



Name of Meet: UCSC Fall Start Up  
Hosted by: University of Calgary Swim Club  
Date of Meet: Sat, October 15, 2016  
Entry Deadline: Mon, October 3, 2016 @ 5:00 pm  
Sanctioned by: Swim Alberta

[www.calgaryswimming.com](http://www.calgaryswimming.com)

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### Facility and Location:

Talisman Centre – 2225 Macleod Trail South, Calgary, AB  
2 – 25 meter 8 lane pools. Electronic timing will be used.

### Sessions:

Saturday, October 15, 2016

North Pool			South Pool		
#1:	Warm-up:	7:30 – 8:20am	#2:	Warm-up:	7:30 – 8:20am
	Start:	8:30am		Start:	8:30am
#3:	Warm-up:	3:00 – 3:50pm	#4:	Warm-up:	3:00 – 3:50pm
	Start:	4:00pm		Start:	4:00pm

### Meet Rules:

The meet will be conducted under published FINA and/or IPC rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

### Meet Format:

All events are Timed Final. Meet Management reserves the right to make changes. Coaches will be advised of changes prior to the start of the meet. UCSC reserves the right to enter athletes that do not meet qualifications.

### Eligibility:

All swimmers registered with SNC or members of associations affiliated with FINA are eligible.

### Age Groups:

Girls: 10&U, 11-12, 13-14, 15&O

Boys: 11&U, 12-13, 14-15, 16&O

### Qualifying Times:

Note a: 11 – 14 year old girls and 12 – 15 year old boys must have a Provincial standard in either the 400 Free or 200 IM for their respective ages to enter the meet. There is no qualifying time for 15 and over.

Note b: Any 10 and under girl who has an 11 year old Provincial standard or 11 and under boy who has a 12 year old Provincial standard in the 400 Free or 200 IM may enter the events in the afternoon sessions. UCSC reserves the right to enter non-qualifying swimmers.

Note c: 10 and under girls and 11 and under boys must meet the qualifying times listed in the notes area of the schedule of events.



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### Entries:

Entries are to be submitted using Hy-Tek. Hy-Tek files are to be uploaded online at [swimming.ca](http://swimming.ca). Time of receipt of uploaded entries will be considered as the date and time on the notification email sent to the meet manager through the SNC site.

Deck entries will be permitted under the following circumstances:

1. No new heats will be created to accommodate a deck entry
2. Approval of the meet manager
3. Swimmers will be charged a rate of \$15.00 per event, payable upon entry being confirmed.

Entry times are required for all entries to facilitate timing of the meet by the meet manager. An entry of NT will not be accepted.

### Entry Fee:

\$7.50 per individual event and \$12 per relay

**Maximum of 6 events per swimmer for the meet. Maximum of 3 events per session.**

### Entry Deadline:

Entries are due on or before Monday, October 3, 2016 at 5:00 pm. Entry Fees are due on or before Saturday, October 8<sup>th</sup>, 2016. Entry fees not received within five days of the entry deadline may result in those entries being declined. Cheques to be made payable to University of Calgary Swim Club and sent to:

Martina Brill  
c/o University of Calgary Swim Club  
KNA 253, 2500 University Drive NW  
Calgary, Alberta T2N 1N4

### Scratches:

The Swim Alberta scratch rule will be in effect for this competition.

A scratch sheet, complete with the name of the club, the name of the swimmer and the event numbers(s), must be handed to the Clerk of Course no later than 30 minutes before the start of each session.

Scratches can also be sent to the Meet Manager up till 5 pm on October 13<sup>th</sup>, 2016 by emailing [mlbrill@telus.net](mailto:mlbrill@telus.net). No refunds will be issued for scratches received after the entry deadline – however all notifications of scratches help to optimize timeouts.

### Relay Name Changes:

Relay name changes must be provided, for all relays in a given session, 60 minutes prior to the start of the first relay event in that session.

### Seeding:

All events will be seeded slowest to fastest.



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### Results:

Results will be posted on the SNC site – [www.swimming.ca](http://www.swimming.ca).

### Psych Sheets:

Psych sheets will be available prior to the meet and will be posted on the University of Calgary Swim Club website: [www.calgaryswimming.com](http://www.calgaryswimming.com)

### Coaches Meeting:

If required, a coaches meeting may be held on October 15<sup>th</sup>, 2016 at 7:45 am outside the official/hospitality room. Otherwise, notices pertaining to the meet will be placed in each clubs' hanging folders in the official/hospitality room.

### For more information please contact:

Martina Brill  
Meet Manager  
Email: [mlbrill@telus.net](mailto:mlbrill@telus.net)

### Event Qualification Notes:

- a 11 – 14 year old girls and 12-15 year old boys must have achieved a Provincial standard in either the 400 Free or 200 IM for their respective ages.
- b Any 10 and under girl who has an 11 year old Provincial standard in either the 400 Free or 200 IM may enter the 12 and under events in the PM session. Any 11 and under boy who has a 12 year old Provincial standard in either the 400 Free or 200 IM may enter the 13 and under events in the PM session
- c 10 & Under girls and 11 and under boys must meet these qualifying times to enter these events

EVENT	Girls	Boys
50 Back	57:00	57:00
50 Breast	1:07.00	1:07.00
50 Fly	1:00.00	1:00.00
50 Free	50:00	50:00
100 IM	2:00.00	2:00.00



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## Schedule of Events:

### SATURDAY MORNING

WARM-UP: 7:30 AM / START 8:30 AM

#### SESSION 1 (North Pool)

<u>GIRLS</u>	<u>QUALIFYING NOTES</u>	<u>AGE</u>	<u>EVENT</u>
1	c	10 & Under	50 Back
3	a	11 & Over	100 Back
5	a, c	Open	50 Breast
7	c	10 & Under	50 Fly
9	a	11 & Over	100 Fly
11	c	10 & Under	50 Free
13	a	11 & Over	100 Free
15	a, c	Open	100 IM
17		10 & Under	4X50 FR Relay

#### SESSION 2 (South Pool)

<u>QUALIFYING NOTES</u>	<u>BOYS</u>	<u>AGE</u>
c	2	11 & Under
a	4	12 & Over
a, c	6	Open
c	8	11 & Under
a	10	12 & Over
c	12	11 & Under
a	14	12 & Over
a, c	16	Open
	18	11 & Under

### SATURDAY AFTERNOON

WARM-UP: 3:00 PM / START 4:00 PM

#### SESSION 3 (South Pool)

<u>GIRLS</u>	<u>QUALIFYING NOTES</u>	<u>AGE</u>	<u>EVENT</u>
19	a, b	Open	200 Free
21	a, b	Open	50 Back
23	a, b	Open	100 Breast
25	a, b	Open	50 Fly
27		12 & under	4x50 FR Relay
29		13 & 14	4x50 FR Relay
31		15 & over	4X50 FR Relay

#### SESSION 4 (North Pool)

<u>QUALIFYING NOTES</u>	<u>BOYS</u>	<u>AGE</u>
a, b	20	Open
a, b	22	Open
a, b	24	Open
a, b	26	Open
	28	13 & under
	30	14 & 15
	32	16 & over