



OUA Stratten Division Swimming Championship

**@ Western University in London
November 22-23, 2014**

Single Ended Short Course Meet
Time Final Sessions



General Information

Date:	Saturday, November 22 and Sunday, November 23, 2014	
Host:	Western University	
Location:	Western University Recreation Centre London, Ontario N6G 2Y9	
Facility:	Eight lane 50 meter indoor tank with bulkheads to create two 25 meter pools, with "Keifer" type lane markers, Omega Ares timing system with Plungers	
Meet Manager:	Paul Corkum, Level 5	corko@sympatico.ca Tel: 905-686-4210
Meet Referee:	Su Cheong, Level 5	skcheong@rocketmail.com
Qualifying:	No qualifying times	

Sessions: 1 – Saturday, November 22 - Time Finals Warm-up: 3:00 to 4:20 pm.
Session Start: 4:30 pm.

2 – Sunday, November 23 - Time Finals Warm-up: 9:00 to 10:20 am.
Session Start: 10:30 am.

Championship Rules: Jury of Appeal - The Jury shall be appointed at the pre-meet Coaches meeting and shall have the authority to act any situation not specifically covered by the rules and regulations. The jury shall consist of: League Convenor (or delegate in case of conflict of interest), Meet Referee, conference swim technical representative, plus two coaches.
When conflict of interest circumstances prevent the nominated coaches from fulfilling their duties, alternate members for the jury will be selected by choosing from head coaches at the meet in reverse alphabetical (Z to A) order by the coaches' last name.

Invited Teams: University of Guelph, McMaster University, University of Ottawa, University of Toronto, and Western University.

Eligibility: Swimmers registered with SNC / Swim Ontario - OUA Varsity .
As per OUA general regulations the team complement will be 18 per gender plus 1 SWAD per gender.
- Each institution shall declare an official team list at the beginning of the pre-meet Coaches' Meeting. No substitutes shall be allowed after this time. Note: an institution may enter more than the allowable roster of 18 but the declared list is limited to 18 per gender plus 1 SWAD per gender.
- Under the CIS Eligibility Rules, ineligible athletes may not compete for their school in the OUA Championship. At Divisional Championships eligible swimmers beyond the compliment are permitted to swim but not score. Non-scoring status (ex) must be indicated on the psych sheet (as exhibition).

Scoring: Individuals points 20,17,16,15,14,13,12,11 for places 1-8
and 9,7,6,5,4,3,2,1 for places 9-16. Relay points will be scored double.

Coaches: There will be a Coaches Technical meeting on Saturday in Room TBD with the following agenda:
3:45 pm- Coaches Declare Compliment, change entries and announce any challenges.
4:00 pm-Coaches meeting to include:
- Technical Announcements (Meet Referee and Meet Manager)

Sanctioned by:

Swim Ontario





Meet Rules

Rules: Current 2013 – 2017 SNC Rules are in effect

1. Swimmers must be registered as competitive swimmers with an Amateur Association as recognized by FINA, and their SNC registration numbers **MUST** be on the entry file.
2. New 2014 Swimming Canada Warm-Up Safety Procedures will apply.
No diving allowed during warm-ups. Swimmers **MUST** enter the pool feet first.
Only when Dive lanes are designated and opened in warm-ups, safe diving from blocks with 1 way swimming is allowed only in those designated lanes.
3. Sprint lanes for the last 30 minutes of warm-ups. Lanes 1 and 8 will be used for Sprinting and are designated as Diving lanes. After the dive the swimmer must leave the lane and return to the starting end.
4. Scratch Rule – scratches can be made at any time, no penalty for scratches or no shows.
5. “Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.” Request minimum 15 minutes notice before session start.

Entry Deadline: **Tuesday, November 18th, 2014**

Entries will only be accepted through www.swimmeet.ca (swimming.ca/meetlist)
Any LC entries will be automatically converted to SC.



OUA Stratten Division Swimming Championship

Session 1 – Saturday, November 22 Warm-ups: 3:00 to 4:20 pm. Session start: 4:30 pm.
Events Listing:

Women Open	Events	Men Open
1	4 X 50 Free Relay	2
3	400 IM	4
5	50 Back	6
7	200 Free	8
9	100 Fly	10
11	100 Breast	12
13	200 Back	14
15	50 Free	16
17	800 Free / 1500 Free	18

Session 2 – Sunday, November 23 Warm-ups: 9:00 to 10:20 am. Session start: 10:30 am.
Events Listing:

Women Open	Events	Men Open
19	4 X 50 Medley Relay	20
21	200 IM	22
23	100 Free	24
25	200 Fly	26
27	200 Breast	28
29	100 Back	30
31	50 Fly	32
33	50 Breast	34
35	400 Free	36
37	4 X 100 Free Relay	38



SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Canadian swimming competition must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the water **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool tank are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated either in pre-competition handout, announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes.
- Only one-way swimming from the start end of sprint lanes is permitted.
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the scheduled warm-up time.
- Meet Management may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. Coaches are responsible for equipment reliability and use.
- Hand paddles, drag chutes, and flippers / fins are not permitted during any warm-up at any time.

VIOLATIONS:

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion will be scratched without warning from their first event following the warm-up period in which the violation occurred.
- In the case of a second offense during the same competition the swimmer will be removed from the competition in its entirety. A provincial disciplinary action or report may be filed.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest
- Be situated at each end of the competition tank and when applicable, similarly situated in designated warm-up tanks when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

"SWIMMING CANADA WARM-UP COMPETITION SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."



SNC POLICY ON SWIMWEAR

Effective September 1, 2009, all swimwear worn in swimming competitions sanctioned under the authority of Swimming Canada must conform to the January 1, 2010 FINA swimwear approval guidelines as listed below.

MATERIAL – The material of swimwear will definitively be constituted only by textile fabric(s). The FINA definition of “textile” currently is: “Material consisting of, natural and/or synthetic, individual and nonconsolidated yarns used to constitute a fabric by weaving, knitting, and/or braiding.”

SHAPE – MEN: swimwear shall not extend above the navel or below the knee. **WOMEN:** swimwear shall not cover the neck, extend past the shoulder, nor extend below knee. No zippers or other fastening system is allowed.

USE – Swimmers shall wear only one swimsuit, taping is not permitted.

CONSISTENCY – Swimwear effectively manufactured and used shall correspond to and be fully consistent with FINA approved samples. Any modification before use (including impregnation) is prohibited. Moreover, there shall be no variation/modification for individual swimmers.

SWON/SNC

Record Policy:

Required for ALL New National and Provincial records

National and Provincial Record forms to include:

Referees must sign the new record application form confirming that a swimmer was wearing a legal suit when a record was created. Coaches will be notified that (record) swimmers must report to the session referee (meet referee) for suit verification. Referees must carry a signoff sheet and list of FINA approved suits (see SNC website). Record applications will not be accepted unless form is properly completed.