminator and/or Mystery 200 IM must be entered and swim a minimum of FOUR other events**

The meet will not exceed 3000 entries. Teams will be entered into the meet based on the date of their original entry file is sent. Coaches will be notified if there entries will not be accepted

Entries to: Meet entries must be uploaded prior to the entry deadline to the Swimming Canada meet list website ([www.meetlist.notlong.com](http://www.meetlist.notlong.com)) website.

Entries sent directly to the meet manager will not be accepted.

Cheques should be made payable to the "Richmond Rapids Swim Club".

- Associations must submit one cheque only; no individual cheques will be accepted from members of the association.
- If couriering, please mark package "no signature required"

Proof of times in "Word format" must accompany all meet entries.

Last Chance to scratch deadline

- Tuesday November 30<sup>th</sup>, 2010 5pm.

Please submit your scratches to Carrie Murray [murraygc@shaw.ca](mailto:murraygc@shaw.ca)

### Contact List

Meet Manager: Craig McCord [cmccord@swimming.ca](mailto:cmccord@swimming.ca)

Head Coach Rob Pettifer [rapidrob@richmondrapids.com](mailto:rapidrob@richmondrapids.com)

Official's coordinator: Gary Orr [gandkorr@shaw.ca](mailto:gandkorr@shaw.ca)

Meet Secretary: Carrie Murray [murraygc@shaw.ca](mailto:murraygc@shaw.ca)

Friday December 3rd, 2010				
Female	QT	Event	QT	Male
1	3.09.52	11 & under 200 IM	3.12.70	2
	2:59.03	12	3.01.99	
	2:53.53	13	2.50.34	
	2:49.33	14	2.43.51	
	2:45.78	15	2.36.19	
	2:45.78	16 and over	2.36.19	
3	34.90	11 and under 50 Free	35.05	4
	32.93	12	33.07	
	32.04	13	31.09	
	31.29	14	29.85	
	30.93	15	28.23	
	30.93	16 and over	28.23	
5	1.29.38	11 and under 100 Back	1.31.08	6
	1.24.34	12	1.25.93	
	1.21.08	13	1.19.51	
	1.19.28	14	1.17.40	
	1.17.46	15	1.12.26	
	1.17.46	16 and over	1.12.26	
7	2.47.44	11 and under 200 Free	2.50.60	8
	2.37.97	12	2.40.94	
	2.33.31	13	2.30.32	
	2.29.78	14	2.24.25	
	2.25.57	15	2.16.97	
	2:25.57	16 and over	2.16.97	
9	47.00	11 and under 50 Breast	46.00	10
	45.00	12	43.00	
	42.00	13	39.00	
	40.50	14	37.50	
	39.00	15	36.00	
	38.00	16 and over	35.00	
11	NT	12 & under 200 free relay	NT	12
13	NT	14 & under 200 free relay	NT	14
15	NT	15 & over 200 free relay	NT	16
17	11.36.16	Girls 12 & under 800 free		
		Boys 12 & under 1500 free	23:03.27	18
19	11:03.94	Girls 14 & under 800 free		

Saturday December 4 <sup>th</sup> , 2010				
Female	QT	Event	QT	Male
21	6.48.27	11 & under 400 IM	6.56.17	22
	6.25.17	12	6.36.29	
	6.12.44	13	6.10.38	
	6.03.09	14	5:52.95	
	5.58.03	15	5.41.91	
	5.58.03	16 and over	5.41.91	
23	1.30.53	11 and under 100 Fly	1.32.58	24
	1.25.41	12	1.27.34	
	1.22.03	13	1.20.42	
	1.18.86	14	1.16.66	
	1.17.09	15	1.10.61	
	1.17.09	16 and over	1.10.61	
25	3.34.56	11 and under 200 breast	3.43.86	26
	3.22.43	12	3.31.19	
	3.18.38	13	3.14.84	
	3.16.17	14	3.11.01	
	3.13.00	15	3.02.56	
	3.13.00	16 and over	3.02.56	
27	42.00	11 and under 50 Back	39.00	28
	39.00	12	36.00	
	37.50	13	34.50	
	36.00	14	33.00	
	34.50	15	31.50	
	33.50	16 and over	30.50	
29	1.16.57	11 and under 100 Free	1.17.60	30
	1.12.24	12	1.13.21	
	1.10.17	13	1.08.18	
	1.08.64	14	1.05.24	
	1.07.03	15	1.01.67	
	1.07.03	16 and over	1.01.67	
31	NT	12 & under 200 med relay	NT	32
33	NT	14 & under 200 med relay	NT	34
35	NT	15 & over 200 med relay	NT	36
		Boys 14 & under 1500 free	21.02.76	20
37	10.51.55	Girls 15 & over 800 free		
		Boys 15 & over 1500 free	20.09.68	38

Sunday December 5 <sup>th</sup> , 2010				
Female	QT	Event	QT	Male
39	5.53.57	11 & under 400 Free	6:01.68	40
	5.33.56	12	5.41.21	
	5.21.98	13	5.19.66	
	5.16.34	14	5.06.24	
	5.08.58	15	4.57.27	
	5.08.58	16 and over	4.57.27	
41	3.09.30	11 and under 200 Back	3.14.21	42
	2:59.59	12	3.03.22	
	2.51.79	13	2:50.20	
	2.49.83	14	2.47.28	
	2.45.95	15	2.36.47	
	2.45.95	16 and over	2.36.47	
43	43.00	11 and under 50 Fly	44.00	44
	41.00	12	40.00	
	39.50	13	37.50	
	38.00	14	36.00	
	36.50	15	34.00	
	35.00	16 and over	32.50	
45	1.40.48	11 and under 100 Breast	1.44.84	46
	1.34.76	12	1.38.90	
	1.33.05	13	1.30.89	
	1.31.73	14	1.28.41	
	1.29.79	15	1.23.31	
	1.29.79	16 and over	1.23.31	
47	3.28.75	11 and under 200 Fly	3.36.46	48
	3.16.94	12	3.24.22	
	3.07.74	13	3.07.01	
	2:58.47	14	2.58.76	
	2.55.30	15	2.42.52	
	2.55.30	16 and over	2.42.52	
49	NT	Open 200 Mystery IM	NT	50

## Fastswim Officials Forms

<b>Club :</b>	
<b>Friday Preliminaries</b>	
<b>Timers</b>	
<b>1</b>	<b>4</b>
<b>2</b>	<b>5</b>
<b>3</b>	<b>6</b>
<b>Stroke and Turn</b>	
<b>1</b>	<b>3</b>
<b>2</b>	<b>4</b>
<b>Saturday Preliminaries</b>	
<b>Timers</b>	
<b>1</b>	<b>4</b>
<b>2</b>	<b>5</b>
<b>3</b>	<b>6</b>
<b>Stroke and Turn</b>	
<b>1</b>	<b>3</b>
<b>2</b>	<b>4</b>
<b>Sunday Preliminaries</b>	
<b>Timers</b>	
<b>1</b>	<b>4</b>
<b>2</b>	<b>5</b>
<b>3</b>	<b>6</b>
<b>Stroke and Turn</b>	
<b>1</b>	<b>3</b>
<b>2</b>	<b>4</b>

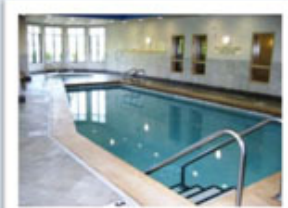




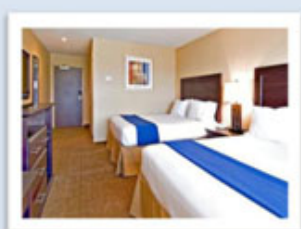
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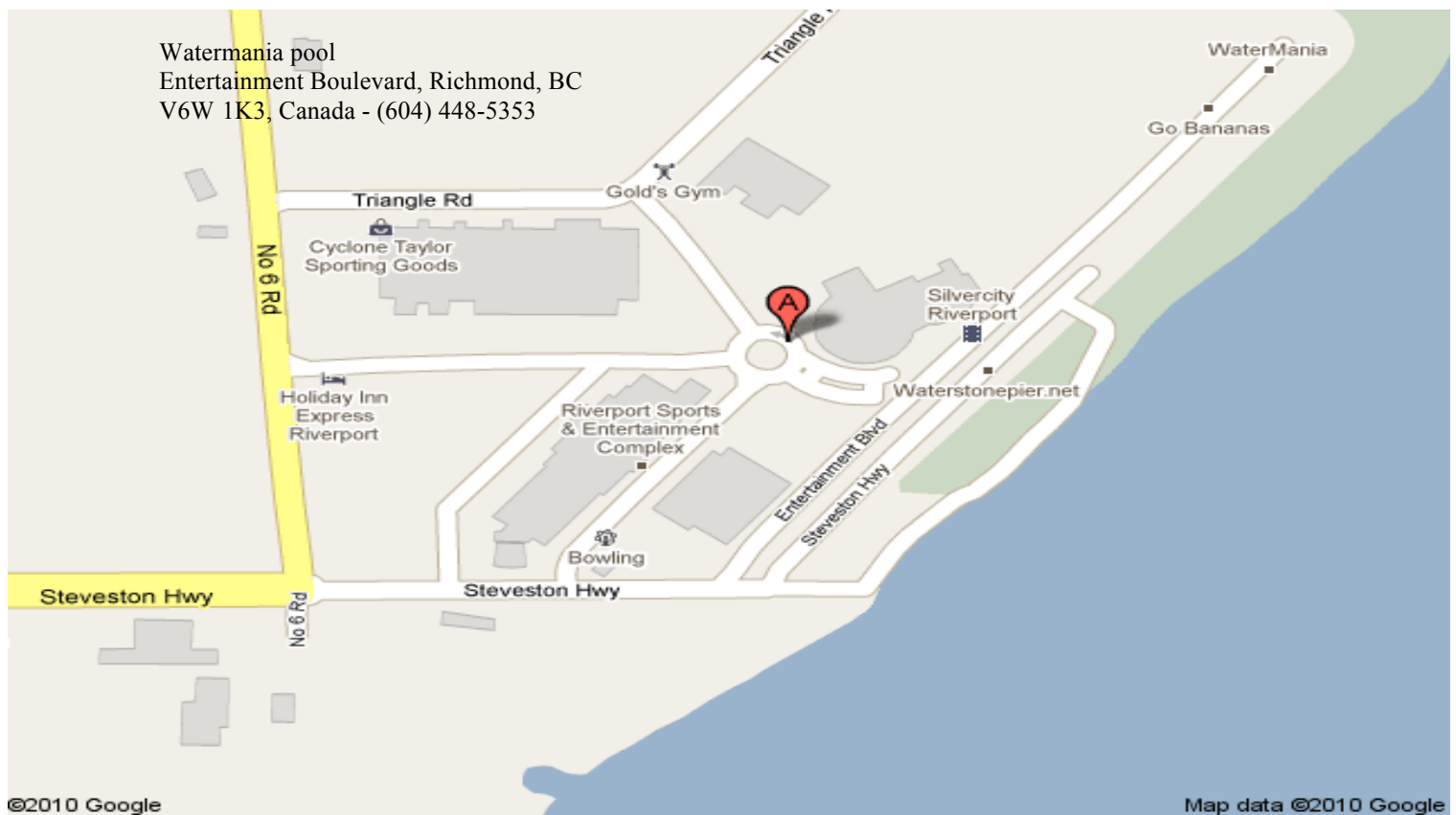
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## From the boarder

Watermania

14300 Entertainment Boulevard, Richmond, BC V6W 1K3, Canada - (604) 448-5353

Aprox. 26 min from the boarder (almost all highway & only two turns required after the boarder)

