



12th Annual OSC JP Fiset International

December 10-13, 2015

Kinsmen Sports Centre, 9100 Walterdale Hill, Edmonton, Alberta, Canada

REAL-TIME RESULTS: www.olympianswimclub.com



DATES Entry deadline: Monday, November 30, 2015
Scratch deadline: Thursday, December 3, 2015
Fees Due: Thursday, December 10, 2015 – by start of session

CONTACTS Meet Manager: Joe Glamuzina – jpfiset@olympianswimclub.com
Club Contact: 780-455-8457
Officials Chair: Sophie Jobin - officials@olympianswimclub.com
Entries: Scott Flowers & Chris Wu – entries@olympianswimclub.com
Advisory Referee: Jennifer Flowers – jfinsynch@crankv.ca

FACILITY Two 8 lane 25m race pools (prelims in two pools, finals in one pool)
Free parking – no buses or motor homes in parking lot
Lockers – coin operated and lockable with personal locks
Food Venue on site and vending machines

SANCTION Sanctioned by Swim Alberta – Sanction # pending

SCHEDULE	Warm Up / Start Time		PRELIMS		FINALS	
	Thursday, December 10				3:00pm	4:00pm
	Friday, December 11		7:30am	8:30am	4:30pm	5:30pm
	Saturday, December 12		7:30am	8:30am	4:30pm	5:30pm
	Sunday, December 13		7:30am	8:30am	2:30pm	3:30pm

ENTRIES Entries and scratches must be done on-line at www.swimming.ca
Scratches will ONLY be accepted on-line
Questions regarding entries can be sent to entries@olympianswimclub.com

ENTRY FEES

- Timed Final events: \$7.50
- Prelim/Final events: \$9.00
- Timed Final Relay: \$9.25
- Deck Entries: Double original Fee
- Entry fees are due by the start of the first session
- Entry fees are payable to Olympian Swim Club: 21 Airport Road, Edmonton, AB, T5G 0W6
- Entry fees are non-refundable after the scratch deadline except with a medical note

ENTRY RULES

- The meet will be limited to 4550 splashes
- No-time (NT) entries will not be accepted
- Swimmer age is determined as of December 10, 2015
- Swimmers must be registered with SNC or other FINA related organizations
- Swimmers must qualify for each event entered - Please refer to the Meet Entry Standards
- Unproven times will result in the swimmer's removal from the event
- Proof of time reports may be requested by meet management
- Para swimmers may enter without meeting the qualifying standards
- OSC swimmers will not be subject to Meet Entry Standards
- Deck entries will be EXHIBITION only and accepted only if the entry does not create a new heat
- The meet manager reserves the right to limit entries, double-lane and re-schedule slower heats
- International swimmers with a minimum of two qualifying times will be allowed seven individual events at the discretion of the Meet Manager

OFFICIAL SPLITS

- Must be requested prior to the start of the session, coaches may be required to supply timers

CATEGORIES

FEMALES	MALES
12 and under	12 and under
13 to 14	13 to 14
15 and over	15 and over

FORMAT

- The meet shall follow Swim Alberta/SNC/FINA rules including all changes effective by the start date Swimming Canada warm-up procedures will be in effect
- Preliminary events will be senior seeded
 - Finals: A-final for all age groups
B finals for 13-14 and 15&O if there are more than 24 entries in the event
A-final will swim first, followed by the B-final
All female finals will swim first, followed by the male finals
400m events will have an A-final only
Notice of the final qualifiers will be posted on the OSC website as soon as possible following the morning session
 - Distance: Female 800m and Male 1500m Freestyle are timed finals, senior seeded and fastest to slowest. Females will swim in the east pool, Males will swim in the west pool – slower heats from one pool may be moved to the other pool to balance out the timeout of the session
Maximum 80 entries per event with guaranteed top 16 entries for 12 and under and 13-14 age groups.
Positive check in for 800's and 1500's will be due 30 minutes after the start of warm-up
Positive check in for 400's will be at the start of the session
 - Relays: Maximum of 4 relays per team per age group and gender
All relays will be swum during the finals session
Individual names for relays must be submitted to the clerk by the end of the morning session of the day the relay is swum – name changes will be allowed up to ½ hour prior to the start of the first relay event regardless of which age or gender the relay is in.

4x100 relays will be open with no distinct age groups
4x50 relays will be seeded by age groups

Relays will be swum slowest to fastest and alternating genders. Except for the 4x100 free relay on Thursday, this relay will be swum fastest to slowest prior to the distance events.
 - Scratches: Preliminary scratches are due 30 minutes after the start of the previous night finals
For Friday – due at 4:30pm on Thursday
For Saturday – due at 6:00pm on Friday
For Sunday – due at 6:00pm on Saturday

For finals, scratches are due 30 minutes following the conclusion of preliminary session.

The Swim Alberta Scratch Rule will be in effect for this meet.

AWARDS

- Individual Points: 50, 30, 20, 15, 14, 13, 12, 11
- Relay Points: 50, 30, 20, 15, 14, 13, 12, 11
- Individual Events: Medals for 1st, 2nd and 3rd
- Ribbons for 4th through 8th
- No awards for senior swimmers
- Relay Events: Medals for 1st only
Ribbons for 2nd through 8th
- Awards will be presented following the conclusion of the final event with the exception of the distance swims. Distance events will be presented at the conclusion of finals warm-ups on Saturday.
- High Point Award: Top Aggregate Male and Female in 12&U, 13-14
Top FINA point for Male and Female 15&O
- Team Award: To the highest combined point scoring team

COACHES

- A technical meeting will be held on deck at 7:15am on Friday, December 11th. All clubs must have coach representative present at the meeting. Location will be announced.

ACCREDITATION

- Only accredited participants will be allowed on the pool deck. This includes swimmers, coaches, officials, chaperones and photographers.
- Teams must pick up their accreditations in the Kinette Room located upstairs on the south side of the dive tank behind the bleachers. The room will be open at 2:00pm Thursday, December 10th.

TEAMS

- Bleachers will be set up on the pool deck. It is expected that teams will keep their area clean and use the provided garbage cans and recycle bins. Team banners are welcome and permitted in designated areas.

OFFICIALS

- Assistance will be required for distance events. If you have a swimmer in this event you must provide one timer per swimmer. Help throughout the weekend will also be appreciated. Please contact Sophie Jobin at officials@olympianswimclub.com.

SESSIONS:

Thursday, December 11	Friday, December 12	Saturday, December 13	Sunday, December 14
4x100 Free Relay	200m Free	200m Back	50m Free
800m Free – Female	100m Breast	50m Breast	100m Back
1500m Free - Male	200m Fly	100m Fly	200m Breast
	50m Back	200m I.M.	50m Fly
	400 I.M.	100m Free	400m Free
	4 x 50 Free Relay	4 x 50 Medley Relay	4 x 100 Medley Relay

STANDARDS:

JP Fiset International 2015 Entry Time Standards						
	12 & Under		13-14		15 & Over	
	Female	Male	Female	Male	Female	Male
50m Free	36.50	37.00	33.50	32.00	30.00	26.50
100m Free	1:18.00	1:19.00	1:12.00	1:09.00	1:05.00	58.00
200m Free	2:50.00	2:52.00	2:36.00	2:30.00	2:20.00	2:06.00
400m Free	5:58.00	6:02.00	5:25.00	5:12.00	4:56.00	4:38.00
800m Free	*Top 80 swim with guaranteed top 16 entries for 12 & Under, and 13-14 age groups					
1500m Free	*Top 80 swim with guaranteed top 16 entries for 12 & Under, and 13-14 age groups					
50m Back	42.50	43.00	39.50	38.00	36.00	32.50
100m Back	1:29.00	1:30.00	1:23.00	1:20.00	1:16.00	1:09.00
200m Back	3:12.00	3:14.00	2:58.00	2:52.00	2:42.00	2:28.00
50m Breast	49.50	50.00	46.50	45.00	43.00	39.50
100m Breast	1:44.00	1:45.00	1:38.00	1:35.00	1:31.00	1:24.00
200m Breast	3:42.00	3:44.00	3:28.00	3:22.00	3:12.00	2:58.00
50m Fly	42.50	43.00	39.50	38.00	36.00	32.50
100m Fly	1:35.00	1:36.00	1:26.00	1:23.00	1:16.00	1:09.00
200m Fly	3:23.00	3:24.00	3:09.00	3:02.00	2:53.00	2:38.00
200m I.M.	3:18.00	3:20.00	3:04.00	2:58.00	2:48.00	2:34.00
400m I.M.	6:28.00	6:32.00	5:55.00	5:42.00	5:26.00	5:08.00

RECORDS:

JP Fiset International Meet Records			
12 & Under Girls		13-14 Girls	15 & Over Girls
50m Free	27.76 Rebecca Smith RDCSC 2012	25.83 Rebecca Smith RDCSC 2014	25.98 Paige Kremer OSC 2012
100m Free	59.00 Lili Margitai EKSC 2010	55.80 Lili Margitai EKSC 2012	56.28 Natasha Fung OSC 2014
200m Free	2:05.19 Lili Margitai EKSC 2010	1:58.62 Lili Margitai EKSC 2012	2:00.44 Georgia Kidd EKSC 2014
400m Free	4:27.16 Lili Margitai EKSC 2010	4:20.88 Sophia Saroukian EKSC 2011	4:15.51 Sophia Saroukian EKSC 2014
800m Free	9:17.28 Sophia Saroukian EKSC 2010	9:01.70 Sophia Saroukian EKSC 2012	8:52.74 Nadine Williams STSC 2011
50m Back	32.34 Leah Desautels EOSC 2014	29.86 Georgia Kidd OSC 2011	29.37 Georgia Kidd EKSC 2014
100m Back	1:07.18 Rebecca Smith RDCSC 2012	1:02.68 Rebecca Smith RDCSC 2014	1:00.41 Ingrid Wilm CASC 2014
200m Back	2:21.51 Rebecca Smith RDCSC 2012	2:15.87 Paige Kremer OSC 2010	2:12.69 Jessica Wong AMAC 2011
50m Breast	35.08 Pilar McCann OSC 2014	33.95 Christyna Dashko FSSC 2009	31.85 Tianna Rissling AMAC 2010
100m Breast	1:15.34 Ellie Maradyn EKSC 2013	1:11.27 Ellie Maradyn EKSC 2014	1:07.47 Tianna Rissling AMAC 2011
200m Breast	2:44.06 Ellie Maradyn EKSC 2013	2:34.61 Ellie Maradyn EKSC 2014	2:25.98 Tianna Rissling AMAC 2010
50m Fly	30.24 Kyla Leibel AMAC 2013	28.43 Rebecca Smith RDCSC 2013	27.93 Kimberley Moore UM 2013
100m Fly	1:04.78 Lili Margitai EKSC 2010	1:03.73 Georgia Kidd OSC 2012	59.73 Kendra Chernoff UofA 2011
200m Fly	2:27.30 Lori Layne Kremer OSC 2005	2:20.41 Rachel Maradyn EKSC 2011	2:13.43 Jacomie Strydom 2013
200m IM	2:24.38 Rebecca Smith RDCSC 2012	2:13.53 Lili Margitai EKSC 2012	2:15.85 Tianna Rissling AMAC 2011
400m IM	5:04.15 Rebecca Smith RDCSC 2012	4:56.44 Lili Margitai EKSC 2012	4:50.67 Tianna Rissling AMAC 2009
200 MR	2:12.04 R Patel, K Crocker, A Gabris, L Wookey UCSC 2009	2:01.69 M Durocher, E Maradyn, A Zimmerman, K Vander Leek EKSC 2014	1:56.85 E Flowers, E Gonzalez, J Strydom, P Kremer, OSC 2012
200 FR	1:56.71 G Kidd, S Wishloff, T Fald, R Perrott OSC 2010	1:49.54 S Ikeda, K Harper, Y Xia, M Zack UCSC 2014	1:46.13 T Rissling, J Wong, S Lee, B Sloan AMAC 2011
400 MR	4:12.46 G Kidd, E Maradyn, L Margitai, N Fung EKSC 2014		
400 FR	3:49.06 P Kremer, E Flowers, C Kamminga, J Morgan OSC 2011		
12 & Under Boys		13-14 Boys	15 & Over Boys
50m Free	26.14 Marco Bagnasco Pirates 2013	25.18 Daniel Stayer RDCSC 2013	22.63 Ryan Thornley LASC 2014
100m Free	57.30 Marco Bagnasco Pirates 2013	54.05 Mackenzie Flowers OSC 2013	49.22 Richard Hortness AMAC 2009
200m Free	2:06.89 Marco Bagnasco Pirates 2013	1:56.60 Mathew Fuller EKSC 2013	1:49.40 Alan Balch UofA 2013
400m Free	4:34.80 Connor Bayne CASC 2009	4:11.54 Mathew Fuller EKSC 2013	3:50.84 Kier Maitland EKSC 2014
1500m Free	17:48.81 Connor Bayne CASC 2009	16:23.52 Alexander Katelnikoff CASC 2014	15:08.45 Kier Maitland EKSC 2014
50m Back	30.06 Josh Nordstrom EKSC 2014	28.35 Josh Dow FMSC 2011	25.52 Ryan Thornley LASC 2014
100m Back	1:07.40 Josh Dow FMSC 2009	59.50 Anders Klein OSC 2011	53.71 Anders Klein 2014
200m Back	2:23.13 Josh Nordstrom EKSC 2014	2:10.61 Josh Dow FMSC 2011	2:00.29 Rohan Jacobs LLSC 2013
50m Breast	33.55 Marco Bagnasco Pirates 2013	32.03 Lucas Graboski CASC 2011	28.63 Ryder McGinnis EKSC 2014
100m Breast	1:12.41 Joshua Young RDCSC 2012	1:08.63 Ryder McGinnis EKSC 2011	1:00.89 Richard Funk EKSC 2010
200m Breast	2:36.09 Joshua Young RDCSC 2012	2:29.82 Stuart Lau EKSC 2012	2:14.25 Nick Kostiuik EKSC 2012
50m Fly	29.26 Josh Nordstrom EKSC 2014	27.67 Bronson Dolynny YKPB 2012	24.36 Ryan Thornley LASC 2014
100m Fly	1:05.48 Josh Nordstrom EKSC 2014	59.27 Mathew Fuller EKSC 2013	55.33 Ryan Thornley 2014
200m Fly	2:31.24 Finlay Knox FSSC 2012	2:10.16 Anders Klein OSC 2011	2:02.98 Kade Wist CASC 2014
200m IM	2:25.44 Stuart Lau EKSC 2010	2:14.74 Stuart Lau EKSC 2012	2:01.90 Nick Kostiuik 2014
400m IM	5:08.22 Stuart Lau EKSC 2010	4:39.48 Stuart Lau EKSC 2012	4:25.05 Nick Kostiuik UofA 2013
200 MR	2:11.12 A Guo, A Qu, M Cyr, C Verjee UCSC 2014	1:54.71 D Gerlach, J Forest, M Flowers, C Mccann Stephens OSC 2013	1:42.39 N Van der Sloot, J Nicol, R Thornley, T Konyves UofL 2012
200 FR	1:55.23 A Guo, A Qu, M Cyr, C Verjee UCSC 2014	1:43.30 D Chan, M Fuller, S Lau, G Farmer EKSC 2012	1:32.65 R Thornley, D Donaldson, S Hunter, N Van der Sloot UofL 2013
400 MR	3:52.07 A Klein, R McGinnis, S Lau, J Lau EKSC 2014		
400 FR	3:24.63 J Au, I Leitch, S Stewart, R MacKinnon UofA 2011		