



FALL Spooktacular

2015



Sanction: Swim Ontario, with all current Swim Natation Canada rules applying.

Dates: Oct 31 – Nov 1, 2015

Meet Manager: Randy Byers, Tel: 613-371-1399, E-mail: meetmanager@gokingfish.ca

Meet Referee: Charles Montpetit – Level 5

Meet package: The only meet package which will be considered as valid must be the most current version found on

https://www.swimming.ca/en/events-results/live-upcoming-meets/.

Location: University of Ottawa Pool, Montpetit Hall, Ottawa, Ontario

Facility: The University of Ottawa Pool is an eight lane 50 M pool. This meet will be single ended and will be

using the deep end. The shallow end will be available for continuous warm-up / cool down during

the meet. There is a large spectator gallery for viewing.

Meet format: Short Course - Open/Timed Finals. All events will be swum Mixed Gender with results separated by

gender and age groups.

Mixed Gender: GO Kingfish Meet Management seeks an exemption from the requirement to swim events in gender

separated events, on the following basis:

Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on

an equitable basis for swimmers of each gender

Meet Management recognizes the following Swim Canada rule:

Any swimmer who achieves a record time at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

Results will be posted separately by the gender of swimmers.

Time Standards: None

Eligibility: Entry is restricted to swimmers registered with Swim Natation Canada who have registered for the

2015-2016 season. Swimmers ID numbers must accompany entries.



Entries:

Entries will be accepted on a first come first serve basis. All entries must be in Hy-tek format and submitted via https://www.swimming.ca/en/events-results/live-upcoming-meets/. Entry times must be in short course format, entry times will not be converted. No entries will be accepted directly by meet management.

Meet Management reserves the right to delete swimmers from an entry or results file for incorrect or absent 9 digit ID numbers and/or correct date of birth. Only swimmers (includes age group and all university athletes) with valid Swimming Canada identification numbers will be considered for acceptance in the meet *and where applicable*. Foreign swimmers will be exempt from this requirement.

Out of Province

All Clubs from outside of Ontario must provide a "Certificate of Insurance" naming the "City of Ottawa", "University of Ottawa" and the "GO Kingfish Swim Club" as insured parties. This must be received prior to meet. No Clubs will swim without proof of insurance. All Clubs must be FINA affiliated and provide swimmer registration numbers with entries. All Swim Ontario procedures with regards to out of province/country clubs will be followed.

Age: Swimmers age is as of the 31st of October, 2015 (the first day of the meet).

Entry Deadline: Entry deadline is 10pm, Oct 23, 2015.

Cost: Individual Events \$8.50

Please enclose payment with your entries and make cheque payable to: "Greater Ottawa Kingfish Swim Club"

Sessions:	<u>Session</u>	<u>Age</u>	Warm-up	<u>Start</u>	Events
	1 Saturday	12 and under	7:30-8:10 AM	8:15 AM	01-08
	2 Saturday	13 and over	12:30-1:10 PM	1:15 PM	09-16
	3 Sunday	12 and under	7:30-8:10 AM	8:15 AM	17-24
	4 Sunday	13 and over	12:30-1:10 PM	1:15 PM	25-32

Events: Swimmers may swim a maximum of 3 individual events per session for a total of 6 events for the

weekend. The Meet Manager reserves the right to adjust events to ensure the session can be run on time. The 400 Free and/or 400 IM may be doubled up to allow the session to fall within the

allowed timelines.

Deck Entries Deck entries will not be allowed.

Seeding: Events will be seeded slowest to fastest.



Official Splits: Meet Management acknowledged the SO policy with banning the future use of split times as official

times and requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question. In such a case, Meet Management and the Referee will undertake all appropriate steps as prescribed by their training to assure the quality and integrity of

interval times. Any time collected according to this request will subsequently be recorded in a

separate event of the appropriate distance and stroke created for such a purpose.

Scratches: All scratches must be submitted to the Clerk of Course 30 minutes prior to the start of the session.

Results: Results will be uploaded to the SNC site within 2 days of finish of meet.

Live Results Will be available on Meet Mobile and online on the GO Kingfish site.

Psych Sheet: Will be available on the GO Kingfish website.

Awards: Ribbons will be awarded: Individual 1st –8th,

Final results/awards will be divided into the following age groups for individual events:

10 and under Female & Male 11/12 Female & Male 13/14 Female & Male 15/16 Female & Male 17 and over Female & Male

Scoring: Individuals points 9-7-6-5-4-3-2-1

Officials and

It would be appreciated if visiting clubs could help out with the officiating of the

Volunteers: meet. Please contact our officials contact for more detail.

Officials contact: John Pezacki officials@gokingfish.ca

Warm up Procedures: The meet manager reserves the right to split warm up as required. SNC warm up

procedures will be in effect at this meet.

Coaches There will be a meeting of all coaches with the Meet Manager and/or the

Meeting: Referee Saturday at 7:45AM at the shallow end of the pool.



Coach Only certified, registered coaches from participating teams are permitted on

Certification: deck.

Food: A canteen will be open for swimmers and families to purchase items. Hospitality will be available to

the coaches and volunteers (officials and volunteers room).

Privacy: Cameras and recording devices will not be allowed on deck, or in the vicinity of the locker room

area at any time during the meet without prior approval from the Meet Manager and the Meet Referee. Team photographers must check in with the meet manager prior to the start of the session

and obtain a photographer pass prior to being on deck.



Saturday, October 31, 2015

Session 1

Warm ups: 7:30-8:10AM Start Time: 8:15 AM

Event #	Event Description	Age
1	200 Free	12 and under
2	50 Back	12 and under
3	100 Fly	12 and under
4	200 Back	12 and under
5	100 Breast	12 and under
6	50 Free	12 and under
7	100 IM	12 and under
8	400 IM	12 and under

Session 2

Warm up: 12:30-1:10 PM Start Time: 1:15 PM

Event #	Event Description	Age
9	200 Free	13 and over
10	50 Back	13 and over
11	100 Fly	13 and over
12	200 Back	13 and over
13	100 Breast	13 and over
14	50 Free	13 and over
15	100 IM	13 and over
16	400 IM	13 and over



Sunday, November 1, 2015

Session 3

Warm up: 7:30-8:10 AM Start Time: 8:15 AM

Event #	Event Description	Age
17	200 IM	12 and under
18	50 Fly	12 and under
19	200 Breast	12 and under
20	200 Fly	12 and under
21	100 Free	12 and under
22	50 Breast	12 and under
23	100 Back	12 and under
24	400 Free	12 and under

Session 4

Warm up: 12:30-1:10 PM Start Time: 1:15 PM

Event #	Event Description	Age	
25	200 IM	13 and over	
26	50 Fly	13 and over	
27	200 Breast	13 and over	
28	200 Fly	13 and over	
29	100 Free	13 and over	
30	50 Breast	13 and over	
31	100 Back	13 and over	
32	400 Free	13 and over	



Meet Management for all sanctioned Canadian swimming competition must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

COMPETITION WARM-UP SAFETY PROCEDURES

GENERAL WARM-UP:

- Swimmers must enter the water **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool tank are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated either in pre-competition handout, announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes.
- Only one-way swimming from the start end of sprint lanes is permitted.
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the scheduled warm-up time.
- Meet Management may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. Coaches are responsible for equipment reliability and use.
- Hand paddles, drag chutes, and flippers / fins are not permitted during any warm-up at any time.

VIOLATIONS:

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion will be removed without warning from their first event following the warm-up period in which the violation occurred.
- In the case of a second offense during the same competition the swimmer will be removed from the competition in its entirety. A provincial disciplinary action or report may be filed.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest
- Be situated at each end of the competition tank and when applicable, similarly situated in designated warm-up tanks when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

"SWIMMING CANADA WARM-UP COMPETITION SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."



SWIMWEAR RULE

Effective September 1, 2009, all swimwear worn in swimming competitions sanctioned under the authority of Swimming Canada must conform to the January 1, 2010 FINA swimwear approval guidelines as listed below.

MATERIAL – The material of swimwear will definitively be constituted only by textile fabric(s). The FINA definition of "textile" currently is: "Material consisting of, natural and/or synthetic, individual and non-consolidated yarns used to constitute a fabric by weaving, knitting, and/or braiding."

SHAPE – MEN: swimwear shall not extend above the navel or below the knee.

SHAPE – WOMEN: swimwear shall not cover the neck, extend past the shoulder, nor extend below knee. No zippers or other fastening system is allowed.

USE – Swimmers shall wear only one swimsuit, taping is not permitted.

CONSISTENCY – Swimwear effectively manufactured and used shall correspond to and be fully consistent with FINA approved samples. Any modification before use (including impregnation) is prohibited. Moreover, there shall be no variation/modification for individual swimmers