



Excellence, Integrity, Innovation, Collaboration

2015 Speedo Alberta Open 1 Meet Information Package

Purpose The Alberta Open 1 is a long course competition that provides both preparation and last-chance qualifying for swimmers who wish to attend Swimming Canada's Western Championships.

Dates Competition Dates January 30 to February 1, 2015
Qualifying Period April 1, 2014 to January 19, 2015
Entry Deadline* January 19, 2015 11:59 pm MST
Scratch Deadlines Swim Alberta Scratch Rule (Appendix A)
** Withdrawals will not be refunded after the entry deadline*

Facility Kinsmen Sports Centre, 9100 Walterdale Hill Road, Edmonton, Alberta
10 x 50 meter pool with warm-up and cool down space available

| Schedule | Friday | Saturday | Sunday |
|---------------|------------------------------------|------------------------------------|------------------------------------|
| Preliminaries | Warm-up: 8:00 AM Start: 9:00 AM | Warm-up: 8:00 AM Start: 9:00 AM | Warm-up: 8:00 AM Start: 9:00 AM |
| Finals | Warm-up: 4:30 PM Start: 5:30 PM | Warm-up: 4:30 PM Start: 5:30 PM | Warm-up: TBC* Start: TBC* |

*If possible Sunday finals will begin two hours after the conclusion of the preliminary session.

Sanction This meet is sanctioned by Swim Alberta.

Rules The meet will be conducted under published FINA and/or IPC rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

Hosts Swim Alberta and the Edmonton Keyano Swim Club

| | | | |
|----------|------------------------|------------------------------------|--|
| Contacts | Club Contact | Office | 780-432-9448 |
| | Meet Managers | Nova Robinson Sherri Zimmermann | entries@eksc.com |
| | Advisory Referee | Norma Lachance | mathdva@gmail.com |
| | Officials Chair | Julianne Hafer | jdhafer@telus.net |
| | Para Technical Advisor | Lockie Lister | listner@telusplanet.net |
| | Swim Alberta | Kevin Dennis | 780-415-1785 kevin@swimalberta.ca |



2015 Speedo Alberta Open 1 LC – Meet Information Package

| | |
|-----------------|---|
| Eligibility | The 2015 Speedo Alberta Open 1 is open to all swimmers currently registered with Swimming Canada or a FINA affiliated club. Para swimmers must have a valid classification listed on the IPC Swimming website (www.ipc-swimming.org) or the Swimming Canada website (www.swimming.ca). Swim Alberta and meet management may review and limit out of province entries. |
| Categories | Senior Male; Senior Female; Para Male; Para Female; Special Olympics (Special Olympics competitors must have a year of birth 1991-2002) |
| Qualifying | Swimmers must qualify in at least one event during the qualifying period. Females 15 and over / Males 16 and over must meet the Senior B time during the qualifying period. Females 14 and under / Males 15 and under must achieve the 15-16 or 16-17 A time standard. Swimmers not eligible for the Alberta Age Group Championships due to a birthdate that falls between the meets may enter provided they have achieved the Senior B time. Para Swimmers must meet the Provincial Para Swimming time standard. Time standards are available on www.swimalberta.ca . |
| Late Qualifiers | Swimmers who qualify for their first event after the qualifying period and/or entry deadline may enter. Coaches must submit email entries for late qualifiers. Email entries must be submitted by 11:59 am on Monday prior to the meet. Email entries must include the correct swimmers name, ID number, date of birth, club name, club code, events & entry times. |
| Entries | Swimmers may enter a maximum of seven (7) individual events. Entries must be submitted online at www.swimming.ca . Deck entries will not be permitted. |
| Entry Fees | Entry Fees are \$8.00 per individual event and \$10.00 per relay event. Entry fees include Olympic Bonus and are refundable prior to the entry deadline. Entry fees must be paid prior to the start of the competition and are payable to the Edmonton Keyano Swim Club. |
| Entry Rules | No-Time (NT) entries will not be accepted, submit estimated times. Estimated times will not supersede any proven time in the fastest heat of a Timed Final Event. Entry times must be in long course meters, short course times may be converted using Hy-Tek. Coaches may not upload an entry file after the Entry Deadline without first receiving permission from meet management. Late entries of pre-qualified swimmers will be subject to a \$50.00 fine per swimmer payable to Swim Alberta prior to the start of the competition. Any club submitting entries for non-qualified athletes will be subject to a \$100.00 fine per non-qualified athlete payable to Swim Alberta. |
| Proof of Time | Meet management will prove times using Swimming Canada's time validate feature for the fastest heat of individual time final events swimming in the final. A slower time than the validated time will be accepted if submitted with entries. Meet Management may request proof of time for any entry. Clubs will have 48 hours to provide proof of time. Clubs unable to prove an entry time will be seeded as No Time (NT) and seeded last. |

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- Scratches** The Swim Alberta Scratch Rule will be in effect for this competition. (See appendix A)
- Official Splits** Must be requested prior to the start of the session, coaches may be required to supply timers for Official Split requests.
- Psych Sheets** To be published Tuesday prior to the meet. Changes will not be permitted once the psych sheet is published.
- Format** All preliminaries will swim regardless of entries. Individual 50 meter, 100 meter and 200 meter events will have A Finals, B Finals and C Finals and will run in that order. Individual 400 meter events will have A Finals and B Finals and will run in that order. All positions in the A final will be filled before the B final and all positions in the B final will be filled before the C final.
- The 800 and 1500 freestyle events will be time final and require positive check-in. Positive check-in deadlines are listed below.
- The fastest heat of the women's 800 and the men's 1500 will swim in finals, all remaining heats will be swum fastest to slowest, alternating gender, in the preliminary session and may be seeded with two swimmers per lane at meet management's discretion.
- Check-in**
- | | | |
|----------------|-------------------|---------|
| 800 Freestyle | Friday January 30 | 8:30 AM |
| 1500 Freestyle | Sunday February 1 | 8:30 AM |
- Relays** Relays will follow rules under SNC 2.3 in the Swimming Canada rulebook. Relay events are time finals and will be swum in the finals session. 'Relay Only' swimmers are permitted as per SNC 2.3. Entries must be done using Hy-Tek and the meet manager notified when entries are submitted. Individual names must be submitted to the Clerk of Course 30 minutes prior to the start of the session in which the relay event is scheduled. Name changes must be provided to the clerk of course 30 minutes prior to the start of the first relay event, regardless of which age or gender the team is entered in.
- Para** Para Swimmers may enter any seven (7) events however only the para swimming events listed will be ranked for awards. Para events will be time final in the preliminary session. Para swimmers are eligible to swim any final in which they qualify however only their preliminary performance will be used for para awards.

Entry times for para swimmers must be in long course meters. Short course times may be converted; for classes S1-6, S11, SB1-6, SB11, SM1-6, SM11 by subtracting 2% and times for classes S7-10, S12-14, SB7-10, SB 12-14, SM7-10 and SM12-14 by adding 2%.

| | | | | | | |
|-------------|----------|-------------|------------|----------|---------|----------|
| Para Events | 50 Free | S1-S14 | 50 Back | S1-S5 | 50 Fly | S1-S7 |
| | 100 Free | S1-S14 | 100 Back | S6-S14 | 100 Fly | S8-S14 |
| | 200 Free | S1-S7 & S14 | 50 Breast | SB1-SB5 | 150 IM | SM1-SM4 |
| | 400 Free | S8-S13 | 100 Breast | SB6-SB14 | 200 IM | SM5-SM14 |

Awards

Alberta Open Series Awards**Sponsored by: Team Aquatic Supplies**
**TEAM AQUATIC
SUPPLIES LTD**

The Alberta Open Series consists of the Alberta Open 1, Alberta Open 2 and the Alberta Senior Championships. There will be twelve series awards available, six per gender, based on the stroke categories listed below. Award winners will receive a \$200 gift certificate from Team Aquatic Supplies.

| Sprint Free | Distance Free | Backstroke | Breaststroke | Butterfly | Medley |
|-------------|------------------------|------------|--------------|-----------|--------|
| 50 Free | 400 Free | 100 Back | 100 Breast | 100 Fly | 200 IM |
| 100 Free | 800 (w) /1500 Free (m) | 200 Back | 200 Breast | 200 Fly | 400 IM |
| 200 Free | | | | | |

Ranking for each event will be the total combined time from the preliminaries and the 'A' final. The women's 800 freestyle and men's 1500 freestyle, will be ranked based on final time. Awards will be based on the total number points earned during the series for each category. In the event of a tie, the highest single FINA point scoring swim, long course, from that category will be used to declare the winner.

Points will be awarded to the top 6 swimmers per event as listed below.

| | |
|----------------------|---------------|
| Alberta Open 1 | 6-5-4-3-2-1 |
| Alberta Open 2 | 10-8-6-4-2-1 |
| Senior Championships | 14-11-8-5-2-1 |

Para Swim of the Meet**Sponsored by: Team Aquatic Supplies**

The Para Swim of the Meet will receive a \$25 gift certificate from Team Aquatic Supplies. The award will go to the male or female swimmer who has the highest-ranking swim based on Swimming Canada para points in any designated para event.

Para Certificates

The top three (3) male and female para swimmers in any classification, based on the Swimming Canada para point charts, will be awarded a certificate based on their rank in each eligible para event.

Team Awards

The team with the highest combined team score from the Alberta Open 1, Alberta Open 2 and the Senior Championships long course will be awarded the Alberta Open Champion banner.

| | | |
|-------------------|-------------|---|
| Individual Events | Places 1-16 | 50-30-20-15-14-13-12-11-9-7-6-5-4-3-2-1 |
| Relay Events | Places 1-8 | 50-30-20-15-14-13-12-11 |

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Time Trials Swim Alberta and Meet Management must both approve a time trial, which will only be held in exceptional circumstances.

Event Order

| Friday January 30 | Saturday January 31 | Sunday February 1 |
|--|--|--|
| Technical Meeting: 7:45 am Prelim Warm-up: 8:00 am Prelim Start: 9:00 am | Prelim Warm-up: 8:00 am Prelim Start: 9:00 am | Prelim Warm-up: 8:00 am Prelim Start: 9:00 am |
| 100 Back~ | 200 IM* | 200 Free |
| 400 IM | 50 Free~ | 200 Fly |
| 100 Free~ | 200 Back | 50 Back~ |
| 50 Breast~ | 50 Fly | 200 Breast |
| 100 Fly | 100 Breast | 1500 Free |
| 800 Free | 400 Free | |
| | | |
| Finals Warm-Up: 4:30 pm Finals Start: 5:30 pm | Finals Warm-Up: 4:30 pm Finals Start: 5:30 pm | Finals Warm-Up: TBC^ Finals Start: TBC^ |
| 100 Back | 200 IM | 200 Free |
| 400 IM | 50 Free | 200 Fly |
| 100 Free | 200 Back | 50 Back |
| 50 Breast | 50 Fly | 200 Breast |
| 100 Fly | 100 Breast | 1500 Free (Men's Final) |
| 800 Free (Women's Final) | 400 Free | 4 x 100 Medley |
| 4 x 200 Free (Men First) | 4 x 100 Free | |

* 150 IM will swim immediately following the 200 IM

^ When possible Sunday finals will begin 2 hours after the preliminary session has finished.

~ Special Olympics Selection Event for the 2015 Western Canada Summer Games (page 6)

Hotels

Swim Alberta Sponsor Hotels

Request the Swim Alberta rate when booking

Coast Edmonton Plaza
10155 105th Street
Edmonton, Alberta
(800) 716-6199

Courtyard Marriott
1 Thornton Court
99th Street & Jasper Avenue
Edmonton, Alberta
(866) 441-7591



Special Olympics Selections for the 2015 Western Canada Summer Games

The 2015 Speedo Alberta Open 1 will be the qualifying competition for Team Alberta's Special Olympics athletes for the 2015 Western Canada Summer Games.

Two (2) Male and Two (2) Female positions are to be selected.

Selection events: 50 freestyle, 100 freestyle, 50 backstroke, 100 backstroke, 50 breaststroke.

The [Special Olympics selection criteria](#) is published on the Swim Alberta website.

Meet Photographers

Swim Alberta may approve a maximum of two meet photographers per session.

Approved photographers must purchase accreditation from Swim Alberta for \$25.00.

All requests must be submitted to the meet manager prior to the entry deadline.

Appendix A

Alberta provincial meets will use the Swim Alberta Scratch Rule.

http://www.swimalberta.ca/images/stories/documents/swim_alberta_scratch_rule.pdf

SWIM ALBERTA SCRATCH RULE

Heats & Final Meets and Provincial Competitions

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Clerk of Course according to the information detailed below:

Scratch Deadline and Penalties for Preliminaries:

- Scratches are to be submitted to the clerk of course by the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the preliminary session can be seeded.
- Late Scratches may be received by the Clerk of Course 30 minutes prior to the start of each session. No re-seeding will occur, without the approval of the referee.
- There will be no penalty for scratching from preliminary events. No-shows, step-downs, and unexcused incomplete swims will have no penalty assessed.

Scratch Deadline for Time Final Events (including relays):

- Scratches are to be submitted to the clerk of course by the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the session can be seeded.
- Late Scratches may be received by the Clerk of Course 30 minutes prior to the start of each session in which a Time Final Event is scheduled. No re-seeding will occur, without the approval of the referee.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining events, including relays, scheduled for that day.

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Scratch Deadline for Time Final Events utilizing Positive Check-in

- The deadline for Positive Check-in shall be clearly communicated in the meet package and communicated to coaches at the technical meeting.
- Failure to check-in by the deadline will be deemed a scratch and the swimmer will be removed from the event. There is no penalty for swimmers who fail to check-in.
- Once checked-in a swimmer is not entitled to scratch from the event. No-shows, step-downs and unexcused incomplete swims will result in the swimmer being scratched from all remaining events, including relays, scheduled for that day.

Scratch Deadline and Penalties for Finals:

- Scratches are to be submitted to the clerk of course 30 minutes after conclusion of the preliminary session. The conclusion of the preliminary session will be the completion of the final race of the session or when the 800/1500 are the last events of the session, the scratch deadline shall be 30 minutes after the completion of the last race immediately preceding the start of the 800/1500.
- The Late Scratch Deadline shall be 30 minutes prior to the start of the finals session. However, there shall be no re-seeding to include scratches made after the initial scratch deadline.
- The Late Scratch Deadline only applies if the coach of the late scratch swimmer notifies the referee and the coach of the alternate. The alternate is under no obligation to swim. Should the alternate decline to swim the coach of the late scratch swimmer must contact the coach of the 2nd alternate.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining events, including relays, scheduled for that day.
- Although alternates are not required to swim, all swimmers not intending to swim finals should scratch by the scratch deadline. This will ensure that those swimmers, who would be intent on swimming in a final and qualify, would be provided the opportunity.

Name Change Deadlines for Relays

Individual names for relays must be submitted to the Clerk of Course 30 minutes prior to the start of the session in which the relay event is scheduled.

Any changes in relays names must be provided to the Clerk of Course 30 minutes prior to the start of the first relay event, regardless of which age or gender event the team is entered in.