



2019 Mayflower LC Swim Meet

Sherwood Park Swim Club

<http://sherwoodparkswimclub.com>

April 27-28, 2019

**Peter Hemingway 8 x 50m Competition Pool,
13808 111 Avenue Northwest, Edmonton, AB (780) 442-5311**

Session Information – start/finish times are subject to change.

Session #1 Saturday: Warm-up 11:00 – 11:55 pm. Start 12:00 pm

Session #2 Saturday: Finals Start 45 min after Conclusion of Prelims

Session #3 Sunday: Warm-up 8:00 – 8:55 am. Start 9:00 am

Session #4 Sunday: Finals Start 45 min after Conclusion of Prelims

Contact Information:

Meet Manager : Jeff Hanrahan, meetmanager@sherwoodparkswimclub.com

Entries Manager: Jeff Hanrahan, meetmanager@sherwoodparkswimclub.com

Referee: Mike Stansberry

Officials: Jennifer Welsh, officials@sherwoodparkswimclub.com

Clubs may be requested to provide officials to assist with the meet officiating. If required a request will be sent to the contacts of each team when the need is understood.

Contact SPSC : <http://www.sherwoodparkswimclub.com>
Sherwood Park Swim Club
P.O. Box # 57010
Sherwood Park, Alberta, T8A 5L7

Entry Information:

Entry Fees: \$10.00 Time finals, \$12.00 Heats & Finals (50m events)
Entry Deadline: Friday, April 12
Scratch & Refund Deadline: Friday, April 19

NT (No Time) entries not accepted.

Maximum Entries: 7 Events, Pending Availability, meet manager will work with coaches if space in an event is limited once all entries are received.

Deck Entries: Accepted if there is space in existing heats.
Double the regular entry fee, paid at time of entry.

Deck entries may be limited to swimmers who have registered for the competition through the Swimming Canada online system.

Entry Limits: The first 205 Swimmers entered. The Meet manager reserves the right to limit entries.

All entries must be submitted through the Swimming Canada online system.

Competition and Diving Readiness Standards

Entry to competition is limited to participants who have passed Swim Alberta's Competition Swim Test. During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

Diving Rules

One of the below diving rules must be included, for competitions using multiple pools or starting ends more than one clause may be included to distinguish between starting ends.

1. Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1.
2. Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.1.
3. In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2.

Meet Rules:

The meet will be conducted under published FINA and/or WPS rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

Eligibility - This competition is open to all swimmers currently registered with Swimming Canada or a FINA affiliated club.

Scratches - The Swim Alberta scratch rule will be in effect for this competition.

All events will be swum as Timed Finals except 50's which will be senior M/F Heats and age group M/F Finals. Finals will be swum at the end of each session after a 30-45 minute break.

400 IM and 200 Fly may be offered as time trial events. These events will not be scored.

Freestyle only in the 400 Freestyle. Meet Manager may double lane 400 Freestyle; some swimmers may be required to wear identifying caps.

The Meet Manager reserves the right to limit the number of swimmers in the 400m Freestyle and/or make any other program changes to ensure the maximum number of swims in sessions of reasonable length, following receipt of entries.

Anti-Doping will not be conducted; IPC records will not be recognized.

Swimmers will be asked to report to the marshaling area prior to each event. Events will be announced for marshaling and pre-marshaling – please have swimmers ready for events.

The Meet Manager reserves the right to limit and/or alter entries from any team.

The FINA 1 start rule will be in effect. The Referee will use discretion for inexperienced swimmers.

Swimmers, gear and bags are to remain in the bleachers unless swimming or marshalling. Clubs are responsible for their swimmers, gear, bags and team areas and all other areas of the facility.

Parents/spectators are encouraged to cheer from bleachers, but are not allowed on deck; indoor footwear only is permitted on deck – Please advise parents to bring indoor/deck shoes. Coin and padlock wallet and clothes lockers are available.

Team areas are to be kept clean. No food or glass containers allowed on deck. Drinks are to be in unbreakable re-sealable or spill proof containers. Clubs will be billed if excessive cleanup is required.

Age Groups/Seeding/Scoring and Awards

Age Groups & Scoring:

Female 6&U, 7-8, 9-10, 11-12, 13-14, 15 & Over.
Male 7&U, 8-9, 10-11, 12-13, 14-15, 16 & Over.
No Relay, Time Trial, Exhibition or Team scoring.

Seeding:

Prelims/timed finals seeded M/F senior, Slowest to Fastest.
50 meter events are Heats & Finals; separate age group M/F finals.

Awards:

Ribbons for 1st to 8th place; age group M/F per event.

Age Group Aggregate:

Award medallions will be awarded to the overall top scoring 3 swimmers in each age group (Male and Female)

50 Meter Challenge Aggregate:

Swimmers that swim all Four (4) 50 meter events are eligible for the 50 Meter Challenge Award. The swimmer with the fastest combined time of the Four (4) 50s in each age group, M/F will receive the 50 Meter Challenge Medallion.

Aggregate medals presented on deck following Sunday finals. Ribbons given to teams throughout meet. Please collect awards following Sunday finals.

Results:

- Final results posted to www.swimming.ca following the meet.
- Unofficial results will be posted on sherwoodparkswimclub.com , Meet Mobile, and at the pool during the meet.
- Final results shall be issued after confirmation from SNC, the Meet Manager and Referees.

Equalizer Event

The Equalizer is a fun relay intended to build cooperation between swimmers, teams, gender and age groups. Meet management will create relay teams using the entry times submitted. The combined team seed times will be "Equalized" by selecting faster and slower swimmers from all clubs, gender and age to level the entry times across all lanes in a heat.

Event will be subject to overall time availability. This will be a no cost event, times are for bragging rights only. Event may be cancelled pending overall meet timeline.

EVENT SCHEDULE

Session 1 - SATURDAY

Finals	1	Girls 200 Freestyle
Finals	2	Boys 200 Freestyle
		Break: 2 Minutes:
Prelims	3	Girls 50 Butterfly
Prelims	4	Boys 50 Butterfly
Prelims	5	Girls 50 Backstroke
Prelims	6	Boys 50 Backstroke
Finals	7	Girls 200 IM
Finals	8	Boys 200 IM
Relay	65	Mixed 50 Free "Equalizer"

Session 2 - SATURDAY

Finals	9	Girls 100 Freestyle
Finals	10	Boys 100 Freestyle
		Break: 2 Minutes:
Finals	3	Girls 50 Butterfly
Finals	4	Boys 50 Butterfly
		Break: 2 Minutes:
Finals	11	Girls 100 Breaststroke
Finals	12	Boys 100 Breaststroke
		Break: 2 Minutes:
Finals	5	Girls 50 Backstroke
Finals	6	Boys 50 Backstroke

Session 3: SUNDAY

Finals 13 Girls 400 Freestyle

Finals 14 Boys 400 Freestyle

Break: 2 Minutes:

Prelims 15 Girls 50 Breaststroke

Prelims 16 Boys 50 Breaststroke

Prelims 17 Girls 50 Freestyle

Prelims 18 Boys 50 Freestyle

Session 4: SUNDAY

Finals 15 Girls 50 Breaststroke

Finals 16 Boys 50 Breaststroke

Break: 2 Minutes:

Finals 19 Girls 100 Backstroke

Finals 20 Boys 100 Backstroke

Break: 2 Minutes:

Finals 17 Girls 50 Freestyle

Finals 18 Boys 50 Freestyle

Break: 2 Minutes:

Finals 21 Girls 100 Butterfly

Finals 22 Boys 100 Butterfly