

2010 Ontario ParaSport Winter Games
Technical Package



1. SPORT: Swimming

2. PARTICIPANTS:

- a. *Competitors:* 60 athletes – 40 from Ontario, 20 from Quebec
- b. *Coaches:* 3 coaches and one team manager from each province eligible

3. CLASSIFICATION:

- 3.1 - Swimmers who have qualified for or competed in the CanAm championships prior to August 31, 2009 are ineligible.
- 3.2 - IPC Functional Swimming Classification System S1-S13 (no S14)
- 3.3 - This is an open age group event and swimmers of all ages are eligible to compete

4. ELIGIBILITY:

- 4.1 *Competitors:* Athletes participating in Swimming must meet all eligibility requirements outlined below to be eligible to participate in the Ontario ParaSport Winter Games:
 - The athlete must be a member of an affiliated club from Swim Ontario (SO) or Federation Natation du Quebec (FNQ).
 - The athlete must have competed in a sanctioned SO or FNQ competition prior to this competition.
 - Swimmers who have qualified or and competed in the CanAm championships prior to August 31, 2009 are ineligible.
- 4.2 *Coaches:* Any staff listed as coaches on the official registration form must be fully certified (Theory, Technical, Practical) under the National Coaching Certification Program to at least Level 2 in Swimming

5. FACILITY: Minimum 6 lane 25m pool with starting blocks and backstroke flags

6. COMPETITION: Meet Manager – Rod MacKay Meet Referee – Ian McCallom

Saturday AM

Warm Up: 7:00 Start: 8:00 Finish: 12:00

Saturday PM

Warm Up: 1:00 Start: 2:00 Finish: 5:00

6.1 *Rules:* IPC rules shall be followed

6.2 *Events:* Order of Events (No Time Standards) – See Appendix B

6.3 Practice/Warm Up:

There will be a practice time made available on Friday.

The competition schedule will allow for appropriate warm up time for all athletes.

SNC warm up procedure will be followed - See Appendix A

7. SPORT SCORING:

S1 – S13 functional classification charts

8. OFFICIALS:

Major Officials

Meet Manager – Rod McKay

Referee - Ian McCallum

Starter

Clerk of Course

Chief Timer

Stroke and Turn Judges

Chief Finishing Judge

Minor Officials will be provided from the local swim club in and volunteers from the town

9. PROTEST PROCEDURES:

Field of Play – the Official Rule book

10. MEDALS

1st – 3rd in each event

High Point – Highest scoring Paralympic event winner (male and female). This must be in an official Paralympic event for the swimmers classification.

11. ENTRIES

Registration for Ontario ParaSport Winter Games must be received by December 7, 2009.

Entries from Hy-Tek's Team Manager will be required by e-mail after team selection has been determined. Please upload these entries onto the Swimmeet.ca website.

Hy-Tek Event Entry Deadline: January 8, 2010

Appendix A

SWIMMING/NATATION CANADA RISK MANAGEMENT / WARM-UP PROCEDURES 2005

During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional "practice" pools, if any, are to be supervised by lifeguards and coaches.

"Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period and shall ensure that all appropriate warm-up procedures are followed." (CSW 2.13.1.5)

GENERAL WARM-UP RULES:

- Swimmers shall enter the water FEET FIRST in a cautious manner.
- No Running on the pool deck or Diving from the side of the pool.
- Meet Management shall provide signage to indicate designated lane use during warm-up.
- Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.
- Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.
- Lanes shall be open primarily for 'Circle Swimming' during the General warm-up period.
- Coaches and swimmers shall allow Backstrokers & SWAD the 'right of way' for safety purposes.
- Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.

SPECIFIC/SPRINT WARM-UP PERIOD:

- Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.
- Outside Lanes should be designated as Sprint Lanes.
- Only 'one-way' swimming shall be permitted in Sprint Lanes.
- Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.

The following statement shall appear in the meet information and in posted notices:
"SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

EQUIPMENT:

- FLUTTER BOARDS and PULLBUOYS are allowed.
- HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.

SNC Board Approved
July 6, 2005

Appendix B

WOMEN

EVENT

MEN

Saturday a.m.

1	50 Free S1-S13	2
3	200m Free S1-S5, S6-S13	4
5	50 Backstroke S1-S5, S6-S13	6
7	100 Breaststroke SB1-SB13	8
9	150 IM S1-S4	10
11	200 IM S5-S13	12
13	100 IM SM1-SM13	14
15	50 Breaststroke SB1-SB3, S4-SB13	16

Saturday p.m.

17	50 Butterfly S1-S7, S8-S13	18
19	100 Backstroke S1-S13	20
21	100m Butterfly S8-S13	22
23	100Freestyle S1-S13	24
25	400 Free S1-S13*	26
27	400 IM SM6-SM13*	28

*swimmers may swim the 400 free **or** 400 IM