



**21st Annual Silver Cup  
Invitational Swim Meet  
May 25 & 26, 2019**  
Kinsmen Sports Center  
9100 Walterdale Hill, Edmonton, Alberta  
Sanction # **TBA**

**Kinsmen Sports Center pool format will be 50m long course with 10 lanes. The Quantum timing system will be used.**

**SESSION INFORMATION**

Session #1 Saturday, May 25, 2019      Warm-up 11:00 – 11:50 a.m. Start 12:00 p.m.  
Session #2 Saturday, May 25, 2019      Start 30min after end of Session #1.

Session #3 Sunday, May 26, 2019      Warm-up 8:30 – 9:20 a.m. Start 9:30 a.m.  
Session #4 Sunday, May 26, 2019      Start 30min after end of Session #3.

Co-Meet Manager	Co-Meet Manager	Officials
Andrea Wuetherick	Tracey Cyca	Tracey Cyca
780-499-3336	780-994-4461	780-994-4461
<a href="mailto:meetmanager@silvertide.ca">meetmanager@silvertide.ca</a>	<a href="mailto:meetmanager@silvertide.ca">meetmanager@silvertide.ca</a>	<a href="mailto:officials@silvertide.ca">officials@silvertide.ca</a>
Coaching	Entries**	<b>** Entries must be submitted via the SNC website</b>
Greg Kozell	Daniel Chamczuk	
780-965-0533	780-887-3205	
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**ELIGIBILITY**

All swimmers currently registered with SNC or a FINA affiliated club, are eligible. This is an open swim meet. No qualifying times are required. ***Coach's estimates are required. "No Time" entries will not be accepted.***

**MEET RULES**

This meet is sanctioned by Swim Alberta, abiding by the rules and regulations of Swimming/Natation Canada and FINA, contained in the SNC rule book and IPC unless otherwise stipulated in this meet package.

Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test.

The FINA start rule will be in effect. ***The Referee will use every discretion for inexperienced swimmers.***

Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved. ***Backstroke Ledges will not be used at this swim meet.***

Anti-doping control will NOT be conducted during the competition; as a result, record setting performances will not be recognized by IPC Swimming. (Refer to IPC Competition Approval Guidelines).

## ENTRY LIMITS

The Meet is limited to 450 swimmers. Entries will be filled on a first come, first serve basis, based on the arrival time of the complete entry file. The Meet Manager will use discretion to expand these limits in striving to accommodate all swimmers from the same club in the last eligible entry.

Swimmers are limited to a MAXIMUM OF SEVEN (7) events.

The 400m Free may be limited to 5 heats (50 swimmers) beyond the entries of the host team. If the 400m Free needs to be limited, swimmers without a Provincial Qualifying time will be given preference. Only freestyle will be permitted.

## ENTRIES

**\* \* \* ENTRY DEADLINE: May 8, 2019 \* \* \***

The entry fees are \$11.50 per individual event.

**Entries are to be submitted on Hy-tek through Swimming.ca website**

Please make cheque payable to: Silver Tide Swim Club.

**Payment must be received prior to the start of the event**

Deck entries will only be accepted to fill empty lanes. Deck entry fees will be \$20 per event and must be received a minimum of 30 minutes prior to the ending of the days warm-up session.

## SCRATCHES

The Swim Alberta scratch rule will be in effect for this competition.

Please submit scratches to the Clerk of the Course a minimum of 30 minutes prior to the ending of the days warm-up session. Late scratches will not eliminate the swimmer from subsequent events.

Refunds for scratches will only be made if received by May 17, 2019. Only scratches made after that date, supported by medical certification, will be refunded; all other scratches made after this date will not be refunded.

## AGE GROUPS

For scoring purposes there will be five age groups: Girls: 8 and under, 9-10, 11-12, 13-14, 15 and over  
Boys: 9 and under, 10-11, 12-13, 14-15, 16 and over

## SEEDING

All events will be Timed Finals. All events will be seeded SLOWEST TO FASTEST and by gender with the exception of 400 free that will be seeded FASTEST TO SLOWEST.

## SCORING

Individual Events: 11, 9, 8, 7, 6, 5, 4, 3, 2, 1

## AWARDS

Event Ribbons for 1<sup>st</sup> to 10<sup>th</sup> place in each age category.

Aggregate Medals for the top scoring swimmer in each age category, per gender.

Team Spirit Award for the team that shows the most cheer, the most colour, and the most sportsmanlike behaviour! Our Spirit Squad will be keeping an eye out throughout the meet and awarding incentives and points accordingly. Extra points awarded for teams that keep their area clean during and after the sessions.

## PROGRAM CHANGES

The Meet Manager reserves the right to alter, revise or otherwise modify the program to ensure the maximum number of swims in sessions of reasonable length, following receipt of entries.

Coaches will be advised of any changes prior to the start of the meet.

## **SATURDAY, MAY 25, 2019**

### **Session 1**

Warm-up: 11:00 p.m. – 11:50 p.m.

Start: 12:00 p.m.

#### **EVENT**

*100 FREE*

*50 BREASTSTROKE*

*100 BACKSTROKE*

## **SATURDAY, MAY 25, 2019**

### **Session 2**

Start: 30min after end of Session #1

#### **EVENT**

*50 BUTTERFLY*

*200 FREE*

## **SUNDAY, MAY 26, 2019**

### **Session 3**

Warm-up: 8:30 a.m. – 9:20 a.m.

Start: 9:30 a.m.

#### **EVENT**

*200 I.M.- MEDLEY*

*50 FREE*

*100 BUTTERFLY*

## **SUNDAY, MAY 26, 2019**

### **Session 4**

Start: 30min after end of Session #3

#### **EVENT**

*50 BACKSTROKE*

*100 BREASTSTROKE*

*400 FREE*

