



SWOTT "Team October" Meet Package
Saturday October 22nd 2016

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Date, Location, Facility

Date and Time	Saturday, October 22nd 2016 11:30am to 5:00pm
Location	Nepean Sportsplex, 1701 Woodroffe Avenue, Ottawa, Ontario
Facility	Short Course, Shallow end of a 50 meter pool Electronic timing Facilities Information (from City of Ottawa)

Official Information and Meet Authorities

Sanction	Swim Ontario, with all current Swimming/Natation Canada rules applying.
Authoritative Meet Package	The meet package which will be considered authoritative will be the last publically posted version found at the Swimming/Natation Canada Meet List
Competition Rules	Sanctioned by Swim Ontario. All current Swimming/Natation Canada (SNC) rules will be followed. Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred. The full document can be viewed HERE . Only FINA approved swimwear is allowed in competition as per GR 5. The full details can be viewed HERE .
Meet Manager	Mariusz Makos, swott.meetmanager@gmail.com
Meet Referee	Yik Hon Yu (NKB level V)
Officials Coordinator	John Buckle, swott.officials2@gmail.com
Volunteer Officials	<ul style="list-style-type: none">• Volunteers are needed to help officiate. We need your help!• Sign up -- We are using Volunteer Spot to manage signups this year as there is no longer an Eastern Ontario Officials Service• Volunteer official requests and inquiries to be directed to Officials Coordinator• SWOTT will try to accommodate any requests for individuals who require deck evaluation in specific positions. Please inform the Officials Coordinator of any such requests.



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Meet Format

Meet Format	Short Course - Open/Timed Finals All events will be swum Mixed Gender Timed Finals with results separated by gender and age group.
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Meet Session(s)

Session	Warm Up	Start	Age Group
1	11:30 a.m.	12:30 p.m.	Open

Meet Events

1	400 Free – 6 heats maximum (48 swimmers, total)
2	50 Free
3	100 Back
4	50 Fly
5	100 Breast
6	200 IM
7	100 IM
8	50 Back
9	100 Free
10	50 Breast
11	100 Fly
12	200 Free



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Meet Entry

Entry Deadline	Wednesday October 13, 2016, 11:59pm
Entry Fees	Individual events - \$ 8.00 per event (no HST) Payment must be made upon arrival at meet Make cheques payable to Swim Ottawa
Maximum Events	Maximum number of entries per swimmer: 4 individual
Eligibility	All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry.
Time Standards	None
Entry Procedure	<ul style="list-style-type: none">• All entries must be submitted via Swimming/Natation Canada• Entries will be confirmed by e-mail.• Entries will be accepted on a first come first serve basis up to a limit of 250 swimmers• No entries will be accepted directly from Meet Management.
Age	Swimmers age is as of the October 22nd, 2016
Out of Province	All Clubs from outside of Ontario must provide a "Certificate of Insurance" naming the "City of Ottawa" and "Swim Ottawa" as insured parties. This must be received prior to meet. No Clubs will swim without proof of insurance. All Clubs must be FINA affiliated and provide swimmer registration numbers with entries. All Swim Ontario procedures with regards to out of province/country clubs will be followed.
Foreign Competitor	All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition.
Deck Entries	Deck entries will not be permitted.
Seeding	Events will be seeded slowest to fastest.
Scratches	Scratches are due 30 minutes prior to the session start to the Data/Meet Management. No substitutions will be allowed.
Awards	Boys / Girls 10-under, 11, 12 - Ribbons 1 st to 8 th Men / Women 13, 14, 15-over - 1 st , 2 nd & 3 rd Place High Point Awards (20pts 1st, 17pts 2nd, 16pts 3rd, descending to 1pt 16th)



Meet Operations

Final Results	Results will be uploaded to the Swimming/Natation Canada website (www.swimming.ca) within 48 hours of the completion of the meet.
During Meet Results	Results will be posted outside the Pool area during the meet.
Psych Sheets	Will be published before the meet.
Heat Sheets	Will be available for sale on the day of the meet.
Food	Hospitality will be available to the coaches and volunteers (in the officials and volunteers room). There is a canteen operated by the City of Ottawa.
Warm Up Procedures	The meet manager reserves the right to split warm up as required. Swimming/Natation Canada (SNC) warm up procedures will be in effect at this meet.
Coaches Meeting	There will be a meeting of all coaches with the Meet Manager and/or the Referee prior to the meet at the shallow end of the pool.
Coach Certification	Only certified, registered coaches from participating teams are permitted on deck. Verification must be confirmed by the Thursday prior to the meet. Meet management will cross reference the list of coaches in attendance at this competition with the Swim Ontario Compliancy lists . If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.
Official Splits	Meet Management acknowledges the Swim Ontario policy with banning the future use of split times as official times and requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question. In such a case, Meet Management and the Referee will undertake all appropriate steps as prescribed by their training to assure the quality and integrity of interval times. Any time collected according to this request will subsequently be recorded in a separate event of the appropriate distance and stroke created for such a purpose.
Heat Management	Meet Management reserves the right to swim the 400m freestyle two per lane if entries require it. Meet Management reserves the right to limit the number of entries to all events 400m and longer – 6 heats maximum (48 swimmers) of 400m will be swum.
Privacy & Recording of Event	Cameras and recording devices will not be allowed on deck, or in the vicinity of the locker room area at any time during the meet without prior approval from the Meet Manager and Referee. Only individuals that have made application and received authorization to record the event in any manner, in any medium or context now known or hereafter developed shall be granted access and permission to do so. Please contact Meet Manager for application and authorization.



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Safety & Liability	Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.
Swimming Canada Regulations	Mixed gender statement: Mixed Gender: The host seeks an exemption from the requirement to swim events in gender separated events due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.