

New Years Invitational Swim Meet

Sanctioned by Swim BC: #6793

Hosted By:



CANADIAN DOLPHIN
SWIM CLUB



January 23rd to 25th, 2009
@ the Vancouver Aquatic Centre



1050 Beach Avenue
Vancouver, B.C.

Meet Referee: Sheila Lencoe
Officials Coordinator: Sandra Ferens
Meet Manager: Conall Barr
Contact: Kelly Taitinger

info@canadiandolphin.ca

CDSC acknowledges the financial assistance of the Province of British Columbia

Facilities: 8 lane 25 metre competition pool
10 lanes warm up tank (20 yards)
omega timing – electronic

Web site: www.canadiandolphin.ca for **LIVE RESULTS**

Friday, January 23rd, 2009

Session 1:

	<u>Warm Up:</u> 3:30 P.M.	<u>Start:</u> 4:30 P.M.
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Saturday, January 24th, 2009

Session 2: 11:00 A.M. 11:45 A.M.

Session 3: 5:00 P.M. 5:45 P.M.

Sunday, January 25th, 2009

Session 4: 7:00 A.M. 8:00 A.M.

Session 5: 12:30 P.M. 1:00 P.M.

Meet Rules:

1. All swimmers must be registered with Swim BC/SNC or other FINA recognized club.
2. Events will be swum as timed finals and senior seeded fastest to slowest.
3. ***This meet will observe the SNC rule book and Swim BC technical guide. SNC warm up procedures to be in effect.***
4. There will be NO scratches after the scratch deadline of Monday January 19th, 2009.
5. Coaches are asked to check in with meet manager upon arrival in order to pick up meet package as well as make sure that all meet fees are paid. There will be NO refunds for scratched swimmers after the scratch deadline of Monday, January 19th, 2009.
6. Coaches meeting will be held 10 minutes prior to the start of the meet.
7. Clubs are responsible for their seating areas within the pool facility. Any act of theft or vandalism, or similar action will result in immediate disqualification.
8. ***Please enter your 10 & under swimmers in events that will limit them to the 4 hour rule if they are swimming as 11 & unders.***
9. Swim teams are responsible for their swimmers between sessions at all times.
10. Meet management reserves the right to make changes based on numbers.
11. The meet will run cardless. It is the responsibility of the swimmer to arrive at the blocks in time for their event.
12. Positive check in is required 15 minutes after the start of warm ups to the clerk of course for the 400, 800 and 1500 free.
13. There will be a prize for those swimmers who score the highest FINA points in an individual event for each age category (12 & u, 13 & 14, 15 & over). This will be tabulated after the final event on Sunday and the winners will be notified soon after.

Miscellaneous:

1. There is plenty of seating upstairs at the Vancouver Aquatic Centre.
2. A limited concession will be available at the meet. There are plenty of restaurants within walking distance or a short drive of the area.
3. Pay parking is available at the parking lot adjacent to the Vancouver Aquatic Centre. There are limited spots of 2 hour free parking on the street adjacent to the facility.

Entries:

1. Cheques are payable to **Canadian Dolphin Swim Club (CDSC).**
2. Meet entries must be uploaded prior to ***Wednesday, January 14th, 2009*** to the Swimming Canada www.swimmeet.ca website. Entries sent directly to the meet manager will not be accepted.
3. Swimmers must have achieved a 4:00 (200 I.M.) to be eligible to swim in this meet. Please do not submit NT times.
4. CDSC reserves the right to limit/alter the meet to fit the time schedule.
5. CDSC may enter their swimmers at a reduced standard.
6. Age groups are based on the swimmers age as of the 1st day of the meet.
7. Only short course times to be submitted.
8. SWAD swimmers are welcome to compete. Their entries must be accompanied by their classification numbers and done according to entry procedures from Swim Canada.
9. Please submit (one) 1 cheque for all swimmers entered under the club acronym.
10. **Entries are due Wednesday, January 14th, 2009**
11. **Last scratch deadline is Monday, January 19th, 2009.**
12. Entry fees must be paid prior to the first session of the meet.
13. Please provide club officials' contact name, email and phone number with entries.
14. Please provide a list of officials (each club is to provide 2 timers and a S & T with their entry list for each session).
15. Events will be seeded according to times.
16. The 400 free swims may be double laned if needed.
17. ***There will be a maximum of 64 swimmers in the 800 and a maximum of 48 swimmers in the 1500 events. These will be based on times (proof of times need to be sent for these events).***
18. ***The 800 and 1500 events are mixed and have an entry standard of 12:00 for the 800 and 24:00 for the 1500 metre swims. The fastest mixed swimmers only will be accepted. *** Each club must supply at least one timer per swimmer for this event.***
19. Relays will be limited to 2 teams per club per age group listed.

Meet Fees:

1. Costs of Individual Entries are \$7.00 per event
2. Relay entry fees are \$8.00 per event.
3. ***Deck entries may be available at a cost of \$10.00 per event if space permits. Deck entries for swimmers not already in the meet must be accompanied by their SNC nine-digit ID number, and date of birth.***
4. There will be a Swim BC Provincial Team splash fee of \$4.00 per swimmer.
5. There will be a facility surcharge of \$2.00 per swimmer.
6. **Please send a hard copy of your entries to info@canadiandolphin.ca as well as your list of officials and entry fees owing.**

Friday, Session 1 3:30 – 4:30 P.M. Warm up; 4:30 start

<u>Female</u>	<u>Event</u>	<u>Male</u>
#33, 35, 37 <u>MIXED</u> #1	4 X 50 F.R. 800 1500 <i>(limited entries – check information)- fast to slow</i>	#34, 36, 38 <u>MIXED</u> #2

Saturday: Session 2 11:00 A.M. Warm up; 11:45 A.M. start

<u>Female</u>	<u>Event</u>	<u>Male</u>
#3	100 free	#4
#5	200 breast	#6
#7	50 back	#8
#9	200 Fly	#10

Saturday, Session 3 5:00 P.M. Warm up; 5:45 start

<u>Female</u>	<u>Event</u>	<u>Male</u>
#11	100 fly	#12
#13	50 free	#14
#15	400 I.M.	#16

Sunday, Session 4 7:30 A.M. Warm up; 8:30 A.M. start

<u>Female</u>	<u>Event</u>	<u>Male</u>
#17	200 free	#18
#19	50 breast	#20
#21	200 I.M.	#22
#23	100 Back	#24

Sunday, Session 5 12:30 P.M. Warm up; 1:00 start

<u>Female</u>	<u>Event</u>	<u>Male</u>
#25	50 fly	#26
#27	100 breast	#28
#29	200 back	#30
#31	400 free	#32

Hotel Information: -

Inn at False Creek- Quality Hotel Downtown Vancouver

1335 Howe St Vancouver, B.C



Our 157 room full service boutique style hotel is conveniently located in downtown Vancouver, steps from the Vancouver Aquatic Center and all major city attractions & activities. The hotel also has a seasonal outdoor heated pool, lounge and restaurant, free access to Fitness World, complimentary high speed wireless internet, room service, coffee/tea maker and safety deposit box. The hotel is a “pet friendly” and completely non smoking facility. We’re a four time winner of Choice Hotel’s prestigious "Gold Award" for Hospitality and Service. Book Early, based on availability
Rate honoured up to 30 days prior the arrival date.

For reservations, please contact the hotel Toll Free 1.800.663.8474

www.innatfalsecreek.com

Email: quality@qualityhotel.ca

Please refer to “Canadian Dolphin Swim Club’



1200 Hornby Street
Vancouver, BC
(604) 681-3555

Officials List:

Club: _____

Each club must supply two timers and at least a stroke and turn for each session. Please list below and send to info@canadiandolphin.ca

Please list names below and email.

Session 1: _____

Session 2: _____

Session 3: _____

Session 4 _____

Session 5 _____
