



## Northern Alberta Provincials

February 25 to 26, 2017

### Purpose

A provincial short course racing opportunity for Alberta's age group swimmers.

Qualifying	March 1, 2016 to February 13, 2017
Entry Deadline *	February 13, 2017 11:59 pm MST
Scratch Deadlines	Swim Alberta Scratch Rule (Appendix A)
<b>* Withdrawals will not be refunded after the entry deadline</b>	

### Facility

Northern Alberta Institute of Technology (NAIT), 11762 106 Street NW, Edmonton, Alberta  
6 x 25 meter pool with warm-up and cool down space available

February 25	Session 1:	Warm-up: 7:30 AM / Start: 8:30 AM
February 25	Session 2:	Warm-up: 2:00 PM / Start: 3:00 PM
February 26	Session 3:	Warm-up: 7:30 AM / Start: 8:30 AM
February 26	Session 4:	Warm-up: 2:00 PM / Start: 3:00 PM

### Sanction

This meet is sanctioned by Swim Alberta.

### Rules

The meet will be conducted under published FINA and/or IPC rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

### Hosts

Swim Alberta and the Olympian Swim Club

Meet Manager	Joe Glamuzina	<a href="mailto:jglamuzina@shaw.ca">jglamuzina@shaw.ca</a>
Officials Chair	Sophie Jobin	<a href="mailto:officials@olympianswimclub.com">officials@olympianswimclub.com</a>
Swim Alberta	Kevin Dennis	780-415-1785 <a href="mailto:kevin@swimalberta.ca">kevin@swimalberta.ca</a>

## Eligibility

This meet is a closed invitational. Swimmers currently registered with a Swim Alberta affiliated year round club north of the 52<sup>nd</sup> parallel may enter. (north of Innisfail)

## Qualifying

Swimmers may qualify for the Northern Alberta Provincials by achieving one of the Alberta Provincial time standards within the qualifying period. Time standards are available on [www.swimalberta.ca](http://www.swimalberta.ca). Para swimmers who meet the individual age categories and who have achieved one of the provincial para swimming time standards may attend.

## Entries

Swimmers who have qualified in one (1) event may enter up to a maximum of eight (8) individual events. Swimmers may enter any 50m, 100m or 200m event. Events 400m or longer require the provincial time standard to enter and are only open to females age 11-13 and males age 12-14. Entries must be submitted online at [www.swimming.ca](http://www.swimming.ca). Deck entries will not be permitted.

## Entry Fees payable to Swim Alberta.

Entry Fees are \$10.00 per individual event and \$15.00 per relay event. Entry fees include Olympic Bonus and are refundable prior to the entry deadline. Entry fees must be paid prior to the start of the competition.

## Entry Rules

Entries must be submitted using the athletes best Long Course or Short Course time. Meet Management will convert entry times for seeding. No-Time (NT) entries will not be accepted, coaches must submit estimated times. Estimated times will not supersede any proven time in the fastest heat of a Timed Final Event.

Late entries of pre-qualified swimmers will be subject to a \$50.00 fine per swimmer payable to Swim Alberta prior to the start of the competition.

Any club submitting entries for non-qualified athletes will be subject to a \$100.00 fine per non-qualified athlete payable to Swim Alberta.

## Scratches

The Swim Alberta Scratch Rule will be in effect for this competition. (See appendix A)

## Format

Individual Categories

Female: 10 & Under, 11, 12, 13

Male: 11 & Under, 12, 13, 14

Relay Categories

Female: 11 & Under, 13 & Under

Male: 12 & Under, 14 & Under

Mixed: 12 & Under, 14 & Under

## Seeding

All events will be seeded by age category, fast to slow and will be swum as time final. Events may be swum with combined age categories at the discretion of Swim Alberta and the meet manager.

The 800 freestyle may be seeded with two swimmers per lane at the discretion of Swim Alberta and the meet manager.

The 400 freestyle, 800 freestyle and 400 IM require positive check-in. Positive check-in deadlines are listed below.

## Check-in

800 Free (Male)	Feb 25	8:30 am
400 Free	Feb 25	3:00 pm
800 Free (Female)	Feb 26	8:30 am
400 IM	Feb 26	3:00 pm

## Relays

Relays will follow rules under CSWAG 1.1.7 and SNC 2.3 in the Swimming Canada rulebook. 'Relay Only' swimmers are permitted as per SNC 2.3. 'Relay Only' entries must be done using Hy-Tek and Swim Alberta notified when entries are submitted.

Individual names must be submitted to the Clerk of Course 30 minutes prior to the start of the session in which the relay event is scheduled.

Name changes must be provided to the Clerk of Course 30 minutes prior to the start of the first relay event, regardless of which age or gender the team is entered in.

### **Awards**

#### **Individual Events**

Medals will be awarded to the top three swimmers in each event. Ribbons will be awarded to swimmers ranking fourth to eight place.

#### **Relay Events**

Medals will be awarded to the top three teams in each event.

#### **Aggregate Awards**

The highest point total in each aggregate category will win an award. Scoring will be 1<sup>st</sup> = 5 points / 2<sup>nd</sup> = 3 points / 3<sup>rd</sup> = 1 point. The aggregate events for each award are listed below.

4x50 Champ (50 of each stroke)

4x100 Champ (100 of each stroke)

4x200 Champ (200 of each stroke)

All-Round Champ\* (200 IM, 400 IM, 400 Free, 800 Free)

\*The All-Round Champ award is only available for the female 11,12,13 and male 12,13,14 age groups.

#### **Draw Prizes**

Each heat winner will be eligible for a draw prize. Draw prizes will be selected prior to the start of the last session.

### **Time Trials**

Swim Alberta and meet management must both approve a time trial, which will only be held in exceptional circumstances.

### **Proof of Time**

Swim Alberta may request proof of time for any entry. Clubs will have 48 hours to provide proof of time. Clubs unable to prove an entry time will be seeded as No Time (NT) and seeded last.

### **Official Splits**

Must be requested prior to the start of the session. Coaches may be required to supply timers for Official Split requests.

### **Psych Sheets**

To be published Tuesday prior to the meet. Changes will not be permitted once the psych sheet is published.

### **Accreditation**

Clubs will be provided one accreditation per swimmer registered in the competition. Clubs will receive one coach accreditation per 10 swimmers entered. Additional coach accreditations must be requested prior to the competition.

### **Media**

Club photographers are not permitted.

Saturday February 25	
<p><b>Session 1</b>  Warm-up: 7:30 am  Start: 8:30 am</p> <p>100 Freestyle  200 IM  200 Butterfly  50 Backstroke  4x50 Freestyle Relay (Female/Male)  800 Freestyle (Male)</p>	<p><b>Session 2</b>  Warm-up: 2:00 pm  Start: 3:00 pm</p> <p>4x50 Freestyle Relay (Mixed)  100 Backstroke  50 Breaststroke  100 Butterfly  400 Freestyle</p>
Sunday February 26	
<p><b>Session 3</b>  Warm-up: 7:30 am  Start: 8:30 am</p> <p>200 Backstroke  50 Freestyle  200 Breaststroke  4x50 Medley Relay (Female/Male)  800 Freestyle (Female)</p>	<p><b>Session 4</b>  Warm-up: 2:00 pm  Start: 3:00 pm</p> <p>4x50 Medley Relay (Mixed)  100 Breaststroke  200 Freestyle  50 Butterfly  400 IM</p>

**Swim Alberta Sponsor Hotels** - Request the Swim Alberta Rate when booking

**Coast Edmonton Plaza**

10155 105 Street, Edmonton, AB, T5J 1E2  
800-716-6199



**Courtyard Marriott**

One Thornton Court, 99 Street & Jasper Avenue  
Edmonton, AB, T5J 2E7  
866-441-7591



**MacEwan University Residence**

11050 – 104 Ave NW  
Edmonton, AB, T5K 2Y9  
780-633-3623  
[stay@macewan.ca](mailto:stay@macewan.ca)



## Appendix A

Alberta provincial meets will use the Swim Alberta Scratch Rule.

[http://www.swimalberta.ca/images/stories/documents/swim\\_alberta\\_scratch\\_rule.pdf](http://www.swimalberta.ca/images/stories/documents/swim_alberta_scratch_rule.pdf)

### SWIM ALBERTA SCRATCH RULE

#### Heats & Final Meets and Provincial Competitions

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Clerk of Course according to the information detailed below:

#### *Scratch Deadline and Penalties for Preliminaries:*

- Scratches are to be submitted to the Clerk of Course by the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the preliminary session can be seeded.
- Late Scratches may be received by the Clerk of Course 30 minutes prior to the start of each session. No re-seeding will occur, without the approval of the referee.
- There will be no penalty for scratching from preliminary events. No-shows, step-downs, and unexcused incomplete swims will have no penalty assessed.

#### *Scratch Deadline for Time Final Events (including relays):*

- Scratches are to be submitted to the Clerk of Course by the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the session can be seeded.
- Late Scratches may be received by the Clerk of Course 30 minutes prior to the start of each session in which a Time Final Event is scheduled. No re-seeding will occur, without the approval of the referee.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining events, including relays, scheduled for that day.

#### *Scratch Deadline for Time Final Events utilizing Positive Check-in*

- The deadline for Positive Check-in shall be clearly communicated in the meet package and communicated to coaches at the technical meeting.
- Failure to check-in by the deadline will be deemed a scratch and the swimmer will be removed from the event. There is no penalty for swimmers who fail to check-in.
- Once checked-in a swimmer is not entitled to scratch from the event. No-shows, step-downs and unexcused incomplete swims will result in the swimmer being scratched from all remaining events, including relays, scheduled for that day.

*Scratch Deadline and Penalties for Finals:*

- Scratches are to be submitted to the Clerk of Course 30 minutes after conclusion of the preliminary session. The conclusion of the preliminary session will be the completion of the final race of the session or when the 800/1500 are the last events of the session, the scratch deadline shall be 30 minutes after the completion of the last race immediately preceding the start of the 800/1500.
- The Late Scratch Deadline shall be 30 minutes prior to the start of the finals session. However, there shall be no re-seeding to include scratches made after the initial scratch deadline.
- The Late Scratch Deadline only applies if the coach of the late scratch swimmer notifies the referee and the coach of the alternate. The alternate is under no obligation to swim. Should the alternate decline to swim the coach of the late scratch swimmer must contact the coach of the 2nd alternate.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining events, including relays, scheduled for that day.
- Although alternates are not required to swim, all swimmers not intending to swim finals should scratch by the scratch deadline. This will ensure that those swimmers, who would be intent on swimming in a final and qualify, would be provided the opportunity.

**Name Change Deadlines for Relays**

Individual names for relays must be submitted to the Clerk of Course 30 minutes prior to the start of the session in which the relay event is scheduled.

Any changes in relays names must be provided to the Clerk of Course 30 minutes prior to the start of the first relay event, regardless of which age or gender event the team is entered in.