



Name of Meet: TREX  
Hosted by: University of Calgary Swim Club  
Date of Meet: May 23 – 24, 2009  
Entry Deadline: May 13<sup>th</sup>, 2009  
Sanctioned by: Swim Alberta, #

[www.calgaryswimming.com](http://www.calgaryswimming.com)

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#### Facility and Location:

University of Calgary Aquatic Centre

1 – 50 meter 8 lane pool.

Omega Electronic timing will be used – pads and plungers only.

#### Sessions:

- #1: Saturday May 23, 2009 (TF)  
All Ages  
Warm-up: 2:00 pm – 2:50 pm  
Start: 3 pm
- #2: Sunday May 24, 2009 (TF)  
12 and under  
Warm-up: 7:30 am – 8:20 am  
Start: 8:30 am
- #3: Sunday May 24, 2009 (TF)  
13 and over  
Warm-up: 12:30 am – 1:20 pm  
Start: 1:30 pm

#### Schedule of Events:

Saturday:  
200 IM  
100 Fly  
200 Free  
100 Breast  
200 Back

Sunday:  
400 Free  
50 Free  
200 Breast  
100 Back  
200 Fly  
100 Free

#### Meet Rules:

Approved by Swim Alberta. All current Swimming/Nation Canada (SNC) rules will be followed. SNC warm-up procedures will be in effect.

#### Meet Format:

All events will be swum slowest to fastest. All events are timed finals. Swimmers are limited to a maximum of six (6) individual events.

Age Groups: 10 and under, 11 – 12 year olds, 13 – 14 year olds, 15 – 16 year olds, 17 and over. Ages will be determined based on the swimmers age on the first day of the meet.

Meet Management reserves the right to limit enrolment of swimmers to the first 400 swimmers. Meet Management reserves the right to alter, revise, limit enrolment, or otherwise modify the program to ensure maximum number of swims in a session of reasonable length, following receipt of entries. Coaches will be advised of any changes prior to the start of the session.

#### Eligibility:

All swimmers registered with Swimming/Nation Canada or members of associations affiliated with FINA are eligible.

**Entries:**

Entries are to be submitted using Hy-Tek. Hy-Tek files are to be uploaded on line at [www.swimmeet.ca](http://www.swimmeet.ca). Time of receipt of uploaded entries will be considered as the date and time on the notification email sent to the meet manager through the SNC site.

Deck entries will be permitted under the following circumstances:

1. no new heats will be created to accommodate a deck entry
2. approval of the meet manager
3. swimmers will be charged a rate of \$12.00 per event, payable upon entry being confirmed.

Entry times are required for all entries to facilitate timing of the meet by the meet manager. An entry of NT will not be accepted.

**Entry Fee:**

\$6.00 per individual event.

**Entry Deadline:**

Entries and entry fees are due on or before Wednesday May 13<sup>th</sup> at 5:00 pm. Cheques to be made payable to University of Calgary Swim Club and sent to:

Cheryl Humphrey  
c/o University of Calgary Swim Club  
KNA 243, 2500 University Drive NW  
Calgary, Alberta T2N 1N4

**Scratches:**

A scratch sheet, complete with the name of the club, the name of the swimmer and the event numbers(s), must be handed to the Clerk of Course no later than 30 minutes before the start of each session. Scratches can also be sent to the Meet Manager up till 5 pm on May 20<sup>th</sup>, 2009 by emailing [cheryl.humphrey@shaw.ca](mailto:cheryl.humphrey@shaw.ca). No refunds will be issued for scratches received after the entry deadline.

**Awards:**

Ribbons will be awarded for 1<sup>st</sup> to 8<sup>th</sup> places.

**Results:**

Results will be posted on the SNC site – [www.swimmeet.ca](http://www.swimmeet.ca)

**Psych Sheets:**

Psych sheets will be available prior to the meet and will be posted on the University of Calgary Swim Club website: [www.calgaryswimming.com](http://www.calgaryswimming.com)

**Coaches Meeting:**

If required, a coaches meeting may be held on May 23<sup>rd</sup> at 2:45pm at the South End of the pool. Otherwise, notices pertaining to the meet will be placed in each club's hanging folders in the official/hospitality room.

**For more information please contact:**

Cheryl Humphrey

Meet Manager

Email: [cheryl.humphrey@shaw.ca](mailto:cheryl.humphrey@shaw.ca)