

Prairie Winter International 2017

March 2nd – 5th, 2017



HOSTED BY

Manta Swim Club

25 Poseidon Bay

Winnipeg, Manitoba R3M 3E4

T: (204) 452-4655

www.mantaswimming.ca

Prairie Winter International 2017

March 2nd – 5th, 2017

PAN AM POOL

25 Poseidon Bay

Winnipeg, Manitoba R3M 3E4

T: (204) 986-5890

Session	Date and Time		
1	Thursday, March 2 Designated preliminaries and timed finals	Warm-up Start	7:30 a.m. 8:30 a.m.
2	Thursday, March 2 Finals	Warm-up Start	4:30 p.m. 5:30 p.m.
3	Friday, March 3 Designated preliminaries and timed finals	Warm-up Start	7:30 a.m. 8:30 a.m.
4	Friday, March 3 Finals	Warm-up Start	4:30 p.m. 5:30 p.m.
5	Saturday, March 4 Designated preliminaries and timed finals	Warm-up Start	7:30 a.m. 8:30 a.m.
6	Saturday, March 4 Finals	Warm-up Start	4:30 p.m. 5:30 p.m.
7	Sunday, March 5 Designated preliminaries and timed finals	Warm-up Start	7:30 a.m. 8:30 a.m.
8	Sunday, March 5 Finals	Warm-up Start	4:00 p.m. 5:00 p.m.

Meet Management reserves the right to limit entries in any event, change the order of events, start times or session set-up if registration exceeds pool or time capacity.

Meet Manager	Meet Entries and Results	Officials Chair
Janene Cheung	Jay-Lynne Leppky	Jeff Rerie
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1. Facility:

- a. Two eight lane 50 meter competition pool
- b. QUANTUM primary and secondary electronic timing system
- c. Warm-up/down lanes available
- d. Host to:
 - 2017 Canada Summer Games
 - 2014 Canadian Age Group Championships
 - 2012 & 2016 Western Championships
 - 2012 CAN AM Para-Swimming Championships
 - 2010 Canadian Age Group Championships
 - 2008 Summer Nationals

2. Eligibility:

- a. Open to all swimmers currently registered with SNC, USS and FINA who have met the qualifying times in a sanctioned race since June 1, 2013 and prior to entry deadline.
- b. Para-swimmers do not require qualifying times to enter this competition but will be bound by the meet rules and format.

3. Age Group Categories:

- a. For all events:
 - Girls: 12 & Under, 13 & 14, 15 & over
 - Boys: 13 & Under, 14 & 15, 16 & over

A swimmer's age shall be as of the FIRST DAY of the competition.

4. Entry Deadline:

- a. **Sunday, February 19, 2017, 11:59 p.m. (for clubs who have already submitted their entries, you may resubmit prior to extended deadline).**
- b. The Entries and Results chairperson must receive entries and proof of time by the entry deadline.
- c. Any errors or omissions in entry file details will cause delays in accepting entries.

5. Online Entries:

- a. All entries must be submitted through the SNC online entry process by uploading on the Swim Natation Canada website at www.swimming.ca (see exception 5.d. below)
- b. Entries must include the following: valid swimmer ID; correct birth date; gender; para swimmers must have their classifications after their name in their entries.
- c. Entries must be submitted as a Hytek entries file.
- d. Entries for USS and FINA swimmers must be submitted as a Hytek entries file directly to the Entries and Results chairperson.
- e. Direct questions or request for additional information to the Entries and Results chairperson.

6. Entry Fees:

- a. Individual: \$95.00
- b. Relay only swimmers: \$25.00
- c. Relay team event: \$20.00 per team per event
- d. Deck entry: \$15.00 (individual event)
- e. Entry fees include all SNM competition fees and charges (\$6 participation fee per swimmer and \$1 program development fee per swim).
- f. All entry fees must be received in full by the first day of meet.

- g. Swimmers will not be allowed to swim if meet entry fees have not been paid.
- h. Clubs will be entitled to a 5% rebate of Entry Fees if staying at Manta's Partner Hotels. Rebate will be in the form of a cheque from Manta Swim Club post meet. ([Appendix 5](#)).
- i. Cheque payable to: **MANTA SWIM CLUB, 25 Poseidon Bay, Winnipeg, Manitoba R3M 3E4.**

7. Proof of Times:

- a. Entries and Results chairperson will validate all times via the time validation process. Coaches will be notified of any times that do not pass the time validation report and they will have to provide a proof of time for an actual time, not a "custom time". The entry time must be something that can be verified. (Converted times will not be accepted)
- b. All individual entries must utilize a displayed time available in the Swim Natation Canada online entry system.
- c. Proof of times for USS and FINA swimmers must be submitted directly to the Meet Entries and Results contact in a format that is mutually agreeable.
- d. Failure to prove any requested time will result in the swimmer being scratched from that event unless the event has been entered as a Bonus Swim. There will be no refund of entry fees from a failure to prove a time.

8. Registration:

- a. Meet office will be open for registration starting March 1, 2017 at 6:30 p.m.

9. Refunds:

- a. Meet Management is not obligated to refund entry fees after the entry deadline date.

10. Entries and Limitations:

- a. Swimmers are limited to **EIGHT (8)** individual events plus relays as long as they meet the qualifying standards in those events.
- b. Proof of time for all qualifying time events required.
- c. Bonus swim limitations: swimmers must have at least **ONE (1)** qualifying time. Each swimmer may swim up to **FIVE (5)** individual bonus events to a maximum of **SIX (6)** individual events.
 - 1 QT = 5 bonus swims
 - 2 QT = 4 bonus swims
 - 3 QT = 3 bonus swims
 - 4 QT = 2 bonus swims
 - 5 QT = 1 bonus swims
 - 6 QT = 0 bonus swims
- d. Bonus swims must be flagged as such and entered with actual times for seeding purposes.
- e. **No time (NT) entries will not be accepted.**
- f. 400, 800 and 1500 meter events **MAY NOT** be used as bonus swims.

11. Meet Limit:

- a. Manta Swim Club reserves the right to limit the meet to 800 swimmers. In such a case, the Swim Club that enters the 800th swimmer will be that last entries accepted into the meet. Entries will be accepted on a "first come first serve" basis.

12. Qualifying Times:

- a. Qualifying times as listed in this meet package apply to this competition ([Appendix 1](#)).
- b. Times may be submitted in SCM or LCM (No Converted Times will be accepted)
- c. YD times will be accepted in yards and converted.

13. Relay Events:

- a. All relay events will be Timed Finals.
- b. All relay events will be seeded by age group and gender, slowest to fastest.
- c. Relay swimmers must be properly entered in at least ONE (1) individual event.
EXCEPTION: a club entering only one relay team in an event may bring out “Relay Only” swimmers to a maximum of two per age group to complete a relay team. “Relay Only” swimmers must be listed in the entries as “Relay Only” swimmers.
- d. A swimmer may only participate on ONE (1) relay team per age group per event.
- e. A maximum of TWO (2) swimmers may age up to complete an age group relay team.
- f. Unattached swimmers are NOT eligible to swim relays.
- g. There are no qualifying times for relay events. However, to obtain a seeding, a team time should be submitted.
- h. Relay cards with complete swimmer names and requests for official splits must be submitted to the Clerk of Course 30 minutes prior to the end of the preliminary session on the day of that relay event. (Relay Cards can be picked up at Clerk of Course)
- i. As per SNM scratch rule, relay names can be changed up to 30 minutes prior to start of relay event.

14. Deck Entries:

- a. Entry fee is payable to the **Meet Office** prior to lane assignment. (Check with the Clerk of Course to ensure lane is available, prior to paying fees)
- b. Allowed only if space permits.
- c. Must include swimmers ID number.
- d. Additional heats will NOT be created.
- e. Deck entries will be swum as ‘**exhibition**’ only.
- f. Deck entries will not be scored nor advance to finals.

15. Official Splits:

- a. The procedure for obtaining an 'Official Split' now requires that coaches make the request to the session referee or meet management on the “Official Split Request” form prior to the start of the session in which the official split is requested. The split for the lead-off leg in relays will still be regarded as an official split and therefore no request by coaches is needed for relays. However, in the new 'mixed gender' relays, lead-off times/splits are not considered “official splits” as per international practice.
- b. Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

16. Scratches:

- a. SNM SCRATCH RULE IN EFFECT ([Appendix 4](#))
NOTE: In fairness to alternate swimmers and a courtesy to all other swimmers, coaches, officials and meet management, it is expected that all scratches will be submitted to the Clerk of Course, prior to the scratch deadline. No late scratches will be accepted but the Clerk of Course should be notified of a no show if the scratch dead line has past. All applicable no show penalties will apply.

17. Seeding:

- a. After all qualifying times have been proven, Meet Management will convert all SCM and YD times to LCM times using applicable conversion factors.

- b. All timed final events, with the exception of distance and relay events, will be senior seeded slowest to fastest by gender.
- c. 800FR and 1500FR distance events will be senior seeded fastest to slowest by gender.
- d. All preliminary events will be circle seeded by time and gender regardless of age.

18. Competition:

- a. All current SNC Rules and SNM Policies will be in effect, including the SNM Competition Code of Conduct ([Appendix 3](#)). Any changes to the competition must be approved by SNM.
- b. The 800FR and 1500FR events will be swum as Timed Finals.
- c. The Fastest heat of the 800FR and 1500FR events will be swum with Finals in the evening.
- d. All relay events will be swum as Timed Finals.
- e. All other events for all age groups will be swum as Preliminaries and Finals.
- f. Consolation finals (B finals) will be held only for those events with **18 or more** swimmers entered in 13 & Over (Female), and 14 & Over (Male) age categories at the entry deadline. There will be no Consolation finals (B finals) for the 12 & Under Females, or 13 & Under Males in any event.
- g. Events with Preliminaries and Finals with **8 or fewer** swimmers entered will be swum as Preliminaries and Finals (A finals only).
- h. **There will be no Consolation finals (B finals) for both 400FR & 400IM.**
- i. The 'B' final will swim before the 'A' final where there is a consolation final.
Positive check-in is mandatory for ALL Final Events. All Swimmers must check in with Clerk of Course – by the start of final session.
- j. **PARA athletes (S1 to S14, SB1 to SB14) will swim integrated in all preliminary sessions. In events that offer a separate PARA Final, they may only advance to the PARA final.**
- k. **The TOP eight swimmers in either gender from preliminaries, and all classifications S1 to S14, SB1 to SB14 combined will advance to the PARA finals. Times achieved from preliminaries will be scored on the SNC PARA point charts calculator in order to determine seeding.**
- l. **PARA athletes (S1 to S14, SB1 to SB14) will be judged under IPC rules and Regulations.**
- m. Meet management reserves the right to hold competition for preliminary sessions in **two** pools if the number of swimmers exceeds reasonable capacity for one pool.
- n. Meet management reserves the right to combine heats with two swimmers per lane in the 800m and 1500m distance events to meet timelines for completion of events

19. Scoring:

- a. Events for Individual age group trophies: 5-2-1.
- b. Points will not be awarded if a swimmer fails to make a Qualifying Time in a Final or Timed Final.
- c. Preliminary events will be scored for those events that do not have Consolation Finals.
- d. There will be no team scoring for this meet.

20. Results:

- a. Real-time results will be posted during the competition through MeetMobile.
- b. Final results will be posted and may be downloaded from the Swim Natation Canada website www.swimming.ca.
- c. Splits may not be available for distance events swum two per lane.

21. Awards:

- a. Individual awards:
 - 1st to 3rd place for Timed Final and Final events: Medals (all age groups)
 - 4th to 8th place for Timed Final and Final events: Ribbons (12&U, 13&U age groups)

- b. Relay events:
1st to 3rd place: Medals for all relay team members
- c. Swim of the Meet: Award for best performance on the World Performance Charts based on FINA points scoring.
- d. Para Swim of the Meet: Award for best performance for a Para-swimmer based on Canadian Para-swimmer scoring.
- e. Individual High Point Trophy: High point award for the top female and top male for each age category based on 5-2-1 point scoring.
NOTE: If a top 3 placing swimmer is unable to make it to their award ceremony, the club/team must send a fully uniformed substitute swimmer in their place.

22. Accreditation:

- a. Swimmers, Coaches, Team Support Staff & Officials will be provided an accreditation card for deck access. This card must be displayed at all times. Access to the pool will be through the locker rooms and past the main security checkpoint. Only persons with valid swim meet accreditation will be granted access to the deck.

NOTE:

The Deck Accreditation Card remains the sole property of Manta Swim Club and can be withdrawn, with immediate effect, at Manta Swim Club's sole discretion. By using this Card, individuals agree to be filmed, televised, photographed, identified and otherwise recorded during the Swim Manitoba designated competition under the conditions and for the purposes now and hereafter authorized by Swim Manitoba in relations to the promotion of Swimming Canada and Swim Manitoba and the development of the sport of swimming.

By accepting the Accreditation card you agree that all photographs and moving images taken by yourself within any Swimming Canada or Swim Manitoba designated event including those of athletes competing within any championship venue shall be used solely for personal and non-commercial purposes, unless the prior written consent is obtained from Swimming Canada or Swim Manitoba. The individual confirms that they fulfill the qualifications required by Swim Manitoba in order to use this Deck Accreditation Card. The individual also agrees to information about themselves being collected by Swim Manitoba and the Organizing Committee and such data 2017 PWI Package – September 30, 2016 being stored and used by them, and, where necessary, third parties, for the purposes of facilitating my participation in, and/or organizing the Swim Manitoba Designated Competition

Please be advised that deck accreditations should not be provided to children, youth or adults that are not participants in the competition, either as an athlete, coach, support staff or volunteer/official. Insurance and risk management do not extend to non-supervised minors or individuals that are age of majority that are not part of the competition either as a participant, coach, support staff or event volunteer/official.

23. Coaches Prizes:

- a. Contingent on a minimum of 350 athlete entries, all head coaches will be entered into our nightly lottery draw for two prizes of \$50.00. Each night's random draw is open to all head coaches who have not previously won a draw at this competition. There is no charge for entry into the prize draw.

24. Coaches Technical Meeting:

- a. A coaches meeting will be held at 7:45 a.m. on Thursday, March 2, 2017 to update meet rules and answer questions.

25. Safety:

- a. SNC Warm Up Procedures are in effect ([Appendix 2](#)). Each athlete must be under the supervision of a head or deck coach. It is the responsibility of the head or deck coach to inform their swimmers of the safety rules and ensure they are followed.

26. Hospitality:

- a. Food and refreshments will be provided to coaches and officials prior to and during each session.

27. Hotel:

- a. See [Appendix 5](#) for preferred Hotel.

28. Food on Deck:

- a. The City of Winnipeg maintains a “No Food on Deck” policy.
- b. Coaches are responsible for ensuring their swimmers comply with this policy.

29. Officials:

- a. Any out of town officials interested in assisting at the meet may contact the Manta Swim Club at manta@mymts.net. All help is welcomed and greatly appreciated.

30. Lockers:

- a. There are lockers available in the Pan Am Pool change rooms for daily use. Cost is 25 cents per use. Swimmers are encouraged to use them to ensure their belongings are secure to avoid loss.

Meet Event List				
Session 1	Women	Description	Men	
Thursday, Mar 2	1	200 IM	2	Preliminaries
	3	50 Breaststroke	4	Preliminaries
	5	100 Backstroke	6	Preliminaries
	7	800 Freestyle	8	Timed Finals
	9	1500 Freestyle	10	Timed Finals
Warm-up: 7:30 a.m.				
Start: 8:30 a.m.				
Session 2	Women	Description	Men	
Thursday, Mar 2	1	200 IM	2	Finals
	3	50 Breaststroke	4	Finals
	503	Mixed Para 50 Breaststroke (SB1-3)	504	Finals
	5	100 Backstroke	6	Finals
	505	Mixed Para 100 Backstroke (S1-2, S6-14)	506	Finals
Warm-up: 4:30 p.m.				
Start: 5:30 p.m.				
	7	800 Freestyle (Fastest Heat)	8	Timed Finals
	9	1500 Freestyle (Fastest Heat)	10	Timed Finals
	11	12&U 4x200 Freestyle Relay 13&U	12	Timed Finals
	13	13&14 4x200 Freestyle Relay 14&15	14	Timed Finals
	15	15&O 4x200 Freestyle Relay 16&O	16	Timed Finals
Session 3	Women	Description	Men	
Friday, Mar 3	17	200 Butterfly	18	Preliminaries
	19	50 Freestyle	20	Preliminaries
	21	100 Breaststroke	22	Preliminaries
	23	400 Freestyle	24	Preliminaries
Warm-up: 7:30 a.m.				
Start: 8:30 a.m.				
Session 4	Women	Description	Men	
Friday, Mar 3	17	200 Butterfly	18	Finals
	19	50 Freestyle	20	Finals
	519	Mixed Para 50 Freestyle (S1-13)	520	Finals
	21	100 Breaststroke	22	Finals
	521	Mixed Para 100 Breaststroke (SB4-14)	522	Finals
Warm-up: 4:30 p.m.				
Start: 5:30 p.m.				
	23	400 Freestyle	24	Finals
Session 5	Women	Description	Men	
Saturday, Mar 4	25	200 Backstroke	26	Preliminaries
	27	100 Butterfly	28	Preliminaries
	29	100 Freestyle	30	Preliminaries
	31	200 Breaststroke	32	Preliminaries
Warm-up: 7:30 a.m.				
Start: 8:30 a.m.				
Session 6	Women	Description	Men	
Saturday, Mar 4	25	200 Backstroke	26	Finals
	27	100 Butterfly	28	Finals
	527	Mixed Para 50 Butterfly (S2-7)	528	Finals
	29	100 Freestyle	30	Finals
	529	Mixed Para 100 Freestyle (S1-14)	530	Finals
Warm-up: 4:30 p.m.				
Start: 5:30 p.m.				
	31	200 Breaststroke	32	Finals
	33	12&U 4x100 Freestyle Relay 13&U	34	Timed Finals
	35	13&14 4x100 Freestyle Relay 14&15	36	Timed Finals
	37	15&O 4x100 Freestyle Relay 16&O	38	Timed Finals
Session 7	Women	Description	Men	
Sunday, Mar 5	39	50 Butterfly	40	Preliminaries
	41	200 Freestyle	42	Preliminaries
	43	50 Backstroke	44	Preliminaries
	45	400 IM	46	Preliminaries
Warm-up: 7:30 a.m.				
Start: 8:30 a.m.				

Session 8	Women	Description	Men	
Sunday, Mar 5 Warm-up: 4:00 p.m. Start: 5:00 p.m.	39	50 Butterfly	40	Finals
	41	200 Freestyle	42	Finals
	541	Mixed Para 200 Freestyle (S1-5, S14)	542	Finals
	43	50 Backstroke	44	Finals
	543	Mixed Para 50 Backstroke (S1-5)	544	Finals
	45	400 IM	46	Finals
	47	12&U 4x100 Medley Relay 13&U	48	Timed Finals
	49	13&14 4x100 Medley Relay 14&15	50	Timed Finals
	51	15&O 4x100 Medley Relay 16&O	52	Timed Finals

Prairie Winter International 2017						
Qualifying Times						
Short Course			Female	Long Course		
15 & Over	13 & 14	12 & Under	Stroke	12 & Under	13 & 14	15 & Over
30.00	32.00	34.00	50 FR	34.68	32.64	30.60
1:05.00	1:09.00	1:15.00	100 FR	1:16.50	1:10.38	1:06.30
2:20.00	2:30.00	2:40.00	200 FR	2:43.41	2:33.00	2:22.80
5:03.00	5:15.00	5:40.00	400 FR	5:46.80	5:21.30	5:09.06
10:24.00	11:12.00	11:44.00	800 FR	11:58.08	11:25.44	10:36.48
20:00:00	21:30:00	23:30:00	1500 FR	23:58.20	21:55.80	20:24.00
37.00	39.00	42.00	50 BA	42.84	39.78	37.74
1:13.00	1:20.00	1:29.00	100 BA	1:30.78	1:21.60	1:14.46
2:38.00	2:50.00	3:08.00	200 BA	3:11.76	2:53.40	2:41.16
43.00	44.00	47.00	50 BR	47.94	44.88	43.86
1:25.00	1:30.00	1:38.00	100 BR	1:39.96	1:31.80	1:26.70
3:06.00	3:10.00	3:30.00	200 BR	3:34.20	3:13.80	3:09.72
37.00	39.00	42.00	50 FL	42.84	39.78	37.74
1:14.00	1:19.00	1:26.00	100 FL	1:27.72	1:20.58	1:15.48
2:45.00	2:55.00	3:10.00	200 FL	3:13.80	2:58.50	2:48.30
1:21.45	1:25.50	1:29.50	100 IM	-	-	-
2:36.00	2:50.00	3:00.00	200 IM	3:03.60	2:53.40	2:39.12
5:40.00	6:00.00	6:20.00	400 IM	6:27.60	6:07.20	5:46.80
Short Course			Male	Long Course		
16 & Over	14 & 15	13 & Under	Stroke	13 & Under	14 & 15	16 & Over
27.00	31.00	34.00	50 FR	34.68	31.62	27.54
59.00	1:06.00	1:15.00	100 FR	1:16.50	1:07.32	1:00.18
2:08.00	2:23.00	2:40.00	200 FR	2:43.41	2:25.86	2:10.56
4:40.00	5:00.00	5:40.00	400 FR	5:46.80	5:06.00	4:45.60
9:45:00	10:15:00	11:44.00	800 FR	11:58.08	10:27.30	9:56.70
19:00.00	20:00.00	22:00.00	1500 FR	22:26.40	20:24.00	19:22.80
35.00	37.00	41.00	50 BA	41.82	37.74	35.70
1:10.00	1:17.00	1:29.00	100 BA	1:30.78	1:18.54	1:11.40
2:30.00	2:44.00	3:08.00	200 BA	3:11.76	2:47.28	2:33.00
39.00	42.00	46.00	50 BR	46.92	42.84	39.78
1:17.00	1:25.00	1:38.00	100 BR	1:39.96	1:26.70	1:18.54
2:48.00	3:04.00	3:30.00	200 BR	3:34.20	3:07.68	2:51.36
34.00	37.00	42.00	50 FL	42.84	37.74	34.68
1:07.00	1:15.00	1:26.00	100 FL	1:27.72	1:16.50	1:08.34
2:32.00	2:45.00	3:10.00	200 FL	3:13.80	2:48.30	2:35.04
1:18.50	1:23.50	1:28.75	100 IM	-	-	-
2:25.00	2:45.00	3:00.00	200 IM	3:03.60	2:48.30	2:28.50
5:15.00	5:45.00	6:20.00	400 IM	6:27.60	5:51.90	5:21.30



COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Canadian swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool FEET FIRST in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warmup time. Any such lane usage must be communicated through a pre-competition handout, an announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions.

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.



- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest.
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

“SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET.”



COMPETITION CODE OF CONDUCT

All sanctioned Manitoba swim meets are under the jurisdiction of SNM and shall be governed by its current policies and rules, including SNM 2011 Harassment and Abuse Policy.

The deck shall be reserved solely for SNM approved personnel, swimmers, coaches, officials and volunteers assigned specific tasks in the running of the meet.

By Swimming Canada rule and policy, the referee and meet management have full authority over the competition, the deck and the spectator areas during swim meets. The spectator area is considered part of the field of play, and as such, it falls under SNM authority and all SNM bylaws, policies, and rules, apply.

Referencing the SNM Harassment and Abuse policy, the referee and meet management will require an individual to leave, if the actions of the individual are perceived to be interfering with the peace and security required for any athlete to achieve his/her best performance.

Swim Manitoba (SNM) Provincial Scratch Rule

This scratch rule WILL be in effect at ALL Swim Manitoba sanctioned meets, in accordance with Swimming Canada rule CSW 3.6. It is superseded by:

- Swimming Canada (SNC) rule ***SNC 3 (3.1 to 3.4)*** at SNC designated meets held in Manitoba.
- The scratch rule for Manitoba / Saskatchewan Championships, when they are held in Manitoba.

SCRATCHES:

1. Time Final Events

- a. There is no scratch deadline for time final events. Coaches are encouraged to report scratches to the clerk of course as soon as possible.
- b. **Penalties:** Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee.

2. Prelims/Final Events

- a. Scratches from ***preliminary heats***:
 - i. May be made at any time.
 - ii. Scratches, no-shows, and unexcused incomplete swims simply create empty lanes, as there shall be no re-seeding.
 - iii. Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee
- b. Scratches from ***finals***:
 - i. Must be made within 30 minutes after the end of the preliminary session.
 - ii. **Penalties:** Scratches after the scratch deadline and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in the offending swimmer being scratched from all remaining events, including relays, scheduled for that day. No monetary penalty fee is to be assessed.
 - iii. **ALTERNATE SWIMMERS:** Alternates **MUST** report to the Clerk of Course at least 10 minutes prior to the event and be ready to swim if necessary.
 - iv. If a swimmer has not reported to the blocks when the race is called, the Referee shall replace the contestant with an alternate who has reported to the Clerk of Course and is present and ready to swim. The alternate shall become one of the finalists.

3. Relay Events

- a. For time final events scratch rules for **Time Final Events** apply.
- b. For prelims/final events scratch rules for **Prelims/Final Events** apply.
- c. Relay names can be changed up to 30 minutes prior to start of relay event.

HOTEL BOOKING INFORMATION:



Special Provisions have been made to accommodate a hot Breakfast for swimmers staying at these properties.

Best Western Plus Pembina Inn & Suites

1714 Pembina Hwy

Winnipeg, MB R3T 2G2

Rooms: 80

Group Reservations – Jenny Briones at 204-262-1502

Quote: Manta Swim Club March 1 arrival

Best Western Plus Winnipeg Airport Hotel

1715 Wellington Ave

Winnipeg MB R3H 0G1

Rooms: 50

Group Reservations (204) 775-9889

Quote: Manta Swim Club March 1 arrival