

DATE:	11/05/2021	11/05/2021	REGIO	N: Eastern			
HOSTED BY:	GO Kingfish						
LOCATION:	125 University Private Ottawa Ontario						
FACILITY:	-	8*50 Meter Pool: 8*25 Deep End for Competition					
PURPOSE:	In house racing opportunity	· · · · · · · · · · · · · · · · · · ·					
MEET PACKAGE:				nust he the most current version			
WILL I ACKAGE.	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca						
COMPETITION	Jocelyn Jay		Lev	el: 5			
COORDINATOR:	If Level 3+ is serving as CC, pleas	se indicate that ROR	/Swim Ontario a	approval has been granted			
MEET MANAGER:	Denise Beauchesne & Jason Allen		Email: b	eauchesne.denise@gmail.com			
SAFETY COORDINATOR:	Jason Allen and Aidan Gibson (u	ıOttawa Facility	Email: s	enior@gokingfish.ca			
SAFETY AT COMPETITION:	staff and volunteers have the environment that is free of	ne right to partici abuse, harassme inagement & Eve	pate in a safe, ent and discrin	s, coaches, officials, support welcoming and inclusive sport nination. COVID Safety ny procedures will be in effect.			
RACING EVENT:	Sanctioned as In-House	Racing		by Swim Ontario.			
	All current Swimming Canada (SC) rules will be followed. Seeding for all swims will be optimized by distance and stroke, seeded slowest to fastest. Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. Events are Timed Finals. Starts will be conducted from Starting Platform (blocks)						
ELIGIBILITY:	All athletes must be registe						
	This event includes particip from the following clubs:			<u> </u>			
FACILITY ENTRANCE REQUIREMENTS:	The participant is responsible to ensure all entrance requirements have been met. All visitors (Athletes, officials, Volunteers, Parents) must follow all uOttawa declarations and screenings and pass their "Check point stations" to be on campus. All visitors must also follow all GO Kingfish return to swim and return to competition rules and regulations. All 12/overs must be double vaccinated as per Ontario and Ottawa Public health regulations.						
AGE UP DATE:	Ages submitted are to be as	11/05/202	21				
ENTRY LIMITS:	The maximum number of participants per session is			96 Per Session			
	Each club is limited to the fe	96 Max Go Swimmers for each					
	The maximum number of e	3					
ENTRY SUBMISSIONS:	Entries must be submitted through the Swimming Canada online entries system at www.swimming.ca . Meet Management will not accept entries via email.						
ENTRY DEADLINE:	Entries must include all attending coaches.						
LIVINI DLADLINE.	Changes to entries will be a	ccontod until	11				
	Changes to entries will be a	ccepted until	-	JJ-ZUZ I			



ENTRY FEE:		✓ No Fee				
		Individual Events	\$		Relay Events	\$
		Swimmer Fee	\$			
		Payment Method:				
COACH'S REGISTRATION:	Meet management will cross reference the list of coaches submitted with entries at this competition with the <u>Swim Ontario Compliance lists</u> . If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.					
SCHEDULE OF SESSIONS:	This event is limited to 1 session and maximum of 100 swimmers or facility maximum, whichever is less. The session length will not exceed 2 hours. The warm-up period will not					
	excee	d 60 minutes.				

Session #	<u>Date</u>	Warm-up period	# of warm-ups	<u>Start</u>	<u>Finish</u>
1	Friday Nov. 05	4:30-4:55 5:00-5:25pm	2	5:40pm	7:40pm

SCHEDULE OF EVENTS:

Session	Session # 1 Friday November 05		Session #	Session #			Session #		
Event #	Event	Gender	Event #	Event	Gender	Event #	Event	Gender	
1	50 Fly	Mixed							
2	100 Fly	Mixed							
3	200 Fly	Mixed							
4	50Back	Mixed							
5	100 Back	Mixed							
6	200 Back	Mixed							
7	50 Breast	Mixed							
8	100 Breast	Mixed							
9	200 Breast	Mixed							
10	50 Free	Mixed							
11	100 Free	Mixed							
12	200 Free	Mixed							
13	400 free	Mixed							
14	200 IM	Mixed							



DECK ENTRIES:		No Deck Entries are permitted				
DEGREE ENTINES.	Ù	Deck Entries are permitted for swimmers already entered in the competition.				
		Deck Entries are Exhibition Only. They are not eligible for scoring or awards.				
		Deck entries will be accepted for empty lanes only (no new heats will be created).				
		Fee: \$				
OFFICIAL SPLIT	\setminus	Official Split requests are not permitted.				
TIMES:		Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.				
MIXED-GENDER:	time, on ar gend In spi recog will n of the the st	An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event. In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat. In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.				
RECORDS:		Swim Ontario has a completed certified pool length survey (25m and 50m pool only) for the aforementioned swimming pool and swim times achieved at this competition will be eligible for provincial or national records.				
	\backslash	Swim times achieved at this competition will NOT be used for applications of provincial and national records.				
SCORING:	\setminus	No Scoring				
		The following will be awarded:				
AWARDS:	\	No awards				
		The following will be awarded:				
MEET RESULTS:	Offici	al Results will be posted within 5 days of completion of the meet to www.swimming.ca				
	\	The meet program will be run on Hy-Tek Meet Manager.				
	\overline{A}	Live Results / Meet Mobile are available.				
ADDITIONAL SCORING & AWARDS INFORMATION:	Type	here				



ADDITIONAL FACILITY INFORMATION:	All Visitor must follow all uOttawa declarations, screenings, Covid-19 rules, and assigned check points.
-	Also all must review and follow all GO Kingfish Return to swim regulations for uOttawa and Return to Competition protocols.
	All 12/overs must be double vaccinated and follow all Ontario and Ottawa Health protocols.