



Box 341 Medicine Hat, Alberta T1A 7G1
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Phone: 403-580-2622

AMAC Long Course Invitational

June 8-9, 2013
SANCTION # 12380

- Location:** Family Leisure Centre
2000 Division Avenue N.
Medicine Hat, AB
- Facility:** Super Fast 8 lane 50m competition pool w/ Colorado Timing system and warm-up pool.
- Meet Format:** Preliminary sessions will be senior seeded, by gender. Finals will be 12 & under, 13-14 and 15 & over. A finals only. 800 Free and 1500 Free will be time finals limited to the top 16 entrants of each gender.
- Meet Rules:** The meet will be governed under current Swimming Canada rules.
- Eligibility:** All swimmers currently registered with SNC or members of associations affiliated with FINA are eligible.
There are no qualifying or de-qualifying standards for this competition.
- Entry Limit:** 300 swimmers. Swimmers are limited to 7 individual events.
- Entry Times:** Entry times are required for all entries. Entries with No Times (NT) will not be accepted. Please estimate a time for a swimmer.
- Entry Fees:** \$8.00 per individual event
\$10.00 per relay event
Please make cheques payable to Alberta Marlin Aquatic Club.
- Entry Deadline:** Meet entries and fees are due to the meet manager by **May 24, 2013**. Please submit entries through the Swimming Canada website. Meet management will confirm receipt of entries.

Mail entry fees to: Box 341

Medicine Hat, AB
T1A 7G1

Scratch Deadline: Scratch deadline for refunds will be May 24, 2013.

Scratches: **Prelim Scratches** are to be submitted to the Clerk of Course 30 minutes prior to the start of each Prelim session.

Scratch Deadline for Finals is 30 minutes from the conclusion of the heats on the day the final is to swim.

The Last Scratch Deadline shall be 30 minutes prior to the start of the finals session. However, there shall be no reseeding to include scratches made after the initial scratch deadline. The Last Scratch Deadline only applies if the following procedures take place. Firstly, the referee, the coach and/or alternate for the event scheduled has been notified of the impending scratch by the coach of the swimmer who scratched. Secondly, the alternate has reported to the Clerk of Course and is prepared to swim the event.

Relays: Relays will be at the end of finals.

Awards: Ribbons will be awarded 1st-8th place in all individual events and 1st-3rd place in relay events.

Officials: Visiting teams parents are encouraged to help with officiating. There is limited seating at the pool. Please contact Terriane Bowyer/Maxine Sawicki at officials@marlin.ab.ca

Deck Entries: Will only be accepted if no additional heats are created. All deck entries are exhibition swims and not eligible for scoring/finals. Deck entries must be approved by the meet manager and will cost \$10 each.

Program Changes: The Meet Manager reserves the right to revise the meet program if necessary.

Contact: Meet Managers – Derek Mastel & Jane Zwicker – meets@marlin.ab.ca
AMAC Head Coach – Blair Hughes - headcoach@marlin.ab.ca

Hotel Information: See attached information for Quality Inn, AMAC's Sponsor Hotel

Saturday – June 8, 2013

Heats Warm up: 9:00 – 9:50 am
Finals Warm up: 5:00 – 5:50 pm

Racing: 10:00 am - 2:00 pm
Racing: 6:00 - 8:30 pm

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	100 Free	2
3	200 IM	4
5	100 Breast	6
7	100 Back	8
9	400 Free	10
11	100 Fly	12
13	800 Free	14
15	1500 Free	16
17	12 & u 200 Free Relay (swum at finals)	18
19	13-14 200 Free Relay (swum at finals)	20
21	15 & over 200 Free Relay (swum at finals)	22

Sunday – June 9, 2013

Heats Warm up: 8:00 – 8:50 am
Finals Warm up: 3:00 – 3:50 pm

Racing: 9:00 - 1:00 pm
Racing: 4:00 - 6:30 pm

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
23	200 Back	24
25	50 Breast	26
27	50 Free	28
29	200 Fly	30
31	200 Breast	32
33	50 Back	34
35	50 Fly	36
37	200 Free	38
39	12 & under Medley Relay (swum at finals)	40
41	13-14 Medley Relay (swum at finals)	42
43	15 & over Medley Relay (swum at finals)	44



September 26, 2012

Attn. Swim Team Managers and Coaches,

As the Host hotel and a proud sponsor of AMAC Swim Club, Quality Inn Medicine Hat would like to extend a warm welcome to you and your team when visiting Medicine Hat.

We are a full service Hotel, located on the Trans Canada Highway at 954 7th St, SW, close to the Family Leisure Centre, Dining, and Shopping. We have an indoor pool, hot tub, fitness centre, business centre, and an on site ORileys Restaurant and Bar. We offer a complimentary full hot breakfast from 7am, and for teams departing for the pool earlier, we can provide a lighter continental style breakfast, as well. We offer special team meals for both pre and post meet, and can provide the menu on request. There is complimentary WIFI throughout the hotel property. Team hospitality rooms are available free of charge based upon availability. All our guest rooms offer a fridge and microwave. Late check-outs on the final swim day can be arranged with our front desk, at no additional charge, based upon availability. Our team rate is \$94.99 per room plus applicable taxes, for up to 4 persons per room. Coaches rooms are \$79.99 for singles.

At the Quality Inn Medicine Hat, we pride ourselves on catering to teams and look forward to taking care of all your lodging needs while visiting Medicine Hat. To book with the hotel, please call the hotel directly at 1-800-661-4440 and follow the prompts to the Medicine Hat location, locally at 403-527-8844 or you may email us at reservations_callin1@shaw.ca. When booking the rooms please mention you would like the AMAC rate. We would like to wish you a very successful swim season.

Sincerely,

Gordon W. Callaghan
General Manager
Quality Inn Medicine Hat