2008 ALBERTA AGE GROUP / SENIOR CHAMPIONSHIPS LONG COURSE
Kinsmen Sport Centre
9100 Walterdale Hill, Edmonton
3-6 July 2008

Position	Name	Phone	E-mail
Host Club	Edmonton Keyano Swim Club		
Meet Manager	Norma Lachance	780-465-6019	mathdva@hotmail.com
Referee	Glennis Mossey	780-430-7252	gmmossey@telusplanet.net
Officials Chair	Julianne Hafer	780-435-7049	jdhafer@telus.net
Proof of Time	Bruce Russell	780-444-9164	bruce.russell@shaw.ca

Sanction & Rules:
- This meet is sanctioned by Swim Alberta, abiding by the rules and regulations of SNC and FINA as contained in the SNC rulebook, IPC Swimming rules and regulations as contained in the IPC Swimming rulebook, the policies and procedures of Swim Alberta, and the rules stipulated in this package.

Age Groups:
- 10 & Under; 11-12; 12 & Under; 13-14, Senior, Swimmers with a Disability

Qualifying Standard/Period:
- The qualifying period is between September 1, 2007 and the entry deadline. Swimmers must meet the following criteria within the qualifying period in order to qualify for entry into this meet:
    - 14 & under swimmers must have achieved a Swim Alberta A Time Standard for their discrete age.
    - 15 & over swimmers must have achieved a Senior Swim Alberta B Time Standard.
    - Swimmers with a disability must meet the Alberta Provincial Standard for swimmers with a disability.
    - Swim Alberta time standards are available from www.swimalberta.ca.

Eligibility:
- The Alberta Age Group/Senior Championships is an OPEN event; open to all swimmers currently registered with SNC or FINA affiliated clubs.
- In the Age Group meet, swimmers must meet the age requirements for entry, as per the age group descriptions, as of the first day of competition: Thursday, July 3, 2008.

Entries:
- Entries are accepted as follows for both meets:

1 time standard	+	5 free swims	=	6 Total Swims
2 time standards	+	4 free swims	=	6 Total Swims
3 time standards	+	3 free swims	=	6 Total Swims
4 time standards	+	2 free swims	=	6 Total Swims
5 time standards	+	1 free swims	=	6 Total Swims

- Swimmers may enter 7 or 8 events, provided that they have achieved the A time standards for their respective age in all of the events in which they enter.
- Swimmers entering into both the Age Group and Senior sections of the meet must still follow the entry limit, and must qualify for the A standard in all events in which they enter (respective A time for Age Group entries, and 15-16 'A' standard for Senior entries).
- Swimmers may only enter into one section of the meet (Age Group or Senior) per individual event.
- Entry times must be in long course metres. Short course times may be converted by adding 2%.
- Entry times for swimmers with a disability must be in long course metres. Short course times may be converted, for classes S1-S6, S11, SB1-SB6, SB11, SM1-SM6 and SM11 by subtracting 2% and times for classes S7-S14, SB7-SB9, SB12-B14 and SM7-SM14 by adding 2%.

Entry Deadline:
- The entry deadline will be fourteen (14) days prior to the first day of competition (June 19, 2008).
- Swimmers qualifying for their first event after the entry deadline will be able to enter the competition at the regular entry fee.
- Late entries of qualified swimmers will be permitted at double the published entry fee, provided that an extra preliminary heat is not created. These will be exhibition swims (See CSW 3.7) and seeded as No Time (NT) entries.

Proof of Times:
- Proof of Time will be required for all Time Final events, including relays, for the purpose of seeding. Time Final events are described in the "Format" section of this meet package.
- Proof-of-times for relays are to be FAXED to 780-432-1771 or E-MAILED to bruce.russell@shaw.ca. You may use the form attached or your Hy-tek best relay proof form.

Entry Fees:
- Cheques for entry are to be payable to Edmonton Keyano Swim Club. No Fax Entries will be accepted. Send email entries to the Data Manager at bruce.russell@shaw.ca.
- The entry fee if entering on Hy-Tek is $6.75 per individual event and $9.00 per relay. If not entering on Hy-Tek, clubs entering less than 20 swimmers in the meet the fee is $6.75 per individual event and $9.00 per relay.
- If not entering on Hy-Tek clubs entering more than 20 swimmers in the meet the fee is $7.00 per individual event and $10.00 per relay.
- All fees include the Olympic Bonus.
- Entry fees are refundable prior to the initial scratch deadline of 8:00pm on July 2, 2008.

Qualifying for Entry to the Senior Meet:
- 15 & over swimmers must achieve at least 1 Senior B time standard, SCM or LCM, between September 1, 2007 and the entry deadline in order to enter the competition.
- For clubs wishing to enter 14 & under swimmers into a senior event, the swimmer must achieve the 15-16 A time standard. Swimmers may only swim an individual event in one section of the meet (Age Group or Senior).

Qualifying for Entry to the Age Group Meet:
- Swimmers who have equalled or bettered the Swim Alberta A standard for their respective age for any individual event, SCM or LCM, between September 1, 2007 and the entry deadline are eligible to enter the Alberta Age Group/Senior Championships in the Age Group portion of the meet.
- Swimmers winning an individual event at the 2008 SPEEDO Alberta Age Group Trials may enter the Alberta Age Group Championship, regardless of whether they meet the A standard in any event. Winners who age up between the Trials and Provincials will be allowed to compete in their new age group.
- In the 800/1500 freestyle events, non-qualified entries will be accepted up to a total of 24 entries per age group category. If there are more than 24 qualified entries in any age group, then all qualified swimmers will swim. Non-qualified entrants who are not within the top 24 total entries for their age group will be notified and allowed to select an alternate event. The winner of the corresponding event from the 2008 SPEEDO Alberta Age Group Trials will be guaranteed a position regardless of meeting the standard.

Seeding & Scratches:
- See SW 3, CSW 3.4 and CSW 3.6.
- All preliminaries will swim regardless of the number of entries.
- Events will be senior seeded, including entries for swimmers with a disability, for the preliminaries and divided into their separate age categories for finals.
- Scratch deadlines for Heats and Time Final events will be later of 8:00pm of the previous day or 30 minutes following the previous day's finals.
- Scratch deadlines for Finals will be 30 minutes after the conclusion of that day's preliminary session.
- A $50 fine will be assessed for late scratches from Finals.

Relays:
- See SNC 2.3. Relay events will be Time Final. The relays shall be swum in the finals session.

2008 Alberta Age Group / Senior Championships Long Course

ALBERTA
SPORT, RECREATION
PARKS & WILDLIFE
FOUNDATION
Enhancing Alberta's Communities

TEAM AQUATIC SUPPLIES

Format:
- The meet will be double ended, except for the 50 meter events.
- There will be a combined preliminary session for all swimmers, followed by Age Group Finals and Senior Finals, in that order.
- Warm up times and start times for finals will be determined once the preliminary heats have been seeded. Warm-up for finals will start no earlier than 1 hour following the end of preliminaries and no earlier than 3 pm.
- Finals will be swum in the following order: C Final (when applicable), B Final (when applicable), then A Final.
- Events will be seeded as 14 & under and Senior during the preliminaries and divided into age groups for finals.
- In the Age Group meet, all events will have 10&U, 11-12 and 13-14 age groups, with the exception of 200 Fly, 400 IM and 800/1500 Freestyle, which will have 12&U and 13-14 age groups.
- 10&U events will have A Finals only, with the exception of the 400 Free which will be Time Final and swum in the preliminary session.
- 11-12, 12&U, and 13-14 events will have A and B Finals regardless of the number of entries, with the exception of the 400 Free & 400 IM which will have an A Final only, and the 800 & 1500 Free which will be Time Final.
- Senior events will have A Finals, B Finals and C Finals regardless of the number of entries, with the exception of the 400 Free & 400 IM which will have an A and B Finals only, and the 800/1500 Free which will be Time Final.
- For the 800/1500 freestyle events, the top 10 swimmers will swim in the final session for the Olympic-eligible events only. The men 1500 free Top 10 will swim on Thursday and the women 800 free Top 10 will swim on Sunday during finals. In the Age Group section, there will be only one heat, comprised of the Top 10 14 & under swimmers.
- The 800/1500 freestyle events may be seeded with two swimmers per lane at the meet management's discretion to reduce time demands.
- Positive check-in will be used for the 800 and 1500 metre freestyle; swimmers must check in with the Clerk of Course prior to the start of the session in which the event will be swum.

Format for Swimmers with a Disability:
- Events for swimmers with a disability will be time-finals only swum during the preliminaries session.
- Eligible events for swimmers with a disability are:
  - 50, 100, 200 & 400 freestyle
  - 50, 100 backstroke
  - 50, 100 breaststroke
  - 50, 100 butterfly
  - 150 IM (Classes SM1-SM4)
  - 200 IM (Classes SM5-SM14)

Scoring:
- Event scoring will be as follows: 50-30-21-19-18-17-16-15-14-13; 11-9-8-7-6-5-4-3-2-1, with Top 20 scoring for individual events and only Top 10 scoring for relay events.
- Swimmers with a Disability will not be included in the Overall Championship scoring.

Individual Awards:
- Individual Events - medals will be awarded to the top 3 finishers in all individual events for 10&U, 11-12, 12&U, 13-14, and Senior age categories. Ribbons will be awarded to the remaining Top10 finishers.
- Relay Events - medals will be presented to the first place team in all relay events. Ribbons will be presented to the second and third place teams.
- Discrete age winners in the Age Group Championships will be presented a Provincial Championship Certificate.
- Events for swimmers with a disability - medals will be awarded for the top 3 finishers based on the SNC World Performance Charts for Swimmers with a Disability regardless of the classification for each eligible event. Individual classification winners will receive a Swim Alberta Swimmers with a Disability winner's certificate per event.
- Team Awards – the following are awards determined from points earned at this competition and presented at the Swim Alberta Annual Celebration Banquet:
- Team Aquatic Supplies Team Title Group 1 Banner
- Clubs eligible are those with 76 and more registered competitive swimmers
- Presented to the team with the highest combined points from SC and LC Age Group Provincials.
- SPEEDO Team Title Group 2 Banner
- Clubs eligible are those with 75 and less registered competitive swimmers
- Presented to the team with the highest combined points from SC and LC Age Group Provincials.

ALBERTA
SPORT, RECREATION
PARKS & WILDLIFE
FOUNDATION
Enhancing Alberta's Communities

TEAM AQUATIC SUPPLIES
a Division of Us Parks & Associates Ltd.

Billeting: No billeting will be offered.

Host Hotels:

Coast Edmonton Plaza Hotel
10155 105 Street
Edmonton, Alberta
T5J 1E2
Tel: 780 423-4811
Fax: 780 423-3204
Reservations: 1 800 716-6199
Room Rate:
- $89.00 per night single, double, and triple based on availability.
- When booking ask for the Swim Alberta room rate.

Coast Edmonton House Suites Hotel
10205 100 Avenue
Edmonton, Alberta
T5J 4B5
Tel: 780 420-4000
Fax: 780 420-4364
Reservations: 1 800 716-6199
Room Rate:
- $99.00 per night single, double, and triple based on availability.
- When booking ask for the Swim Alberta room rate.

Event Order:

Preliminary Events: Warm up – 7:30am; Start – 8:30am every morning

Thursday, July 3	Friday, July 4	Saturday, July 5	Sunday, July 6
100 Fr	200 Fly	200 Fr	400 IM
200 IM	100 Bk	100 Br	50 Fr
150 IM (SWAD only)	50 Br	200 Bk	200 Br
50 Bk	400 Fr	50 Fly	100 Fly
1500 Fr			800 Fr

14 & Under Finals: Warm up – TBC; Start – TBC

100 Fr 13-14 A/B	4x50 FR 13-14	200 Fr 13-14 A/B	4x50 MR 10&U
100 Fr 11-12 A/B	4x50 FR 11-12	200 Fr 11-12 A/B	400 IM 13-14 A only
100 Fr 10&U A only	4x50 FR 10&U	200 Fr 10&U A only	400 IM 12&U A only
200 IM 13-14 A/B	200 Fly 13-14 A/B	100 Br 13-14 A/B	50 Fr 13-14 A/B
200 IM 11-12 A/B	200 Fly 12&U A/B	100 Br 11-12 A/B	50 Fr 11-12 A/B
200 IM 10&U A only	100 Bk 13-14 A/B	100 Br 10&U A only	50 Fr 10&U A only
50 Bk 13-14 A/B	100 Bk 11-12 A/B	200 Bk 13-14 A/B	200 Br 13-14 A/B
50 Bk 11-12 A/B	100 Bk 10&U A only	200 Bk 11-12 A/B	200 Br 11-12 A/B
50 Bk 10&U A only	50 Br 13-14 A/B	200 Bk 10&U A only	200 Br 10&U A only
1500 Fr Men Top 10	50 Br 11-12 A/B	50 Fly 13-14 A/B	100 Fly 13-14 A/B
4x200 FR 13-14	50 Br 10&U A only	50 Fly 11-12 A/B	100 Fly 11-12 A/B
4x200 FR 11-12	400 Fr 13-14 A only	50 Fly 10&U A only	100 Fly 10&U A only
	400 Fr 11-12 A only	4x100 FR 13-14	800 Fr Women Top 10
	4x50 MR 13-14	4x100 FR 11-12	4x100 MR 13-14
	4x50 MR 11-12		4x100 MR 11-12

Senior Finals: Warm up – TBC; Start – TBC

100 Fr A/B/C	4x50 FR	200 Fr A/B/C	400 IM A/B
200 IM A/B/C	200 Fly A/B/C	100 Br A/B/C	50 Fr A/B/C
50 Bk A/B/C	100 Bk A/B/C	200 Bk A/B/C	200 Br A/B/C
1500 Fr Men Top 10	50 Br A/B/C	50 Fly A/B/C	100 Fly A/B/C
4x200 FR	400 Fr A/B	4x100 FR	800 Fr Women Top 10
	4x50 MR		4x100 MR

Club Name: _____

Relay Event: _____

Name	Age	Time	Competition time achieved at
Total Time			

Club Name: _____

Relay Event: _____

Name	Age	Time	Competition time achieved at
Total Time			

2008 Alberta Age Group / Senior Championships Long Course

ALBERTA
SPORT, RECREATION
PARKS & WILDLIFE