



GO  ***Kingfish***

November Invitational

2016



Carling Animal Hospital November Invitational

- Sanction:** Swim Ontario, with all current Swim Natation Canada rules applying.
- Dates:** Nov 5-6, 2016
- Meet Manager:** Randy Byers, Tel: 613-371-1399, E-mail: meetmanager@gokingfish.ca
- Meet Referee:** Charles Montpetit – Level 5
- Meet package:** The only meet package which will be considered as valid must be the most current version found on www.swimming.ca.
- Location:** University of Ottawa Pool, Montpetit Hall, Ottawa, Ontario
- Facility:** The University of Ottawa Pool is an eight lane 50 M pool. This meet will be single ended and will be using the deep end. The shallow end will be available for continuous warm-up / cool down during the meet. There is a large spectator gallery for viewing.
- Meet format:** Short Course - Open/Timed Finals. All events will be swum Mixed Gender with results separated by gender and age groups.
- Mixed Gender:** GO Kingfish Meet Management seeks an exemption from the requirement to swim events in gender separated events, on the following basis:
Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender
- Meet Management recognizes the following Swim Canada rule:
Any swimmer who achieves a record time at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.
- Results will be posted separately by the gender of swimmers.
- Time Standards:** None
- Eligibility:** All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry.



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- Entries:** Entries will be accepted on a first come first serve basis. All entries must be in Hy-tek format and submitted through the SNC online entries system at www.swimming.ca. Entry times must be in short course format, entry times will not be converted. No entries will be accepted directly by meet management.
- Out of Province:** All Clubs from outside of Ontario must provide a "Certificate of Insurance" naming the "City of Ottawa", "University of Ottawa" and the "GO Kingfish Swim Club" as insured parties. This must be received prior to meet. No Clubs will swim without proof of insurance. All Clubs must be FINA affiliated and provide swimmer registration numbers with entries. All Swim Ontario procedures with regards to out of province/country clubs will be followed.
- Foreign Competitors:** All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.
All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.
- Age:** Swimmers age is as of the 5th of November, 2016 (the first day of the meet).
- Entry Deadline:** **Entry deadline is 10pm, Oct 28, 2016.**
- Cost:** Individual Events \$8.50
- Please enclose payment with your entries and make cheque payable to: "**Greater Ottawa Kingfish Swim Club**"
- Sessions:**
- | <u>Session</u> | <u>Age</u> | <u>Warm-up</u> | <u>Start</u> | <u>Events</u> |
|----------------|--------------|----------------|--------------|---------------|
| 1 Saturday | 12 and under | 7:30-8:10 AM | 8:15 AM | 01-08 |
| 2 Saturday | 13 and over | 12:30-1:10 PM | 1:15 PM | 09-16 |
| 3 Sunday | 12 and under | 7:30-8:10 AM | 8:15 AM | 17-24 |
| 4 Sunday | 13 and over | 12:30-1:10 PM | 1:15 PM | 25-32 |
- Events:** Swimmers may swim a maximum of **3 individual events per session** for a total of **6 events for the weekend**. The Meet Manager reserves the right to adjust events to ensure the session can be run on time. The 400 Free and/or 400 IM may be doubled up to allow the session to fall within the allowed timelines.
- Deck Entries:** Deck entries will not be allowed.
- Seeding:** Events will be seeded slowest to fastest.



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- Time Splits:** The procedure for obtaining an 'Official Split' now requires that coaches make the request to the session referee or meet management on the "Official Split Request" form prior to the race. The split for the lead-off leg in relays will still be regarded as an official split and therefore no request by coaches is needed for relays. However, in the new 'mixed gender' relays, lead-off times/splits are not considered "official splits" as per international practice.
Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.
- Scratches:** All scratches must be submitted to the Clerk of Course 30 minutes prior to the start of the session.
- Results:** Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca.
- Live Results:** Will be available on Meet Mobile and online on the GO Kingfish site.
- Psych Sheet:** Will be available on the GO Kingfish website.
- Awards:** Ribbons will be awarded: Individual 1st –8th,

Final results/awards will be divided into the following age groups for individual events:
- | | |
|--------------|---------------|
| 10 and under | Female & Male |
| 11/12 | Female & Male |
| 13/14 | Female & Male |
| 15/16 | Female & Male |
| 17 and over | Female & Male |
- Scoring:** Individuals points 9-7-6-5-4-3-2-1
- Officials and Volunteers:** It would be appreciated if visiting clubs could help out with the officiating of the meet. Please contact our officials contact for more detail.

Officials contact: officials@gokingfish.ca
- Warm up Procedures:** The meet manager reserves the right to split warm up as required. SNC warm up procedures will be in effect at this meet.



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Coach Registration:	Meet management will cross reference the list of coaches in attendance at this competition with the Swim Ontario Compliancy lists . If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.
Competition Rules:	<p>Sanctioned by Swim Ontario.</p> <p>All current Swimming/Natation Canada (SNC) rules will be followed.</p> <p>Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred. The full document can be viewed HERE.</p> <p>Only FINA approved swimwear is allowed in competition as per GR 5. The full details can be viewed HERE.</p>
Food:	A canteen will be open for swimmers and families to purchase items. Hospitality will be available to the coaches and volunteers (officials and volunteers room).
Safety & Liability:	Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.
Recording of Event:	Cameras and recording devices will not be allowed on deck, or in the vicinity of the locker room area at any time during the meet without prior approval from the Meet Manager and the Meet Referee. Team photographers must check in with the meet manager prior to the start of the session and obtain a photographer pass prior to being on deck.



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Saturday, November 5, 2016

Session 1

Warm ups: 7:30-8:10AM

Start Time: 8:15 AM

Event #	Event Description	Age
1	200 Free	12 and under
2	50 Back	12 and under
3	100 Fly	12 and under
4	200 Back	12 and under
5	100 Breast	12 and under
6	50 Free	12 and under
7	100 IM	12 and under
8	400 IM	12 and under

Session 2

Warm up: 12:30-1:10 PM

Start Time: 1:15 PM

Event #	Event Description	Age
9	200 Free	13 and over
10	50 Back	13 and over
11	100 Fly	13 and over
12	200 Back	13 and over
13	100 Breast	13 and over
14	50 Free	13 and over
15	100 IM	13 and over
16	400 IM	13 and over



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Sunday, November 6, 2016

Session 3

Warm up: 7:30-8:10 AM

Start Time: 8:15 AM

Event #	Event Description	Age
17	200 IM	12 and under
18	50 Fly	12 and under
19	200 Breast	12 and under
20	200 Fly	12 and under
21	100 Free	12 and under
22	50 Breast	12 and under
23	100 Back	12 and under
24	400 Free	12 and under

Session 4

Warm up: 12:30-1:10 PM

Start Time: 1:15 PM

Event #	Event Description	Age
25	200 IM	13 and over
26	50 Fly	13 and over
27	200 Breast	13 and over
28	200 Fly	13 and over
29	100 Free	13 and over
30	50 Breast	13 and over
31	100 Back	13 and over
32	400 Free	13 and over