Sylvan Time Trials February 2013

Sylvan Lake Aquatic Center

February 14, 2013

5-7pm

Contact: Sharon Burns 403-352-6841 [stkburns@shaw.ca](mailto:stkburns@shaw.ca)

Meet Eligibility: All swimmers must be registered with Swim Canada

Entry deadline: February 13, 2013

Entries – only for selected athletes closest to MQT’s or other qualifying times

Age groups: open

Rules

 SNC and FINA rules will apply.

 SNC warm-up protocol will be in effect. Sprint lanes will be available the last 20 minutes of warm-up.

Meet management reserves the right to alter events as required for efficient timing of the event.

Events:

1. Mixed 50 Free
2. Mixed 100 IM
3. Mixed 200 IM
4. Mixed 200 Free
5. Mixed 800 Free
6. Mixed 400 Free
7. Mixed 100 Free