



## LA SWIM CLUB

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4401 University Drive  
Lethbridge, AB T1K 3M4  
403-329-2677

### **Mint Smartwash Winter Classic January 20-21, 2018 Sanction # - pending**

Location:	Max Bell Aquatic Centre at the University of Lethbridge 8 lane 25m & 50m competition pool + 8 lane 25m warm-up pool during prelims Omega timing and wedge blocks
Meet Manager:	Kent Spady Kspady7@gmail.com
Advisory Referee:	Iris Jackson Iris.jackson@albertacoach.ca
Coaches Contact:	Peter Schori <a href="mailto:peter.schori@uleth.ca">peter.schori@uleth.ca</a>
Meet Format:	Short Course Heats, Long Course Finals Age groups: Girls: 10 & U, 11-12, 13-14, 15 & O Boys: 11& U, 12-13, 14-15, 16 & O  For Girls 10 & U and Boys 11 & U, only 50 Free, 50 Back, 50 Breast, & 50 Fly will have heats & finals. All other events will be swum as timed finals. There will be an A & B final for Girls 15 & O and Boys 16 & O with a minimum 4 qualifiers necessary to run the B final. The A final will be swam first, followed by the B final. Heats will be seeded by gender from fastest to slowest. After entries & session timeouts are confirmed, adjustments may be made to the length of the break, especially on Sunday, in an attempt to finish as early as possible. A 20 min warm-up/cool down may also be inserted into the finals, after the 100 Back on Saturday and the 100 Fly on Sunday.
Entries:	The first 350 confirmed swimmers will be accepted. This will be on a first come/first served basis. Swimmers are limited to six (6) individual events. Meet management reserves the right to limit the number of entries per event, to maintain reasonable session length. No-Time (NT) entries will not be accepted.
Rules:	The meet will be conducted under published FINA and/or IPC rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline

all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

Eligibility:	This competition is open to all swimmers currently registered with Swimming Canada or a FINA affiliated club. There are no qualifying standards for this event.
Scratches:	<p>The Swim Alberta scratch rule will be in effect for this competition.</p> <p>Due 30 minutes prior to the start of the session. There will be no penalties for scratches, however no refunds will be credited. There will be no reseeding as a result of scratches.</p> <p>No shows for finals will disqualify the swimmer from future final events in that session.</p>
Entry Process:	All entries must be submitted through the Swimming Canada online system.
Entry Fees:	<p>Heats &amp; Finals: \$12:00</p> <p>Timed Finals: \$9.00</p> <p>Relays: \$15.00</p> <p>Please make cheques payable to LASC.</p>
Entry Deadline:	Entries due by January 13, 2018. No refunds will be issued after entry deadline.
Deck Entries:	Will be permitted solely at the discretion of meet management. Additional heats will not be created and no re-seeding will occur. Fee of \$20.00 per entry must be paid prior to entry. No entries will be permitted later than 30 minutes prior to the start of the session.
Awards:	Medals for top 3 finishers in finals. For timed final events, ribbons will be awarded for top 8.
Relays:	<p>Relay events are timed finals and be in swim in the finals session.</p> <p>Mixed relays must have 2 females and 2 male swimmers.</p> <p>Relay teams will be required to have 1 swimmer from each of the following age groups: 10&amp;U, 11-12, 13-14, 15 &amp;O.</p> <p>Relay teams must be registered by the entry deadline; however, relay names may be submitted up to 30 minutes before the start of each session.</p> <p>Relays will be run as time permits.</p>
Official Splits:	Must be requested prior to the start of the session. Coaches may be required to supply timers.
Warm-ups:	Will be run in accordance with all Swim Canada & Swim Alberta standards. Dive lanes will be designated by the referee at their discretion.
Officials:	<p>Visiting officials are appreciated.</p> <p>Co-ordinator:</p> <p>Deb Hauver</p> <p><a href="mailto:deborahhauver@gmail.com">deborahhauver@gmail.com</a></p>

Host Hotels:

**Sandman Hotel Lethbridge:**  
[421 Mayor Magrath Drive South](#)  
[Lethbridge, AB T1J 3L8](#)  
403.328.1111

The Sandman Hotel Lethbridge offers our guests a combination of hospitality and convenience.

139 rooms, including the junior corporate and king suites. All of rooms are equipped with hair dryers, irons, ironing board and Free WiFi.

Corporate Lounge on the 2<sup>nd</sup> floor. Large swimming pool and hottub.

Plenty of free parking in front and back. Close to all sports venues.

\$119.00 2 Queen beds or King room – includes breakfast up to 4 people at Denny's!

**Sandman Signature Lethbridge Lodge**  
[320 Scenic Drive South](#)  
[Lethbridge, AB](#)  
403.328.1123

The Sandman Signature Lethbridge Lodge offers our guests 194 newly renovated rooms 2017/2018. The rooms include bathrobes, safe, microwave, fridge and free WiFi. The pool and hottub are nestled in the beautiful Atrium. Fitness room has all up to date exercise equipment.

Restaurant and Lounge located in the Lobby and Atrium area. Close to all the main sports venues.

2 Queen beds - \$154.00 – includes up to 4 hot breakfast

King Suite - \$164.00 – includes up to 4 hot breakfast

**Saturday****Heats - Warm-up 8:00-8:50 am****Racing 9:00 am****Finals – Warm-up 3:30-4:20****Racing 4:30**

1	100 Free	2
3	50 Breast	4
5	200 Fly	6
7	100 Back	8
	Warmup/Cool down during finals	
9	400 Free	10
11	200 Breast	12
13	50 Fly	14
15	200 IM	16
31	200 Mixed Medley Relay	

**Sunday****Heats - Warm-up 8:00-8:50 am****Racing 9:00 am****Finals - Warm-up 3:30-4:20****Racing 4:30**

32	200 Mixed Free Relay	
17	200 Free	18
19	100 Breast	20
21	50 Back	22
23	100 Fly	24
	Warmup/cooldown during finals	
25	400 IM	26
27	50 Free	28
29	200 Back	30