

OYO VORGEE ICED CAP Meet Package

DATE(S): November 17-18, 2018 Region: Eastern

HOSTED BY: OYO Swim Club

LOCATION: Richcraft Recreation Complex, 4101 Innovation Dr, Ottawa, ON K2K 0J3

FACILITY: Short Course, 8 lanes, electronic timing.

Facilities Information (from City of Ottawa)

MEET PACKAGE: The only meet package which will be considered as valid must be the most current version found on

www.swimming.ca

COMPETITION

COORDINATOR: Arthur McCready, level V, email: arthurmccready@gmail.com

MEET MANAGER: Melanie Alsford, email: meet.manager@oyoswim.com

OFFICIALS CHAIR: Dan Scott, email: officials@oyoswim.com

VOLUNTEER

OFFICIALS: Volunteers are needed to help officiate. We need your help!

Sign up -- We are using SignUpGenius service to manage signups this year

(https://www.signupgenius.com/go/30e0e4ea8a628a6fc1-oyovorgee1). Please indicate your swim club and whether or not you are looking for an evaluation when you sign up. Please note that sign up for senior positions are subject to the review and approval by the Competition Coordinator and Officials Chair. If you have any questions or problems please contact the Officials Chair at

officials@oyoswim.com.

DESCRIPTION: Short Course - Open/Timed Finals. All events will be swim Mixed Gender Timed Finals with results

separated by gender and age group.

COMPETITION RULES: Sanctioned by Swim Ontario.

All current Swimming Canada (SC) rules will be followed.

All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click <u>HERE</u> to view full details. Advanced notification for exemption or for

clarification of the rule please see the Competition Coordinator.

Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document

can be viewed HERE.

DIVE STARTS: As per the Facility Rules for Dive Starts, this competition will be conducted as follows (choose all applicable)

- Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1
 - o from both ends or
 - o <u>from deep end only</u>

RECORDS: Swim times achieved at this competition will NOT be used for applications of provincial and national

records.

AGE UP DATE: Ages submitted are to be as: **November 17, 2018**

MIXED-GENDER: The host seeks an exemption from the requirement to swim events in gender separated events, on the following basis:

Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.

Mixed gender swims may also be permitted when, due to a missed swim, it is necessary for a referee to seed a swimmer in a heat of the same or shorter distance, for competitors of the opposite gender, on an exception basis.

In spite of this rule, any swimmer who achieves a record time at any level (regional, provincial, national etc., whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted pursuant to this policy, the results must still be posted separately by the gender of swimmers.

ELIGIBILITY:

All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry.

This is an invitational meet. Participation of this meet is at the full discretion of the host club.

Foreign competitors are welcome, subject to the provisions below.

FOREIGN COMPETITORS:

All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.

All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition.

MAXIMUM EVENTS:

Maximum number of entries per swimmer: **7 individual over 3 sessions (maximum of 4 events per session).**

HEAT MANAGEMENT: Meet Management reserves the right to limit the number of entries to all events.

ENTRY FEE: Flat rate is \$65

Payment must be made upon arrival at meet (no HST). Please make cheque payable to: **OYO Swim Club**

ENTRIES: Entries must be submitted through the Swimming Canada online entries system at www.swimming.ca.

Meet Management will not accept entries directly via email.

Online Entry Deadline: November 9th, 2018, 11:59pm

All entries must be in Hytek format and submitted via Swimming/Natation Canada

- Please submit an estimated time rather than NT where possible
- Entries will be confirmed by email.
- Entries will be accepted on a first come first serve basis up to a limit of 250 swimmers

SCHEDULE OF SESSIONS:

Session #	Date	Warm Up	Start	Finish	Estimated Duration
1	17 Nov 2018	1:30 pm	2:15 pm	5:15 pm	3.0 hrs.
2	18 Nov 2018	7:15 am	8:00 am	11:30 am	3.5 hrs.
3	18 Nov 2018	12:30 pm	1:00 pm	5:00 pm	4.0hrs.

SCHEDULE OF EVENTS: See event list Appendix.

COACH'S

REGISTRATION: Meet management will cross reference the list of coaches in attendance at this competition with the

<u>Swim Ontario Compliancy lists</u>. If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend meet. Meet management will

forward Swim Ontario a list of coaches who they have found to be in non-compliance.

COACH'S

MEETING: There will be a meeting of all coaches with the Meet Manager and/or the Referee on Saturday

November 17 at 1:30 pm outside the Meet Management Office.

SEEDING: Events will be seeded slowest to fastest.

TIME SPLITS: Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an

interval shorter than the total distance of the event shall so advise the Referee prior to the

commencement of the session (or event) in question.

The procedure for obtaining an 'Official Split' now requires that coaches make the request to the session referee or meet management on the "Official Split Request" form prior to the race. The split for the lead-off leg in relays will still be regarded as an official split and therefore no request by coaches is needed for relays. However, in the new 'mixed gender' relays, lead-off times/splits are not considered "official splits'

as per international practice.

DECK ENTRIES: Deck entries will not be permitted.

SCRATCHES: Scratches are due 30 minutes prior to the session start to Meet Management. No substitutions will be

allowed.

AWARDS: Ribbons for individual events (1st -6th.) will be awarded by Boys/Girls 10-under, 11, 12, 13, 14 and 15+

MEET RESULTS: Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca.

Results will be posted outside the Pool area during the meet.

RECORDING

OF EVENT: Only individuals that have made application and received authorization to record the event in any

manner, in any medium or context now known or hereafter developed shall be granted access and

permission to do so. Please contact Meet Management for application and authorization.

SAFETY &

LIABILITY: Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on

deck.

HEAT SHEETS: Heat Sheets will be posted on the OYO Swim Club Website for families to print or access electronically. A

Copy of the Heat Sheet will be posted at the facility. Individual copies WILL NOT be available for sale at

the swim meet. Results will be uploaded to Meet Mobile

FOOD: Hospitality will be available to the coaches and volunteers (in the officials and volunteers' room). Water is

the only beverage allowed on the pool deck. Coaches/officials are asked to bring their own water bottle,

there is a water fountain on deck.

Appendix

Order of events

Session 1 – Mixed Finals Warm up: 1:30 pm Start: 2:15 pm

Event #	Event description	
1	800 Free	
2	1500 Free	

Session 2 – Mixed Finals Warm up: 7:15 am Start: 8:00 pm

Event #	Event description
3	400 IM
4	50 Breast
5	100 Fly
6	200 Breast
7	100 Back
8	50 Free
9	200 Back

Session 3 – Mixed Finals Warm up: 12:30 pm Start: 1:00pm

Event #	Event description
10	400 Free
11	50 Back
12	100 Breast
13	100 IM
14	100 Free
15	50 Fly
16	200 IM
17	200 FR

^{*}Afternoon start times may be adjusted based on entries