



Name of Meet: UCSC Distance & IM Challenge
Hosted by: University of Calgary Swim Club
Date of Meet: Fri - Sun, Nov 25 - 27, 2016
Entry Deadline: Monday, Nov 14, 2016 @ 5:00 pm
Sanctioned by: Swim Alberta

www.calgaryswimming.com

Facility and Location:

University of Calgary Aquatic Centre, Calgary, AB

1 – 25 metre 8 lane short course pool, 1 – 25 meter warm-up/cool down pool.

Electronic timing will be used.

Sessions:

#1: Fri Nov 25th All Ages

Warm-up: 4:00pm – 4:50pm
Start: 5:00pm

#4 Sun Nov 27th Boys 13&U - Girls 12&U

Warm-up: 7:30 am – 8:20 am
Start: 8:30 am

#2: Sat Nov 26th Boys 13&U - Girls 12&U

Warm-up: 8:00am – 8:50am
Start: 9:00am

#5 Sun Nov 27th Boys 14&O - Girls 13&O

Warm-up: 2:00pm – 2:50pm
Start: 3:00pm

#3: Sat Nov 26th Boys 14&O - Girls 13&O

Warm-up: 2:00pm – 2:50pm
Start: 3:00pm

Meet Rules:

Approved by Swim Alberta. All current Swimming/Nation Canada (SNC) rules will be followed. SNC warm-up procedures will be in effect.

Eligibility:

All swimmers registered with SNC or members of associations affiliated with FINA are eligible.

Qualifying Times:

There are no qualifying standards for this meet. The suggested standard for the 400m, 800m, 1500m Freestyles are below. Coaches should use discretion when entering swimmers into these events and should have an expectation that the swimmers are capable of achieving these minimums.

	Women				MEN			
	10&U	11-12	13-14	15&O	11&U	12-13	14-15	16&O
400 Free	8:00.00	7:00.00	6:00.00	5:30.00	8:00.00	7:00.00	6:00.00	5:30.00
800 Free	14:00.00	13:00.00	12:00.00	11:00.00	13:30.00	12:30.00	11:30.00	10:30.00
1500 Free	23:00.00	22:00.00	21:00.00	20:00.00	23:00.00	22:00.00	21:00.00	20:00.00

Age Groups:

Girls: 10 & Under, 11-12, 13-14, 15 & Over.

Boys: 11 & Under, 12-13, 14-15, 16 & Over.



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Entries:

Entries are to be submitted using Hy-Tek. Hy-Tek files are to be uploaded online at www.swimming.ca. Time of receipt of uploaded entries will be considered as the date and time on the notification email sent to the meet manager through the SNC site.

Deck entries will be permitted under the following circumstances:

1. No new heats will be created to accommodate a deck entry.
2. Approval of the meet manager.
3. Swimmers will be charged a rate of \$15 per event, payable upon entry being confirmed.
4. All deck entries will be classified as "exhibition" and will not be eligible for Scoring.

Entry times are required for all entries to facilitate timing of the meet by the meet manager. An entry of NT will not be accepted.

Entry Fee:

All events - \$7.50 per individual entry

Entry Deadline:

Entries and entry fees are due on or before Monday, November 14th, 2016 at 5:00 pm. Cheques to be made payable to University of Calgary Swim Club and sent to:

Kevin Wigginton c/o University of Calgary Swim Club
KNA 253, 2500 University Drive NW, Calgary, Alberta, T2N 1N4

Meet Format:

Maximum 7 total events for the meet. Maximum 1 event for session 1 (can swim only one of the 800/1500 free). Maximum 3 events per session on Saturday and Sunday.

Distance Events (800/1500): **Positive check-in is required for the 800 and 1500 free by 3:30pm on Friday Nov 25th.** Meet management reserves the right to mix genders and/or to double-lane heats for the 800/1500 Freestyle events.

Meet Management reserves the right to limit enrollment to the first 400 swimmers, alter, revise, or otherwise modify the program. Coaches will be informed of changes prior to the start of the meet.

Scratches:

No refunds will be issued for scratches received after the entry deadline. For optimal timeouts of the meet, scratches can be sent to the Entries prime up till 5pm on Wednesday, November 23rd 2016 at kev.wigginton@gmail.com. Any scratches after that date must be submitted to the Clerk of Course 30 minutes prior to the start of each session by submitting a scratch sheet, complete with the name of the club, the name of the swimmer and the event numbers(s).



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Seeding:

All events will be senior seeded Fastest to Slowest. The 800/1500 Free will swim Fastest to Slowest alternating heats of 800 and 1500 Free.

Awards:

Girls: 10&Under, 11-12; and Boys 11&Under, 12-13: Ribbons will be awarded for individual events for 1st to 8th places in all events.

Girls 13-14, 15&Over and Boys 14-15, 16&Over: For the 200m (or greater) events only - scoring will be 3-2-1 (1st-2nd-3rd). This will give the athlete the corresponding number of entries into a draw for multiple Team Aquatic gift certificates (ie. a win in a 200m event will give that swimmer 3 'entries' into the draw, 2nd will be 2 and 3rd will be 1). At the end of the competition we will draw names (3 for each age group/gender) for the Team Aquatic gift certificates.

Results:

Official results will be posted on the SNC site – www.swimming.ca. Unofficial results will be shared via Meet Mobile, and posted on the University of Calgary Swim Club website: www.calgaryswimming.com.

Psych Sheets:

Psych sheets will be available prior to the meet and will be posted on the University of Calgary Swim Club website: www.calgaryswimming.com

Heat Sheets:

Heat sheets will be made available via Meet Mobile as well as being posted on the University of Calgary Swim Club website: www.calgaryswimming.com prior to each session. We will also post a hard copy in the viewing area for those who don't have access to Meet Mobile or the UCSC website. **Heat sheets will not be available for sale.** Officials and coaches will still be provided with heat sheets prior to the start of each session.

Coaches Meeting:

If required, a coaches meeting may be held on Friday November 25th at 4:15pm outside the official/hospitality room. Otherwise, notices pertaining to the meet will be placed in each clubs' hanging folders in the official/hospitality room.

For more information please contact:

Kevin Wigginton
Meet Manager
Email: kev.wigginton@gmail.com



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Schedule of Events:

SESSION 1 (Friday): WARM-UP 4:00 – 4:50 pm; START 5:00 pm

<u>EV#</u>	<u>AGE</u>	<u>EVENT</u>	<u>GENDER</u>
1	All Ages	800 Free	Mixed
2	All Ages	1500 Free	Mixed

SESSION 2 (Saturday): WARM-UP 8:00 – 8:50 am; START 9:00 am

<u>GIRLS</u>	<u>AGE</u>	<u>EVENT</u>	<u>BOYS</u>
3	B13&U - G12&U	400 IM	4
5	B13&U - G12&U	50 Back	6
7	B13&U - G12&U	200 Free	8
9	B13&U - G12&U	50 Free	10
11	B13&U - G12&U	100 Fly	12
13	B13&U - G12&U	200 IM	14

SESSION 3 (Saturday): WARM-UP 2:00 – 2:50 pm; START 3:00 pm

<u>GIRLS</u>	<u>AGE</u>	<u>EVENT</u>	<u>BOYS</u>
15	B14&O - G13&O	400 IM	16
17	B14&O - G13&O	50 Back	18
19	B14&O - G13&O	200 Free	20
21	B14&O - G13&O	50 Free	22
23	B14&O - G13&O	200 Fly	24
25	B14&O - G13&O	100 IM	26



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SESSION 4 (Sunday): WARM-UP 7:30 – 8:20 am START 8:30 am

<u>GIRLS</u>	<u>AGE</u>	<u>EVENT</u>	<u>BOYS</u>
27	B13&U - G12&U	400 Free	28
29	B13&U - G12&U	50 Breast	30
31	B13&U - G12&U	200 Back	32
33	B13&U - G12&U	50 Fly	34
35	B13&U - G12&U	200 Breast	36
37	B13&U - G12&U	100 IM	38

SESSION 5 (Sunday): WARM-UP 2:00 – 2:50 pm; START 3:00 pm

<u>GIRLS</u>	<u>AGE</u>	<u>EVENT</u>	<u>BOYS</u>
39	B14&O - G13&O	400 Free	40
41	B14&O - G13&O	50 Breast	42
43	B14&O - G13&O	200 Back	44
45	B14&O - G13&O	50 Fly	46
47	B14&O - G13&O	200 Breast	48
49	B14&O - G13&O	200 IM	50