



2008 TEAM AQUATIC SUPPLIES
BC PROVINCIAL SHORT COURSE CHAMPIONSHIPS
FEBRUARY 28 – MARCH 2, 2008 - VICTORIA BC



SANCTIONED BY SWIM BC

DATE FEB. 28 – MARCH 2, 2008

HOST University of Victoria - Pacific Coast Swimming Association

MEET MANAGERS MARGARET PENNING
MOYRA BRACKLEY

LOCATION

Saanich Commonwealth Place
4636 Elk Lake Drive, Victoria, BC
Phone: 250-475-7600

2 - 8 X 25m Competition Pools; Warm-up Pool
Omega Timing System with Omega Full-colour Video Board

WARM UP AND START TIMES

Thursday, FEBRUARY 28, 2008

Timed Finals	Warm-up	1:00-1:50 pm
	Start	2:00 PM
Relays	Warm-up	6:00-6:30 pm*
	Start	6:40 PM

Friday, FEBRUARY 29, 2008

Heats	Warm-up	8:00-8:50am
	Start	9:00am
Finals	Warm-up	4:30-5:20*
	Opening Ceremony	5:30pm
	Start	5:45pm

Saturday, March 1, 2008

Heats	Warm-up	8:00-8:50am
	Start	9:00am
Finals	Warm-up	4:30-5:20pm*
	Start	5:30pm

Sunday, MARCH 2, 2008

Heats	Warm-up	8:00-8:50am
	Start	9:00am
Finals	Warm-up	Two hours after prelims
	Start	One hour later

***All pools will be cleared at the end of warm-ups for the officials' march-on / the national anthem.**

ELIGIBILITY

See also SPECIAL MEET RULES below.

- As of the entry deadline, athletes must have attained at least ONE 2007-2008 BC AAA long course or short course qualifying time in an applicable age group.
- All swimmers must be registered with a Swim BC, SNC, USS or other FINA recognized club.

- Age groups for able-bodied swimmers will be 10&U (SwimStars), 11&U, 12&U, 13&U, 14&U, 15&U, 17&U in finals.
 - However, **preliminaries** will be swum in only TWO age divisions: 13&U and 17&U
 - NOTE: Coaches must specify in their entries if they want their swimmer to compete in an older age / age group and notify meet management of the competitor's name, event and swim-up age category.
- The 15&U and 17&U age categories will both use the Swim BC 15&O time standards.
- Swimmer age is as of the first day of competition.
- Event by event, competitors may swim in any age or age group in which they have met the qualifying standard.
 - Swimmers cannot compete in the same event in more than one age/age group

NON-QUALIFIED SWIMS

- Non-qualified swims are permitted so that a swimmer with five or fewer qualifying times may enter up to a maximum of six events.
 - 1 qualifying standard – Up to 5 Free Swims
 - 2 qualifying standards – Up to 4 Free Swims
 - 3 qualifying standards – Up to 3 Free Swims
 - etc.
- Swimmers must have met the Swim BC "A" standard for all non-qualified swims.
- Entries for non-qualified swims must be noted in HyTek using the BONUS check box.
- For 400 freestyle and 400 IM, meet management reserves the right to swim any/all non-qualified entries in overflow heats to be run Senior-seeded, fastest to slowest, at the conclusion of the heats, time permitting.
- Non-qualified entries in the 800 and 1500 events will be accepted only to the extent that the Thursday afternoon session does not extend past 6:00pm.
- To enter more than six events, the swimmer must have qualifying times in all events entered.

ENTRIES

- Individual entries are limited to a maximum of nine per swimmer.
- Proof of time is required for all qualifying events. Please email proof of time report for your club to meets@pacificcoastswimming.com
- CUSTOM TIMES ARE NOT ACCEPTED.
- Entries must include relay names along with the relay entries. Relay swimmers may be changed at the meet.
- Entry fees are **\$6.00 per individual event** and **\$8.00 per relay event**.
- Surcharges:
 - \$4.00 per swimmer** Swim BC Provincial Team Fee.
 - \$5.00 per swimmer** SCP Facility Enhancement Fee
- Please submit one cheque for all swimmers entered under the club acronym.
- Cheques payable to: **Pacific Coast Swimmers and Parents Association (PCSPA)**
- Please include a contact name, phone number, and email address with entries.
- Entries must be uploaded to Swimming Canada www.swimmeet.ca website. **Entry files emailed to Meet Management will not be accepted.**

ENTRY DEADLINE: MONDAY, FEBRUARY 18, 2008



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SPECIAL MEET RULES

See also **ELIGIBILITY** above.

SCRATCHES – NEW – PLEASE READ CAREFULLY

1. No-shows, step downs and unexcused incomplete swims will all be considered a late scratch in both preliminaries and finals, and thus subject to the corresponding penalty.
2. The positive check-in / scratch deadline for the 800/1500 events will be noon on Wednesday, February 27, 2008.
3. The scratch deadline for the 4x200 F.R. will be 2:00pm on Thursday, February 28.
4. The scratch deadline and deadline for submitting swimmer relay names for the 200 M.R. and 200 F.R. will be 10:30am on February 29 and March 1, respectively.
5. The scratch deadline for **preliminary events** on Friday-Saturday-Sunday will be 30 minutes following the end of finals the previous evening.
6. Late scratches (as defined above) from prelims will incur a fine of \$10, to be paid before the offending swimmer can compete in another event
7. The initial scratch deadline for finals each night will be 30 minutes following the completion of morning preliminaries, excluding any 800/1500 or "overflow" heats
8. The last scratch deadline for finals will be 30 minutes prior to the start of the finals session; the clerk of course AND alternate's coach **MUST** be notified by the coach of the scratching swimmer prior to this deadline.
9. Late scratches (as defined above) from finals will be subject to the late scratch penalty of \$20, plus removal from all other events, including relays, on that day. This levy must be paid before any other members of that swimmer's team can compete.
10. 10&U SwimStars events will be exempt from these penalties.
11. These scratch rules are in place for Swim BC hosted events only, as approved by the Swim BC board on January 6, 2008.
12. This scratch rule shall supersede any previously published scratch rules.

GENERAL

1. This meet will observe rules as outlined in the current SNC Rulebook and Swim BC Tech Guide.
2. Deck entries and Exhibition Swims are not permitted.
3. SNC warm-up procedures apply. No diving into pool until sprint lanes are announced approximately 30 minutes prior to the conclusion of warm-ups.
4. Preliminary heats will swim in two pools, divided by meet management so as to ensure both pools finish at approximately the same time
5. This is with the exception of the 10&U Timed final heats on Sunday, which will be held in only one pool.
6. **No heats in prelims will be circle-seeded**, with the exception of the 10&U SwimStars heats/finals events.
7. A non-scoring "B" final will be held in 17&U events with 40 or more qualified swims. In these events, the order of the finals will be the "B" finals, followed by the "A" finals.
8. The 400m finals will swim in two pools – girls at one end, boys at the other end. All other finals, will be swum in one pool.

Swimmers with a Disability (SWAD)

1. **SWAD swimmers' complete classifications must be submitted with entries.** The classification must include all 3 designations: an S class, an SB class, and an SM class. SWAD swimmers without a classification should contact Swim BC a minimum of one month prior to the entry deadline to ensure that classification can be arranged.
2. By the entry deadline, SWAD athletes must have attained the SWAD AAA qualifying times in a minimum of one event.
3. SWAD events are open age group – no age restrictions
4. SWAD athletes may enter able-bodied events as per SWIM BC TECH Guide; coaches are asked to use their best discretion.
5. SWAD events will be multi-disability and mixed gender. Winners will be determined by using the male and female Swimming Canada Performance Points Charts.
6. Dedicated SWAD events will be the 50 free, 100 free, 100 back, 100 breast, 50 fly and the 150 IM (S1 to S4)/200IM (S5 to S14).
7. There will be heats and finals for all SWAD events with FIVE or more competitors; SWAD heats will be combined with able-bodied events during preliminaries, based on time.
8. For all SWAD events with fewer than five competitors, the event will run as timed finals during heats.

10 & UNDER SWIMMING

1. By the entry deadline, 10 & Under athletes must have a qualifying standard in either the 200IM or the 400 freestyle. Entry into the competition allows competitors to swim in all six 10&U events.
2. The 200 IM and 400 Freestyle events will be run as timed final events on Sunday afternoon.
3. The 50 butterfly, 100 Backstroke, 100 Breaststroke and 50 freestyle events on Saturday will be run as heats and finals.
4. A Speedo Swim Stars presentation and a separate parent information session will run shortly after the 10&U 200 IM on Sunday.

800 – 1500 Freestyle

1. The 800 & 1500 freestyle events will be swum as timed finals, with a positive check-in / scratch deadline of **noon on Wednesday, February 27, 2008.**
2. 800 – 1500 Freestyle will swim **fastest to slowest**, rotating age groups: 12&U, 14&U, 17&U. However, awards will be presented to 11&U, 12&U, 13&U, 14&U, 15&U, and 17&U ages.
3. The fastest heats of the 800 / 1500 freestyle will be swum single-laned; the fastest 12&U heat will feature the fastest FOUR 11&U (in lanes 1-4) and fastest FOUR 12&U (in lanes 5-8); the same pattern will hold for the fastest heat of 14&U and 17&U.
4. The slower heats may be swum two-per-lane
5. Swim BC and Meet Management will distribute the timeline of heats for 800/1500 Freestyle at least 48 hours prior to the start of the meet. Overflow 800 and 1500 freestyle races, if necessary and feasible, will be announced at this time.



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RELAYS

1. Age groups for relays will be 12&U, 14&U, 17&U.
2. For the 4x50 relay events, only the fastest eight proved relay entries in each event will swim as timed finals at the conclusion of finals sessions. All other relay heats will swim as a timed final at the end of the preliminaries session.
 - a. The 4x200 F.R. events on Thursday will be swum as timed finals seeded slowest to fastest
3. Proof-of-time MUST be submitted for each relay team entered, along with swimmer names.
Email a "relay-only" proof-of-time report to meets@pacificcoastswimming.com.
4. Clubs may enter as many relay teams as they wish; however, only "A" and "B" relay teams will be considered for scoring.
5. There are no qualifying times for relays.
6. Only swimmers whose names appear on the meet entries shall compete in relay events.
7. Please specify relay team swimmer assignments with entries. Clubs will have the opportunity to change relay swimmers by the end of the 800 and 1500 Thursday and by 10:30 am Friday and Saturday.
8. Swimmers who will be in relays only shall be listed in their club's Hytek entry file as "Relay only swimmers"; such swimmers will be subject to Swim BC Splash Fee and SCP Facility Enhancement Fee.
9. Swimmers may compete in the same relay in more than one age group.

STANDARDS

1. Able-body: available on Swim BC website
 - a. Note: both 15&U and 17&U age groups will use the Swim BC 15&O time standards
2. SWAD: available on Swim BC website
3. 10&U: below

10&U Swim Stars Qualifying Standard (same for boys and girls)		
Short Course (AAA)		Long Course (AAA)
6:05.00	400 Free	6:15.00
3:12.00	200 IM	3:17.00

SCORING

1. Individual & Relay scoring 50-30-20-15-14-13-12-11.
2. SWAD Dedicated Events will not count towards overall Team Scoring.
3. 10&U Events will not count towards overall Team Scoring.

AWARDS

1. Medals will be awarded for 1st, 2nd and 3rd places in all individual and relay events.
2. Ribbons will be awarded for 4th, 5th, 6th, 7th and 8th places in individual events only.
3. All SWAD medals (both timed finals and full finals) will be given at finals after the same able-bodied event.
4. Swim Stars awards will be presented for 10&U for the Top 8 fastest cumulative times across all six dedicated 10&U SwimStars events. These will be the only SwimStars awards.
5. Regional Athlete Development (RAD) Award points are calculated using individual aggregate points (9,7,6,5,4,3,2,1 for places 1st through 8th respectively). The \$125.00 RAD award is given to the highest 14 years or younger point scorer from each region.
Thanks to Team Aquatic Supplies for their generous financial contributions for these awards.
6. FINA points charts will be used to award the Swim of the Meet for both males and females in each age category.
Winners will receive a SPEEDO gift certificate or prize pack, to be awarded after the final swim of the meet.
Thanks to Speedo for their generous contributions for these awards.

OTHER

1. Coaches are asked to check in with the Meet Manager immediately upon arrival to pick up Meet Package and information regarding any changes.
2. A coaches' meeting will be held 10 minutes prior to the start of timed finals on Thursday and as necessary.
3. Should it become necessary to change warm-up and/or starting times, coaches will be notified as soon as possible.
4. Clubs are asked to submit names of timers and session availability to meets@pacificcoastswimming.com. Clubs will be contacted by Meet Officials Chairperson for other deck officials.
5. Any act of theft, vandalism or similar action will result in immediate disqualification from the meet.
6. Meet rules are subject to change should meet management find it necessary to make alterations to enhance the quality of the competition.



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THURSDAY, FEBRUARY 28, 2008

800-1500 FREE		RELAYS
Warm up	1:00-1:50pm	6:00-6:30pm
Start	2:00pm	6:40pm

GIRLS	BOYS	AGE GROUP	EVENT
1	2	12 & under	800 / 1500 Free (TF)*
3	4	14 & under	800 / 1500 Free (TF)*
5	6	17 & under	800 / 1500 Free (TF)*
7	8	12 & under	800 Free Relay (TF)*
9	10	14 & under	800 Free Relay (TF)*
11	12	17 & under	800 Free Relay (TF)*

- *TF=timed final
- **800 / 1500 free will swim fastest to slowest, rotating age groups.**
 - That is, Heat 1 will be fastest 12&U (four 11&U and four 12&U swimmers); heat 2 will be fastest 14&U (four 13&U and four 14&U); heat 3 will be the fastest 17&U (four 15&U and four 17&U); Heat 4 will be second fastest group of eight 12&U swimmers (regardless of age); etc.
- **Awards will be presented to Top 8 in 11&U, 12, 13, 14, 15, 16-17 ages.**

FRIDAY, FEBRUARY 29, 2008

HEATS		FINALS
Warm up	8:00-8:50am	4:30-5:20pm
Start	9:00am	5:45pm

GIRLS	BOYS	AGE GROUP	EVENT	GIRLS	BOYS	AGE GROUP	EVENT
13	14	13&U	200 IM	25	26	13&U	100 Back
15	16	17&U	200 IM	27	28	17&U	100 Back
17	18	SWAD*	150IM/200 IM	29	29	SWAD*	100 Back
19	20	13&U	50 Free	31	32	13&U	200 Free
21	22	17&U	50 Free	33	34	17&U	200 Free
23	23	SWAD*	50 Free				
RELAYS							
35	36	12&U	200 Medley Relay**				
37	38	14&U	200 Medley Relay**				
39	40	17&U	200 Medley Relay**				

* A mixed gender **SWAD** final will take place in events with FIVE or more participants. Swimmers will compete in their age and gender-appropriate category during the heats of these events. In events with fewer than FIVE participants, the event will be run as a SWAD mixed-gender timed final in the heats.

**** Relays: Top 8 proved entries in each age group will swim at the conclusion of finals; all others will swim at the conclusion of preliminaries**



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SATURDAY, MARCH 1, 2008

HEATS		FINALS
Warm up	8:00-8:50am	4:30-5:20pm
Start	9:00am	5:30pm

GIRLS	BOYS	AGE GROUP	EVENT	GIRLS	BOYS	AGE GROUP	EVENT
101	102	10&U	100 Back	105	106	10&U	100 Breast
45	46	13&U	400 IM	55	55	SWAD*	100 Breast
47	48	17&U	400 IM	57	58	13&U	200 Breast
103	104	10&U	50 Fly	59	60	17&U	200 Breast
49	49	SWAD*	50 Fly	107	108	10&U	50 Free
51	52	13&U	100 Fly	61	61	SWAD*	100 Free
53	54	17&U	100 Fly	63	64	13&U	100 Free
				65	66	17&U	100 Free
RELAYS							
67	68	12&U	200 Free Relay**				
69	70	14&U	200 Free Relay**				
71	72	17&U	200 Free Relay**				

* A mixed gender **SWAD** final will take place in events with FIVE or more participants. Swimmers will compete in their age and gender-appropriate category during the heats of these events. In events with fewer than FIVE participants, the event will be run as a SWAD mixed-gender timed final in the heats.

**** Relays: Top 8 proved entries in each age group will swim at the conclusion of finals; all others will swim at the conclusion of preliminaries**

SUNDAY, MARCH 2, 2008

HEATS		FINALS
Warm up	8:00-8:50am	2 hrs. after end of prelims
Start	9:00am	3 hrs. after end of prelims

GIRLS	BOYS	AGE GROUP	EVENT	GIRLS	BOYS	AGE GROUP	EVENT
109	110	10&U	200 IM***	89	90	13&U	100 Breast
81	82	13&U	400 Free	91	92	17&U	100 Breast
83	84	17&U	400 Free	93	94	13&U	200 Fly
111	112	10&U	400 Free	95	96	17&U	200 Fly
85	86	13&U	200 Back				
87	88	17&U	200 Back				

* A mixed gender **SWAD** final will take place in events with FIVE or more participants. Swimmers will compete in their age and gender-appropriate category during the heats of these events. In events with fewer than FIVE participants, the event will be run as a SWAD mixed- gender timed final in the heats.

***** Swim BC Swim Stars** events on Sunday will be timed finals with a swimmer and parent information session held shortly after the 200 IM.