

LU Invitational

DATE: October 21-22, 2017 Region: OUA

HOSTED BY: Laurentian University

TYPE OF SANCTION: Varsity Only: ☐ Varsity/Club: ☒

LOCATION: Tlhanyi Olympic Gold Pool, 935 Ramey Lake Rd, Sudbury P3E 2C6

FACILITY: 8 lane 25 meter pool. Ares electronic timing system

PURPOSE: Sanction for OUA Varsity competitions.

INVITED TEAMS: Laurentian University, University of Ottawa, University of Waterloo, NEOR All Star team

MEET PACKAGE: The only meet package which will be considered as valid must be the most current version found on www.swimming.ca

COMPETITION: **Sanctioned as a VARSITY meet** by Swim Ontario.
All current Swimming/Natation Canada (SNC) rules will be followed.
Please note that [Swimming Canada Competition Warm-Up Safety Procedures](#) will be in effect.
Only FINA approved swimwear is allowed in competition as per GR 5. Details [HERE](#).

ELIGIBILITY: All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry.

FOREIGN COMPETITORS: All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.

AGE UP DATE: Ages submitted are to be as date of the meet

ENTRY: All entries must be submitted via www.swimming.ca.

MEET MANAGER: Doug Eastick

MEET REFEREE: Dan Langlois

SESSIONS: Day 1 Warm Up: 4:00 PM Start: 5:00 PM Finish: 7:30 PM
Day 2 Warm up: 9:00 AM Start: 10:00 AM Finish 12:00 noon

SCHEDULE OF EVENTS:

Saturday (4 PM warm up / 5 PM start)

4x 50 Medley Relay

800 Free

200 FR

100 Back

100 Breast

200 Fly

1500 Free

50 Free

Sunday (9 AM warm up / 10 AM start)

4 x 50 Mixed Medley Relay

100 Free

200 Back

200 Breast

400 Free

100 Fly

200 IM

Individual Scoring is top 8 (20-15-10-5-4-3-2-1) – MAX 3 per school can score

Relay scoring is top 5 (40-30-20-10-8) – MAX 2 per school can score (enter as many relays as you want)