

SEVENTH ANNUAL PCS XMAS CRACKER INVITATIONAL SC SWIM MEET

Live results at <http://results.pacificcoastswimming.com>



December 12-14, 2008
Saanich Commonwealth Place
4636 Elk Lake Drive
Victoria BC CANADA V8Z 5M1
Sanctioned by Swim BC #6373



START TIMES

Date	Morning		Afternoon	
	Warm-ups	Preliminaries	Warm-ups	Finals
Friday, December 12, 2008	7:30 am	8:30 am	4:30 pm	5:30 pm
Saturday, December 13, 2008	7:30 am	8:30 am	4:30 pm	5:30 pm
Sunday, December 14, 2008	7:30 am	8:30 am	4:00 pm	5:00 pm

POOL AND FACILITIES

Eight lanes with central bulkhead for two short-course pools.
Ares-Omega electronic timing, touch pads and scoreboard.
Separate warm-up pool – four short-course lanes in dive tank.
Coffee shop – the Waveside Café – available.

ELIGIBILITY

Swimmers registered with Swim BC or other FINA-related organizations.
Swimmer age is determined on December 12, 2008.

GENERAL INFORMATION

- This meet is designed to enable teams to bring competitive swimmers representing all ages and all levels to a heats and finals event. Invited teams may reserve to a maximum of 50 swimmers; additional swimmers over team reserved number will be admitted only if space allows.
- The meet will run under Swim BC and SNC rules, including SNC warm-up procedures, scoring and the one-start rule. Swimmers with a disability will be officiated under IPC rules.
- Individual entries are limited to 9 events *per* swimmer.
- Heats will swim in two pools, slowest to fastest, all age groups combined. Pool assignment may be based on team.
- 50 Fly, 50 Back and 50 Breast are timed final events during preliminary sessions. 50 Free will swim as heats and finals.
- Finals for all events except 800 & 1500 Freestyle will swim in one pool and in age groups: 12 & under, 14 & under and Senior. There will be consolation finals only for the Senior group, given 20 or more splashes in prelims.
- PCS reserves the right to limit entries and/or double-lane and/or reschedule slower heats for 400m Freestyle and 400 IM events. *We suggest teams use the applicable BC A-standard as a cut-off when considering entries for 400 Freestyle and 400 IM. This standard is available on our web site.*
- Entries will be limited for 800 and 1500 Freestyle events. These events are timed finals. There will be two morning heats for each event, swimming double-lane, as mixed open age group. Finals for these events only will swim in two pools, and consist of the top-8 entries for each gender in age groups 12 & under, 14 & under and Senior (age groups may swim together given number of entries). These will take place at the end of Friday and Sunday finals sessions. *Positive check-in required for both heats and finals participants.*

- Teams will be notified as soon as possible after the entry deadline if there are changes to the distance events, or if changes in team entries are required.
- Teams are limited to three relays *per* team *per* age-group and gender, however only two are eligible for scoring. Relays are timed finals and will swim at the beginning of Friday and Saturday afternoon finals sessions. No Sunday relays.
- Scratch deadline for finals is 30 minutes from the conclusion of heats on the day the final is to swim.
- There will be no awards. Seasonal prizes will be distributed among top-3 finals performances by random draw. Special prizes will be awarded to the broken 200 IM winners produced by combining 50m events.

ENTRIES

Entries must be uploaded prior to the entry deadline to the Swimming Canada website at <https://www.swimming.ca/MeetList.aspx>. *We are required to state that entries sent directly to the meet manager will not be accepted.* Please note that this ruling also means we will not be able to accept mailed entries.

Send entry reports and fees reports to:

Margaret Penning

Phone: 1-250-656-7359

Email: meets@pacificcoastswimming.com

- Final entries must be uploaded by Monday, **December 1, 2008**.
- Entries are \$6.50 *per* individual event; \$8.00 *per* relay.
- Note that Saanich Commonwealth Place requires a \$5.00 *per* swimmer Facility Improvement Fee and Swim BC requires a \$4.00 *per* swimmer Provincial Team Splash Fee.
- Please make cheques for the total amount, including all individual and relay entries, *and* Swim BC and SCP facility fees, payable to **Pacific Coast Swimmers and Parents Association (PCSPA)**.
- Entries must be accompanied by swimmer identification numbers; for Canadian registrants these are the 9-digit registration numbers as mandated by SNC.
- Entries must show swimmers' ages, or swimmers will be entered in the Senior category.
- No refunds of fees for scratched events after the entry deadline except with a medical certificate.

EVENT ORDER

Friday			Saturday			Sunday		
Women		Men	Women		Men	Women		Men
1	50 Fly	2	15	400 Free	16	27	400 IM	28
3	200 Free	4	17	100 Breast	18	29	100 Fly	30
5	50 Back	6	19	200 Back	20	31	50 Free	32
7	200 IM	8	21	100 Free	22	33	100 Back	34
9	50 Breast	10	23	200 Fly	24	35	200 Breast	36
11	Mixed 1500 Free	11	25	200 Free Relay	26	37	Mixed 800 Free	37
13	200 Medley Relay	14						

University of Victoria – Pacific Coast Swimming Association

1-250-727-9243

<http://www.pacificcoastswimming.com/>