



NEOR Developmental Meet #4

Meet Package

Hosted by



DATE(S): March 24 and 25, 2018

HOSTED BY: Sudbury Laurentian Swim Club

LOCATION: JENO TIHANYI Olympic Gold Pool, Laurentian University, 935 Ramsey Lake Road, Sudbury, Ontario, P3E 2C6

FACILITY: 50 meter, 8 lane competition pool. Timing – Electronic/Manual. All events are timed finals.

PURPOSE: NEOR #4 is a long course competition providing developmental opportunities for swimmers aged 10 and under, 11 and 12, 13 and 14, 15 and over from NEOR.

MEET PACKAGE: The only meet package which will be considered as valid must be the most current version found on www.swimming.ca

COMPETITION COORDINATOR: Connie Zwarich - lzwarich@fibreop.ca

MEET MANAGER: David Bertrim – davidbertrim@gmail.com

OFFICIALS COORDINATOR: Laurie Krawczuk – laurie.slsc@gmail.com

MEET ENTRY COORDINATOR: David Bertrim - davidbertrim@gmail.com

DESCRIPTION: Long Course Developmental Competition.
10 and under swimmers may not swim 400 I.M. or 200 Fly.
There are no qualifying standards. All swimmers will swim combined and separated by age groups for awards.
Swimmers in the combined events will be seeded from slowest to fastest with the fastest swimmers in the last heat.
All events are timed finals.
Each swimmer's individual entries are limited to a maximum of 5 individual events.
Teams are allowed a maximum of 2 relay teams per age group.
Only 11 and over swimmers are eligible for 4x100 Medley Relay.
Only 10 and under swimmers are eligible for 4 x 50 Free Relay.
Entries to developmental meets are on a first come basis. NEOR Clubs must be considered first before Clubs from outside of the Region. Meet Management may restrict the number of swimmers if the limit on the number of people allowed in the pool area is exceeded.

COMPETITION RULES:

Sanctioned by Swim Ontario.

All current Swimming/Natation Canada (SNC) rules will be followed.

Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).

For club and provincial meets, a swimsuit that covers more of the body such as modesty swimwear or religious cover-ups is permitted providing that the fabric is permeable open mesh textile material and does not give the swimmer an advantage. The full interpretation can be viewed [HERE](#). Advanced notification or for clarification of interpretation please see the Competition Coordinator.

AGE UP DATE: Ages submitted are to be as: March 24, 2018

MIXED-GENDER: The Swim Ontario statement on mixed-gender swimming is set out as follows:
Notwithstanding Rule SW 10.1 adopted by the Technical Swimming Committee of Swimming/NatationCanada, Swim Ontario will consider requests for sanction for meets that provide for mixed gender swimming in the following circumstances:

The host seeks an exemption from the requirement to swim events in gender separated events, on the following basis:

This is a meet hosted by a Region to offer developmental opportunities for swimmers with that Region.

Mixed gender swims may also be permitted when, due to a missed swim, it is necessary for a referee to seed a swimmer in a heat of the same or shorter distance, for competitors of the opposite gender, on an exception basis.

In spite of this rule, any swimmer who achieves a record time at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted pursuant to this policy, the results must still be posted separately by the gender of swimmers.

ELIGIBILITY: All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry.

ENTRY FEES: Individual Events: \$6.00 per entry (HST INCLUDED)
Relays Events: \$8.50 per entry (HST INCLUDED)
Facility Surcharge: \$3.50 per swimmer (HST INCLUDED)

Please make cheques payable to: **Sudbury Laurentian Swim Club. There will be a \$50 NSF fee for any returned cheques.**

ENTRIES: Entries must be submitted through the SNC online entries system at www.swimming.ca. Meet Management will not accept entries via email.

Online Entry Deadline: 6:00 PM Monday, March 19, 2018

Changes to entries will not be accepted after *the above mention date*. After that time, fees will be calculated; no refunds will be granted for missed swims.

SCHEDULE OF SESSIONS:

<u>Session #</u>	<u>Date</u>	<u>Prelim/Finals</u>	<u>Warm-up</u>	<u>Start</u>
1	Saturday, March 24, 2018	Timed Finals	2:00 pm	3:00 pm
2	Sunday, March 25, 2018	Timed Finals	8:00 am	9:00 am
3	Sunday, March 26, 2018 – Distance Events	Timed Finals	~ **	~ 1:00 pm

** Distance events warm up starts after completion of morning sessions. Warm-up period is 20 minutes.

SCHEDULE OF EVENTS: See event list - Appendix A

COACH'S

REGISTRATION: Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

COACH'S MEETING: A coaches meeting will be held **Saturday, March 24, 2018 – 2:15PM – Pool Deck Entrance**.

SEEDING: Swimmers in the combined events will be seeded from slowest to fastest with the fastest swimmers in the last heat.

TIME SPLITS: The procedure for obtaining an 'Official Split' now requires that coaches make the request to the session referee or meet management on the "Official Split Request" form prior to the race. The split for the lead-off leg in relays will still be regarded as an official split and therefore no request by coaches is needed for relays. However, in the new 'mixed gender' relays, lead-off times/splits are not considered "official splits" as per international practice.

Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

DECK ENTRIES: No deck entries allowed.

CHECK IN

AND SCRATCHES:

There is a positive check in for all events.

Scratches are to be made with Meet Management 45 minutes prior to the start of each session. Missing a swim will result in a "No Swim".

SCORING: No Scoring

AWARDS: The following will be awarded:

1. Ribbons for girls age 10 and under, 11 and 12, 13 and 14, 15 and over.
2. Ribbons for boys age 10 and under, 11 and 12, 13 and 14, 15 and over.
3. 1st to 8th place ribbons for each age group.
4. Relays 1st to 3rd place ribbons for each relay team member.
5. No scoring at this meet (individual or team).

MEET RESULTS: Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca

RECORDING
OF EVENT:

Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access and permission to do so. Please contact Meet Management for application and authorization.

SAFETY &
LIABILITY:

Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.

Developmental Meet Officials Sign-up:

The Officials sign up site is live and the link is:

<http://www.signupgenius.com/go/5080848a9a82ca5fa7-neor1>

Please send to the Official Coordinator the names of officials attending from your club and indicate which sessions they are willing to officiate. Please indicate if they are qualified to officiate Stroke and Turns or other position they are qualified in. Thanks in advance for your assistance with the meet!

Please also email any specific requests and evaluation information to the Officials Coordinator as listed in this package.

It is requested that each club provide at least 2 officials per session.

Appendix A

Event List

Session 1 -Saturday, March 24, 2018 Warm-up: 2:00 PM -- Start: 3:00 PM		
Women		Men
1	50 Free	2
3	200 IM	4
5	100 Back	6
7	200 Free	8
9	100 Breast	10
11	50 Fly	12
31	4 x 100 Free Relay	32

Session 2 - Sunday, March 25, 2018 Warm-up: 8:00 AM -- Start: 9:00 AM		
Women		Men
13	50 Back*	14
15	200 Back*	16
17	100 Fly	18
19	100 Free	20
21	200 Breast*	22
23	50 Breast*	24
33	4 x 100 Medley Relay 11 and over only	34
35	4 x 50 Free 10 and under only No Diving from Shallow End Push Start Only from Shallow End	36

*swimmers can choose only one 50 or 200 for Breast and Back

Session 3

Sunday, March 25, 2018

Distance Events

Distance events warm-up starts after completion of morning session. Warm-up period is 20 minutes.

Start: ~1:00PM

Women		Men
25	400 Free (11 and under)	26
27	400 IM (12 and over)	28
29	1500 Free (12 and over)	30

Meet Management reserves the right to make changes based on the number of swimmers.

1500 may be swum two per lane at the discretion of Meet Management.