



## Summer Provincials LC

Sponsored by: Team Aquatic Supplies  
July 28-31, 2022 – Calgary, AB

### Purpose

The Summer Provincials provides swimmers aspiring to the national level an opportunity to train and race through July.

Entry Deadline *	July 18, 2022 9:59 pm MST
Scratch Deadlines	Swim Alberta Scratch Rule (Appendix A)
* <b><i>Withdrawals will not be refunded after the entry deadline</i></b>	

### Facility

MNP Community & Sport Centre, 2225 Macleod Trail South, Calgary Alberta  
8 x 50 meter pool with warm-up and cool down space available

Preliminaries:	Warm-up: 7:30 AM / Start: 8:30 AM
Finals:	Warm-up: 3:30 PM / Start: 4:30 PM

### Sanction

This meet is sanctioned by Swim Alberta.

### Rules

The meet will be conducted under published FINA and/or WPS rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

### Hosts

Swim Alberta and University of Calgary Swim Club

Meet Managers	Peter Lloyd & Harvey Katterhagen	<a href="mailto:lloydswims@gmail.com">lloydswims@gmail.com</a> & <a href="mailto:hkatterhagen@live.ca">hkatterhagen@live.ca</a>
Officials Chair	Kerstin Clark	<a href="mailto:officials@calgaryswimming.com">officials@calgaryswimming.com</a>
Advisory Referee	Jennifer Flowers	<a href="mailto:jflowers@cranky.ca">jflowers@cranky.ca</a>
Swim Alberta	Kevin Dennis	<a href="mailto:kevin@swimalberta.ca">kevin@swimalberta.ca</a>

### Safe Sport

Swim Alberta provides a fun, healthy, inclusive and safe environment. Swimming enriches the lives of everyone involved by ensuring that the training and competitive environment is one where athletes, coaches, officials, volunteers and staff know they are safe, and are treated with respect and dignity. Swim Alberta believes that all members have the right to participate in a safe and inclusive training and competitive environment that is free of abuse, harassment or discrimination.

Swim Alberta further recommends that all interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

## Eligibility

This meet is open to all swimmers currently registered with Swimming Canada or a FINA affiliated club. Para swimmers must have a valid classification listed on the WPS Swimming website (<https://www.paralympic.org/swimming>) or the Swimming Canada website ([www.swimming.ca](http://www.swimming.ca)).

## Qualifying

### Females 14 & Under and Males 15 & Under

Swimmers who rank in the top 20 in any event, 50m – 400m, will be considered qualified for the competition based on Swim Alberta's published short course rankings (September 1 to March 31) or long course rankings (September 1 to June 15) using the competition age groups and age-up date.

Swimmers may also qualify after June 15 by posting a long course time faster than the 20<sup>th</sup> ranked long course time. Only events with 20 rankings are eligible for qualification after June 15<sup>th</sup>.

### Females 15 & Over and Males 16 & Over

Swimmers who achieve at least one Provincial Trials or Provincial Championships time standard since March 1<sup>st</sup> 2021 are qualified for the event.

### Para Swimmers

Para Swimmers must achieve one Provincial Para Swimming time standard since March 1<sup>st</sup> 2021 are qualified for the event. Time standards are available on [www.swimalberta.ca](http://www.swimalberta.ca).

### Out of Province and ASSA All Star Team\*

Out of province and eligible summer swimmers must achieve at least one Alberta Provincial Championships time standard since March 1<sup>st</sup> 2021. Time standards are available on [www.swimalberta.ca](http://www.swimalberta.ca).

*\* ASSA All Star Team information will be communicated directly to registered ASSA clubs.*

## New Qualifiers

Entries for Swimmers who have qualified after the entry deadline will be accepted. Coaches must notify Swim Alberta by 11:59pm Sunday July 24, 2022.

## Entries

Swimmers may enter a maximum of seven (7) events. Swimmers may enter any 50m, 100m or 200m event.

Swimmers who qualify by rank in the 400 freestyle or 400 IM may enter any event 400m or longer. (Females 14 & Under, Males 15 & Under)

Swimmers who qualify by time standard in the 400 freestyle, 800 freestyle, 1500 freestyle or 400 IM may enter any event 400m or longer. (Females 15 & Over, Males 16 & Over)

Entries must be submitted online at [www.swimming.ca](http://www.swimming.ca). Deck entries will not be permitted.

Entry Fees payable to Swim Alberta

Entry Fees are \$15.00 per individual event and \$20.00 per relay event. Entry fees include Olympic Bonus and are refundable prior to the entry deadline. Entry fees must be paid prior to the start of the competition.

## Entry Rules

Entries must be submitted using the athletes best Long Course or Short Course time. Meet management will convert entry times. No-Time (NT) entries will not be accepted. Late entries of pre-qualified swimmers will be subject to a \$50.00 fine per swimmer payable to Swim Alberta prior to the start of the competition. Any club submitting entries for non-qualified athletes will be subject to a \$100.00 fine per non-qualified athlete payable to Swim Alberta.

## Scratches

The Swim Alberta Scratch Rule will be in effect for this competition. (See appendix A)

## Format

Individual Categories

Female: 11 & Under, 12, 13, 14, 15 & Over

Male: 12 & Under, 13, 14, 15, 16 & Over

Mixed Para; Para Male; Para Female

## Relay Categories

Female: 12 & Under, 13-14, 15 & Over

Male: 13 & Under, 14-15, 16 & Over

Mixed: 13 & Under, 14-15, 16 & Over

## Diving

Starts will be conducted from Starting Platforms (blocks) as per FINA 2.3 and SW 4.1.

## Preliminaries

All preliminaries will swim regardless of entries and will be senior seeded fast to slow.

## Finals

There will be A finals for all age categories in events 50m to 400m.

## 400m, 800m and 1500m Events

The 400 freestyle and 400 IM will require positive check-in and will be seeded fast to slow with the fastest two heats circle seeded. The 400 freestyle will be swum alternating gender.

The 800 freestyle and 1500 freestyle events will be senior seeded, time final and require positive check-in. Positive check-in deadlines are listed below. The fastest heat will swim during finals, all other swimmers will swim during preliminaries. All heats will be swum fastest to slowest, alternating gender and may be swum mixed gender or seeded with two swimmers per lane at the discretion of Swim Alberta and the meet manager.

## Positive Check-in Deadlines

400 IM	Thursday July 28	8:30 AM
800 Free	Friday July 29	8:30 AM
400 Free	Saturday July 30	8:30 AM
1500 Free	Sunday July 31	8:30 AM

## Relays

Relay events are time final and will be swum by category, slowest to fastest during finals. Times for the fastest heat must either be validated online or will require proof of time. Teams may enter one (1) or two (2) swimmers from a younger age group, these swimmers may swim in both their own age group relay as well as one or more older age group relays. Teams may enter one (1) 'relay only' swimmer for the 'A' relay. 'Relay Only' entries must be done using Hy-Tek and Swim Alberta notified when entries are submitted. This is only permitted if the team has three (3) swimmers eligible for the relay who are entered in at least one individual event.

Relay names must be submitted to the Clerk of Course by 4:30 pm for each finals session.

## Para Swimming

Para Swimmers may enter any seven (7) events. The 50 freestyle, 100 freestyle, 100 backstroke\* and 100 breaststroke\* events will be swum as mixed gender with heats and finals regardless of the number of swimmers entered. Qualification for finals and final ranking will be based on Swimming Canada's para points.

*\*Note that swimmers classified S1-S5 will race 50 backstroke starting from the start end. Swimmers classified as SB1-SB3 will race 50 breaststroke starting from the start end.*

## Time Final Para Events

All other para events listed will be time final based on results from the preliminary session and will be ranked based on Swimming Canada's para points. Para swimmers are eligible to swim any final in which they qualify however only their preliminary performance will be ranked.

200 Free	S1-S5, S14	150 IM*	SM1-SM4
400 Free	S6-S13	200 IM	SM5-SM14
50 Fly	S1-S7		
100 Fly	S8-S14		

*\*The 150 IM will swim with the 200 IM if there are entries in the event.*

## Para Awards

Medals for the mixed 50 freestyle, mixed 100 freestyle, mixed 100 backstroke and the mixed 100 breaststroke will be awarded during finals after the event has finished and scoring is confirmed, regardless of the numbers entered.

Time final Para medal winners will be recognized before Sunday finals. Time final para medals will be awarded as follows;

If there are four or more participants Gold, Silver and Bronze will be awarded. If three participants, Gold and Silver only; if two participants, Gold only; if one participant, no medals will be awarded.

## Awards

Individual Events

Medals will be awarded to the top three swimmers in each event.

#### Relay Events

Medals will be awarded to the top three teams in each event.

#### Aggregate Awards

Awards will be presented to the swimmer who earns the highest individual point total in the female 11 & under, 12, 13, 14 and male 12 & under, 13, 14, 15 age categories. Aggregate points will be awarded as follows; gold = 5, silver = 3, bronze = 1. In the case of a tie the single highest FINA point score, or if required the next highest FINA point score, will break the tie.

#### High Point Awards

Awards will be presented to the Top Male & Top Female of any age in an Olympic Event, with the highest FINA point score in an individual Olympic eligible event. An award will be presented to the Top Para Swimmer of any gender based on Swimming Canada's para points in any para specific event. In the case of a tie the swimmers next highest FINA or para point score will be used until the tie is broken.

#### Time Trials

Swim Alberta and meet management must both approve a time trial, which will only be held in exceptional circumstances.

### Accommodations

#### Residence Inn Calgary Downtown/Beltline District

610 – 10<sup>th</sup> Ave SW, Calgary Alberta T2R 1M3

T: (587) 349-8633

Book Hotel Online using booking link below:

##### **Book your corporate rate for Swim Alberta**

- For \$149 CAD - \$169 CAD per night Rates include Breakfast
- [Book your group rate for Summer Provincials - Swim Alberta room block](#)

#### Delta Hotels Calgary Downtown

209 Fourth Ave SE, Calgary AB T2G 0C6

T: (403)266-1980

Book Hotel Online using booking link below:

##### **Book your corporate rate for Swim Alberta**

- For \$159 CAD
- [Book your group rate for Swim Alberta Jul2022](#)

#### Proof of Time

Swim Alberta will prove times using Swimming Canada's time validate feature for the fastest heat of time final events swimming during finals. A slower time than the validated time will be accepted if submitted with entries. Swim Alberta may request proof of time for any entry. Clubs will have 48 hours to provide proof of time. If a Club is unable to prove an entry time the entry may be removed (events 400m or longer) or seeded last (events 200m or shorter).

#### Official Splits

Must be requested prior to the start of the session. Coaches may be required to supply timers for Official Split requests.

#### Psych Sheets

To be published Tuesday prior to the meet. Changes will not be permitted once the psych sheet is published.

#### Accreditation

Clubs will be provided one accreditation per swimmer registered in the competition. Clubs will receive one coach accreditation per 10 swimmers entered. Additional coach accreditations must be requested prior to the competition.

#### Media

Club photographers are not permitted



Thursday July 28	
<b>Preliminaries</b> Warm-up: 7:30 am / Start: 8:30 am  200 Freestyle 50 Butterfly 100 Backstroke^ 400 IM	<b>Finals</b> Warm-up: 3:30 pm / Start: 4:30 pm  200 Freestyle 50 Butterfly 100 Backstroke^ 400 IM 4x50 Freestyle Relay
Friday July 29	
<b>Preliminaries</b> Warm-up: 7:30 am / Start: 8:30 am  100 Freestyle^ 50 Breaststroke 200 Backstroke 800 Freestyle (slower heats)	<b>Finals</b> Warm-up: 3:30 pm / Start: 4:30 pm  100 Freestyle^ 50 Breaststroke 200 Backstroke 800 Freestyle (fastest heat) 4x50 Free Mixed Freestyle Relay
Saturday July 30	
<b>Preliminaries</b> Warm-up: 7:30 am / Start: 8:30 am  100 Breaststroke^ 200 Butterfly 50 Backstroke 400 Freestyle	<b>Finals</b> Warm-up: 3:30 pm / Start: 4:30 pm  100 Breaststroke^ 200 Butterfly 50 Backstroke 400 Freestyle 4x50 Medley Relay
Sunday July 31	
<b>Preliminaries</b> Warm-up: 7:30 am / Start: 8:30 am  100 Butterfly 200 Breaststroke 50 Freestyle^ 200 IM 1500 Freestyle (slower heats)	<b>Finals</b> Warm-up: 3:30 pm / Start: 4:30 pm  100 Butterfly 200 Breaststroke 50 Freestyle^ 200 IM 1500 Freestyle (fastest heat) 4x50 Mixed Medley Relay

^ Includes the mixed para swimming event



**TEAM AQUATIC SUPPLIES LTD**

## Appendix A

Alberta provincial meets will use the Swim Alberta Scratch Rule.  
<http://www.swimalberta.ca/officials/meet-manager-information>

### SWIM ALBERTA SCRATCH RULE

#### Heats & Final Meets including Short Course & Long Course Provincials, Spring & Summer Championships

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Clerk of Course according to the information detailed below:

##### *Scratch Deadline and Penalties for Preliminaries:*

- Scratches are to be submitted to the clerk of course by the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the preliminary session can be seeded.
- Late Scratches may be received by the Clerk of Course 30 minutes prior to the start of each session. No re-seeding will occur, without the approval of the referee.
- There will be no penalty for scratching from preliminary events. No-shows, step-downs, and unexcused incomplete swims will have no penalty assessed.

##### *Scratch Deadline for Time Final Events (including relays):*

- Scratches are to be submitted to the clerk of course by the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the session can be seeded.
- Late Scratches may be received by the Clerk of Course 30 minutes prior to the start of each session in which a Time Final Event is scheduled. No re-seeding will occur, without the approval of the referee.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining finals, including relays, scheduled for that session.

##### *Scratch Deadline for Time Final Events utilizing Positive Check-in*

- The deadline for Positive Check-in shall be clearly communicated in the meet package and communicated to coaches at the technical meeting.
- Failure to check-in by the deadline will be deemed a scratch and the swimmer will be removed from the event. There is no penalty for swimmers who fail to check-in.
- Once checked-in a swimmer is not entitled to scratch from the event. No-shows, step-downs and unexcused incomplete swims will result in the swimmer being scratched from all remaining finals, including relays, scheduled for that session and any other session in which the event in question is swum.

*Scratch Deadline and Penalties for Finals:*

- Scratches are to be submitted to the clerk of course 30 minutes after conclusion of the preliminary session. The conclusion of the preliminary session will be the completion of the final race of the session or when the 800/1500 are the last events of the session, the scratch deadline shall be 30 minutes after the completion of the last race immediately preceding the start of the 800/1500.
- The Late Scratch Deadline shall be 30 minutes prior to the start of the finals session. However, there shall be no re-seeding to include scratches made after the initial scratch deadline.
- The Late Scratch Deadline only applies if the coach of the late scratch swimmer notifies the referee and the coach of the alternate. The alternate is under no obligation to swim. Should the alternate decline to swim the coach of the late scratch swimmer must contact the coach of the 2nd alternate.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining events, including relays, scheduled for that day.
- Although alternates are not required to swim, all swimmers not intending to swim finals should scratch by the scratch deadline. This will ensure that those swimmers, who would be intent on swimming in a final and qualify, would be provided the opportunity.

**Deadlines for Relays**

The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.

The deadline for name changes shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin. The deadline will be a minimum of 30 minutes prior to the first relay event based on session timeouts, regardless of which event (age or gender) the team is entered in.