

Presented by





ONTARIO FESTIVAL CHAMPIONSHIPS

WINTER MEET PACKAGE

HOSTED BY WINDSOR AQUATIC CLUB

GENERAL INFORMATION

Sanctioned by Swim Ontario and hosted by Windsor Aquatic Club
Meet Format: Short Course 2 day format with 13&Under and PARA timed final events
Location : Windsor International Aquatic and Training Centre - 401 Pitt St W, Windsor, ON N9A 0B2
Facility: 10-lane 2 x 25m; Swiss Timing system
Dates : February 22 – 23, 2020
Meet package : The only meet package that is considered valid is the most current one located at www.swimming.ca

SAFETY & LIABILITY

Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination. For additional resources click HERE.

- Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck. NO OTHER PERSON IS PERMITTED ON DECK unless expressly authorized by the Meet Manager or Swim Ontario.
- Insurance and risk management do not extend to non-supervised minors or individuals that are age of majority that are not part of the competition either as a participant, coach, support staff or event volunteer/official.

ROWAN'S LAW - CONCUSSION MANAGEMENT

The *Rowan's Law* requirements came into effect on July 1, 2019. Swim Ontario takes the health and well-being of all participants in sport and recreation activities very seriously and is committed to helping all in the Swim Ontario family succeed in swimming and other activities. Parents, coaches, officials, volunteers and swimmers all have a role to play in ensuring the safety of all participants at sanctioned competitions in Ontario. We must create an environment that encourages and motivates participants to assume responsibility for their own safety and the safety of others.

Until further protocols or procedures are in place, the concussion management protocol will take effect for all participants at a Swim Ontario sanctioned competition that are involved in an incident resulting in a significant impact to the head, face, neck or body. If symptoms of a possible concussion are present the participant shall be removed from any further Swim Ontario sanctioned activity until they receive Swim Ontario approval upon clearance, in writing, by a medical professional with experience in concussion treatment/protocols. For full details and resources on Rowan's Law and Concussion management protocols click HERE.

OPEN AND OBSERVABLE ENVIRONMENT

Swimming Canada and Swim Ontario is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.

EVENT PHOTOGRAPHY/VIDEOGRAPHY

In order to minimize risk, all photographs and video taken at Swimming Canada/Swim Ontario sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. For full details click HERE

PROCEDURE

- Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access and permission to do so. Please contact Swim Ontario for application and authorization (nicole@swimontario.com)
- Entry into this competition is at the sole discretion of Swim Ontario and can be withdrawn, with immediate effect, by Swim Ontario. Individuals agree to be filmed, televised, photographed, identified and otherwise recorded during the Swim Ontario designated competition under the conditions and for the purposes now and hereafter authorized by Swim Ontario in relations to the promotion of Swimming Canada and Swim Ontario and the development of the sport of swimming.
- By accepting to attend you agree that all photographs and moving images taken by yourself within any Swimming Canada or Swim Ontario designated event including those of athletes competing within any championship venue shall be used solely for personal and non-commercial purposes, unless the prior written consent is obtained from Swimming Canada or Swim Ontario. The individual confirms that they fulfill the qualifications required by Swim Ontario and also agrees to information about themselves being collected by Swim Ontario and the Organizing Committee and such data being stored and used by them, and, where necessary, third parties, for the purposes of facilitating their participation in, and/or organizing the Swim Ontario Designated Competition.

ORGANIZING COMMITTEE

☐ Meet Manager: Teresa Tennant email: teresa@windsoraquatic.com

☐ Competition Coordinator: Ben Balkwill email: coach@leamingtonlasers.ca

☐ **Officials Coordinator:** Sherry Gibson email: <u>sherry@windsoraquatic.com</u>

ENTRIES: SWIM ONTARIO

All entries inquiries or request for changes to entries are to be directed to meetentries@swimontario.com for approval.

ENTRY INFORMATION

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ELIGIBLETT								
All athletes must be registered as Competitive swimmers with Swimming Canada (SC), or any other imateur swimming organization recognized by FINA. A valid SC registration number is required for all Canadian swimmers, and entries without a SC registration number will be declined entry.								
A competitor's age is their age as of the first day of the competition – February 22, 2020								
ENTRY FEES								
 Individual Event: \$12 including HST Relay Event: \$16 including HST Splash Fee: \$5 +HST (\$5.65) per swimmer (includes "relay only swimmers) Payment: Please make cheque payable to Windsor Aquatic Club 								
ENTRY PROCESS								
☐ Entry Deadline: February 12, 2020								
Qualifying Period: August 12, 2018 to February 12, 2020								
Qualifying Standards: <u>2019-2020 Swim Ontario Festival Standards</u> – PDF view								
☐ All swimmers must achieve at least 1 (one) <u>2019-2020 Swim Ontario Festival Standards</u>								
☐ In the 10&U category, swimmers must qualify for the 100m backstroke, breaststroke or butterfly to								
be considered qualified for the corresponding 50m events.								
☐ All entries received shall be UNCONVERTED. No converted times will be accepted. Yards times will not be accepted.								
□ No Time (NT) will not be accepted.								
☐ Maximum of 6 individual events per swimmer provided they meet the qualifying times (QT)								
EVENT NUMBERING								

- ☐ Relay events; 201 299
- ☐ All Para events: 401 499

BONUS SWIMS

- Structure
 - a) 1 QT = 3 Bonus swims
 - b) 2 QTs= 2 Bonus swims
 - c) 3 QTs = 1 Bonus swim
 - d) 4 or more QTs = 0 Bonus swim
- □ 400/800 Free and 400 IM events are NOT ELIGIBLE AS BONUS SWIMS

	For 10&Unders: the 50m event may be entered as a Bonus event if no qualifying time in the corresponding 100m event. Bonus swims must be entered with actual times for seeding purposes Please indicate bonus events by the BONUS check in Hytek Team Manager and other meet management software if available.
RE	LAYS
	Clubs may enter a maximum of three (3) relay teams per event, but only their top two teams may score.
	Clubs are permitted 1 (one) relay-only swimmer per age group, per relay event, that has NOT met the 2019-2020 Swim Ontario Festival Standards. Clubs are not permitted to enter Relay-Only swimmers if they have 4 or more swimmers in that specific age grouping that are properly entered in an individual event. Three (3) members of the relay team must be properly entered in an individual event. The fourth swimmer's name must appear on the entry grid as "Relay-Only".
	When a club enters more than one relay team, every member of every team must be properly entered in the meet in at least one individual event.
PA	RA ENTRIES
	Entry Deadline: February 12, 2020
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OUT-OF-PROVINCE ENTRIES

Please be advised that Ontario teams are given priority. Space permitting out of province teams will be served on a first come first serve basis. All out-of-province teams must be FINA affiliated. Only meter times will be accepted in SCM or LCM form with no exceptions. All out-of- province athletes will swim as exhibition.

FOREIGN COMPETITORS

All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.

All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition.

SUBMISSION

	All entries must be submitted via the Meet List online entries system. https://www.swimming.ca
	Once an entry file is uploaded, the entry system will automatically email a confirmation of entries.
	Clubs will have 48 hours after the entry deadline to review the confirmation file and make
	corrections/modifications to entries.
	Following the 48 hours period, clubs requesting changes and corrections to entries may be made up
	until the final Psych Sheets are posted at a cost of \$100 per change or correction.
	The per change cost is per swimmer, per event, per change; not per email sent.
	Corrections or changes requested from the Swim Ontario Entries Coordinator are NOT subject to penalties.
	Late Entries for swimmers not entered by the 48 hours grace period will be accepted up until the
	final Psych Sheets are posted at a cost of double the meet entry fee.
	Late entries or changes are subject to the qualifying times and the qualifying period. Times
	achieved AFTER the entry deadline are not eligible for qualifying or upgrade of entry time.
	A successful entry file upload is only the validation of membership entry information against the
	national membership and entry validation does not guarantee a club's entries will be accepted by
	Swim Ontario.
	The Club Entries Contact person is required to complete an online form (link below) with Club
	Information for Swim Ontario and Meet Management. An auto-response will be sent to the person
	completing the form.
	a) <u>Club Information Online Form</u> or copy and paste into browser
	https://form.jotform.com/SwimOntario/club-information-sheet Entries submitted without the online form submission will not be accepted.
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Ш	Entries found to not be in compliance with entry requirements may result in individual swimmer and club being ineligible for entry into the competition.
	Psych Sheets will be posted online at www.swimontario.com by February 17, 2020
	All entries inquiries or request for changes to entries are to be directed to meetentries@swimontario.com
	Deck entries and time trial events will not be permitted at the competition
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COMPETITION RULES

SWIMMING CANADA AND SWIM ONTARIO RULES WILL BE IN EFFECT

WARM-UP SAFETY PROCEDURES

The Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed <u>HERE</u>.

SWIMWEAR

All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click <u>HERE</u> to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.

DIVE STARTS

As per the Facility Rules for Dive Starts, dive starts will be conducted from Starting Platforms (blocks) from both ends as per FINA FR 2.3 and SW 4.1.

AGE GROUPS

	A competitor's age is their age as of the first day of the competition (February 22, 2020). Individual events: 10&Under, 11, 12, 13 Relay events: 11&Under, 12-13
SE	EDING
	After all times have been proven, entry times will be converted to SCM using Hy-Tek default conversion factor and seeded by time regardless of bonus swim designation.
	All events, except distance events, will be timed final seeded slowest to fastest by age category and gender.
	All distance events (800 Free) will be swum as timed finals seeded fastest to slowest by gender in following age category: 11, 12-13
	Meet Management reserves the right to combine PARA and able-bodied events, combine heats or limit the number of heats should it be deemed necessary in order to comply with Swim Ontario competition sanctioning policies.
RE	LAYS
	All relays will be swum as timed final. Teams may move up no more than two (2) swimmers from a younger age category to fill a relay.
	Coaches must have relay forms filled in and returned to the Clerk of the Course 30 minutes prior to the start of the session. No name changes will be accepted after this deadline unless approved by

meet management.

OFFICIAL SPLITS

Meet Management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event must advise the Referee prior to the commencement of the event in question on the "Official Split Request" form prior to the race. The Official Split Request forms are available at the Clerk of Course.

SCARTCH RULES

TIMED FINAL EVENTS

The deadline for scratches for all events (including relays) is 30 minutes before the start of the session to allow meet management the opportunity to ensure a full complement of swimmers in the fastest heat of each event.

PENALTY

	lure to participate in the FASTEST HEAT of an event without meet management's knowledge and
cor	nsent will result in a \$50 fine for each offence payable to Swim Ontario.
	Accepted payment is cash or cheque at the Clerk of Course or email authorization to charge the
	club credit card on file with Swim Ontario (<u>nicole@swimintario.com</u>).
	Individual Events: Failure to pay (or arrange for payment) before the swimmer's next individual
	event will exclude the swimmer from any further participation in individual events at the meet.
	Relay Events: Failure to pay (or arrange for payment) before the next session will exclude the
	team from any further participation in relay events at the meet.
	All fines will be recorded by the Clerk of Course and the club will be invoiced by Swim Ontario for
	any unpaid fines after the competition.
	All penalties must be paid to Swim Ontario before a Club entry file is accepted for the next
	Swim Ontario Provincial Championship meet

REGISTRATION INFORMATION

SWIMMING CANADA COACH REGISTRATION POLICY

The Swimming Canada coach registration policy states that all coaches attending any sanctioned competition must have a minimum NCCP coaching status. Swim Ontario has created a coach compliant list. All teams must submit a list of coaches attending at the time of entry with their entry file. Meet management will cross reference the list of coaches in attendance at this competition with the Swim Ontario Compliance lists. If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet or work with swimmers at the competition. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

TEAM REGISTRATION

Pool time available through WIATC on Friday from 5:30 – 7:30 PM. Please of	ontact Danielle
dtracey@citywindsor.ca	

- Saturday, February 22, 2020 Sea Horse room upstairs at WIATC beginning 7:00 AM
- One coach designate from each team must complete the following:
 - a) Confirm list of coaches attending (see Coach Registration Policy and Safety & Liability)
 - b) Payment of entry fees
 - c) Upon receipt of the above, the coach designate will receive a participant Festival Package for each member of the team.

COACHES' MEETING

Saturday, February 22, 2020 8:10 AM on deck

RECORDS

- Swim Ontario has a completed certified pool length survey and swim times achieved at this competition will be eligible for provincial or national records.
- Current Swimming Canada and Swim Ontario records will be posted near results posting area or printed in meet program. Coaches are asked to inform meet management of possible record attempts and/or if records are broken to ensure meet management can process the record application.

SCORING AND AWARDS

EVENT SCORING

- Only the top eight (8) individual events and relays score
 - a) Individual Events: 9,7,6,5,4,3,2,1
 - b) Relay Events: 18,14,12,10,8,6,4,2
- ☐ Both able-bodied and PARA contribute to team scoring.
- ☐ The Hy-Tek Para British Points System 2018 points charts shall be used to determine awards and scoring for para events. In the event of a points tie with swimmers of the same class in a race, the swimmer who touched first will be given that position.
- ☐ Foreign and out of province competitors do not score.
- Only times that meet the festival qualifying standard count towards team scoring.
- Reverse scoring will be in effect for any able-bodied or PARA event in which there are less than 8 swimmers or teams:
 - a) 8 swimmers/teams per final: 9-7-6-5-4-3-2-1 / 18-14-12-10-8-6-4-2
 - b) 7 swimmers/teams per final: 7-6-5-4-3-2-1 / 14-12-10-8-6-4-2
 - c) 6 swimmers/teams per final: 6-5-4-3-2-1 / 12-10-8-6-4-2
 - d) 5 swimmers/teams per final: 5-4-3-2-1 / 10-8-6-4-2
 - e) 4 swimmers/teams per final: 4-3-2-1 / 8-6-4-2
 - f) 3 swimmers/teams per final: 3-2-1 / 6-4-2
 - g) 2 swimmers/teams per final: 2-1 / 4-2
 - h) 1 swimmer/team per final: 1 / 2

EVENT AWARDS Medals: first through third (individual and relay events) ☐ **Ribbons**: Fourth through eight (individual events) Only times that meet the festival qualifying standard are eligible for awards **TEAM AWARDS** ☐ **High Point Team-Overall**: The club with the highest points, including all Able-Bodied and PARA swimmer points will be awarded a high point team banner Small Team Award: The small team banner will be awarded to the highest scoring team having 50 or fewer Ontario registered swimmers based on Swim Ontario club registration statistics as of one day prior to the start of the competition – February 21, 2020 Best Butterfly, Back, Breast, Free and IM Team Award: A Swim Ontario Festival Banner will be awarded to the team that scores the most points in the butterfly, backstroke, breaststroke, freestyle and IM events, respectively. ☐ Most Improved Team Award: A Swim Ontario Festival Banner will be presented at the Swim Ontario Summer Festival to the Most Improved Team. The Most Improved Team is defined as the team with the greatest percentage point increase from the Swim Ontario Winter Festival

PROGRAM EVENT LIST

to the Swim Ontario Summer Festival results.

Meet Management reserves the right to change warm-up session times and to allocate team warm-up schedules. Meet Management reserves the right to change event order to ensure reasonable session timelines.

DAY :	1 – SATURDA	Y, FEBRUARY 22, 20)20					
	12-13 - Morning Session 11&Under Afternoon Session							
	Warmup: 8:0	<mark>0 am</mark> - Start: 9:00 ar	n	W	armup: 1:3	0 pm - Start: 2:30 pı	m	
201	12-13	400 Medley Relay	202	205	11&U	400 Medley Relay	206	
401	13&U PARA	50 Free	402	27	10&U	50 Free	28	
1	12	50 Free	2	29	11	50 Free	30	
3	13	50 Free	4	31	10&U	100 IM	32	
5	12	400 IM	6	33	11	400 IM	34	
7	13	400 IM	8	35	10&U	100 Back	36	
403	13&U PARA	50 Back	404	37	11	100 Back	38	
9	12	100 Back	10	39	10&U	50 Breast	40	
11	13	100 Back	12	41	11	200 Breast	42	
13	12	200 Breast	14	43	10&U	200 Free	44	
15	13	200 Breast	16	45	11	200 Free	46	
17	12	200 Free	18	47	10&U	100 Fly	48	
19	13	200 Free	20	49	11	100 Fly	50	
405	13&U PARA	50 Fly	406	51	11	800 Free	52	
21	12	100 Fly	22	207	11&U	200 Free Relay	208	
23	13	100 Fly	24					
25	12-13	800 Free	26					
203	12-13	200 Free Relay	204					
DAY 2 – SUNDAY, FEBRUARY 23, 2020								
	12 -13 - Morning Session 11&Under - Afternoon Session							
	Warmup: <mark>8:00 am</mark> - Start: 9:00 am				Warmup: 1:30 pm - Start: 2:30 pm			
209	12-13	200 Medley Relay	210	213	11&U	200 Medley Relay	214	
53	12	200 Fly	54	77	10&11	50 Flv	78	

	12 -13 -	Morning Session	11&Under - Afternoon Session					
	Warmup: <mark>8:00 am</mark> - Start: 9:00 am				Warmup: 1:30 pm - Start: 2:30 pm			
209	12-13	200 Medley Relay	210	213	11&U	200 Medley Relay	214	
53	12	200 Fly	54	77	10&U	50 Fly	78	
55	13	200 Fly	56	79	11	200 Fly	80	
57	12	100 Free	58	81	10&U	100 Free	82	
59	13	100 Free	60	83	11	100 Free	84	
61	12	200 Back	62	85	10&U	200 Back	86	
63	13	200 Back	64	87	11	200 Back	88	
407	13&U PARA	50 Breast	408	89	10&U	100 Breast	90	
65	12	100 Breast	66	91	11	100 Breast	92	
67	13	100 Breast	68	93	10&U	200 IM	94	
409	13&U PARA	100 IM	410	95	11	200 IM	96	
69	12	200 IM	70	97	10&U	50 Back	98	
71	13	200 IM	72	99	10&U	400 Free	100	
73	12	400 Free	74	101	11	400 Free	102	
75	13	400 Free	76	215	11&U	400 Free Relay	216	
211	12-13	400 Free Relay	212					

RECOMMENDED ACCOMMODATION



Hotel Blocks for upcoming meets:

Towneplace Suites by Marriott 250 Dougall Avenue Windsor, ON N9A 7C6 Reservations:

Hotel Direct: 519 977 9707 Toll Free: 1 888 236 2427

Four Points by Sheraton 430 Ouellette Avenue Windsor, On Reservations:

Hotel Direct: 519 256 4656

Best Western Plus Waterfront Hotel 277 Riverside Dr W, Windsor, ON Reservations:

Hotel Direct: 519 973-5555

Holiday Inn Express Windsor Waterfront

33 Riverside Dr E, Windsor, ON Reservations:

Hotel Direct: 519 258-7774

Comfort Inn – South Windsor 2955 Dougall Avenue Windsor, On Reservations: Hotel Direct: 519 966 7800

Toll Free: 1 800 424 6423

Comfort Inn and Suites – Ambassador Bridge 2330 Huron Church Road Windsor, On Reservations:

Hotel Direct: 519 972 1100 Toll Free: 1 800 424 6423