



Bison Sprint IM Invitational

November 16, 2013 – Short Course



Host:

University of Manitoba Swimming, Frank Kennedy Bldg., Rm 120, Wpg, Mb, R3T 2N2
<http://www.bisonswimming.ca/>

Sanction:

Sanction provided by Swim Manitoba.

Facility & Course:

- ✓ Pan Am Pool, **Main Tank**, 25 Poseidon Bay, Winnipeg, Manitoba, R3M 3E4
- ✓ Short Course competition (8 lanes)

Eligibility:

- ✓ This competition is OPEN to all Swimming Canada registered swimmers and/or FINA affiliated organizations

Competition Format:

- ✓ All current SNC and FINA rules will apply.
- ✓ Stroke 50s (50 fly, 50 bk, 50 br and 50 fr) will be runs as “senior seeded” time final competition
 - All events will be swum slowest to fastest
 - Final heat of each stroke 50 will be run as final (swimmers will be marched on and introduced) for each gender
- ✓ 100 IM will be swum as age-group per gender
 - Female: 12 & under, 13-14 and 15 & over
 - Male: 13 & under, 14-15 and 16 & over
 - 100 IM will be seeded slowest to fastest by age-group and gender
 - Final heat of each 100 IM will be run as final (swimmers will be marched on and introduced) for each gender and age-group
- ✓ Age of a swimmer is determined by their age on the first day of the meet
- ✓ **Event List:**

Warm up: 1:00 pm & Start: 1:45 pm		
Women		Men
1	50 Butterfly	2
3	50 Backstroke	4
5	50 Breaststroke	6
7	50 Freestyle	8
9	100 IM	10

Entries:

- ✓ **Entry Deadline: Nov 8, 2013**
- ✓ Meet entry cheques should be made payable to University of Manitoba on Nov 8, 2013
- ✓ A swimmer may compete in a maximum of **3 individual events or less**
- ✓ **Meet Entries Contact:** Susan Wog / tskkwog@gmail.com / (204) 837-8506
- ✓ **All entries must be submitted with a time.** “No Time” (NT) entries will not be accepted. All entries must be uploaded to the Swim Canada web site using a Hytek Entry File. Each swimmer must have a valid swimmer ID number, and a correct birthdate and gender. Errors or omissions in the entry file will cause delays in accepting the file and posting the results.

- All long course entry times will be accepted but will be converted to short course times for seeding purposes
- ✓ **Deck Entries:** May be permitted if the following guideline are met:
 - Lane space is available
 - Entries are submitted 30 minutes prior to the end of warm up with a late entry fee of **\$10.00 per event**, which must be paid prior to lane assignment.
 - No new heats will be created for deck entered swimmers
- ✓ **Entry Fees: \$35.00** flat fee per swimmer (includes SNC Fee & Splash Fee)
- ✓ The meet length will be maximum of 3 hours – in order to accomplish the time limit **the meet will be run with maximum of 24 heats per event (10 male and 14 female heats)**
 - **100 IM may have lower number of total heats**
 - Final number of heat will be determined after the entry deadline
 - The National Para team will be entered in the meet – additional heats will be created to accommodate the para swimmers if need be

Scratches:

- ✓ **SNM Scratch Rule will be in effect**
 - There is no scratch deadline for time final events. Coaches are encouraged to report scratches to the clerk of course as soon as possible.
 - **Penalties:** Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee.

Meet Management:

- ✓ Meet Management reserves the right to make changes to time lines or limit number of heats/swimmers should it be required to ensure a reasonable time frame for the length of the meet

	Name	E-mail	Phone
Meet Manager:	Susan Wog	tskkwog@gmail.com	204-837-8506
Meet Entries:	Susan Wog	tskkwog@gmail.com	204-837-8506
Officials Coordinator:	Teresa Wall	fx.nytro.girl@gmail.com	204-896-4848

Awards:

- ✓ Medals will be awarded to the top 3 finishers in each event
- ✓ Highest Performance Award will be selected based on the 2013 FINA points chart
 - One female performance award
 - One male performance award

Scoring:

- ✓ There will be no team scoring of the meet

Timing System:

- ✓ Omega electronic timing system will be used

Safety:

- ✓ SNC Warm up procedures are in effect (Appendix 2). Each athlete must be under the supervision of a head or deck coach. It is the responsibility of the head or deck coach to inform their swimmers of the safety rules and ensure they are followed.

SNC Warm-Up Procedures 2009

During the designated warm-up period, the meet management committee shall be responsible for ensuring that all Risk Management/Warm-up procedures are followed. It is incumbent on all participants, i.e. meet management, coaches, swimmers, and officials to comply with these procedures. Non-compliance with these procedures will result in a warning or removal of the swimmer from the warm-up pool, and possible further reporting to meet management and the Referee for action under rule SW 2.1.1.

Meet management shall designate Safety Marshals to actively monitor the warm-up period in the competition pool and ensure compliance with these procedures. Safety Marshals should be notified of any disabled swimmers who are participating in warm-ups. Additional "practice" pools, if any, are to be supervised by lifeguards and coaches.

"Safety Marshals shall be responsible to the Referee for all aspects of safety related to conduct during the warm-up period and shall ensure that all appropriate warm-up procedures are followed." (CSW 2.13.1.5)

General Warm-Up Rules:

- Swimmers shall enter the water FEET FIRST in a cautious manner.
- No Running on the pool deck or Diving from the side of the pool.
- Meet Management shall provide signage to indicate designated lane use during warm-up.
- Notices/barriers shall be placed on starting blocks to prevent diving during the general warm-up.
- Diving Starts are only permitted in designated Sprint Lanes during the warm-up period.
- Lanes shall be open primarily for 'Circle Swimming' during the General warm-up period.
- Coaches and swimmers shall allow Backstrokers & PARA swimmers the 'right of way' for safety purposes.
- Meet Management may designate a Sprint Lane(s) and/or a Pace Lane(s) throughout the general warm-up period.

Specific/Sprint Warm-Up Period:

- Sprint and Pace lanes must be opened for at least the last 30 minutes of warm-ups or as designated by meet management.
- Outside Lanes should be designated as Sprint Lanes.
- Only 'one-way' swimming shall be permitted in Sprint Lanes.
- Sprint Lanes, Pace Lanes, and Circle Swimming lanes shall be clearly marked with signage.
- The following statement shall appear in the meet information and in posted notices: "SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET".

Equipment:

- FLUTTER BOARDS and PULLBUOYS are allowed.
- HAND PADDLES and FLIPPERS (ZOOMERS) are NOT ALLOWED.



COMPETITION CODE OF CONDUCT

All sanctioned Manitoba swim meets are under the jurisdiction of SNM and shall be governed by its current policies and rules, including SNM 2011 Harassment and Abuse Policy.

The deck shall be reserved solely for SNM approved personnel, swimmers, coaches, officials and volunteers assigned specific tasks in the running of the meet.

By Swimming Canada rule and policy, the referee and meet management have full authority over the competition, the deck and the spectator areas during swim meets. The spectator area is considered part of the field of play, and as such, it falls under SNM authority and all SNM bylaws, policies, and rules, apply.

Referencing the SNM Harassment and Abuse policy, the referee and meet management will require an individual to leave, if the actions of the individual are perceived to be interfering with the peace and security required for any athlete to achieve his/her best performance.

Swim Manitoba (SNM) Provincial Scratch Rule

This scratch rule WILL be in effect at ALL Swim Manitoba sanctioned meets, in accordance with Swimming Canada rule CSW 3.6.

It is superseded by:

- Swimming Canada (SNC) rule **SNC 3 (3.1 to 3.4)** at SNC designated meets held in Manitoba.
- The scratch rule for Manitoba / Saskatchewan Championships, when they are held in Manitoba.

SCRATCHES:

1. Time Final Events

- a. There is no scratch deadline for time final events. Coaches are encouraged to report scratches to the clerk of course as soon as possible.
- b. **Penalties:** Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee.

2. Prelims/Final Events

- a. Scratches from **preliminary heats:**
 - i. May be made at any time.
 - ii. Scratches, no-shows, and unexcused incomplete swims simply create empty lanes, as there shall be no re-seeding.
 - iii. Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee
- b. Scratches from **finals:**
 - i. Must be made within 30 minutes after the end of the preliminary session.
 - ii. **Penalties:** Scratches after the scratch deadline and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in the offending swimmer being scratched from all remaining events, including relays, scheduled for that day. No monetary penalty fee is to be assessed.
 - iii. **ALTERNATE SWIMMERS:** Alternates **MUST** report to the Clerk of Course at least 10 minutes prior to the event and be ready to swim if necessary.
 - iv. If a swimmer has not reported to the blocks when the race is called, the Referee shall replace the contestant with an alternate who has reported to the Clerk of Course and is present and ready to swim. The alternate shall become one of the finalists.

3. Relay Events

- a. For time final events scratch rules for **Time Final Events** apply.
- b. For prelims/final events scratch rules for **Prelims/Final Events** apply.
- c. Relay names can be changed up to 30 minutes prior to start of relay event.