2009 LLSC-KAJ SNOWFEST SWIM MEET

Athans Aquatic Centre 375 B Hartman Rd Kelowna, BC V4T 1K9

December 3rd, 2008

Dear Swim Club,

Are you looking for a post-Christmas meet? Our annual SNOWFEST swim meet is being held January 17th and 18th 2009. The weekend is full of events for all levels of swimmers and guaranteed to take some of the chill out of winter. The jamboree portion is not sanctioned in order to give pre-competitive and sessional swimmers a chance to gain experience with competitive swimming.

The meet will be held at the Athans Aquatic Centre in Kelowna. The pool is located at 375B Hartman Rd, Kelowna. There are restaurants, hotels and shopping close to the pool. We will have a concession stand selling beverages, snacks and meals during the meet.

Our goal as club members and families is to ensure that the swimmers have an opportunity to achieve their personal swimming best. If you have any questions regarding our meet or your entries feel free to email Greg Andreen at gandreen@shaw.ca or Colin Wilson at colin.wilson@norvartis.com

Come and enjoy Kelowna's annual Snowfest celebration. We look forward to seeing you at our meet.

Sincerely,

Your Meet Managers

Colin Wilson Greg Kelowna Aquajets Swim Club Liqui

Greg Andreen Liquid Lightning Swim Club

2009 LLSC-KAJ Snowfest Swim Meet

Sanctioned by Swim BC: #7336

January 17 & 18, 2009

Pool: Athans Aquatic Centres

375B Hartman Rd

Kelowna V1X 2M9 Tel: 765 4191

Features: Daktronics 8 lane timing system

8 lane pool

Warm ups and Meet Start time:

Saturday January 17th:

12 & Under: 12:15 – 12:45 pm 13 & Over: 12:45 – 1:15 pm

Meet start: 1:30 pm

Sunday January 18th:

12 & Under: 7:15 – 7:45 am 13 & Over: 7:45 – 8:15 am

Meet start: 8:30 am

Seeding: Slowest to fastest. Swimmers having no times will be placed in the slowest heats.

Eligibility: All swimmers must be registered with SNC or other FINA-affiliated governing body.

Meet Rules:

- 1. The meet will follow SNC rules. The SNC one start rule will be in effect.
- 2. All events are timed finals and will be swum slowest to fastest.
- 3. 4:00.00 minute SC 200IM time standard for entry in the Snowfest meet.
- 4. A coaches' meeting will be held approximately 10 minutes prior to start on the first day.
- 5. All scratches must be submitted on the forms provided at least 30 min prior to race start.
- 6. Relay cards with their participants are to be completed and submitted to the Clerk of Course within one hour of start of meet each day.
- 7. SNC warm up procedures will be in effect at this meet.
- **8.** Ages are determined as of the first day of the meet.

Entry fees: \$7 per individual event, \$9 per relay event

Swim BC Provincial Team Splash Fee of \$4.00 per swimmer plus 0.50 regional surcharge will be charged in addition to the above meet fees.

Entry limit: 7 individual events plus relay(s) for the meet per swimmer.

MEET ENTRIES MUST BE UPLOADED PRIOR TO THE ENTRY DEADLINE
TO THE SWIM CANADA WEBSITE.

This website is <u>www.swimmeet.ca</u> This will ensure that all meet entries are verified (checked for gender, birth date, and swimmer I.D. numbers) prior to competition.

Entry fees are to be made payable to "Liquid Lightning Swim Club" and may be mailed: c/o Greg Andreen, 907 Stevenson Road, Kelowna, BC V1Z 1N3. No refunds except for Medical Reasons. Medical Certificate required.

Deck entries will be accepted to fill any empty lanes. Deck entries must be in the hands of the Clerk of Course one hour prior to race start. Deck entries are exhibition swims only. Cost of deck entries \$8 per individual event and \$10 per relay.

ENTRY DEADLINE:

All entries must be received by January 11th 2009.

Meet Manager will close the entries after receiving the entries and cheque from the team with the 350th swimmer.

AWARDS and PRIZES:

Best time ribbons for 12 and under swimmers

Ribbons for 1^{st} – thru 8^{th} place for 10 and under, 11-12 yr olds, 13 -14 yr olds and Open categories as well as 1^{st} thru 3^{rd} in relays

Aggregate trophies for each age group and gender for places 1st thru 3rd.

There will be high point team aggregate trophy for the top place team based on individual points of 9-7-6-5-4-3-2-1 and relay points of 18-14-12-10-8-6-4-2.

There will be 1 heat each of a Girls and Boys Cash Challenge at the start of each day's session for the top 8 seeds. 400IM on Saturday and 400 Free on Sunday. Proof of entry time required.

Prizes for the Cash Challenge races in 400IM and 400 Free will be: 1^{st} - \$25, 2^{nd} - \$20, 3^{rd} - \$15, 4^{th} - \$10, 5^{th} - \$5,

ACCOMODATION:

Recommendation for out of town accommodation would be at the new:

Fairfield Inn and Suites by Marriott, 1655 Powick Rd (across from Costco), Kelowna, B.C. V1X-4L1 Tel: 250-763 2800.

Year Round Waterslide and Pool with Complimentary Breakfast.

Nightly Rate: \$109.00 for standard room (2 x Queen Beds or 1 x King Bed), based on availability.

Saturday January 17, 2009

Girls	Age group	Event	Boys
1	Open	Cash Challenge 400 IM (Top 8 entries)	2
3	12 & Under	200 Free	4
5	14 & Under	200 Free	6
7	15 & Over	200 Free	8
9	12 & Under	100 Breast	10
11	14 & Under	100 Breast	12
13	15 & Over	100 Breast	14
15	12 & Under	200 Fly	16
17	14 & Under	200 Fly	18
19	15 & Over	200 Fly	20
21	12 & Under	50 Free	22
23	14 & Under	50 Free	24
25	15 & Over	50 Free	26
27	12 & Under	100 Back	28
29	14 & Under	100 Back	30
31	15 & Over	100 Back	32
33	Open	400 IM	34
35	12 & Under	4 X 50 Free Relay	36
37	14 & Under	4 X 50 Free Relay	38
39	15 & Over	4 X 100 Free Relay	40

Sunday January 18, 2009

Girls	Age group	Event	Boys
41	Open	Cash Challenge 400 Free (Top 8 entries)	42
43	12 & Under	200 Breast	44
45	14 & Under	200 Breast	46
47	15 & Over	200 Breast	48
49	12 & Under	100 Fly	50
51	14 & Under	100 Fly	52
53	15 & Over	100 Fly	54
55	12 & Under	200 Back	56
57	14 & Under	200 Back	58
59	15 & Over	200 Back	60
61	12 & Under	100 Free	62
63	14 & Under	100 Free	64
65	15 & Over	100 Free	66
67	12 & Under	200 IM	68
69	14 & Under	200 IM	70
71	15 & Over	200 IM	72
73	Open	400 Free	74
75	12 & Under	4 X 50 Medley Relay	76
77	14 & Under	4 X 50 Medley Relay	78
79	15 & Over	4 X 100 Medley Relay	80