



**2018**

# **Ontario Winter Festival Championships Meet Package**

**Hosted by**

**Nepean Kanata Barracudas**



**Revised Feb. 12, 2018**

Warmup for afternoon sessions changed to 1:30 PM for a 2:30 PM start.

**February 17-18, 2018**



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## General Information

Sanction:	Sanctioned by Swim Ontario
Meet Type:	13&Under and PARA timed final events Short Course - 2 day format
Location:	Nepean Sportsplex, 1701 Woodroffe Ave. Nepean, ON K2G 1W2
Facility:	8-lane, 25m competition pool with Kieffer lane ropes and Quantum electronic timing and scoreboard
Facility Policy:	See Appendix A
Competition Host:	Nepean Kanata Barracudas
Competition Dates:	February 17-18, 2018
Competition Times:	See Program Event List
Meet Package:	The only meet package that is considered valid is the most current one located at <a href="http://www.swimming.ca">www.swimming.ca</a>

## Organizing Committee

Meet Manager:	Megan E Dodge – <a href="mailto:megandodge0@gmail.com">megandodge0@gmail.com</a>
Competition Coordinator:	Charles Montpetit – <a href="mailto:charles.montpetit64@gmail.com">charles.montpetit64@gmail.com</a>
Officials Coordinator:	Christie McMann - <a href="mailto:officials@swimnkb.com">officials@swimnkb.com</a>
Swim Ontario Entries:	Swim Ontario – <a href="mailto:meetentries@swimontario.com">meetentries@swimontario.com</a> <b>All entries inquiries or request for changes to entries are to be directed to <a href="mailto:meetentries@swimontario.com">meetentries@swimontario.com</a> for approval.</b>

## Entry Information

Eligibility:	All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry.		
Qualifying Period:	August 7, 2016 to February 7, 2018		
Qualifying Standards:	<a href="#">2017-2020 Swim Ontario Festival Standards</a> – PDF view		
Entry Deadline:	February 7, 2018		
Entry Fees:	Individual Event:	\$12 including HST	
	Relay Event:	\$16 including HST	
	Splash fee:	\$5 + HST (\$5.65) / swimmer (includes “relay-only”)	
Payment:	Please make cheques payable to <b>Nepean Kanata Barracudas</b>		

## Entry Process

To Qualify:	All swimmers must achieve at least 1 (one) <a href="#">2017-2020 Swim Ontario Festival Standards</a>
Additional Qualifying requirement:	In the 10&U category, swimmers must qualify for the 100m backstroke, breaststroke or butterfly to be considered qualified for the corresponding 50m events.
Out-of-Province Entries:	Please be advised that Ontario teams are given priority. Space permitting out of province teams will be served on a first come first serve basis. All out-of-province teams must be FINA affiliated. Only meter times will be accepted in SC or LC form with no exceptions. All out-of- province athletes will swim as exhibition.
Foreign Competitors:	<p>All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.</p> <p>All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the <a href="#">Proof of Residence and Registration Status form</a> to Swim Ontario no later than 7 days prior to start of competition.</p>
Submission:	<p>All entries must be submitted via the Meet List online entries system.  <a href="https://www.swimming.ca">https://www.swimming.ca</a></p> <p>Once an entry file is uploaded, the entry system will automatically email a confirmation of entries. Once received, clubs have 48 hours after the entry deadline to review this file and make corrections/modifications to entries.</p> <p>A successful entry file upload is only the validation of membership entry information against the national membership and entry validation DOES NOT guarantee a club's entries will be accepted by Swim Ontario.</p> <p>The Entries Contact person is required to complete an online form (link below) with Club Information for Swim Ontario and Meet Management. Once information is submitted online a PDF document with responses will be returned.</p> <p><a href="#">Club Information Online Form</a> or  copy and paste into browser <a href="https://goo.gl/forms/M5wQiB0wSGj08X842">https://goo.gl/forms/M5wQiB0wSGj08X842</a></p> <p>Entries submitted without the online form submission will not be accepted. Entries found to not be in compliance with entry requirements may result in individual swimmer and club being ineligible for entry into the competition.</p> <p>Accepted or rejected entries will be identified with a second notification from Swim Ontario.</p> <p>Swim Ontario reserved the right to reject an entry file for lack of compliance in entry times, failure to submit the file before the entry deadline, or any other lack of compliance with Swim Ontario meet policy and procedure.</p>
Times:	All entries received shall be UNCONVERTED. No converted times will be accepted. Yards times will not be accepted.
Seeding:	After all times have been proven, entry times will be converted to SCM and seeded as follows: qualifying swim times followed by bonus swim times.

Entry Maximum:	Maximum of 6 individual events per swimmer provided they meet the qualifying times (QT)
Age Group:	A competitor's age is their age as of the first day of the competition – February 17, 2018
	Individual Events: 10&Under, 11, 12, 13
	Relay Events: 11&Under, 12-13
BONUS Swims:	1 QT = 3 Bonus swims
	2 QTs= 2 Bonus swims
	3 QTs = 1 Bonus swim
	4 or more QTs = 0 Bonus swim
	400/800 Free and 400 IM events are NOT ELIGIBLE AS BONUS SWIMS
	For 10&Unders: the 50m event may be entered as a Bonus event if no qualifying time in the corresponding 100m event.
	Bonus swims must be entered with actual times for seeding purposes
	Please indicate bonus events by the BONUS check in Hytek Team Manager and other meet management software if available.
Event numbering:	All able-bodied individual events: 1 – 199; Relay events; 201 – 299; All Para events: 401 - 499
Psych Sheets:	Psych Sheets will be posted online at <a href="http://www.swimontario.com">www.swimontario.com</a> by noon 5 days prior to the competition – February 12, 2018
Deck and time trial entries:	No deck entries or time trial entries are allowed
Relays:	Clubs may enter a maximum of three (3) relay teams per event, but only their top two teams may score.
	Clubs are permitted 1 (one) relay-only swimmer per age group, per relay event, that has NOT met the <a href="#">2017-2020 Swim Ontario Festival Standards</a> . Clubs are not permitted to enter Relay-Only swimmers if they have 4 or more swimmers in that specific age grouping that are properly entered in an individual event. Three (3) members of the relay team must be properly entered in an individual event. The fourth swimmer's name must appear on the entry grid as "Relay-Only".
	When a club enters more than one relay team, every member of every team must be properly entered in the meet in at least one individual event.

## Para entries

Qualifying:	Any 13 & Under SNC-classified PARA athlete is eligible subject to ineligibility for de-qualifying. All events are swum as 13&Under.										
Para entries:	<p>All swimmers must have a current and valid classification.</p> <p>Swimmers may enter any PARA event on the Eligible Events up to a maximum of 5 events.</p> <p>Swimmers qualifying in an able-bodied event in their age category may choose to swim in that event, but cannot swim in the corresponding PARA event.</p> <p>Eligible Events</p> <table> <tr> <td>50 Free</td><td>S1-S14</td></tr> <tr> <td>50 Back</td><td>S1-S14</td></tr> <tr> <td>50 Breast</td><td>S1-S14</td></tr> <tr> <td>50 Fly</td><td>S1-S14</td></tr> <tr> <td>100 IM</td><td>S1-S14</td></tr> </table> <p>PARA swimmers may compete in able-bodied relay events provided they meet the appropriate age criteria.</p>	50 Free	S1-S14	50 Back	S1-S14	50 Breast	S1-S14	50 Fly	S1-S14	100 IM	S1-S14
50 Free	S1-S14										
50 Back	S1-S14										
50 Breast	S1-S14										
50 Fly	S1-S14										
100 IM	S1-S14										
Para Bonus Swims:	There are NO BONUS SWIMS for PARA athletes										

## Registration Information

Team Registration:	<b>Saturday, February 17, 2018 - 6:30 am – 10:30 am</b>	
	One coach designate from each team must complete the following:	Confirm list of coaches attending (see CSCTA Policy, SNC Coach Registration Policy and Safety & Liability) Payment
	Upon receipt of the above, the coach designate will receive a participant Festival Package for each member of the team.	
CSCTA Policy	As per the CSCTA/SOCC/SNC/ coach registration policies and insurance all coaches will be asked to prove membership in CSCTA. Coaches will not receive heat sheets if they cannot prove CSCTA membership. Coaches must have CSCTA ID for deck access.	
SNC Coach registration Policy:	The SNC coach registration policy states that all coaches attending any sanctioned competition must have a minimum NCCP coaching status. Swim Ontario has created a coach compliant list. All teams must submit a list of coaches attending at the time of entry. Meet management will cross reference the list of coaches in attendance at this competition with the <a href="#">Swim Ontario Compliancy lists</a> . If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.	



Safety & Liability:	Only Competitors, Certified Registered Coaches and Officials are allowed on deck. NO OTHER PERSON IS PERMITTED ON DECK unless expressly authorized by the Meet Manager or Swim Ontario.
Coaches' Meeting:	Saturday, February 17, 2018 8.00 am
Records:	Current Swimming Canada and Swim Ontario records will be posted near results posting area or printed in meet program. Coaches are asked to inform meet management of possible record attempts and/or if records are broken to ensure meet management can process the record application.

<p style="text-align: center;"><b>General Meet Rules</b></p> <p style="text-align: center;"><b><i>Swimming Canada and Swim Ontario rules will be in effect</i></b></p>
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Warm-Up Safety Procedures:	Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first <b>individual</b> event following the warm-up period in which the violation occurred. The full document can be viewed <a href="#">HERE</a> .
Warm-up/Cool-down:	Not available
Swimwear:	For club and provincial meets, a swimsuit that covers more of the body such as modesty swimwear or religious cover-ups is permitted providing that the fabric is permeable open mesh textile material and does not give the swimmer an advantage. The full interpretation can be viewed <a href="#">HERE</a> . Advanced notification or for clarification of interpretation please see the Competition Coordinator.
Timed Finals:	All events, except distance events, will be timed final seeded slowest to fastest by age category and gender.
800 Free:	<p>All distance events will be swum as timed finals seeded fastest to slowest by gender in following age category: 11, 12-13</p> <p>The 12-13 age group will swim the 800 Free Saturday morning</p> <p>The 11 age group will swim the 800 Free Saturday afternoon</p>
<b>Meet Management reserves the right to combine PARA and able-bodied events, combine heats or limit the number of heats should it be deemed necessary in order to comply with Swim Ontario competition sanctioning policies.</b>	
Relays:	<p>All relays will be swum as timed finals.</p> <p>Teams may move up no more than two (2) swimmers from a younger age category to fill a relay.</p> <p>Coaches must have relay cards filled in and returned to the Clerk of the Course 30 minutes prior to the start of the session. Relay name changes can be done up until 30 minutes before the start of the event.</p>
Official Splits	Meet Management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event must advise the Referee prior to the commencement of the event in question on the "Official Split Request" form prior to the race.



## Scratch Rules

Scratch Rules:	Timed Final events:	The deadline for scratches for timed final events is 30 minutes before the start of the session. Meet Management will ensure a full complement of swimmers with no empty lanes for the fastest heat.
	Penalty:	Failure to participate in the <b>FASTEST HEAT</b> of an event without meet management's knowledge and consent will result in a \$100 fine for each offence payable to Swim Ontario. Failure to pay before the swimmer's next event will exclude the swimmer from any further participation in the meet.

## Scoring and Awards

Event Scoring:	<p>Only the top eight (8) individual events and relays score:</p> <p>Individual Events: 9,7,6,5,4,3,2,1</p> <p>Relay Events: 18,14,12,10,8,6,4,2</p> <p>Both able-bodied and PARA contribute to team scoring.</p> <p>Foreign and out of province competitors do not score.</p> <p>Only times that meet the festival qualifying standard count towards team scoring.</p> <p>Reverse scoring will be in effect for any able-bodied or PARA event in which there are less than 8 swimmers or teams:</p> <p>8 swimmers/teams per final: 9-7-6-5-4-3-2-1 / 18-14-12-10-8-6-4-2</p> <p>7 swimmers/teams per final: 7-6-5-4-3-2-1 / 14-12-10-8-6-4-2</p> <p>6 swimmers/teams per final: 6-5-4-3-2-1 / 12-10-8-6-4-2</p> <p>5 swimmers/teams per final: 5-4-3-2-1 / 10-8-6-4-2</p> <p>4 swimmers/teams per final: 4-3-2-1 / 8-6-4-2</p> <p>3 swimmers/teams per final: 3-2-1 / 6-4-2</p> <p>2 swimmers/teams per final: 2-1 / 4-2</p> <p>1 swimmer/team per final: 1 / 2</p>	
Para Scoring	The Points Charts as recommended by Swimming Canada (Hy-Tek British Points System) shall be used to determine awards and scoring. In the event of a points tie with swimmers of the same class in a race, the swimmer who touched first will be given that position.	
Event Awards:	<p>Medals: first through third</p> <p>Ribbons: Fourth through eight</p>	
Team Awards	<p>High Point Team-Overall</p> <p>Small Team Award</p> <p>Best Butterfly, Back, Breast, Free and IM Team Award</p> <p>Most Improved Team Award</p>	<p>The club with the highest points, including all Able-Bodied and PARA swimmer points will be awarded a high point team banner</p> <p>The small team banner will be awarded to the highest scoring team having 50 or fewer Ontario registered swimmers based on Swim Ontario club registration statistics as of one day prior to the start of the competition - February 16, 2018</p> <p>A Swim Ontario Festival Banner will be awarded to the team that scores the most points in the butterfly, backstroke, breaststroke, freestyle and IM events, respectively.</p> <p>A Swim Ontario Festival Banner will be presented at the Swim Ontario Summer Festival to the Most Improved Team. The Most Improved Team is defined as the team with the greatest percentage point increase from the Swim Ontario Winter Festival to the Swim Ontario Summer Festival results.</p>

# Short Course Program Event List

## Day 1 – Saturday, February 17, 2018

12-13 - Morning Session Warmup: 7:30 am - Start: 9:00 am				11&Under Afternoon Session Warmup: 1:30 pm - Start: 2:30 pm			
201	12-13	400 Medley Relay	202	205	11&U	400 Medley Relay	206
401	13&U PARA	50 Free	402	27	10&U	50 Free	28
1	12	50 Free	2	29	11	50 Free	30
3	13	50 Free	4	31	10&U	100 IM	32
5	12	400 IM	6	33	11	400 IM	34
7	13	400 IM	8	35	10&U	100 Back	36
403	13&U PARA	50 Back	404	37	11	100 Back	38
9	12	100 Back	10	39	10&U	50 Breast	40
11	13	100 Back	12	41	11	200 Breast	42
13	12	200 Breast	14	43	10&U	200 Free	44
15	13	200 Breast	16	45	11	200 Free	46
17	12	200 Free	18	47	10&U	100 Fly	48
19	13	200 Free	20	49	11	100 Fly	50
405	13&U PARA	50 Fly	406	51	11	800 Free	52
21	12	100 Fly	22	207	11&U	200 Free Relay	208
23	13	100 Fly	24				
25	12-13	800 Free	26				
203	12-13	200 Free Relay	204				

## Day 2 – Sunday, February 18, 2018

12 -13 - Morning Session Warmup: 7:30 am - Start: 9:00 am				11&Under - Afternoon Session Warmup: 1:30 pm - Start: 2:30 pm			
209	12-13	200 Medley Relay	210	213	11&U	200 Medley Relay	214
53	12	200 Fly	54	77	10&U	50 Fly	78
55	13	200 Fly	56	79	11	200 Fly	80
57	12	100 Free	58	81	10&U	100 Free	82
59	13	100 Free	60	83	11	100 Free	84
61	12	200 Back	62	85	10&U	200 Back	86
63	13	200 Back	64	87	11	200 Back	88
407	13&U PARA	50 Breast	408	89	10&U	100 Breast	90
65	12	100 Breast	66	91	11	100 Breast	92
67	13	100 Breast	68	93	10&U	200 IM	94
409	13&U PARA	100 IM	410	95	11	200 IM	96
69	12	200 IM	70	97	10&U	50 Back	98
71	13	200 IM	72	99	10&U	400 Free	100
73	12	400 Free	74	101	11	400 Free	102
75	13	400 Free	76	215	11&U	400 Free Relay	216
211	12-13	400 Free Relay	212				

**Meet Management reserves the right to change warm-up session times and to allocate team warm-up schedules. Meet Management reserves the right to change event order to ensure reasonable session timelines**

## **Appendix A**

### **Facility Policy**

#### **NEPEAN SPORTSPLEX AQUATIC EVENTS PROCEDURES FOR MEET MANAGERS, OFFICIALS & COACHES**

1. The Nepean Sportsplex Part Time Supervisor will be responsible for handling any problems that arise with space allocation or safety during the meet.
2. Absolutely no food on the pool deck with the exception of refreshments provided for the officials working during the event.
3. No running on the deck, stands or on the bleachers.
4. No climbing across the railing between the stands and the bleachers.
5. No climbing over the gate from the pool deck to the lobby in the deep end.
6. Shoes must be worn whenever outside the pool or change room areas.
7. No diving off the starting blocks or bulkhead during warm-ups. Please slip or jump into the pool. It is recommended to designate lanes one and eight as sprint lanes in one direction only, for the last part of warm-ups.
8. The use of flippers and hand paddles, during warm-ups is prohibited.
9. Swimmers that are not competing are not to be in other areas of the building, and are not to upset the normal operation of the other departments.
10. Coaches are directly responsible for the supervision of their athletes at all times. This includes the pool area, change rooms, hallways and all other areas of the Nepean Sportsplex.
11. Access to the 25m pool will be limited to periods where swimming lessons and aqua fit classes will not be affected and numbers will be strictly enforced.
12. Maximum numbers allowed on deck and in the water at one time – 450 (this is the 50m pool maximum). All others must sit in the stands. Clubs will be given a designated area either on the deck or in the stands and this will be strictly enforced. Space will be set aside in the stands for spectators.
13. Area behind the timers in shallow end is to remain clear of swimmers as this is an access route for Sportsplex program participants

### **SANCTIONED EVENTS PHOTOGRAPHY**

#### **Guidelines for Use of Photographic / Filming Equipment at Swim Ontario Designated and Swim Ontario Sanctioned Competitions**

Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access and permission to do so. Please contact Swim Ontario for application and authorization ([nicole@swimontario.com](mailto:nicole@swimontario.com))

Entry into this competition is at the sole discretion of Swim Ontario and can be withdrawn, with immediate effect, by Swim Ontario. Individuals agree to be filmed, televised, photographed, identified and otherwise recorded during the Swim Ontario designated competition under the conditions and for the purposes now and hereafter authorized by Swim Ontario in relations to the promotion of Swimming Canada and Swim Ontario and the development of the sport of swimming.

By accepting to attend you agree that all photographs and moving images taken by yourself within any Swimming Canada or Swim Ontario designated event including those of athletes competing within any championship venue shall be used solely for personal and non-commercial purposes, unless the prior written consent is obtained from Swimming Canada or Swim Ontario. The individual confirms that they fulfill the qualifications required by Swim Ontario and also agrees to information about themselves being collected by Swim Ontario and the Organizing Committee and such data being stored and used by them, and, where necessary, third parties, for the purposes of facilitating their participation in, and/or organizing the Swim Ontario Designated Competition.

Insurance and risk management do not extend to non-supervised minors or individuals that are age of majority that are not part of the competition either as a participant, coach, support staff or event volunteer/official.

## Nepean Sportsplex



### Driving directions:

Follow ON-401E and ON 416 N to Cedarview Rd/Ottawa Regional Rd 23 in Nepean, Ottawa,  
Take exit 72 from ON-416N  
Take W Hunt Club Rd/Ottawa 32 to Woodroffe Ave/Route  
There is lots of parking at the facility.

### Hotels:

Holiday Inn Express & Suites Ottawa West – Nepean  
2055 Robertson Road, Nepean, ON, K2H 5Y9

### Guest Room rate includes:

Free Hot Buffet Breakfast  
Free Parking  
Free Wireless Internet in every guest room

Call in to reserve at [613-690-0100](tel:613-690-0100) and mention the group name or group code or click on the link below.

Group Name: Nepean Kanata Barracudas Swim club

Group Code: NKB

## [2018 Winter Festivals \(SC\)](#)