



August 10-14, 2011
Kinsmen Sports Centre
Edmonton, Alberta, Canada

2011 Pan Pacific Para-swimming Championships

August 10-14, 2011

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Important Facts about the Meet:

- The 2011 Pan Pacific Para-swimming Championships is an Long Course competition open to any NPC/NSF.
- **IPC International Classification will be offered at this meet in all three impairment categories (Functional Classification, Visual Classification and Cognitive Classification).**
- It is the responsibility of each nation to ensure they have the proper documentation to enter the Canada.
- Should visas be required, please contact Ruth Rosano for a letter of support (if necessary) – email: rosano@swimming.ca
- It is the responsibility of each National Paralympic Committee (NPC) or National Sport Federation (NSF) to secure ground transport and hotel accommodation for the duration of their stay in Edmonton
- This meet is open to swimmers with an impairment from all nations who have met the qualifying standards (which are included in this meet packet).
- The most recent IPC Swimming technical rules shall govern this meet.

Hosts:

Swimming Canada www.swimming.ca; Swim Alberta, and Edmonton Keyano Swim Club

Facility:

Kinsmen Sports Centre - 9100 Walterdale Hill, Edmonton, Alberta,
Canada, phone – 780-442-4550

http://www.edmonton.ca/attractions_recreation/sport_recreation/kinsmen-sports-centre.aspx

- 10 lane - 50m competition pool
- 6 lane - 50m training pool
- 25m diving well
- Omega Timing System

Airport:

Edmonton International Airport is about 30 km south of the City of Edmonton. It will be the responsibility of each NPC/NSF to arrange and pay for ground transport from the airport to the host hotels. The Local Organizing Committee will provide contact information for companies that can provide this service or vehicles can be rented at the airport. **It is recommended that you book your rental vehicles early as it is holiday season in Canada and there may be limited supply of vehicles as we get closer you get to the meet.**

Accommodation:

The LOC will provide information on the host hotels. The host hotels will provide both rooms as well as optional meal packages for all participants. It is the responsibility of each NPC/NSF to book and pay for all hotel and meal arrangements. The LOC will provide contact information all accommodation and meal plans.

See the attached list of hotels for options convenient to the venue.

Eligibility:

To be eligible to compete at the 2011 Pan Pacific Para-swimming Championships all swimmers must:

- Be registered with their respective NPC or NSF, no individuals or swim clubs will be allowed to submit entries.
- Hold an active IPC swimming license for the 2011 season.

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- Swimmers must have achieved one Meet Qualification Standard (as outlined in this meet package) at a recognized competition.
- Be classified in sport classes S1-S13, Sb1-Sb9, SB11-SB13, SM1-SM13 and must hold an "R" or "C" sport class status by August 10, 2011.
- Be classified in sport class S14, SB14, SM14 and must appear on the INAS-FID Master Classification Database no later than June 30th, 2011 and hold an "N" or "R" sport class status.

Classification:

- Classification will take place on August 7th, 8th and 9th, 2011
- All NPC's/NSF's are expected to be on the ground in Edmonton no later than morning of August 7th to comply with the classification schedule.
- Swimmers will need to present themselves for classification at the date and time identified by the Chief Classifier/ IPC Swimming. Please ensure that you have all supporting documentation required.
- Swimmers should enter the meet using their current IPC Swimming classification sport class (which may be found online at www.paralympic.org/Classification/Master_List/)
- For sport class S1-S13 swimmers with an "N" sport class status, NPC's are requested to submit the Medical Data Submission form to IPC Swimming no later than May 11th, 2011
- All swimmers with a "R" Review 2011 status need to submit a request for classification or will be requested by IPC Swimming to be seen.
- Any swimmers who are deemed Not Eligible (NE – i.e. does not meet minimal impairment requirements during IPC functional, visual or intellectual classification evaluation will be permitted to swim in the exhibition Time Trials at the end of each preliminary session of the 5 day competition.)
- ****For more information, see the subsequent classification section of this meet packet.****

Specific Meet Rules and Meet Format:

- All swimmers must have met the eligibility requirements outlined above
- The format of the meet will be single gender preliminaries and finals for the following competition groups:
 - Sport classes S/SB/SM1-S4 for both genders compete in multi-class racing with gold, silver, and bronze awarded based on performance points. The most recent Canadian LC Performance Points Charts will be used at the competition.
 - Sport classes S/SB/SM12-S13 for both genders based on depth of field will swim head to head; with the fastest three swimmers being awarded the medals based on performance points. The most recent Canadian LC Performance Points Charts will be used at the competition.
 - Sport classes S/SB/SM5-S11 and S/SB/SM14 will have single sport class finals.
- The most recent IPC Swimming technical rules will govern this meet.
- All preliminary events will be senior seeded by time (regardless of sport class) slowest to fastest in a straight seed format.
 - Long Course Times will be seeded first
 - Short Course times will be converted and seeded second
- Finals will be seeded by time. A swimmer must place in the top ten (10) in their competition group or individual sport class during preliminaries to advance to the final. Competition Groups are as follows:
 - S/SB/SM1-S4 based on Performance Points Charts
 - S/SB/SM12-S13 swimmers compete head to head based on Performance Points Charts,
 - Classes S/SB/SM5-11 and S/SB/SM14 will have single class finals.
- Meet Management reserves the right to add "Multi-class Bonus Finals" in the following Competition Groups should entry numbers warrant:



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- S1-S4 should there be more than 24 entries in the combined sport classes at the entry deadline. The 10 highest point scores using the most recent Canadian LC Points Charts will fill the bonus final.
- S5-8 & S11 should there be more than 24 swimmers remaining after the finalists for individual sport class racing have been assigned, then the 10 highest point scores using the most recent Canadian LC Points Charts will fill the bonus final.
- S9-S14 should there be more than 24 swimmers remaining after the finalists for individual class racing have been assigned, then the 10 highest point scores using the most recent Canadian LC Points Charts will fill the bonus final.
- Entries for each NPC/NSF for each preliminary event will be unlimited.
- Only three swimmers per NPC per competition group or sport class may advance to the final.
 - There will be no restrictions to number of swimmers per NPC in the Bonus Final
- Relays – NPC's will be able to enter as many relays as they wish in the *preliminaries for the 20 and 34 (FCS), 49 (VI) and 56 (S14) point relays. Only one team can advance to finals for each relay category.*
 - Meet Management reserves the right to combine relay finals by gender should there be under subscription.
- Scratches – the only scratches accepted following the July 20th, 2011 deadline will be by NPC/NSF's when there are more than 3 swimmers for that NPC in a final.
- Withdrawals from any event after the July 20th, 2011 deadline may be accepted by submitting a Medical Withdrawal Form
- Fines and Protest Fees will be accepted in **Canadian or US Dollars**. The fees are as follows:
 - Re-Entry back into the meet for missed event **\$50.00**
 - Protest a Disqualification during competition **\$100.00**
 - Classification Protest – **\$200** may be presented as per IPC Swimming Classification Regulations; however protests will only be conducted if there are sufficient classifiers present to conduct a protest under the IPC Classification Regulations. Should there not be sufficient classifiers to conduct protests, the Chief Classifier may accept the process and the applicable fees and protest form and submit these to IPC Swimming.

Awards:

- Medals will be presented to the first three finishers in each competition group or individual class event and relays.
- Female and Male Swimmer of the Day awards for the top individual performance based on percent off the most current IPC Swimming World Record for the swimmers' sport class.
- Male and Female Top Swims of the Meet Award will be based on performance throughout the meet and will be awarded based on the combined percentage off of the most current IPC Swimming World Records in the swimmer's best two events. These will be presented at the conclusion of the meet.

Entry Information:

- All swimmers must be affiliated with and have entries submitted by an NPC or NSF.
- Swimmers may enter a maximum of seven (7) individual events for the competition, but not exceeding two (2) individual events per day.
- Entry times must be submitted in the course swum (LCM, SCM) and will be converted by meet management for seeding purposes following the seeding rules as referenced above.
- All entries must have a time attached for seeding purposes; **no No Time (NT) entries will be accepted.**
- NPC/NSF's have unlimited entries per event per sport class for preliminaries.
- Proof-of-Time is required with entry submission. (See attached entry forms.)
- No deck entries will be accepted.



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- Entries may be submitted on the attached entry forms or using Hy-Tek. (If using Hy-Tek, the Master Entry Report **MUST** is included.)
- All coaches and support staff must apply for accreditations

Meet Entry Time Standards:

- Time standards are available for LCM and SCM and are included in this meet information packet.

Bonus Events:

- Swimmers who have qualified for only 1 event for the competition may enter bonus events as follows:
 - A swimmer can swim 4 bonus events with 1 qualifying standards for a total of 5
 - A swimmer can swim 3 bonus events with 2 qualifying standards for a total of 5
 - A swimmer can swim 2 bonus events with 3 qualifying standards for a total of 5
 - A swimmer can swim 1 bonus events with 4 qualifying standards for a total of 5

Qualification period:

All times from swimming performances between January 1st, 2010 and July 18th, 2011.

Fees:

- All swimmers will be charged a \$150 (Canadian or U.S.) fee to enter the meet, regardless of the number of events they choose to enter.
- All team staff (i.e. coaches, medical, managers, etc.) will be charged a \$50 (Canadian or U.S.) fee per credential.
- All cheques should be made payable to **Swimming Canada**.
 - Should any NPC/NSF require banking information to perform an electronic transfer, please contact Larry Clough at lclough@swimming.ca.

Deadlines:

There are 4 deadlines that all NPC/NSF's must be aware of:

- **First Entry** requires the total number of swimmers and staff attending – **Wednesday April 13th, 2011**. The First Entry forms will be circulated by Swimming Canada no later than March 15th, 2011
- **Second Entry** requires the total number of swimmers broken down by sport class and event, no names required – **Wednesday May 11th, 2011**. The Second Entry forms will be circulated by Swimming Canada no later than April 15th, 2011
- **Final Entry** requires full entries for all swimmers and staff including payment – **Tuesday June 15th, 2011**. No additional entries will be accepted after this date. The Final Entry forms will be circulated by Swimming Canada no later than May 15th, 2011.
 - **Entries may be submitted via Hy-tek for those NPC/NSF's using this format. Please include Entry Report with Proof of Times. All Hy-tek entries need to include classification numbers attached to the swimmers last name (John Smith5/4/5) and IPC registration number in the appropriate field.**
 - **NPC/NSF's not using Hy-tek, please submit entries on the attached Final Entry Form.**
- **Final entry modification and scratch deadline:** This is the final opportunity to modify entry times for entries submitted at the Final Entry. This is also the final opportunity to scratch swimmers from an event or remove them from the meet without penalty. – **Wednesday July 20th, 2011.**



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Entry Chairperson:

Dave Haanpaa

Events Manager, Swimming Canada

2445 St Laurent Blvd, Suite B140

Ottawa, Ontario, Canada

K1G 6C3

dhaanpaa@swimming.ca

Phone: (613) 260-1348 x 2010 Fax: (613) 260-0804

Pre-Competition Training Times:

- The pool will be available for pre-meet training from August 5th until the start of competition.
 - **Friday August 5th – 4.00pm-8.00pm**
 - **Saturday August 6th – 9.00am – 12.00pm & 3.00pm -6.00pm**
 - **Sunday August 7th – 8.00am – 6.00pm**
 - **Monday August 8th – 8.00am – 6.00pm**
 - **Tuesday August 9th - 8.00am – 6.00pm**
- Should any NPC/NSF require pool time before August 5th, or please contact the facility bookings department.
- Should any NPC/NSF wish to set up a pre-meet training camp, please contact Craig McCord (cmccord@swimming.ca) at Swimming Canada for contacts in Western Canada that could accommodate your team.

Pre-Meet Registration

- Pre-meet Registration will take place every day from 3.00pm – 6.00pm Saturday August 6th – Tuesday August 9th.
- All swimmers and support staff will be able to pick-up accreditations and all other competition materials at this time.

Technical Meeting:

The technical meeting for all coaches/team managers will be held at the Kinsmen Sport Centre at 4pm on Tuesday August 9th, 2011.

Doping Control Procedure:

Swimmers are selected randomly each day doping control is scheduled. Swimmers are notified by a Doping Control Marshal and are required to sign a notification form.

A Doping Control official will accompany the swimmer until released by the Doping Control Officer (DCO). Upon notification of testing and if necessary, the athlete may notify the DCO if they are competing in another event in the same session. In such cases, the DCO may direct that testing be carried out later in the session, provided a Chaperone accompanies and/or observes the Athlete at all times and until such time as the Athlete reports back to the Doping Control Station for testing.

Athletes selected for testing shall be required to provide a urine sample of approximately 100 ml. This is done in the presence of a witness. Upon completion of CCES paperwork the swimmer is released.

Photo identification is required for doping control. Coaches are asked to instruct athletes to bring photo identification to competitions (i.e. driver's license, school identification, passport, etc.).



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Blood Lactate Analysis

All NPC/NSF's wishing to do Blood Lactate Analysis during the 2011 Para-Pan Pacific Swimming Championships must apply to the LOC by May 15th, 2011 by completing the attached request form. The standard IPC Swimming Blood Lactate Protocols are in place and must be adhered to.

Video Race Analysis and Photography

All NPC/NSF's wishing to do Video Race Analysis or take photographs during the 2011 Para-Pan Pacific Swimming Championships must apply to the LOC by May 15th, 2011 by completing the attached request form. All videographers and photographers will be provided with an accreditation that will need to be worn at all times when taking video or photographs during the competition and training.

Meet Management & Contacts:

Swimming Canada Events Manager

Dave Haanpaa

dhaanpaa@swimming.ca

613-260-1348 x 2010

Meet Chair -Ollie Currie - ocurrie@shaw.ca

Meet Manager – Norma Lachance- mathdva@hotmail.com

SNC Competition Coordinator- Jocelyne Mclean Jocelyne.mclean@videotron.qc.ca

IPC Officials Chair – Lockie Lister – lister@telusplanet.net

Officials Chair- Julianne Hafer- jdhafer@telus.net

Data Manager – Cheryl Wall – jschramm@telusplanet.net



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ORDER OF EVENTS

Preliminaries Warm-Up: 8:00a.m.

Preliminaries Begin: 9:30a.m.

Finals Warm-Up: 3:30p.m.

Finals Begin: 4:30p.m.

DAY 1 – Wednesday August 10th, 2011

WOMEN	EVENT	MEN
1	200 Free (S1-S5 & S14)	
2	400 Free (S6-S13)	
	50 Butterfly (S1-S7)	3
	100m Butterfly (S8-S14)	4
5	50 Freestyle (S1-S14)	
	49 point 400 Free Relay	6
	56 point 400 Free Relay	7

DAY 2 – Thursday August 11th, 2011

WOMEN	EVENT	MEN
	200 Free (S1-S5 & S14)	8
	400 Free (S6-S13)	9
10	50 Butterfly (S1-S7)	
11	100m Butterfly (S8-S14)	
	50 Freestyle (S1-S14)	12
13	49 point 400 Medley Relay	
14	56 point 400 Medley Relay	

DAY 3 – Friday August 12th, 2011

WOMEN	EVENT	MEN
	50m Backstroke (S1-S5)	15
	100m Backstroke (S6-S14)	16
17	100m Freestyle (S1-S14)	
	50m Breaststroke (SB1-SB3)	18
	100m Breaststroke (SB4-SB14)	19
20	20 point 200 Medley Relay	
21	34 point 400 Medley Relay	



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DAY 4 – Saturday August 13th, 2011

<i>WOMEN</i>	<i>EVENT</i>	<i>MEN</i>
22	150m Individual Medley (SM1-SM4)	
	150m Individual Medley (SM1-SM4)	23
24	200m Individual Medley (SM5-SM14)	
	200m Individual Medley (SM5-SM14)	25
26	50m Backstroke (S1-S5)	
27	100m Backstroke (S6-S14)	
	20 point 200 Free Relay	28
	34 point 400 Free Relay	29

DAY 5 – Sunday August 14th, 2011

<i>WOMEN</i>	<i>EVENT</i>	<i>MEN</i>
	100m Freestyle (Classes S1- S14)	30
31	50m Breaststroke (SB1-SB3)	
32	100m Breaststroke (SB4-SB14)	
	20 point 200 Medley Relay	33
34	20 point 200 Free Relay	
	34 point 400 Medley Relay	35
36	34 point 400 Free Relay	
	49 point 400 Medley Relay	37
38	49 point 400 Free Relay	
	56 point 400 Medley Relay	39
40	56 point 400 Free Relay	

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Local Hotels

Hotel Information

Coast Edmonton House

(10 min. to pool - Suite hotel with kitchen facilities)

10205 100 Ave, Edmonton, AB T5J 4B5

Tel: 780 420 4000

Fax: 780 420 4364

Reservations: 1 800 716 6199

Rates: Para Pan Pacific Championships - \$125/night

Coast Edmonton Plaza

(10 min. to pool)

10155 105 St., Edmonton, AB T5J 1E2

Tel: 780 423 4811

Reservations: 1 800 716 6199

Rates: Para Pan Pacific Championship - \$99/night

Contact for both Coast hotels: **David Bauer.**

Please mention "Para-Pan Pacific Swimming Championships" when booking. Rooms are subject to availability at Swim Alberta rate.

Crowne Plaza Chateau Lacombe

10111 Bellamy Hill

Edmonton, AB, Canada

T5J 1N7

Tel: 780 428 6611

Kathy Blue

Car Rentals

Car Rentals are the responsibility of each NPC. Basic car rental information can be found on the internet. Please ensure you are booking a car at the Edmonton International Airport.

Swimming Canada Car Rental Partners

Swimming/Natation Canada has a partnership with both ***National Rent-a-car and Enterprise Car Rental***. If you wish to book rental vehicles from these partners, please access the web portal at the following address:

Web Portal: <https://www.swimming.ca/Travel>

Program Information: <https://swimming.ca/docs/Travel/Program-Summary-XVC5136.pdf>



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CLASSIFICATION

Please note that all swimmers requesting classification must be plan their travel so that they are available for classification at 8am Sunday August 7th, 2011. Classification appointments will be assigned by the Head Classifier. No requests for time slots will be accepted.

Who must be classified?

The classification status of swimmers with physical disabilities is listed on the IPC Swimming website at http://www.ipc-swimming.org/Classification/Athlete_Database/. Click on the relevant country then search for your name.

If you have never been classified or if your IPC Swimming Classification status is N new or R 2011 review date of 2011, you must request to be classified at this competition. Submit the enclosed Request for Classification form on pg. 11 and the Medical Data Submission form on pg. 25. You will be notified by email about your classification appointment. If your status is C- Confirmed, you do not require further classification.

Swimmers who are blind or visually impaired who have not been previously internationally classified should complete and submit the Request for Classification document on pg. 11 and the Medical Data Submission form on pg. 25.

Swimmers with an intellectual disability are eligible to swim in this meet under the category of S14. All S14 swimmers must appear on the INAS-FID Master Classification Database and have an IPC Swimming "N" or "R" status. All S14 swimmer entered in the meet must present themselves for Sport Specific Testing before the end of classification. S14 swimmers should complete and submit the Request for Classification document on pg. 11 and the Medical Data Submission form on pg. 25.

Classification Appointments

Functional classification for swimmers will be scheduled on Sunday August 7th, Monday August 8th and Tuesday August 9th. Swimmers will be notified by email of their appointment times per the conditions stated on the Request for Classification form. **Swimmers failing to appear for their scheduled classification appointment will not be eligible to compete at the 2011 Pan Pacific Para-swimming Championships.**

Submitting Your Request for Classification

All requests for classification must be received by **Wednesday May 11th, 2011**. Swimmers who submit their requests for classification after May 11th, 2011 will not be classified.



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Request for Functional / Visual / Intellectual Classification –

Please circle the type of classification you are requesting

Name: _____

Birth date: _____ (mm/dd/yyyy) Male _____ Female _____

Current Classification (if any): S _____ SB _____ SM _____

National Paralympic Committee/ Swimming Federation: _____

NPC/NSF Contact: _____

Email: _____

Day Time Phone: _____

Cell Phone: _____

Please type or print clearly. All correspondence about classification will be conducted via e-mail.
Why is the swimmer requesting to be classified?

- | | |
|--------------------------|--|
| <input type="checkbox"/> | The swimmer has never been classified at any level of competition |
| <input type="checkbox"/> | The swimmer has an “N” classification status- previous classification <u>not</u> conducted by international-authorized classifiers. |
| <input type="checkbox"/> | The swimmer has a “R” review date of 2011 as indicated on the IPC Swimming Website |

Please complete and submit the Pan Pacific Para-swimming Championships Request for Classification form and to the address below by **May 11th, 2011**.

Submit Requests for Classification to:

Ruth Rosano

Email - rosano@swimming.ca

Fax – 1-613-260-0804

Courier or Registered Mail – 140B 2445 St-Laurent Blvd Ottawa Ontario Canada K1G 6C3

Telephone 1-613-260-1314 x 2005

Please also complete and submit the IPC Swimming Medical Data Submission form located for download at: <http://www.ipc-swimming.org/Classification/> or complete the form on pg. 25-26 and submit with required supporting documents to the IPC at the address at the end of the document by **May 11th, 2011**.



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1st Entry Form

NPC/NSF: _____

Total Female Swimmers: _____

Total Male Swimmers: _____

Total Support Staff: _____

Total Number of Wheelchairs: _____

NPC/NSF Contact: _____

NSF/NPC Contact email: _____

SIGNATURE: _____

NPC/NSF STAMP:

DEADLINE: APRIL 13TH, 2011

Please submit by email or fax to Swimming/Natation Canada

dhaanpaa@swimming.ca or 1-613-260-0804



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2nd Entry Form

Please specify number of swimmers in each class and event inside the grids.

2011 Para-Pan Pacific Swimming Championship Entry By Numbers - Women												
	50 FR	100 FR	200 FR	400FR	50 BA	100 BA	50 BR	100BR	50 FLY	100FLY	150 IM	200 IM
S1												
S2												
S3												
S4												
S5												
S6												
S7												
S8												
S9												
S10												
S11												
S12												
S13												
S14												

2011 Para-Pan Pacific Swimming Championship Entry By Numbers - Men												
	50 FR	100 FR	200 FR	400FR	50 BA	100 BA	50 BR	100BR	50 FLY	100FLY	150 IM	200 IM
S1												
S2												
S3												
S4												
S5												
S6												
S7												
S8												
S9												
S10												
S11												
S12												
S13												
S14												

DEADLINE: May 11TH, 2011

Please submit by email or fax to Swimming/Natation Canada

dhaanpaa@swimming.ca or 1-613-260-0804



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Final Entry Form

Final Entry by Name - One swimmer per page

NPC:						NPC CODE:			
Family Name:									
Given Name:									
Date of Birth: (dd/mm/yyyy)							M or F		
Event	Class	Qualifying Time	dd	mm	yy	Competition Name		Competition Location	
50 free									
100 free									
200 free									
400 free									
50 back									
100 back									
50 fly									
100 fly									
50 breast									
100 breast									
150 IM									
200 IM									

DEADLINE: June 15TH, 2011

Please submit by email or fax to Swimming/Natation Canada

dhaanpaa@swimming.ca or 1-613-260-0804



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Protocol for Blood Lactate Sampling at 2011 Pan Pacific Para-swimming Championships

Note: This testing procedure is only for lactate testing. Blood sampling for any other purpose is not allowed.

The following guidelines apply to the collection of blood samples for the purpose of athlete service. NPCs wishing to conduct such testing at 2011 Pan Pacific Para-swimming Championships must adhere to the following:

- These guidelines refer to testing done in or near the competition or training area from the moment that the competition venue is available for training purposes until the official close of the competition.
- NPCs wishing to perform such testing must make a written request to the 2011 Pan Pacific Para-swimming Championships Organizing Committee by means of the completed form on page 3 of this protocol. The request includes details on the sampling methods and safety procedures that will be implemented.
- The NPC involved in blood sampling will test only its own athletes and has written permission from each individual to do so. A copy of these forms should be available for inspection during the competition.
- In absence of International Standards, the NPC is responsible to ensure the person(s) performing the testing are appropriately qualified. A name list with notification of qualification needs to be submitted as part of the application. Only the persons listed are authorized to perform the testing.
- The sampling will take place at a predetermined designated location at the venue agreed to by the Technical Delegate (TD) in consultation with the Organizing Committee. The individual(s) responsible for testing the swimmers from their NPC is to contact the TD upon arrival and will then be informed of the designated location for testing.
- The organizer will provide the required tools for disposal of all medical waste (gloves, lancets, capillary tubes etc.) in agreement with a recognized local firm and/or hospital.
- The TD is mandated to check if all relevant documents can be shown at the event, act when the agreement is not complied with, and will report back to the SNC Technical Coordinator.
- The Local Organizing Committee is not liable for injuries, exposures and/or any irregularities in procedures related to the blood lactate sampling conducted by the NPC.
- Failure to adhere to these terms will result in loss of accreditation for the person(s) involved in the testing.
- The authorization will be granted to the NPC upon submission of all required documentation at the prescribed deadline.



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ABBREVIATED STANDARD PRECAUTIONS

'Standard Precautions' are basic work practices adapted from the Universal precautions of the National Institute of Environmental Health and Safety (USA).

1. General Hygiene:

- Work areas should be maintained in a hygienic state – benches and equipment should be kept free of spills and wiped over with an alcohol or bleach based product after each use.
- The use of protective pads can help to keep the work area clean.
- The protective pads should be changed at the end of every work session and within a session if it becomes soiled.

2. Hands / Gloves:

- Disposable latex gloves must be worn at all times when handling blood samples or any equipment associated with blood collection/testing.
- Hands should be cleaned with warm water and disinfectant after the handling of any blood samples or equipment associated with blood testing.

3. Biohazard Disposal / Biological Waste:

- All 'sharp' items contaminated or not, must be disposed of immediately after use, in a Biohazard Sharps Container [i.e. needles, butterfly needles, lancets, capillary tubes].
- Other contaminated items, not considered 'sharps' must be disposed of in a Biohazard Bag [i.e. tissues, autolet platforms, gloves, cotton wool balls, alcohol swabs].
- Biohazard Sharps Containers and Biohazard Bags should be collected by the firm designated in the agreement as mentioned above.

4. Food

- Foodstuffs and drinks must not be consumed in blood testing areas or when using blood testing equipment.

5. Risk Minimization

- All blood samples must be transported from the testing areas in closed containers.

NEEDLE/SHARPS INJURY & EXPOSURE MANAGEMENT

In the event of a needle/sharp injury and/or exposure to body fluids, the individual must report within twelve (12) hours to the medical services in the venue. Full responsibility for further assessment of the injury, including the follow-up lies with the NPC.

In cases where the LOC has not ensured an appropriate infrastructure nor waste management provisions in accordance with the IPSF requirements, the SNC Technical Coordinator will inform all relevant parties that the blood lactate testing will not take place.

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Kinsmen Sports Centre

Edmonton, Alberta, Canada

APPLICATION FOR BLOOD SAMPLING AT 2011 PAN PACIFIC PARA-SWIMMING CHAMPIONSHIPS

1. The NPC involved in blood sampling will test only their own athletes.
2. The NPC will have written consent forms from each individual athlete.
3. The NPC must have a hard copy of the standard sampling methods and safety procedures available.
4. The NPC encloses a list of qualified individuals to perform the testing with this application (Names + qualification). The NPC has a copy of this list available to the TD upon request.
5. The NPC must do their sampling at the predetermined position or room in the pool agreed to by the Technical Delegate and the Organizing Committee.
6. NPCs must adhere to the standard precautions described above.

DEADLINE FOR SUBMISSION OF REQUEST FOR LACTATE TESTING FORM is WEDNESDAY MAY 11TH, 2011.

BLOOD SAMPLING CHECK LIST – documents to be available at the venue
(The SNC Technical Coordinator is mandated to check if all documents are available)
Written consent forms from each individual athlete
Hard copy of standard sampling safety procedures
Hard copy of qualifications of person(s) who conducts the tests
Hard copy of this Agreement, countersigned by IPC

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AGREEMENT FORM ALLOWING BLOOD SAMPLING DURING COMPETITION

I have read and will ensure adherence by the NPC to the IPC Protocol for Blood Lactate Testing.
On behalf of the NPC I will ensure that the testing area is kept clean and that our hazardous materials are being disposed of through the appropriate agency.

Submission Date: _____

NPC or NSF Swimming Representative

Name: _____

Function: _____

Signature: _____

NSF or NPC President/Secretary-General/CEO

Name: _____

Function: _____

Signature: _____

Stamp NPC

Agreement received by 2011 Para-Pan Pacific Swimming Championships LOC

Date: _____

Approved by: _____ (printed name)

Signature: _____



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APPROVAL FOR CAPTURING VIDEO FOOTAGE and STILL PHOTOGRAPHY

The following guidelines detail the requirements of the 2011 Pan Pacific Para-swimming Championships for NPC/NSFs requesting the capturing of video footage of swimmers for biomechanical stroke analysis data and taking still photographs of swimmers and racing during the 2011 Pan Pacific Para-swimming Championships. Applications are required to be submitted no later than the second entry deadline of **May 11th, 2011**.

Note: NPC/NSF's are required to accredit all staff who will be filming race analysis video or taking photographs during the competition. NPC/NSF delegation members not accredited will be unable to shoot video or take pictures during the event.

NPC/NSF Details

NPC/NSF Name: _____

Contact Person at the Competition: _____

Arrival Date: _____

Departure Date: _____

- For those NPC/NSFs that have gained approval, the contact person, upon arrival shall report to the SNC Events Manager, Dave Haanpaa at the competition pool to finalize the allocated NPC/NSF space for filming/photography.
- Filming is only allowed with non-professional camera equipment.

General Code of Conduct

All NPC representatives involved in the above mentioned filming/photography who have access to competition venues shall:

1. Adhere to all accreditation and security policies
2. Respect the wishes of the swimmers
3. Respect the rules of the sport as determined by the relevant SNC Events Manager, SNC Technical Coordinator and/or any other relevant party (e.g. Referee and/or Marshal)
4. Non-professional camera equipment: handheld cameras, no shoulder cameras
5. Abide by the guidelines and not deviate from the information, as detailed in the original application. In any instance where a deviation from the filming/photography may occur, it is the responsibility of NPC/NSF representative to first discuss the implications with the SNC Events Manager and SNC Meet Coordinator. The SNC Technical Coordinator must give approval for any changes made.
6. At no time will the NPC/NSF's footage be used for either a technical or classification protest for either their own swimmer(s) or another country's swimmer(s).



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7. Footage being taken is only for NPC/NSF's own swimmers for coaching or research purposes i.e. biomechanical stroke analysis, and has the agreement of the swimmer/s. At no time is footage to be captured of swimmers from other countries and used for any purpose.

Project Specific Code of Conduct

1. Person/s conducting filming/photography will not inhibit the work or obstruct other persons from carrying out their specific duties (e.g. obstructing the views of accredited photographers or officials).
2. Person/s conducting filming are not permitted to record footage of the athletes in the Call Zone or in the changing rooms.
3. Access to the Field of Play is restricted to the appointed camera position only.
4. Access to any other position on the Field of Play is permitted only after prior agreement from the SNC Technical Coordinator.
5. No underwater filming will be permitted.

Information to be Provided Prior to Approval

The NPC/NSF is required to submit the following information prior to the approval being given:

1. An estimate of the number and type of cameras (video and still) that are to be used
2. The camera(s) desired location
3. The required space for camera(s) and any other equipment
4. Other equipment required i.e. computer, etc.

Please note:

- NPC/NSF's may have a limit to the number of cameras, based on number of requests and available space.
- The 2011 Pan Pacific Para-swimming Championships Local Organizing Committee is not required or responsible to provide any of the necessary equipment.
- Every endeavor will be made to provide power supply but this cannot and will not be guaranteed.

Please ensure that Application Pages (pp. 19 & 22) are sent to the SNC EVENTS MANAGER on or before May 11th, 2011. Contact information is below:

Dave Haanpaa
Events Manager, Swimming Canada
2445 St Laurent Blvd, Suite B140
Ottawa, Ontario, Canada
K1G 6C3
dhaanpaa@swimming.ca
Phone: (613) 260-1348 x 2010 Fax: (613) 260-0804



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Application for Capturing Video for Race Analysis or Still Photography

NPC/NSF Details

NPC/NSF Name: _____

Contact Person at the Competition: _____

Arrival Date: _____

Departure Date: _____

- For those NPC/NSFs that have gained approval, the contact person, upon arrival shall report to the SNC Events Manager, Dave Haanpaa at the competition pool to finalize the allocated NPC/NSF space for filming.

Video Camera Information

Number of Video Cameras: _____ Number of Still Cameras: _____

List Make and Model of all cameras

- _____
➤ _____
➤ _____
➤ _____

List [Print the name/s of coach/es or staff conducting filming or shooting still photography]:

NAME: _____

NAME: _____

NAME: _____

NAME: _____

For 2011 Para-Pan Pacific Swimming Championships use only

Signed by SNC Events Manager once approval has been given:

Signature of Events Manager: _____

Date when approval is given: _____

Signature of Meet Coordinator on site:

Signature of the NPC/NSF Contact Person on site: _____



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2011 Pan Pacific Para-swimming Championships Men LCM Qualifying Times														
	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14
50 Free	02:56.0	01:50.0	01:28.0	01:17.0	01:00.5	49.5	39.6	38.5	35.2	34.1	44	38.5	35.2	35.2
100 Free	05:30.0	03:51.0	03:18.0	02:45.0	02:12.0	01:44.5	01:33.5	01:28.0	01:17.0	01:12.6	01:28.0	01:22.5	01:17.0	01:17.0
200 Free	11:00.0	07:40.0	05:54.0	05:30.0	05:08.0									02:44.0
400 Free						07:42.0	07:20.0	07:09.0	06:36.0	06:25.0	07:42.0	06:58.0	06:39.0	
50 Back	02:56.0	02:12.0	01:50.0	01:28.0	01:06.0									
100 Back						02:01.0	01:50.0	01:44.5	01:28.0	01:25.0	02:01.0	01:50.0	01:39.0	01:28.0
50 Breast	03:38.0	02:12.0	01:50.0											
100 Breast				02:34.0	02:28.5	02:23.0	02:12.0	01:50.0	01:34.6		02:12.0	01:50.0	01:39.0	01:34.6
50 Fly	02:12.0	02:01.0	01:39.0	01:28.0	01:17.0	01:00.5	49.5							
100 Fly								01:44.5	01:28.0	01:22.0	01:50.0	01:33.5	01:28.0	01:28.0
150 IM	06:36.0	06:03.0	05:30.0	04:24.0										
200 IM					05:30.0	04:24.0	03:51.0	03:40.0	03:18.0	03:07.0	04:02.0	03:40.0	03:18.0	03:18.0

2011 Pan Pacific Para-swimming Championships Men SCM Qualifying Times														
	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14
50 Free	02:59.5	01:52.2	01:54.4	01:56.7	01:00.5	49.5	00:38.8	00:37.7	00:34.5	00:33.4	00:43.1	00:37.7	00:34.5	00:34.5
100 Free	05:30.0	03:55.6	04:00.3	04:05.1	02:12.0	01:44.5	01:35.4	01:29.8	01:18.5	01:14.0	01:26.2	01:20.9	01:15.5	01:15.5
200 Free	11:00.0	07:49.2	07:58.6	08:08.2	05:08.0									02:40.7
400 Free						07:42.0	07:28.8	07:17.6	06:43.9	06:32.7	07:32.8	06:49.6	06:31.0	06:28.1
50 Back	02:56.0	02:14.6	02:17.3	02:20.1	01:06.0									
100 Back						02:01.0	01:52.2	01:46.6	01:29.8	01:26.7	01:58.6	01:47.8	01:37.0	01:26.2
50 Breast	03:38.0	02:14.6	02:17.3											
100 Breast				04:50.8	02:28.5	02:23.0	02:14.6	01:52.2	01:36.5		02:09.4	01:47.8	01:37.0	01:32.7
50 Fly	02:12.0	02:03.4	02:05.9	02:08.4	01:17.0	01:00.5	00:50.5							
100 Fly								01:46.6	01:29.8	01:23.6	01:47.8	01:31.6	01:26.2	01:26.2
150 IM	06:36.0	06:10.3	06:17.7	06:25.2										
200 IM					05:30.0	04:24.0	03:55.6	03:44.4	03:22.0	03:10.7	03:57.2	03:35.6	03:14.0	03:14.0



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2011 Pan Pacific Para-swimming Championships Women LCM Qualifying Times

	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14
50 Free	03:38.0	02:22.0	02:01.0	01:28.0	01:17.0	01:00.5	49.5	45.1	39.6	38.5	49.5	42.9	39.6	39.6
100 Free	06:36.0	04:46.0	04:02.0	03:07.0	02:45.0	02:01.0	01:44.5	01:39.0	01:28.0	01:22.5	01:50.0	01:39.0	01:33.5	01:28.0
200 Free	12:52.0	08:35.0	07:40.0	06:39.0	05:30.0									03:06.0
400 Free						08:46.0	08:15.0	08:04.0	07:09.0	06:47.0	08:15.0	07:42.0	07:20.0	07:09.0
50 Back	03:18.0	02:23.0	02:12.0	01:39.0	01:28.0									
100 Back						02:23.0	02:12.0	02:01.0	01:50.0	01:39.0	02:12.0	02:01.0	01:50.0	01:50.0
50 Breast	03:51.0	02:56.0	02:12.0											
100 Breast				03:18.0	03:07.0	02:56.0	02:34.0	02:12.0	02:01.0		02:34.0	02:12.0	02:01.0	02:01.0
50 Fly	02:45.0	02:34.0	02:12.0	02:01.0	01:50.0	01:22.5	01:06.0							
100 Fly								02:12.0	02:01.0	01:50.0	02:12.0	02:01.0	01:50.0	02:01.0
150 IM	07:09.0	06:52.5	06:36.0	05:30.0										
200 IM					06:36.0	05:30.0	04:46.0	04:24.0	03:40.0	03:29.0	04:24.0	04:13.0	03:51.0	03:40.0

2011 Pan Pacific Para-swimming Championships Women SCM Qualifying Times

	S1	S2	S3	S4	S5	S6	S7	S8	S9	S10	S11	S12	S13	S14
50 Free	03:42.36	02:24.84	02:03.42	01:29.76	1:17.00	1:00.50	00:48.51	00:44.20	00:38.81	00:37.73	00:48.51	00:47.54	00:38.81	00:38.81
100 Free	06:43.92	04:51.72	04:06.84	03:10.74	2:45.00	2:01.00	01:42.41	01:37.02	01:26.24	01:20.85	01:47.80	01:45.64	01:31.63	01:26.24
200 Free	13:07.44	08:45.30	07:49.20	06:46.98	5:30.00									03:02.28
400 Free						8:46.00	08:05.10	07:54.32	07:00.42	06:38.86	08:05.10	07:55.40	07:11.20	07:00.42
50 Back	03:21.96	02:25.86	02:14.64	01:40.98	1:28.00									
100 Back						2:23.00	02:09.36	01:58.58	01:47.80	01:37.02	02:09.36	02:06.77	01:47.80	01:47.80
50 Breast	03:55.62	02:59.52	02:14.64											
100 Breast				03:21.96	3:07.00	2:56.00	02:30.92	02:09.36	01:58.58		02:30.92	02:27.90	01:58.58	01:58.58
50 Fly	02:48.30	02:37.08	02:14.64	02:03.42	1:50.00	1:22.50	01:04.68							
100 Fly								02:09.36	01:58.58	01:47.80	02:09.36	02:06.77	01:47.80	01:58.58
150 IM	07:17.58	07:00.75	06:43.92	05:36.60										
200 IM					6:36.00	5:30.00	04:40.28	04:18.72	03:35.60	03:24.82	04:18.72	04:13.55	03:46.38	03:35.60

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MEDICAL DATA SUBMISSION

Athletes attending classification are requested to send medical documentation in English, except those with a diagnosis as follows:

- Single or Multiple amputations or Dysmelia
- Moderate to Severe forms of Cerebral Palsy
- Arthrogryposis
- Achondroplasia
- Complete Spinal Cord Lesions resulting in Paraplegia or Tetraplegia
- Brachial Plexus Lesions or Erb's Palsy
- Intellectual disability

(if you are unsure that the athlete's impairment is not in one of the above categories, please provide supporting medical specialist's documentation)

Name of Athlete _____

Date of birth (dd/mm/yyyy) _____ Male: _____ Female: _____

Disability Group:

- Functional _____
- Visual Impairment _____
- Intellectual Disability _____

Date and place of the competition/s where international classification is offered and the athlete named above will enter:

Medical Condition (please attach relevant medical papers in English)

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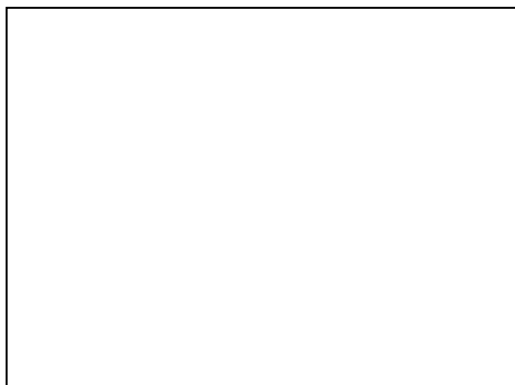
Kinsmen Sports Centre
Edmonton, Alberta, Canada

Name, position and email of the person submitting medical data:

Date (dd/mm/yyyy) _____

Signature: _____

Stamp of Respective NPC:



Please note that medical data submission form deadline for the 2011 Pan Pacific Para-swimming Championships is May 11th, 2011 to:

International Paralympic Committee – IPC Swimming

Adenaurallee 212-214

53 113 Bonn, Germany

Email: ipcswimming@paralympic.org

Fax: +492282097209

Please ensure that you follow-up with IPC that they have received your Medical Data Submission.

