



MJB Law Classic SCM

December 13-14-15, 2019



27th Annual MJB Law Classic SCM

Sanctioned by Swim BC #34736

December 13-14-15, 2019

Prelims

Fri/Sat/Sun:

Warm-ups: 13 and Under 7:30 a.m. – 8:10 a.m.
14 and Over 8:10 a.m. – 8:45 a.m.

Start: 09:00 a.m.

Finish: Fri 1:30 p.m. [estimate]
Sat 1:30 p.m. [estimate]
Sun 12:00 p.m. [estimate]

Finals

Fri/Sat:

Warm ups: 4:00 p.m. – 4:50 p.m.
Start: 5:00 p.m.
Finish: 8:00 p.m. [estimate]

Finals

Sun:

Warm ups: 2.0 hours after end of prelims
Start: 3.0 hours after end of prelims

Location

Canada Games Aquatic Centre

910 McGill Road, Kamloops, BC
Tel.: 250.828.3660 Fax: 250.828.0762
Email: meets@swimkamloops.com

Facilities

2 x 8 lane 25m competition pools
Quantum Timing Omega electronic touch pads
Electronic relay take-over timing in effect

Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1

This event is supported by the Province of British Columbia, Ministry of Small Business, Tourism and Culture,
Sport Services Branch

MEET FORMAT This will be a heats/finals meet with double ended preliminaries.

WARM UP PROCEDURES SNC warm up procedures will be in effect at this meet.

ELIGIBILITY Swimmers must be registered in one of the SNC competitive categories.

TIME STANDARDS

- There are no standards for 50m and 100m events.
- 4:00.00 or faster for the 200IM if swimmer is entered in the event.
- **Proof of Time (POT) required for 200m/400m/800m/1500 events. Report to be sent via email.**
- Open entries to Kamloops Classic swimmers.

ENTRY INFORMATION

1. 600 swimmers will be accepted to the meet plus Kamloops swimmers.

2. FEES

\$ 10.00	Individual event
\$ 15.00	Per Relay event
\$ 4.00	Swim BC Provincial Splash Fee (per swimmer)
\$.50	Okanagan Surcharge
\$20.00	Deck entries

Cut-off date to receive changes or scratches via email will be Monday Dec 9th 12:00 p.m. Changes made after this time will be considered as deck entries and subject to fees. Payment must be made by check-in on Friday, December 13th at the Kamloops Classic Swimming office. We accept Cash, Cheque, Visa or MasterCard. Cheques payable to **Kamloops Aquatic Club**

3. Meet entries will only be accepted via upload to the [SNC meet website](#). Please go to the Swim BC-only page and use www.meetlist.notlong.com. Proof of times must be emailed in word or pdf format to meets@swimkamloops.com by the Monday, December 2nd deadline.
4. No "NT" entries will be accepted. There are no entry standards for relay events; however, please enter times for seeding. Relay cards will be provided.
5. Swimmers are limited to a MAXIMUM OF 8 individual events.

ENTRY DEADLINE: Monday, December 2nd, 2019.

Meet entries must be uploaded to the Swimming Canada website prior to the entry deadline.

MEET MANAGER: Please direct all enquiries to the Swim Club Office
Tel.: 250.828.3660 or via Email: meets@swimkamloops.com

MEET RULES:

1. All applicable FINA/SNC/Swim BC rules will be observed. The current SNC swimsuit policy will be observed.
2. Deck entries will be accepted to fill any empty lanes and:
 - Cannot exceed the 8 individual entries per swimmer.
 - Must be in the hands of the Clerk of the Course 30 minutes before session starts.
 - The swimmer must be already entered in the meet and have met the required time standard.
 - Are Exhibition Swims Only that will be seeded in the 1st available heat and lane.
 - \$20.00 per event or relay to be paid at time of registration.
3. There will be Positive Check-ins for Distance Events and must be completed by 8:20 a.m. each day.
4. SPECTATORS AND NON-ACCREDITED COACHES ARE NOT PERMITTED ON DECK.
5. In order to allow the meet to proceed in a timely fashion, Meet Management reserves the right to alter the meet format, including but not limited to, one or more of the following:
 - Swim the 10 and under girls' events in the same end of the pool as the boys' events for heats.
 - Limit the number of entries in the 200m events.
 - Change start times to an earlier time.

Meet Management will notify all teams with changes that were deemed necessary, no more than 72 hours after the entry deadline.

It is the Coach's responsibility to check the Psych Sheets and request an alternate event if a change in the meet format has affected a swimmer's entries prior to the start of the meet. All changes requested after December 9th at 12:00 pm will be treated as a deck entry and charged \$20.00/entry

SCRATCH RULES:

1. There is no scratch penalty for no-shows, step downs and unexcused incomplete swims during prelims.
2. The following rules apply for all finalists (A and B) plus alternates as listed on the official posting of prelims results
 - a. For all final sessions, no-shows, step downs and unexcused incomplete swims will be considered "late scratches" and subject to the late scratch penalty of \$20. Fines are to be paid immediately. The swimmer and/or relay swimmers in question shall not swim subsequent events until the fine is paid.
 - b. For finals, the scratch deadline will be 30 minutes following the completion of the preliminary events (excluding time final events).
 - c. For finals, email scratches will not be accepted.

MEET FORMAT:

1. Age will be determined as of Friday December 13th, 2019.
2. Age groups will be: 10 and under, 11-12, 13-14, 15 and over.
3. All events will be swum as Open Age Group for prelims, except 10 and under.
4. There will be Finals in the 11-12, 13-14, 15 and over age groups.
5. All 10 and under events including relays will be swum as timed Final Events during the preliminaries and will be seeded slowest to fastest.
6. Relays (except 10 and under) will be swum as Timed Finals at the end of Finals.
7. Girls' 800 and Boys' 1500 free events will be seeded and awarded as Open Age Group events.

- Only the Top 24 entries per gender will be accepted.
 - These events will be swum as timed finals during prelims.
8. 400Fr and 400IM will be swum as Timed Finals and are limited to top 24 swimmers per age group per gender and will be swimming during Prelims as Open Age Group. Top 8 per age group in each gender will swim during Finals.
 9. The onus will be on the Clubs to review the Psych Sheets and determine which swimmers did not make the entry limit. An alternate event may be chosen prior to December 2Y0th. Requested changes after December 9th at 12:00 pm will be treated as deck entries.
 10. There will be "A" and "B" Finals for each age group which has 24 competitors or more as determined by the Psych Sheets as of December 12th in the following events: All 50's and 100's, 200 Free and 200IM.
 11. These events will have "A" finals only: 200 Back, 200 Breast, 200 Fly.
 12. A coaches meeting will be held prior to the start of the meet (Friday AM).
 13. Pool assignments for Prelims:
 Females race in the deep end on Friday and Sunday, and in the shallow end on Saturday.
 Males race in the shallow end on Friday and Sunday and in the deep end on Saturday.
 10 and under will race in whichever end of the pool will allow for a balancing of the timeout for the Preliminary Session Racing. Coaches will be advised at the coaches meeting on Friday morning.

SCORING:

Points for club standings will be assigned according to club registration submitted.
 Team scoring for Finals will be: 18-16-15-14-13-12-11-10.
 Team scoring for Consolations Finals will be: 9-7-6-5-4-3-2-1.
 Relay scoring will be: 36-32-30-28-26-24-22-20.

AWARDS:

Medals will be awarded for 1st through 3rd place – in all age groups.
 Ribbons will be awarded for 4th through 8th place – in all age groups.
 Ribbons will be awarded for 1st, 2nd and 3rd place relay teams.
 Best Time Ribbons will also be given to 10 and under swimmers.
 The winning large team will receive the Ice Classic Cup (more than 20 swimmers).
 The winning small size team will receive the Mini Ice Classic Cup (less than 19 swimmers).

Please pick up your Awards/Ribbons at the end of the Meet.

OFFICIALS:

Volunteer officials from visiting teams are appreciated. Please forward your name, the positions you are qualified for, and the session(s) you are able to volunteer for to meets@swimkamloops.ca or call 250.828.3660 to sign-up.

27th ANNUAL MJB Law CLASSIC

Prelims Warm up 13 and Under		Daily Start
13 and Under	7:30 a.m. – 8:10 a.m.	9:00 a.m.
14 and Over	8:10 a.m. – 8:50 a.m.	

*All 10 and Under events are timed finals during prelims.

Friday December 13

F	EVENT	M
1	** Girls 800 Free Open	
	** Boys 1500m Free open	2
3	50 Breast	4
5	*50 Breast 10 & Under	6
7	200 IM	8
9	*200 IM 10 & Under	10
11	100 Back	12
13	*100 Back 10 & Under	14
15	200 Fly	16
17	*100 Free 10 & Under	18
19	100 Free	20
21	*4x50 Free Mixed 10 & Under Relay	
Note: Relays swim at end of Finals Events 22,23,24		
22	4x50 Free Mixed Relay 12 & Under	
23	4x50 Free Mixed Relay 14 & Under	
24	4x50 Free Mixed Relay Open	
**Timed Finals with POT Top 24 M/F Open Age Group Finals Warm-up 4:00 p.m. – 4:50 p.m. Start 5:00 p.m.		

Sunday December 15

F	EVENT	M
45	***400 IM	46
47	*50 Back 10 & Under	48
49	50 Back	50
51	*100 IM 10 & Under	52
53	100 Fly	54
55	*50 Fly 10 & Under	56
57	100 Breast	58
59	*200 Free 10 & Under	60
61	200 Free	62
Sunday Finals Warm-up will start 2.0 hours after end of prelims		

Saturday December 14

F	EVENT	M
25	***400 Free	26
27	50 Fly	28
29	*100 Fly 10 & Under	30
31	200 Breast	32
33	*100 Breast 10 & Under	34
35	50 Free	36
37	*50 Free 10 & Under	38
39	200 Back	40
41	*4x50 Mixed Medley Relay 10 & Under	
	Note: Relays swim at end of Finals Events 42,43,44	
42	4x50 Mixed Medley Relay 12 & Under	
43	4x50 Mixed Medley Relay 14 & Under	
44	4x50 Mixed Medley Relay Open	

*****Timed Finals Top 8 per Age/Gender**
 To swim with Finals
 Finals Warm-up
 4:00 p.m. – 4:50 p.m.
 Start 5:00 p.m.



Host Hotel

Best Western Plus

660 Columbia Street West, Kamloops, BC V2C 1L1

877.302.7878

info@bestwesternkamloops.com

www.bestwesternkamloops.ca



COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Canadian swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout, an announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions.

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred and the alternatives in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest.
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

"SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."