

CASCADE AGE GROUP CHALLENGE 2017

November 24 - 26, 2017

Cascade Swim Club

Repsol Centre

2225 Macleod Trail South, Calgary, AB, T2G 5B6

2x25 metre Competition Pool



Sanction #

Contacts

Competition Coordinator: Peter Burke
Cascade Office: (403) 263-7946
Meet Manager: Kelly Jubenvill
Officials Coordinator: board.officials2.cascade@gmail.com
Entry Questions & Changes: meetmanager.cascade@gmail.com
Social Media: #AGC2017 #cascadeswimming
 @cascadeswimming  cascadeswimclubbyyc

Why Attend Cascade's Age Group Challenge

Please attend if you'd like to swim within your age group and work towards an Alberta Championship time.

Challenge your team to supporting our community in need by bringing donations for the Food Bank Hampers set up during the meet. Swimmers have the opportunity to accept raffle tickets towards the best time prize draw in exchange for their donations. All donations will be going to the Calgary Food Bank. They are in particular need of: soup cans, rice, canned fruit, canned fish, canned green vegetables, fruit juice, pasta sauce, canned tomatoes, peanut butter, canned meat & protein, pasta, diapers and baby formula.

Eligibility

Swimmers may not be entered in any events for which they have a current Alberta Championship Standard time with the exception of the 11&U boys and 10&U girls for which there are no de-qualifying time standards. Please use the Honour System when entering athletes and respect the spirit of this rule that allows only "Provincial" and under times for any given event, including relay legs (i.e. a swimmer with a "Championship" time in the 50m butterfly should not swim butterfly on the 4x50 medley relay). In the event that an "Championship" swimmer is entered into an event in which they are not eligible the Cascade Meet Management Group reserves the right to enter him/her as exhibition, including relays.

Key Dates

Entry Deadline: Friday, November 10, 2017
Scratch Deadline: Friday, November 10, 2017
Fees Due: Friday, November 10, 2017

Schedule

DATE	Friday, November 24	Saturday, November 25	Sunday, November 26
Prelims Warm Up	7:30 AM	7:30 AM	7:30 AM
Prelims Start	8:30 AM	8:30 AM	8:30 AM
Finals Warm Up	4:30 PM	4:30 PM	2:30 PM
Finals Start	5:30 PM	5:30 PM	3:30 PM

ENTERING THE MEET

Entry Fees

Individual:	\$10.00 for all events
Relays:	\$10.00 per relay
Deck Entries:	\$20.00 for an individual event, \$20.00 for a relay event
Refunds:	No refunds for any scratched swimmers after November 10, 2017

Entry Rules

- The meet is limited to approximately 700 swimmers
- **No-time (NT) entries are not be accepted for any swims including bonus swims**
- Swimmer age is determined as of the first day of the meet - November 24, 2017
- All times are entered Short Course (teams may convert entries if they wish)
- Maximum number of entries is 8 individuals swims (3 event max/day)
- Maximum of 3 relays per team per age and gender
- Proof of Time must be entered for all 400, 800, 1500 free and 400 IM events and the events may be limited
- Provide a list of Alternate swims for any swimmer entered into the 400 Free, 400 IM, 800/1500 Free in the event that the Meet Manager must limit entries based on times due to numbers of entrants
- Para swimmers may enter without meeting the qualifying standard
- Cascade Swim Club reserves the right to enter swimmers who do not necessarily meet the published meet standards
- Clubs not providing this list with their entries may result in no alternate swims being provided
- Please use Hytek or TeamUnify to add these alternate systems with your entry file
- The Meet Manager reserves the right to limit entries, double-lane and re-schedule slower heats

Entry Age Standards

FEMALES Individual & Relay Events: 10&U, 12&U, 13&Over

MALES Individual & Relay Events: 11&U, 13&U, 14&Over

Entry Procedures - Deadline Friday, November 10, 2017

- All entries submitted using Hytek on-line at www.swimming.ca
- Time of receipt of uploaded entries is considered as the date and time on the notification email sent to meet manager through the SNC file
- Entry fees are payable to: Cascade Swim Club
- Cheque for entry fees received by the deadline date above

NOTES

Officials & Visiting Team Photographers

- Visiting clubs are encouraged to officiate - Please email board.officials2.cascade@gmail.com
- Team photographers must request and receive permission from the Meet Manager prior to trying to access the deck and may be limited to specific days and sessions - Please email meetmanager.cascade@gmail.com

DURING THE MEET

General Meet Format & Rules

- The current SwimAB/Swimming Canada/FINA rules shall govern the meet, except where specifically modified in this meet package
- Swimming Canada Warm Up Procedures are in effect
- Prelims and Finals are swam according to entry age categories
- No individual events go straight to finals regardless of the number of entries
- There are only "A" finals for all age categories

Deck Entries

- Deck Entries are EXHIBITION only and accepted only if the entry does not create a new heat
- Fees are \$20.00 for both individual and relay events
- They must be submitted no later than the Late Scratch Deadline of that session
- All Deck Entries must be approved by the Meet Manager and paid in full upon approval

Scratches

The Swim Alberta Scratch Rules will be in effect for this meet (September 22, 2017):

Relays

- All relays are swum during the Finals sessions
- There are a maximum of 3 relays per team per age and gender including mixed
- Name Change Deadlines for Relays (see Swim Alberta Scratch Rules - [Sep 22, 2017](#))

Timed Finals

- All heats are swam in preliminaries fastest to slowest as Senior Seeded Timed Finals with the exception of the 400 Free (* see below)

EVENT	POSITIVE CHECK IN DEADLINE	SWAM
800 Free Girls	Friday Nov 24, 8:30 AM	The top 8 swimmers in the following categories are guaranteed a swim: - Girls 12&U, 13&O
1500 Free Boys	Friday Nov 24, 8:30 AM	The top 8 swimmers in the following categories are guaranteed a swim: - Boys 13&U, 14&O
400 Free	N/A	* Top 3 heats are the top 8 swimmers in each category and senior seeded after these heats
400 IM	N/A	Senior Seeded

AWARDS

Individual Events & Relays

- All events are awarded according to entry age categories
- Presentation and medals for 1st, 2nd, and 3rd place (Ribbons to teams for 4th to 8th place)

Best Times

- There will be a best time prize table for swimmers achieving one or more best times throughout the Meet
- Draws for prizes for swimmers achieving best times will be during prelims on Sunday November 26
- All prizes must be picked up the the conclusion of the Competition

Team Spirit Award - "A Season of Cheer!"

- Prize awarded for the best cheer/team spirit demonstrated during or before Finals warm ups throughout the Meet (for both Large and Small Teams)

EVENT ORDER

FRIDAY	SATURDAY	SUNDAY
7:30 AM Warmups - 8:30 AM Heats	7:30 AM Warmups - 8:30 AM Heats	8:00 AM Warmups - 9:00 AM Heats
200 Back	100 Fly	100 Free
100 Breast	200 IM	50 Breast
200 Free	50 Free	100 Back
50 Back	400 Free (timed final)	50 Fly
800 / 1500 Free (timed final)		400 IM (timed final)
4:30 PM Warmups - 5:30 PM Finals	4:30 PM Warmups - 5:30 PM Finals	4:30 PM Warmups - 5:30 PM Finals
4 x 50 FR	4 x 50 MR	100 Free
200 Back	100 Fly	50 Breast
100 Breast	200 IM	100 Back
200 Free	50 Free	50 Fly
50 Back	4 x 50 FR Mixed	
4 x 50 MR Mixed		