



2011 Team Aquatic Supplies Alberta Age Group Trials Long Course
Family Leisure Centre, Medicine Hat
2000 Division Ave N
June 17 - 19, 2011

| Position | Name | Phone | E-mail |
|------------------|-----------------------------|----------------|--|
| Host Club | Alberta Marlin Aquatic Club | (403) 580-2622 | |
| Meet Manager | Jane Zwicker / Marie Morter | (403) 580-2622 | meets@marlin.ab.ca |
| Advisory Referee | Iris Jackson | | jackson.irism@gmail.com |
| Officials Chair | Dave Morter | (403) 529-1979 | officials@marlin.ab.ca |
| Swim Alberta* | Kevin Dennis | (780) 415-1785 | kevin@swimalberta.ca |

***Swim Alberta Contact:**

- For questions or clarification regarding the technical content of the meet package.

Sanction & Rules:

- This meet is sanctioned by Swim Alberta, abiding by the rules and regulations of SNC and FINA, contained in the SNC rule book and the policies and procedures of Swim Alberta plus the rules as stipulated in this meet package.

Categories:

- Male and Female; 10 & Under; 11 & 12; 12 & Under; 13 & 14

Qualifying Standard/Period:

- The qualifying period is September 1, 2010 to the entry deadline.
- Swimmers must achieve their distinct age Meet Qualifying Time (MQT) for the 400 freestyle or 200 IM, within the qualifying period, either short course or long course.
- Swimmers who achieve any distinct age Swim Alberta A time standard, short course or long course, prior to the first day of competition are de-qualified from the meet.
- Swim Alberta time standards are available from www.swimalberta.ca.

Eligibility:

- The 2011 Team Aquatic Supplies Alberta Age Group Trials is a CLOSED competition, restricted to those swimmers currently registered with Swim Alberta.

Selection Criteria for participation at the 2011 Speedo Age Group Provincial championships:

- Swimmers winning an individual event at the 2011 Team Aquatic Supplies Alberta Age Group Trials may enter the 2011 Speedo Alberta Age Group Provincials, regardless of whether they meet the 'A' standard in that event.



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Entry Deadline:

- The entry deadline will be fourteen (14) days prior to the first day of competition (June 3, 2011 before midnight).
- Swimmers qualifying for their first event after the entry deadline can enter the competition at the regular entry fee; these entries must be received before midnight on Monday June 13, 2011.
- Late entries of pre-qualified swimmers will be permitted at double the published entry fee, only when an extra preliminary heat is not created. These entries will be exhibition and seeded as No Time (NT).

Entries:

- Entries must be made using Hy-Tek online at swimming.ca.
- Coaches may not upload an entry file after the Entry Deadline without first receiving permission from meet management.
- Swimmers may swim a maximum of seven (7) individual events once they have met one of the MQT's.
- Entry times must be in Long Course metres. Short Course times may be converted by adding 2%. No-Time entries will not be accepted. Estimated times may be submitted if a time is not available.
- When an "A" qualifier's birthday falls between the Team Aquatic Supplies Age Group Trials and the Speedo Age Group Championships, making them ineligible to compete in either meet, the swimmer may be entered in Team Aquatic Supplies Alberta Age Group Trials in the higher age group category. This can only occur if: the swimmer has achieved the meet qualifying time for the higher age group, and the swimmer has not achieved an "A" Time Standard for the higher age group category.
- Any club submitting entries for non-qualified or de-qualified athletes will be subject to a \$100.00 fine payable to Swim Alberta.

Proof of Time

- Proof of time is not required. Coaches must still be prepared to prove upon request that all entered swimmers have qualified in either the 200 IM or 400 Free at a sanctioned competition within the qualifying period.

Entry Fees:

- Entry fees must be paid prior to the start of the competition.
- An entry fee report will be sent after the entry deadline.
- Cheques for entry are to be payable to the Alberta Marlin Aquatic Club.
- Entry fees are \$8.00 per individual, \$10.00 per relay entry and include the Olympic Bonus.
- Entry fees are refundable prior to the entry deadline (June 3, 2011 before midnight).

Scratches:

- Coaches are requested to submit any known scratches to the Meet Manager prior to the start of the meet.
- Scratches are to be submitted to the Clerk of Course 30 minutes prior to the start of each session.
- The Scratch Deadline for finals each night will be 30 minutes following the conclusion of the preliminary session. The conclusion of the session will be the completion of the final race of the session or where the 800/1500 are the last events of the session, the scratch deadline shall be 30 minutes after the completion of the last race immediately preceding the start of the 800/1500.

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Scratches Continued:

- The Last Scratch Deadline shall be 30 minutes prior to the start of the finals session. However, there shall be no reseeding to include scratches made after the initial scratch deadline.
 - The Last Scratch Deadline applies only if the following procedures take place:
 - The referee, the coach and/or alternate for the event scheduled has been notified of the impending scratch by the coach of the swimmer who scratched.
 - The alternate has reported to the Clerk of Course and is prepared to swim the event.
- No-Shows, step-downs, late scratches and unexcused incomplete swims:
 - For preliminary events there shall be no penalty.
 - For final events the offending swimmer shall be scratched from all remaining final events including participation in relay events for that session.

Format:

- The meet, including warm-up, will be conducted in an 8-lane 50m pool, including warm-up sessions.
- Event age groups will be 10 & under, 11-12 and 13-14 except for the 200 fly, 400 IM, 800 & 1500 freestyle which will be 12 & under and 13-14.
- All preliminaries will swim regardless of number of entries.
- There will be A finals for every event with the exception of the 400 freestyle, 800 freestyle, 1500 freestyle and 400 IM, which are time final events in the preliminary session.
- The 800 & 1500 freestyle will be senior seeded, fastest to slowest, alternating gender, and may be swum two swimmers per lane, except for the fastest Olympic eligible heat, which will swim 1 per lane.
- Positive check-in is required for the 800 & 1500 freestyle prior to the start of the session in which the event will be swum.
- Preliminary events may be senior seeded by gender and separated for finals as listed per the event age groups.

Relays:

- See CSWAG 1.1.7 and SNC 2.3
- Relay events are time-finals.
- Individual names for relays must be submitted 30 minutes prior to the start of the session.
- The deadline for name changes will be 30 minutes prior to the start of the event.

Scoring & Awards:

- There will be no scoring at this competition.
- Individual Events - medals will be awarded to the top three finishers in all individual events, 10&U, 11&12, 12&U, 13&14 age categories. Note the 12 & under age group will only be for the 200 fly, 400 IM, 800 & 1500 freestyle events. Ribbons will be awarded to the remaining top eight finishers.
- Relay events - medals will be awarded to the first place team in all relay events. Ribbons will be presented to the second and third place teams.
- Discrete age winners will receive a 2011 Team Aquatic Supplies Age Group Trials Winner Certificate.

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Coaches Technical Meeting

- A coaches meeting will be held fifteen (15) minutes prior to the first warm-up session.

ACC Professional Development:

- This session will include Swim Alberta information, question period, and an educational component. The congress will be held immediately following heats on Sunday.

Time Trials:

- Swim Alberta and Meet Management must both approve a time trial, which will only be held in exceptional circumstances.

Swim Alberta Sponsor Hotel:

Coast Medicine Hat, 3216 13 Avenue SE

800-716-6199 / 403-581-4656

Request the Swim Alberta Rate when booking



IHG Partner Hotel:

Holiday Inn Express, 9 Strachan Bay SE

877-863-4780 / 403-504-5151

Swim Alberta Rate \$155

Rate includes hot breakfast, must be booked prior to

Event Order:

| Friday June 17 | Saturday June 18 | Sunday June 19 |
|---|--|--|
| Coaches Meeting: 12:45 pm Prelim Warm-up: 1:00 pm Prelim Start: 2:00 pm | Prelim Warm-up: 7:30 am Prelim Start: 8:30 am | Prelim Warm-up: 7:30 am Prelim Start: 8:30 am |
| 400 IM (Time-Final) | 200 IM | 200 Breast |
| 100 Breast | 200 Fly | 200 Free |
| 50 Back | 100 Free | 100 Back |
| 400 Free (Time-Final) | 200 Back | 50 Breast |
| 50 Free | 50 Fly | 1500 Free (Time-Final) |
| 100 Fly | 800 Free (Time-Final) | |
| | | |
| | Finals Warm-up: 4:00 pm Finals Start: 5:00 pm | Finals Warm-up: 4:00 pm Finals Start: 5:00 pm |
| | 200 IM | 200 Breast |
| | 100 Breast | 50 Free |
| | 50 Back | 100 Fly |
| | 200 Fly | 200 Free |
| | 100 Free | 100 Back |
| | 200 Back | 50 Breast |
| | 50 Fly | 4x50 Medley (Time-Final) |
| | 4 x 50 Free (Time-Final) | |

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Medicine Hat Hotels

Club Sponsor Hotel:

Quality Inn 800-661-4440 or 403-527-8844

(formally known as Callaghan Inn)

\$95 / night - ask for the AMAC rate when booking

Hot Breakfast included

5 minutes to pool, not as many restaurants

Best Western 403-527-3700

Travelodge 800-442-8729

Ramada 403-526-5955

10 minutes to pool, more restaurants

Comfort Inn 403-504-1700

Med Hat Lodge 403-529-2222

Days Inn 403-580-3297

Super 8 403-528-8888