SWIM ALBERTA



Northern Alberta Provincials

June 15 to 17, 2018

Sponsored by



TEAM AQUATIC SUPPLIES LTD

Purpose

A provincial long course racing opportunity for Alberta's age group swimmers.

Qualifying March 1, 2017 to June 4, 2018

Entry Deadline * June 4, 2018 9:59 pm MST

Scratch Deadlines Swim Alberta Scratch Rule (Appendix A)

* Withdrawals will not be refunded after the entry deadline

Facility

Kinsmen Sports Centre, 9100 Walterdale Hill, Edmonton, Alberta 10 x 50 meter pool with warm-up and cool down space available

June 15	Session 1:	Warm-up: 1:00 PM / Start: 2:00 PM
June 16	Session 2:	Warm-up: 7:30 AM / Start: 8:30 AM
June 16	Session 3:	Warm-up: 3:30 PM / Start: 4:30 PM
June 17	Session 4:	Warm-up: 7:30 AM / Start: 8:30 AM

Sanction

This meet is sanctioned by Swim Alberta.

Rules

The meet will be conducted under published FINA and/or WPS rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

Hosts

Swim Alberta and the Edmonton Keyano Swim Club

Meet Manager Officials Chair	Donna Cole Linda Bowie	<pre>competitions@eksc.com officials@eksc.com</pre>	
Swim Alberta Kevin Dennis		780-415-1785 kevin@swimalberta.ca	

Eligibility

This meet is a closed invitational. Swimmers currently registered with a Swim Alberta affiliated year round club north of the 52nd parallel may enter. (north of Innisfail)

Qualifying

Swimmers may qualify for the Northern Alberta Provincials by achieving one of the Alberta Provincial time standards within the qualifying period. Females age 14 & over and males age 15 & over are de-qualified from any event in which they have achieved the female 15 & over or male 16 & over championship standard. Time standards are available on www.swimalberta.ca. Para swimmers who have achieved one of the provincial para swimming time standards may attend.

Entries

Swimmers who have qualified in one (1) event may enter up to a maximum of eight (8) individual events. Swimmers may enter any 50m, 100m or 200m event. Swimmers who have achieved a provincial time standard in an event 400m or longer may enter any event 400m or longer. Events 400m or longer are only open to females age 11 & over and males age 12 & over. Entries must be submitted online at www.swimming.ca. Deck entries will not be permitted.

Entry Fees payable to **Swim Alberta**.

Entry Fees are \$80.00 per swimmer. Entry fees include Olympic Bonus and are refundable prior to the entry deadline. Entry fees must be paid prior to the start of the competition.

Entry Rules

Entries must be submitted using the athletes best Long Course or Short Course time. Meet Management will convert entry times for seeding. No-Time (NT) entries will not be accepted, coaches must submit estimated times. Estimated times will not supersede any proven time in the fastest heat of a time final event.

Late entries of pre-qualified swimmers will be subject to a \$50.00 fine per swimmer payable to Swim Alberta prior to the start of the competition. Any club submitting entries for non-qualified athletes will be subject to a \$100.00 fine per non-qualified athlete payable to Swim Alberta.

Scratches

The Swim Alberta Scratch Rule will be in effect for this competition. (See appendix A)

Format

Individual Categories

Female: 10 & Under, 11, 12, 13, 14 & Over Male: 11 & Under, 12, 13, 14, 15 & Over

Relay Categories

Female: 11 & Under, 13 & Under, Open Male: 12 & Under, 14 & Under, Open Mixed: 12 & Under, 14 & Under, Open

Seeding

All events are time final and will be seeded fast to slow. The fastest heat will swim within their age category, all remaining heats will be senior seeded. Based on entries, events may be swum senior seeded or with combined age categories at the discretion of Swim Alberta and the meet manager.

The 800 freestyle may be seeded with two swimmers per lane at the discretion of Swim Alberta and the meet manager.

The 400 freestyle, 800 freestyle and 400 IM require positive check-in. Positive check-in deadlines are listed below.

Check-in

800 Free	June 15	2:00 pm
400 Free	June 16	8:30 am
400 IM	June 16	4:30 pm

Relays

Relays will follow rules under CSWAG 1.1.7 and SNC 2.3 in the Swimming Canada rulebook. 'Relay Only' swimmers are permitted as per SNC 2.3. 'Relay Only' entries must be done using Hy-Tek and Swim Alberta notified when entries are submitted.

Individual names must be submitted to the Clerk of Course by the deadlines listed below.

4x50 Free (M/F)	June 15	1:30 pm
4x50 Free (Mixed)	June 16	8:00 am
4x50 Medley (M/F)	June 16	4:00 pm
4x50 Medley (Mixed)	June 17	8:00 am

Name changes must be provided to the Clerk of Course 30 minutes prior to the start of the first relay event, regardless of which age or gender the team is entered in.

Awards

Individual Events

Medals will be awarded to the top three swimmers in each event. Ribbons will be awarded to swimmers ranking fourth to eight place.

Relay Events

Medals will be awarded to the top three teams in each event.

Aggregate Awards

The fastest total time in each category will win an award. To be eligible swimmers must enter and complete all four events for each award. The aggregate events for each award are listed below.

4x50 Champ (50 of each stroke)

4x100 Champ (100 of each stroke)

4x200 Champ (200 of each stroke)

All-Round Champ* (200 IM, 400 IM, 400 Free, 800 Free)

*The All-Round Champ award is only available for the female 11,12,13,14+ and male 12,13,14,15+ age groups.

Draw Prizes

Each heat winner will be eligible for a draw prize. Draw prizes will be selected prior to the start of the last session.

Time Trials

Swim Alberta and meet management must both approve a time trial, which will only be held in exceptional circumstances.

Proof of Time

Swim Alberta may request proof of time for any entry. Clubs will have 48 hours to provide proof of time. If a Club is unable to prove an entry time the entry may be removed (events 400m or longer) or seeded last (events 200m or shorter).

Official Splits

Must be requested prior to the start of the session. Coaches may be required to supply timers for Official Split requests.

Psych Sheets

To be published Tuesday prior to the meet. Changes will not be permitted once the psych sheet is published.

Accreditation

Clubs will be provided one accreditation per swimmer registered in the competition. Clubs will receive one coach accreditation per 10 swimmers entered. Additional coach accreditations must be requested prior to the competition.

Media

Club photographers are not permitted.

Session 1

Warm-up: 1:00 pm / Start: 2:00 pm

100 Back 50 Freestyle 200 Breaststroke 4x50 Freestyle Relay (Female/Male) 800 Freestyle

Saturday June 16

Session 2

Warm-up: 7:30 am / Start: 8:30 am

100 Breaststroke 200 Backstroke 50 Butterfly 4x50 Freestyle Relay (Mixed) 400 Freestyle

Session 3

Warm-up: 3:30 pm / Start: 4:30 pm

200 Butterfly 50 Backstroke 100 Freestyle 4x50 Medley Relay (Female/Male) 400 IM

Sunday June 17

Session 4

Warm-up: 7:30 am / Start: 8:30 am

200 Freestyle
50 Breaststroke
100 Butterfly
200 IM
4x50 Medley Relay (Mixed)

Swim Alberta Sponsor Hotels - Request the Swim Alberta Rate when booking

Coast Edmonton Plaza

10155 105 Street, Edmonton, AB, T5J 1E2 800-716-6199

edmonton plaza hotel

Courtyard Marriott

One Thornton Court, 99 Street & Jasper Avenue Edmonton, AB, T5J 2E7 866-441-7591



MacEwan University Residence

11050 – 104 Ave NW Edmonton, AB, T5K 2Y9 780-633-3623 / <u>stay@macewan.ca</u>



Appendix A

Alberta provincial meets will use the Swim Alberta Scratch Rule. http://www.swimalberta.ca/images/stories/documents/swim_alberta_scratch_rule.pdf

SWIM ALBERTA SCRATCH RULE

Time Final Meets including Northern & Southern Alberta Provincials:

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Clerk of Course.

Scratches for the session's events are to be submitted to the Clerk of Course 30 minutes prior to the start of each session.

There shall be no penalty for swimmers who 'no show' or submit a 'late scratch' for their event.

Name Change Deadlines for Relays

The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.

Any changes in relays names must be provided to the Clerk of Course 30 minutes prior to the start of the first relay event, regardless of which age or gender event the team is entered in.