

# SWIM ALBERTA



## Spring Championships

March 15 to 18, 2018

### Purpose

The summer championships is a long course competition for Alberta's top swimmers to compete for individual and club awards. A heats and finals opportunity for para swimmers.

Qualifying March 1, 2017 to March 5, 2018  
Entry Deadline \* March 5, 2018 9:59 pm MST  
Scratch Deadlines Swim Alberta Scratch Rule (Appendix A)  
**\* Withdrawals will not be refunded after the entry deadline**

### Facility

Kinsmen Sports Centre, 9100 Walterdale Hill NW, Edmonton, Alberta  
10 x 50 meter pool with warm-up and cool down space available

March 15	Distance:	Warm-up: 3:00 PM / Start: 4:30 PM
March 16-18	Preliminaries:	Warm-up: 7:30 AM / Start: 9:00 AM
March 16-18	Finals:	Warm-up: 3:30 PM / Start: 4:30 PM

### Sanction

This meet is sanctioned by Swim Alberta.

### Rules

The meet will be conducted under published FINA and/or WPS rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

### Hosts

Swim Alberta and the Olympian Swim Club

Meet Managers	Jennifer St. Pierre	<a href="mailto:jlacham@shaw.ca">jlacham@shaw.ca</a>
Officials Chair	Natalie Visscher	<a href="mailto:officials@olympianswimclub.com">officials@olympianswimclub.com</a>
		780-415-1785
Swim Alberta	Kevin Dennis	<a href="mailto:kevin@swimalberta.ca">kevin@swimalberta.ca</a>

## Eligibility

This meet is open to all swimmers currently registered with Swimming Canada or a FINA affiliated club. Para swimmers must have a valid classification listed on the WPS Swimming website (<https://www.paralympic.org/swimming>) or the Swimming Canada website ([www.swimming.ca](http://www.swimming.ca)).

## Qualifying

Swimmers may qualify for the Summer Championships by achieving one of the Alberta Championship time standards within the qualifying period. Para Swimmers must achieve one of the Provincial Para Swimming time standards within the qualifying period. Time standards are available on [www.swimalberta.ca](http://www.swimalberta.ca).

## Entries

Swimmers may enter any event in which they have a qualifying time to a maximum of six (6) individual events. Swimmers who have five (5) qualifying events may enter one (1) bonus event, swimmers who have four (4) qualifying events or less may enter a maximum of two (2) bonus events.

Bonus events must be 200m or less, unless the swimmers has a qualifying time in an event 400m or longer. Swimmers who have a qualifying time in 400 freestyle, 800 freestyle, 1500 freestyle or 400 IM may use bonus events to enter other events 400m or longer.

Entries must be submitted online at [www.swimming.ca](http://www.swimming.ca). Deck entries will not be permitted.

## Entry Fees payable to Swim Alberta

Entry Fees are \$15.00 per individual event and \$20.00 per relay event. Entry fees include Olympic Bonus and are refundable prior to the entry deadline. Entry fees must be paid prior to the start of the competition.

## Entry Rules

Entries must be submitted using the athletes best Long Course or Short Course time. Meet

management will convert entry times. Estimated times will not be accepted. No-Time (NT) entries will not be accepted.

Late entries of pre-qualified swimmers will be subject to a \$50.00 fine per swimmer payable to Swim Alberta prior to the start of the competition. Any club submitting entries for non-qualified athletes will be subject to a \$100.00 fine per non-qualified athlete payable to Swim Alberta.

## Scratches

The Swim Alberta Scratch Rule will be in effect for this competition. (See appendix A)

## Format

Individual Categories

Female: 12 & Under, 13-14, 15 & Over

Male: 13 & Under, 14-15, 16 & Over

Mixed Para; Para Male; Para Female

Relay Categories

Female: 12 & Under\*, 13-14, 15 & Over

Male: 13 & Under\*, 14-15, 16 & Over

\*4x50 Relays Only

Preliminaries

All preliminaries will swim regardless of entries and will be senior seeded fast to slow.

Finals

There will be A-finals only for the female 12 & under and male 13 & under age category. Other age categories will swim A and B finals in that order for events 200m or less. The 400m events will only swim an A final.

Distance Events

The 800 freestyle and 1500 freestyle events will be senior seeded, time final and require positive check-in. Positive check-in deadlines are listed below. All heats will be swum fastest to slowest, alternating gender and may be swum mixed gender or seeded with two swimmers per lane at the discretion of Swim Alberta and the meet manager.

Check-in

1500 Free	Thursday March 15	3:00 PM
800 Free	Sunday March 18	9:00 AM

### Relays

Relay events are time finals and will be swum by category, fastest to slowest during finals. Times for the fastest heat must either be validated online or will require proof of time.

Relays will follow rules under CSWAG 1.1.7 and SNC 2.3 in the Swimming Canada rulebook. 'Relay Only' swimmers are permitted as per SNC 2.3. 'Relay Only' entries must be done using Hy-Tek and Swim Alberta notified when entries are submitted.

Individual names must be submitted to the Clerk of Course by the deadlines listed below.

4x200 Freestyle	March 15	4:00 pm
4x50 Freestyle	March 16	4:00 pm
4x100 Freestyle	March 16	4:00 pm
4x50 Medley	March 17	4:00 pm
4x100 Medley	March 18	4:00 pm

Name changes must be provided to the Clerk of Course 30 minutes prior to the start of the first relay event, regardless of which age or gender the team is entered in.

### Para Swimming

Para Swimmers may enter any six (6) events. The 50 freestyle and 100 freestyle events will be swum as mixed gender with heats and finals regardless of the numbers entered. Qualification for finals and final ranking will be based on Swimming Canada para points. The 50 freestyle and 100 freestyle events will contribute to the team medal tally. All other para swimming events listed below will be ranked as time final based on results from the preliminary session and will be ranked based on Swimming Canada para points. Para swimmers are eligible to swim any final in which they qualify however only their preliminary performance will be ranked.

### Para Events

50 Free	S1-S14	50 Back	S1-S5
100 Free	S1-S14	100 Back	S6-S14
200 Free	S1-S7,S14	50 Breast	SB1-SB5
400 Free	S8-S13	100 Breast	SB6-SB14
50 Fly	S1-S7	150 IM*	SM1-SM4
100 Fly	S8-S14	200 IM	SM5-SM14

\*The 150 IM will swim before the 200 IM if there are entries in the event.

### Para Awards

Medals for the mixed 50 freestyle and mixed 100 freestyle will be awarded during finals after the event has finished and scoring is confirmed, regardless of the numbers entered.

Time final Para medal winners will be recognized during finals warm-up on Sunday. Time final para medals will be awarded as follows;

If there are four or more participants Gold, Silver and Bronze will be awarded. If three participants, Gold and Silver only; if two participants, Gold only; if one participant, no medals will be awarded.

### Awards

#### Individual Events

Medals will be awarded to the top three swimmers in each event.

#### Relay Events

Medals will be awarded to the top three teams in each event.

#### Aggregate Awards

Awards will be presented to the swimmer who earns the highest individual point total, based on team scoring points, in the female 12 & under, female 13-14, male 13 & under and male 14-15 age categories.

#### FINA High Point Award

An award will be presented to the Male and Female, of any age, with the highest FINA point score in an individual Olympic eligible event. In the case of a tie the swimmers next highest FINA point score will be used until the tie is broken.

#### Sponsor Award

A \$300 gift certificate, will be awarded to the Male and Female of any age, with the highest FINA point score in an individual Olympic eligible event. In the case of a tie the swimmers next highest FINA point score will be used until the tie is broken.

#### Team Awards

Banners will be awarded to the top small, medium and large club based on points earned during the competition. Team size will be based on each clubs' percentage of provincial competitive registrations, rounded to the nearest tenth, as of the entry deadline. The small team will be under 1.5%, the medium team will be 1.5-3.9% and the large team will be 4% and over. Team Scoring will be 1<sup>st</sup> to 8<sup>th</sup> place as listed below.

Individual events = 13-11-9-7-6-5-4-3-2-1

Relay Events = 26-22-18-14-12-10-8-6-4-2

#### Time Trials

Swim Alberta and meet management must both approve a time trial, which will only be held in exceptional circumstances.

#### Proof of Time

Swim Alberta will prove times using Swimming Canada's time validate feature for the fastest heat of time final events swimming during finals. A

slower time than the validated time will be accepted if submitted with entries. Swim Alberta may request proof of time for any entry. Clubs will have 48 hours to provide proof of time. If a Club is unable to prove an entry time the entry may be removed (events 400m or longer) or seeded last (events 200m or shorter).

#### Official Splits

Must be requested prior to the start of the session. Coaches may be required to supply timers for Official Split requests.

#### Psych Sheets

To be published Tuesday prior to the meet. Changes will not be permitted once the psych sheet is published.

#### Accreditation

Clubs will be provided one accreditation per swimmer registered in the competition. Clubs will receive one coach accreditation per 10 swimmers entered. Additional coach accreditations must be requested prior to the competition.

#### Media

Club photographers are not permitted

**Swim Alberta Sponsor Hotels** - Request the Swim Alberta Rate when booking

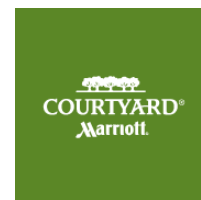
#### Coast Edmonton Plaza

10155 105 Street, Edmonton, AB, T5J 1E2  
800-716-6199



#### Courtyard Marriott

One Thornton Court, 99 Street & Jasper Avenue  
Edmonton, AB, T5J 2E7  
866-441-7591



#### MacEwan University Residence

11050 – 104 Ave NW  
Edmonton, AB, T5K 2Y9  
780-633-3623 / [stay@macewan.ca](mailto:stay@macewan.ca)



Thursday March 15

Warm-up: 3:00 pm / Start: 4:30 pm  
 1500 Free (fastest heats)  
 4x200 Free Relay (13&O Girls / 14&O Boys)  
 1500 Free (slower heats)

**Friday March 16**

**Preliminaries**

Warm-up: 7:30 am / Start: 9:00 am  
 100 Backstroke  
 200 Butterfly  
 50 Breaststroke  
 200 IM  
 400 Freestyle

**Finals**

Warm-up: 3:30 pm / Start: 4:30 pm  
 100 Backstroke  
 200 Butterfly  
 50 Breaststroke  
 200 IM  
 400 Freestyle  
 4x50 Free Relay (12U Girls / 13U Boys)  
 4x100 Free Relay (13&O Girls / 14&O Boys)

**Saturday March 17**

**Preliminaries**

Warm-up: 7:30 am / Start: 9:00 am  
 100 Butterfly  
 200 Freestyle  
 50 Backstroke  
 200 Breaststroke  
 50 Freestyle  
 50 Freestyle Para  
 400 IM

**Finals**

Warm-up: 3:30 pm / Start: 4:30 pm  
 100 Butterfly  
 200 Freestyle  
 50 Backstroke  
 200 Breaststroke  
 50 Freestyle  
 50 Freestyle Para  
 400 IM  
 4x50 Medley Relay (12U Girls / 13U Boys)

**Sunday March 18**

**Preliminaries**

Warm-up: 7:30 am / Start: 9:00 am  
 100 Freestyle  
 100 Freestyle Para  
 200 Backstroke  
 100 Breaststroke  
 50 Butterfly  
 800 Freestyle (slower heats)

**Finals**

Warm-up: 3:30 pm / Start: 4:30 pm  
 100 Freestyle  
 100 Freestyle Para  
 200 Backstroke  
 100 Breaststroke  
 50 Butterfly  
 800 Freestyle (fastest heats)  
 4x100 Medley Relay (13&O Girls / 14&O Boys)

Alberta provincial meets will use the Swim Alberta Scratch Rule.

[http://www.swimalberta.ca/images/stories/documents/swim\\_alberta\\_scratch\\_rule.pdf](http://www.swimalberta.ca/images/stories/documents/swim_alberta_scratch_rule.pdf)

## **SWIM ALBERTA SCRATCH RULE**

### **Heats & Final Meets including Swim Alberta Cup, Spring & Summer Championships**

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Clerk of Course according to the information detailed below:

#### *Scratch Deadline and Penalties for Preliminaries:*

- Scratches are to be submitted to the Clerk of Course by the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the preliminary session can be seeded.
- Late Scratches may be received by the Clerk of Course 30 minutes prior to the start of each session. No re-seeding will occur, without the approval of the referee.
- There will be no penalty for scratching from preliminary events. No-shows, step-downs, and unexcused incomplete swims will have no penalty assessed.

#### *Scratch Deadline for Time Final Events (including relays):*

- Scratches are to be submitted to the Clerk of Course by the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the session can be seeded.
- Late Scratches may be received by the Clerk of Course 30 minutes prior to the start of each session in which a Time Final Event is scheduled. No re-seeding will occur, without the approval of the referee.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining finals, including relays, scheduled for that session.

#### *Scratch Deadline for Time Final Events utilizing Positive Check-in*

- The deadline for Positive Check-in shall be clearly communicated in the meet package and communicated to coaches at the technical meeting.
- Failure to check-in by the deadline will be deemed a scratch and the swimmer will be removed from the event. There is no penalty for swimmers who fail to check-in.
- Once checked-in a swimmer is not entitled to scratch from the event. No-shows, step-downs and unexcused incomplete swims will result in the swimmer being scratched from all remaining finals, including relays, scheduled for that session and any other session in which the event in question is swum.

*Scratch Deadline and Penalties for Finals:*

- Scratches are to be submitted to the Clerk of Course 30 minutes after conclusion of the preliminary session. The conclusion of the preliminary session will be the completion of the final race of the session or when the 800/1500 are the last events of the session, the scratch deadline shall be 30 minutes after the completion of the last race immediately preceding the start of the 800/1500.
- The Late Scratch Deadline shall be 30 minutes prior to the start of the finals session. However, there shall be no re-seeding to include scratches made after the initial scratch deadline.
- The Late Scratch Deadline only applies if the coach of the late scratch swimmer notifies the referee and the coach of the alternate. The alternate is under no obligation to swim. Should the alternate decline to swim the coach of the late scratch swimmer must contact the coach of the 2nd alternate.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining events, including relays, scheduled for that day.
- Although alternates are not required to swim, all swimmers not intending to swim finals should scratch by the scratch deadline. This will ensure that those swimmers, who would be intent on swimming in a final and qualify, would be provided the opportunity.

**Name Change Deadlines for Relays**

The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.

Any changes in relays names must be provided to the Clerk of Course 30 minutes prior to the start of the first relay event, regardless of which age or gender event the team is entered in.