

THE 29TH ANNUAL EDMONTON KEYANO INTERNATIONAL SWIM MEET APR 30 - MAY 3, 2009



Hosted by: Edmonton Keyano Swim Club

Latest Revisions Highlighted

<u>Sanction</u>

• <u>7551</u>

Eligibility

- All competing swimmers must be registered with SNC, USS or a FINA recognized organization.
- The qualifying period is between September 1, 2008 and April 15, 2009.

Location

Kinsmen Sports Centre: 9100 Walterdale Hill, Edmonton, Alberta, Canada, T6E 2V3

Facility

- Competition Pool: 50 m 10 lanes Omega Electronic Timing
- Warm-up/Warm-down Pool: 50 m 6 lanes (space to be confirmed)

Parking

• Parking is available in the front of the complex. Spill over parking and parking for officials in the rear of the building. Direction signs for parking will be posted.

Organizing Committee

- Meet ManagerNorma Lachance......780-465-6019.......mathdva@hotmail.com
 Advisory Referee......Glennis Mossey........gmmossey@telusplanet.net
- Official Chairperson.
- Technical & Entries.......Cheryl Wall.......... 780-466-0775.......jschramm@telusplanet.net
- Coach Liason.....Steve Price......780 432-9448 ext 224......headcoacheksc@gmail.com

Entries

- Entries must be submitted in a Hy-tek zip file to www.swimmeet.ca
- Teams from outside Canada may send their entries in a Hy-tek zip file to ischramm@telusplanet.net

Entry Fees

- Individual Events: Option 1 CA\$50.00 splash fee (8 events maximum)
- Individual Events: Option 2 CA\$35.00 splash fee (5 events maximum)
- Individual Events: Option 3 CA\$35.00 18 & over (7 events maximum) preliminaries only
- Relays Events: CA\$9.00 per event
- Fees must be paid in Canadian funds: Cheques, money order or cash
- Foreign teams may only submit money orders in Canadian funds (no US Bank cheques please)
- Cheques or money orders are payable to "Edmonton Keyano Swim Club"
- Please send entry fees to:
 - Edmonton Keyano Swim Club Room #106 – 9100 Walterdale Hill Edmonton, Alberta, Canada T6E 2V3

Entry Deadline

- Entries are due April 15, 2009
- Changes to entries as well as scratches without penalty will be accepted until Saturday, April 24, 2009 once the entry file has been received prior to the deadline.

Entry Limits

- A swimmer with one qualifying time may enter up to 5, 7 (18 & O) or 8 individual events depending on the entry fee option
 chosen. "Bonus swims" must be at or above the Alberta "B" time standard (see attached). NT entries will not be accepted for
 entry.
- Open events (1500FR and 800FR) may not be used as entry into the meet.
- A swimmer can swim no more than 8 individual events during the meet (including the Open 1500 for women and 800 for men).
 Teams may enter 3 relay teams for the 200 FR, 200 MR, 400 FR, and 400 MR. A maximum of 2 relay teams may be entered for the 800 FR.
- Qualifying times are included in the meet package and the Hy-Tek Team Manager Event File.
- 18 & Over swimmers may enter the meet and swim in the preliminary sessions only.
- Deck entries will be accepted at \$10.00 per event provided a new heat is not created and at Meet Management discretion.
- The meet is limited to 550 swimmers.

Proof of Time

Proof of times <u>MUST</u> be included for the 800/1500 Free, 400 Free and 400 IM events. Please use the Team Manager Proof of Time Report or fill out the enclosed "proof of time" sheet and submit with the entry fee or fax to (780) 432-1771

Submitted Times

- Long Course times must be submitted for entry.
- "Bonus swims" (non-qualifying) events must be entered at an actual time and indicated by the BONUS check in Hy-Tek Team Manager. "Bonus swims" must be at or above the Alberta "B" standard. See attached.
- Short Course times may be used for entry and converted using Hy-tek (standard 2%).
- Short Course Yard times may be used for entry and converted using Hy-tek (standard 11.5%)
- Please note that in order to compete in the Top 10 Fastest Heat of the 800 Free Girls, 1500 Free Boys, 400 IM 12 & U, 400 Free 12 & U, 1500 Free Women's Open and 800 Free Men's Open a Long Course time must be used for entry. Conversions will not be allowed for top 10 entries in those events.

Meet Registration

- All club officials/coaches are required to register at the Keyano Club office, <u>between 1:30 pm and 5:00 pm on Thursday, April 30, 2009.</u>
- All teams must be registered and have their entry fees paid prior to competing.
- Late registration may be accepted between 7:15 am and 8:30 am on Friday, May 1, 2009.
- Please notify the meet manager if late registration is required.
- Club packages, accreditations and information will be provided at registration.

Meet Start Times

• Competition times as follows:

Thu, April 30, 2009
Fri, May 1, 2009
Sat, May 2, 2009
Sun, May 3, 2009
Sun, May 3, 2009
Si:00 pm
Si:00 pm finals

Session Reports and Psych sheets will be available at registration and will be posted on www.eksc.com

Warm-up times

Warm-ups times as follows:

Thu, April 30, 2009
 Fri, May 1, 2009
 Sat, May 2, 2009
 Sat, May 3, 2009
 Sun, May 3, 2009
 Thu, April 30, 2009
 3:30 pm to 4:45 pm
 7:15 am to 8:15 am prelims
 3:15 pm to 4:45 pm finals
 7:15 am to 8:15 am prelims
 2:15 pm to 3:45 pm finals

- The Warm-up/Warm-down pool will be available during warm-ups and the competition.
- Swimmers will have time to warm-down at the end of each session.
- The SNC Warm-up protocol will be in effect and will be posted around the pool.
- Teams requiring **training time** prior to the competition will be provided space on Wed, April 29, 2009 between 4:30 and 7:00 pm. Please contact Steve Price if training time and space is required.

Rules

- SNC and FINA rules will apply.
- The FINA one-start rule will be in effect.
- SNC warm-up protocol will be in effect
- The preliminary sessions will be senior seeded and swum age group combined (14 & under and 15 & over)
- Meet management reserves the right to double-end the meet.
- The final sessions will be swum in the swimmers respective age groups (A final only).
 - Females: 12 & U, 13-14, 15-17
 - Males: 12 & U, 13-14, 15-17
- 18 & Over swimmers may enter and swim in the preliminaries only.

Positive Check-In

- Positive Check-in is required for all 400, 800 and 1500 metre events by the indicated time.
- Swimmers failing to check in will be scratched from the event.

Scratches

- As per SNC rule: CSW 3.6.2
- The scratch deadline for timed final events on April 30, 2009 will be up to 4:00 pm.
- The scratch deadline for heats on May 1 to 3 shall be thirty (30) minutes before the previous night's finals.
- The scratch deadline for **finals** shall be thirty (30) minutes **after** the conclusion of the preliminary heats for finals that day.
- Failure by a swimmer to scratch from a Final in accordance with rule CSW 3.6, constitutes a late scratch, and shall result in the offending swimmer being scratched from all remaining events, including relays, scheduled for that day.
- Scratch cards will be available at the Clerk or Course for preliminaries and finals.

Distance Events

- The 800 Free Girls and 1500 Free Boys will be deck seeded, requiring positive check-in at the Clerk of Course by 4:00 pm in order to swim the event.
- The top 10 fastest LC seed times for each age group will be swum alternating 800 Free Girls and 1500 Free Boys which may be double-ended.
- The remaining heats will be combined by age group, seeded by time and swum fastest to slowest to a maximum of 5 heats of the 800 Free Girls and 4 heats of the 1500 Free Boys.
- The Open 1500 Free Women and 800 Free Men will be deck seeded, requiring **positive check-in** at the Clerk of Course by **8:15** am in order to swim the event.
- There will be a maximum of three heats for each event, swum fastest to slowest.
- The 1500 Free Women will start at the east end and the 800 Free Men at the west end unless otherwise indicated by meet management.
- 18 & Over swimmers may enter the combined 800 Free Girls/1500 Free Boys events and Open 1500 Free Women and 800 Free Men events.
- Teams will be informed if their swimmers are not eligible to swim the distance events and they may be entered in an alternative
 event(s)
- Proof of time is required for distance events.
- PLEASE NOTE: Each swimmer in the distance events must provide 1 volunteer (14 & over) to time during the event.

400 Free and IM

- The top 40 entries for the 400 Free & 400 IM for 12 & under and 13-14 for each gender will be accepted.
- The top 50 entries for the 400 Free & 400 IM for 15-17 for each gender will be accepted.
- The 12 & U 400 IM and 400 Free are timed final events with the fastest heat of 10 swimming with finals.
- Positive check-in for all 400 metre events is required at the Clerk of Course by 7:45 am in order to swim.
- The fastest 3 heats of the 400 Free and 400 IM, 13-14 and 15-17 each gender for a total of 12 heats, will swim in the preliminary session. All other heats will swim at the end of preliminaries.
- If entries for the 400 metre events do not fill as indicated above, then swimmers will be added based on entry time and age group in the following order. 18 & O, 15-17, 13-14 and 12-U.
- Teams will be informed if their swimmers are not eligible to swim the 400 metre events and they may be entered in an alternative
 event(s).
- Proof of time is required for 400 metre events.

Relays

- Teams may enter 3 relay teams for the 200 FR, 200 MR, 400 FR, and 400 MR and 2 relay teams for the 800 FR.
- There are no qualifying times for relays but LC entry times must be included for seeded purposes.
- NT entries for relays will not be accepted.
- Swimmers must be entered in the meet to compete on a relay team.
- Teams entering three relay teams may only score their designated "A" and "B" teams.
- Should one or both designated teams be disqualified, the "C" team is not eligible to score team points.
- Swimmers may only compete in one age group for relays of the same stroke and distance.
- Relays cards, with the team names must be submitted to the Clerk of Course by the end of that day's preliminary session.
- Relay cards, with the team names for the 12 & U 400 FR and 400 MR must be submitted to the Clerk of Course by 10:00 am.
- Changes to the team names/order will be accepted up to 30 minutes prior to the start of the relay events.
- The 12 & U 400 FR will swim prior to the spill over heats of the 400 Free.
- The 12 & U 400 MR will swim prior to the 1500/800 Free Open.

Scoring

- Team Scoring: 1st to 10th : 20-17-15-13-11-9-7-5-3-1 Relay Scoring: 1st to 10th : 40-34-30-26-22-18-14-10-6-2
- Individual Scoring 1st to 3rd: 5-3-1

Awards

- Individual Events: Medals for 1st to 3rd and ribbons from 4th to 10th.
- Relay Events: Prizes for 1st and ribbons from 2nd to 3rd.
- Individual Aggregate Awards: Trophies for high point for each age group and gender.
- Prizes for "bell heat" winners.
- Male and Female Swim of the Meet: Prizes presented to the top swim Male and Female based on the FINA point charts.
- Team Awards: Top Team Trophy for large team (20 or more swimmers) and small team (19 or less swimmers).
- Cash Prizes: Cash prizes will be available to swimmers breaking the meet records and NAG Records. Further cash prizes to be presented the winning large and small team. Cash prize amounts will be available at registration.

Technical Meeting

There will be a technical meeting for coaches on Friday, MAY 1, 2009, at 8:00 am. Location to be announced.

Officials Briefing

- The officials will meet each day of the competition, one hour prior to the start time of each session. All officials working at that session are required to attend.
- All senior officials may also be required to attend a de-briefing following each session.

Facility & Security

- We remind all teams to respect and adhere to the facility rules.
- Please clean up your area after every session and use the garbage bins provided around the deck.
- No glass containers on deck please.
- Use the lockers provided in the change rooms.
- There will be a lost and found located on the deck of the pool.
- Keyano Swim Club is not responsible for lost or stolen items.

Updates & Information

Please check www.eksc.com for the latest meet updates. Also on the site will be the psych sheets and live timing.

Questions

E-mail: mathdva@hotmail.com or contact someone on the organizing committee.

Special Events

- There will be a free BBQ on Thursday, April 30, 2009 from 5:30PM to 8:30PM for all swimmers, coaches and officials.
- A reception for all Alumni swimmers and parents is planned during and after finals on Friday, May 1, 2009.
- There will be a reception for coaches, volunteers, officials and alumni on Saturday, May 2 after finals.
- Details of these and other social events will be posted on the Keyano web site www.eksc.com and will be available in the technical package.

Thursday, April 30, 2009

<u>Girls</u>	Timed Finals – Warm-up: 3:30 pm / Meet Start: 5:00 pm					
	Q Time	<u>Event</u>	Q Time			
	10:21.20	15 – 17 800 Free*				
		15 – 17 1500 Free*	18:41.00			
	10:51.30	13 – 14 800 Free*				
		13 – 14 1500 Free*	20:47.50			
	11:23.10	12 & U 800 Free*				
		12 & U 1500 Free*	22:08.00			

^{*}The 800 Free and 1500 Free will be deck seeded, requiring positive check in at the Clerk of Course by **4:00 PM** in order to swim the event. The top 10 fastest seed times for each age group will be swum alternating 800 Free Girls and 1500 Free Boys. The remaining heats will be combined by age group, seeded by time and swum fastest to slowest to a maximum 5 heats for the 800 and 4 heats for the 1500. 18 & over swimmers may enter the combined distance heats. **Proof of time is required for the distance events.**

Friday, May 1, 2009

<u>Girls</u>	Pre	Preliminaries – Warm-up: 7:15 am / Meet Start: 8:30 am					
		Finals – Warm-up: 3:15 pm / Meet Start: 5:00 pm					
	Q Time	<u>Event</u>	Q Time				
	2:32.40	12 & U 200 Free	2:33.30				
	2:27.10	13 – 14 200 Free	2:22.90				
	2:20.20	15 – 17 200 Free	2:09.10				
	6:10.00	12 & U 400 IM**	6:16.00				
	5:53.80	13 – 14 400 IM	5:53.00				
	5:38.10	15 – 17 400 IM	5:15.20				
	2:51.30	12 & U 200 Back	2:53.30				
	2:45.30	13 – 14 200 Back	2:42.40				
	2:39.10	15 – 17 200 Back	2:26.60				
	<mark>32.10</mark>	12 & U 50 Free	<mark>31.50</mark>				
	<mark>31.00</mark>	13 – 14 50 Free	<mark>29.70</mark>				
	<mark>29.70</mark>	15 – 17 50 Free	<mark>27.00</mark>	•			
	NT	13 – 14 800 FR#	NT	•			
	NT	15 – 17 800 FR#	NT				

The preliminary session will be senior seeded and swum age group combined (14 & U and 15 & O). **The 12 & U 400 IM is a timed final event with the fastest heat of 10 swum during finals. Positive check-in for this event is required at the Clerk of Course by **7:45 am** in order to swim. # Relay events are timed final events swum during finals.

Saturday, May 2, 2009

Girls	Preliminaries – Warm-up: 7:15 am / Meet Start: 8:30 am					
		Finals – Warm-up: 3:15 pm / Meet Start: 5:00 pm		-		
	Q Time	<u>Event</u>	Q Time			
	NT	12 & U 200 MR#	NT			
	NT	13 – 14 200 MR#	NT			
	NT	15 – 17 200 MR#	NT			
	2:53.60	12 & U 200 IM	2:53.80			
	2:46.00	13 – 14 200 IM	2:43.70			
	2:38.50	15 – 17 200 IM	2:26.60			
	1:23.10	12 & U 100 Fly	1:22.90			
	1:18.50	13 – 14 100 Fly	1:17.20			
	1:13.70	15 – 17 100 Fly	1:06.30			
	5:23.20	12 & U 400 Free***	5:25.60			
	5:09.20	13 – 14 400 Free	5:07.20			
	4:55.30	15 – 17 400 Free	4:35.50			
	1:31.50	12 & U 100 Breast	1:32.10			
	1:27.70	13 – 14 100 Breast	1:26.80			
	1:24.60	15 – 17 100 Breast	1:17.60			
	NT	12 & U 400 FR#	NT			
	NT	13 – 14 400 FR#	NT			
	NT	15 – 17 400 FR#	NT			

The preliminary session will be senior seeded and swum age group combined (14 & U and 15 & O). ***The 12 & U 400 Free is a timed final event with the fastest heat of 10 swum during finals. Positive check-in for this event is required at the Clerk of Course by **7:45 am** in order to swim. # Relay events are timed final events swum during finals **except** for the 12 & U 400 FR which will be swum at the end of preliminaries prior to the spillover heats of the 400 Free.

Sunday, May 3, 2009

Girls	Preliminaries – Warm-up: 7:15 am / Meet Start: 8:30 am					
	<u> </u>	inals – Warm-up: 2:15 pm / Meet Start: 4:00pm	1			
	Q Time	<u>Event</u>	Q Time			
	NT	12 & U 200 FR#	NT			
	NT	13 – 14 200 FR#	NT			
	NT	15 – 17 200 FR#	NT			
	3:09.60	12 & U 200 Fly	3:12.50			
	2:58.70	13 – 14 200 Fly	2:59.10			
	2:41.70	15 – 17 200 Fly	2:33.80			
	1:20.60	12 & U 100 Back	1:21.40			
	1:17.50	13 – 14 100 Back	1:15.70			
	1:13.90	15 – 17 100 Back	1:07.50			
	3:15.10	12 & U 200 Breast	3:17.50			
	3:08.00	13 – 14 200 Breast	3:07.20			
	3:01.90	15 – 17 200 Breast	2:49.30			
	1:10.40	12 & U 100 Free	1:10.90			
	1:07.60	13 – 14 100 Free	1:05.70			
	1:04.70	15 – 17 100 Free	<mark>59.00</mark>			
	NT	12 & U 400 MR#	NT			
	21:45.00	Open 1500 Free****				
	NT	Open 800 Free****	10:40.00			
	NT	13 – 14 400 MR#	NT			
_	NT	15 – 17 400 MR#	NT			

The preliminary session will be senior seeded and swum age group combined (14 & U and 15 & O). ***** The Open 1500 Free and 800 Free will be deck seeded, requiring positive check in at the Clerk of Course by **8:15 am** in order to swim the event. There will be a maximum of three heats for each event swum fastest to slowest in preliminaries. The 1500 Free will start at the east end and the 800 Free at the west end unless otherwise indicated by meet management. **Proof of time is required for the distance events.** # Relay events are timed final events swum during finals **except** for the 12 & U 400 MR which will be swum prior to the Open 1500/800 Free.

Travel & Accommodation

Edmonton International Airport:

- 1. The Edmonton International Airport is located thirty minutes south of the City of Edmonton.
- 2. If staying in a hotel, please check with the hotel to determine if they provide free shuttle service to or from the airport.

Vehicle Rentals:

While in Edmonton, you may wish to rent vehicles. Edmonton Keyano Swim Club has made arrangements through The Driving Force leasing and rental company for a special rate for EKI on vans and cars. Please contact them directly, and inform them that you are here for the Edmonton Keyano Invitational. Their telephone number is (780) 483-9559.

Accommodation Information:

Please mention that you are staying during EKI to receive a special rate.

Hotel Name	Address	Phone Number
The Coast Edmonton Plaza Hotel	10155 - 105 Street	(780) 423-4811 1-800-663-1144 toll free
The Coast Edmonton House	10205 – 100 Ave	(780) 420 4000
MacEwan Residence	11050 – 104 Avenue	(780) 497-5187

<u>Girls</u>	Bonus Swim B Times	Boys
B Time	Event	B Time
11:33.20	15 – 17 800 Free	
	15 – 17 1500 Free	20:41.60
12:14.60	13 – 14 800 Free	
	13 – 14 1500 Free	23:42.80
12:42.90	12 & U 800 Free	
	12 & U 1500 Free	25:10.60
2:47.80	12 & U 200 Free	2:54.10
2:43.50	13 – 14 200 Free	2:42.80
2:34.00	15 – 17 200 Free	2:20.70
7:02.70	12 & U 400 IM	7:12.90
6:50.50	13 – 14 400 IM	6:46.70
6:24.20	15 – 17 400 IM	5:52.30
3:07.90	12 & U 200 Back	3:14.70
3:04.10	13 – 14 200 Back	3:05.40
3:00.20	15 – 17 200 Back	2:44.50
34.50	12 & U 50 Free	<mark>35.00</mark>
<mark>33.50</mark>	13 – 14 50 Free	<mark>33.00</mark>
<mark>32.20</mark>	15 – 17 50 Free	<mark>28.60</mark>
3:16.40	12 & U 200 IM	3:19.60
3:06.70	13 – 14 200 IM	3:06.60
2:57.40	15 – 17 200 IM	2:41.40
1:34.80	12 & U 100 Fly	1:37.80
1:29.70	13 – 14 100 Fly	1:28.80
1:23.40	15 – 17 100 Fly	1:13.50
5:54.40	12 & U 400 Free	6:08.00
5:48.00	13 – 14 400 Free	5:44.70
5:34.60	15 – 17 400 Free	5:03.80
1:40.60	12 & U 100 Breast	1:42.10
1:37.30	13 – 14 100 Breast	1:36.70
1:34.00	15 – 17 100 Breast	1:24.10
3:38.00	12 & U 200 Fly	3:47.30
3:29.20	13 – 14 200 Fly	<mark>3:33.90</mark>
3:04.80	15 – 17 200 Fly	<mark>2:55.30</mark>
1:27.80	12 & U 100 Back	1:32.70
1:25.70	13 – 14 100 Back	1:26.60
1:23.50	15 – 17 100 Back	<mark>1:14.10</mark>
3:34.90	12 & U 200 Breast	<mark>3:40.60</mark>
3:29.50	13 – 14 200 Breast	<mark>3:30.80</mark>
3:23.90	15 – 17 200 Breast	3:03.40
1:17.50	12 & U 100 Free	1:18.80
<mark>1:14.40</mark>	13 – 14 100 Free	1:13.40
1:11.30	15 – 17 100 Free	1:04.20

Girls		Meet Records		Boys
	Record	<u>Event</u>	Record	
Debbie Masuch 1982	9:08.50	15 – 17 800 Free		
		15 – 17 1500 Free	15:53.86	Eugeni Sadovy 1991
Savannah King 2006	9:11.70	13 – 14 800 Free		
		13 – 14 1500 Free	16:41.49	Bernard Voltz 1983
Mary Gaugler 1995	9:34.44	12 & U 800 Free		1000
1000		12 & U 1500 Free	17:55.74	Brent O'Connor 1996
Mary Gaugler 1995	2:08.81	12 & U 200 Free	2:07.94	James Kendrick 2004
Gyonyvbr Lakos 1992	2:06.54	13 – 14 200 Free	2:01.31	James Kendrick 2006
Syvia Poll 1988	2:03.34	15 – 17 200 Free	1:51.79	Eugeni Sadovy 1991
Lea Mahood 1982	5:20.39	12 & U 400 IM	5:01.51	Chas Morton 1983
Donna McGinnis 1982	5:06.72	13 – 14 400 IM	4:48.12	Chas Morton 1985
Kevyn Stafford 1982	5:01.10	15 – 17 400 IM	4:36.13	Mark Versfeld 1993
Laura Chase 2000	2:29.74	12 & U 200 Back	2:22.51	Chas Morton 1983
Ayumi Tsuda 1991	2:19.54	13 – 14 200 Back	2:11.76	Karl Wolk 2006
Syvia Poll 1988	2:20.73	15 – 17 200 Back	2:07.80	Mark Versfeld 1993
Samantha Elbert 2000	28.16	12 & U 50 Free	27.41	Joshua Pun 1992
Gyonyvbr Lakos 1992	27.30	13 – 14 50 Free	25.13	Brad Creelman 1984
Syvia Poll 1988	26.65	15 – 17 50 Free	24.03	Jeff Wellechuk 1998
EKSC "A" 1983	2:15.02	12 & U Girls 200 Medley Relay		
		12 & U Boys 200 Medley Relay	2:11.28	EKSC "A" 2000
England 2000	2:06.26	13 - 14 Girls 200 Medley Relay		
		13 - 14 Boys 200 Medley Relay	1:58.75	Poland "A" 1999
Jana Promislow 1984	2:28.32	12 & U 200 IM	2:19.57	Chas Morton 1983
Kelly Timmons 2001	2:25.78	13 – 14 200 IM	2:14.11	Chas Morton 1985
Jillian Tyler 2005	2:22.70	15 – 17 200 IM	2:08.96	Mark Versfeld 1993
Liane Shields 1982	1:07.37	12 & U 100 Fly	1:01.35	Chas Morton 1983
Gyonyvbr Lakos 1992	1:05.06	13 – 14 100 Fly	58.42	Chas Morton 1985
Kim Kabesh 2004	1:03.28	15 – 17 100 Fly	56.82	Mark Versfeld 1994
Mary Gaugler 1995	4:34.71	12 & U 400 Free	4:33.39	Jonathan McLeod 1988
Savannah King	4:28.62	13 – 14 400 Free	4:14.29	Brent O'Connor

				11pm 30 May 3, 2007
2006				1998
Debbie Masuch 1982	4:26.90	15 – 17 400 Free	3:55.34	Eugeni Sadovy 1994
Courtney Chuy 1997	1:16.08	12 & U 100 Breast	1:14.96	Tony Roberts 1989
Katalin Pataki 1992	1:14.47	13 – 14 100 Breast	1:06.23	Morgan Knabe 1996
Jillian Tyler 2005	1:13.05	15 – 17 100 Breast	1:05.09	Morgan Knabe 1998
EKSC "A" 1984	1:56.92	12 & U Girls 200 Free Relay		
		12 & U Boys 200 Free Relay	1:56.69	ISLAND "B" 1990
ROD "A" 1991	1:51.56	13 - 14 Girls 200 Free Relay		
		13 -14 Boys 200 Free Relay	1:46.00	USCS "A" 1994
Lea Mahood 1982	2:27.64	12 & U 200 Fly	2:22.81	Karim Abdullah 1996
Gyonyvbr Lakos 1992	2:20.55	13 – 14 200 Fly	2:12.40	Chas Morton 1985
Donna McGinnis 1985	2:20.00	15 – 17 200 Fly	2:04.40	Denis Pankratov 1991
Chloe Winter 2000	1:09.05	12 & U 100 Back	1:06.11	Chas Morton 1983
Ayumi Tsuda 1991	1:05.37	13 – 14 100 Back	1:01.66	Chas Morton 1985
Syvia Poll 1988	1:04.75	15 – 17 100 Back	58.88	Mark Versfeld 1993
Courtney Chuy 1997	2:44.66	12 & U 200 Breast	2:42.30	Tony Roberts 1989
Hanna Pierse 2003	2:40.67	13 – 14 200 Breast	2:24.66	Morgan Knabe 1996
Yulia Landik 1991	2:37.37	15 – 17 200 Breast	2:22.38	Andrei Korneov 1991
Jana Promislow 1984	1:00.04	12 & U 100 Free	58.85	James Kendrick 2004
Gyonyvbr Lakos 1992	58.76	13 – 14 100 Free	55.19	James Kendrick 2006
Syvia Poll 1988	56.81	15 – 17 100 Free	52.41	Eugeni Sadovy 1991
Donna McGinnis 1985	17:11.36	Girls 1500 Free		
		Boys 800 Free	8:56.69	Erik Olson 2006

Club

EDMONTON KEYANO SWIM CLUB

PROOF OF TIME FORM

Please place the name, time swum and place achieved. Please submit this form with your entries, or fax as soon as possible to: 432-1771.

Swimmer	800 / 1500	Place Swum	400 Individual	Place Swum	400	Place Swum
	Time		Medley		Freestyle	