



Winter BC Age Group Championships

*Hosted by Canadian Dolphin Swim Club
February 21-23, 2020
Vancouver, BC*



- Age Groups
 - Females: 10&U, 11, 12
 - Males: 11&U, 12, 13
- Timed Final Events:
 - 50-100-400 Free
 - 100-200 for each Back, Breast, Fly
 - 400 IM
 - 200 Free Relay F/M & Mixed; 200 Medley Relay F/M & Mixed
- Heats & Finals
 - 200 IM & 200 Free
- Must qualify with 200 IM Standard and 1 other Event
- Swimmers are allowed a Max of 7 Events

**** Some lane space - SCY, may be available between 5 - 7 PM on Thursday, February 20th, please contact CDSC directly.**

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Swim BC and the Canadian Dolphin Swim Club would like to begin by acknowledging that the land on which we gather is the traditional and unceded Coast Salish territory of the Musqueam, Squamish and Tsleil-Waututh Nations.

SAFE SPORT

Swim BC believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Swim BC is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.

All participants in this event are reminded that they are bound by Swim BC's Policies and Procedures, including but not limited, to the Code of Conduct and Ethics policy, the Gender Equity policy and the Screening and CRC policy.

COMPETITION HOSTS

Canadian Dolphin Swim Club and Swim BC

VENUE

Vancouver Aquatic Centre - 1050 Beach Ave, Vancouver, BC V6E1T7

POOL

Competition pool: 8 lane X 25m

Warm-up space available: 10 lanes X 20.8 metre warm up lanes

Omega Timing System

Meet Manager:	Jeannie Lo meetmgr@canadiandolphin.ca
Meet Referee:	Dawna McIver
Officials Coordinator:	Graem Luis officials@canadiandolphin.ca
Swim BC & Entries Contact:	Carrie Matheson carrie.matheson@swimbc.ca

CHANGES IN THE MEET PACKAGE

- ADDITION OF RELAY FEES (page 3)
- SWIMMING CANADA EVENT PHOTOGRAPHY AND VIDEOGRAPHY PROCEDURES (page 8)

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SANCTIONED BY SWIM BC: #34954

WARM UP AND START TIMES FRIDAY, FEBRUARY 21, 2020		
Session #1	Warm-up*	8:00 - 9:20am
	Competition**	9:30 - 1:00pm
Session #2	Warm-up*	3:00 - 4:20pm
	Competition**	4:30 - 8:00pm
SATURDAY, FEBRUARY 22, 2020		
Session #2	Warm-up*	8:00 - 9:20am
	Competition**	9:30 - 1:00pm
Session #3	Warm-up*	3:00 - 4:20pm
	Competition**	4:30 - 8:00pm
SUNDAY, FEBRUARY 23, 2020		
Session #4	Warm-up*	8:00 - 9:20am
	Competition**	9:30 - 4:00pm

Notes:

* Session warm-ups may be blocked

** Anticipated times, subject to change based on entries are received; all session lengths are approximate.

ELIGIBILITY

- All swimmers must be registered with a Swim BC, SNC, USS or other FINA recognized club.
- Qualifying period is from September 1, 2018, to the entry deadline.
- During the qualifying period, athletes must have attained at least their 200 IM and 1 other event's qualifying times (in events offered at this meet) in an appropriately sanctioned competition, in their age group as of the Entry Deadline.
 - For Females, age groups are 10 & U, 11, 12
 - For Males, age groups are 11 & U, 12, 13
- Swimmer's age is as of the first day of the meet.

ENTRIES

- Entries must be validated against the SNC meet results database; invalid entry times, unofficial splits, or converted entry times will not be accepted.
- Swimmers who qualifies for the meet will be allowed to enter up to **SEVEN individual events**.
- "NT" entries and "custom time" entries will not be accepted in individual events; swimmers must have a valid provable entry time in each event they enter.
- NO CONVERTED TIMES.** All LCM entries will be converted to SCM by meet management and seeded accordingly.
- For reference purposes, please email a .pdf copy of entries to Entries Coordinator: **Carrie Matheson** (carrie.matheson@swimbc.ca)
- Entries must include relay names associated with the relay entries. Relay swimmers can be changed at the meet. (See Relay Section for more information)
- Relay entries without names will be seeded as "NT".

8. Swimmer Meet fees are **\$75.00 per swimmer**, which includes the \$4/swimmer Swim BC Provincial Team Splash Fee.

9. Relay Fees are **\$12.00 per relay**.

10. Cheques payable to: **CDSC**

11. **All fees MUST be paid prior to the start of the meet.**

12. Entries must be uploaded to SNC meet listing website.

13. Please include the proper contact name, phone number, and email address when uploading entries.

14. **Late entries** (entries received or uploaded after 9:00pm on Monday, February 10, 2020) **will be accepted at the discretion of Meet Management. If accepted, the Meet fees and/or Relay fees will be doubled.**

ENTRY DEADLINE:

MONDAY, FEBRUARY 10, 2020 at 9:00pm

SCRATCH DEADLINE:

MONDAY, FEBRUARY 17, 2020 at 12:00 noon

GENERAL

- This meet will observe rules as outlined in the current SNC Rulebook.
- There will be no deck entries, exhibition swims, or time trials.
- SNC warm-up procedures will apply.
- Pool Depth 1.5m - 2m on diving end. 4.5m on bulkhead end. Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1
- Warm-ups may be blocked, depending on number of swimmers entered in the meet. Coaches will be notified via email with details on the warm-ups.
- Backstroke ledges will be available.
- This will be a Timed Final Meet with the exception for the 200 IM and 200 Free; those events will be prelims/finals. (see schedule of events for more information)
- Events will be swum in the event order as outlined in the meet event list.
- Timed final events will be senior-seeded; slowest to fastest.
- The 200 IM and 200 Free events, there will be only "A" finals.
- The 400 Free and 400 IM events will be limited to the **fastest 16 entries in each age group as well as the next 8 fastest swimmers of each gender regardless of age.**
 - If there are not 16 swimmers in an age group, the next fastest swimmers (regardless of age) will be added to those empty lanes.
 - Teams will be notified via email if their swimmers are not in the event, and another event may be selected before the scratch deadline.
- Coaches are required to check in with the Meet Manager immediately upon arrival to pay entry fees, pick up

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Meet Package and receive information regarding any changes.

13. A coaches' meeting will be held 10 minutes prior to the start of heats on Friday and as necessary through the meet.
14. No more than 48 hours after the entry deadline, club entry contacts will be notified of any non-qualified entries that cannot be accepted and will be given the opportunity to enter an alternative event. Those alternate events must be submitted by the Scratch Deadline or they will **NOT** be accepted.
15. Violations of the Swim BC Code of Conduct and Ethics policy may result in immediate disqualification from the meet.
16. **ALL** photographers must have applied for and received permission from meet management prior to start of meet to be on deck. Photographers must be representing a participating club and have the support of the club to be on deck, taking photos for the clubs use only. Requests for photographers can be sent to the Meet Manager.
 - a. **All approved photographers must be identified by wearing a self-provided safety vest.**
17. All swimmers must enter pool through front doors.
18. Viewing area above the pool deck is restricted to parents and spectators only. Swimmers and club seating is restricted to the pool deck.
19. Parents are not allowed on deck at any time unless officiating.
20. Swimmer are not permitted to remain on deck during session breaks.

PARA-SWIMMERS

1. There will be no specific para-swimming events at this meet.

RELAYS

1. Age groups for relays will be:
 - a. Females: 10 & U and 12 & U
 - b. Males: 11 & U and 13 & U
 - c. Mixed: Open (12 & U F and 13 & U M)
2. There will be no qualifying times for relays.
3. Mixed relay teams must have 2 Females and 2 Males per team.
 - a. No official splits will be taken during the Mixed Relay events.
4. Only swimmers whose names appear on the meet entries may compete in relay events.

5. Please specify relay team swimmer assignments with entries. Clubs will have the opportunity to change relay swimmers.
6. Swimmers who will be in relays only shall be listed in their club's Hy-tek entry file as "Relay only swimmers"; such swimmers will be subject to swimmer surcharges (Provincial Team Splash Fees)
 - a. A relay team may have no more than two "relay-only" swimmers.
 - b. **An email must also be sent to the Entries Contact notifying them of the relay-only swimmers and their SNC ID number and date of birth.**
7. Relay 'Name Changes' shall be accepted each day up to 30 minutes before the start of the session in which the relay is to be swum.

SCORING

1. Individual and Relay events will be scored 8-deep.
 - a. 20-17-16-15-14-13-12-11

AWARDS

1. Medals will be awarded for 1st, 2nd and 3rd places in individual and relay events.
2. Ribbons will be awarded for 4th, 5th, 6th, 7th and 8th places in individual events only.
3. Swim BC will award a Team Banner to the Top Scoring Club. This will be presented at the end of the meet.

SCRATCHES

Scratches received prior to February 17th at noon will not incur Meet Fees.

1. There is no scratch penalty for no-shows, step downs and unexcused incomplete swims.

COACH COMPLIANCE (Registration and Certification)

Registration

Head Coaches must be, at minimum, registered in the SNC "A2" registration class. Assistant Coaches must be, at minimum, registered in the SNC "C" registration class.

NCCP Certification

Coaches who are attending this Age Group Championship Meet must be, at minimum, Fundamentals Coach Certified. Coaches, in their first year of coaching, must be Fundamentals Coach Trained.

Failure to adhere to the Coaching Compliance Policy presents substantial risks to Swim BC and its members.

It is incumbent upon the Coach to manage their registration and certification levels. Go to the CAC's [The Locker](#) for more information.

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Accommodations:

Holiday Inn on Howe Street, Vancouver

please click on link for offer: https://www.teamunify.com/cancdsc/_doc_/SwimBC_AGC_Feb_20-25-2020.pdf

Executive Hotel Vantage Park, Vancouver

Executive Hotel Vintage Park

1379 Howe Street Vancouver, BC V6Z 2R5

Tel: (604)688-7678

Date Range	Breakfast	Rate	Tax
Feb 20 – 24, 2020 30 DD rooms per day	\$13.95	\$125	17.5%

Rooms held until Jan 20, 2020

Terms and Conditions

Room Policies

- Check in: 3.00 PM Check out: 12.00 PM
- Maximum occupants per room – Single Bed – 2 people / 2 Beds – 4 people (Additional Person charge would apply).
- Children 16 & under stay free in room with existing bedding
- Additional Bedding: Rollaway - \$ 10.00 per day / Infant Crib – Complimentary
- Portage: \$ 5.50 per bag round trip plus 12% HST
- Self Parking: \$ 27.00 per day plus tax
- Please state that you are with Canadian Dolphin Swim Club – BC Age Group Winter Championships

Payment Policy PAY BY CREDIT CARD

***** BOTH hotels are within walking distance of the Vancouver Aquatic Centre, in downtown Vancouver, not far from Canada Line.**

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Age Group Championships Schedule of Events

Session #1 Friday, February 21, 2020			
Warm-Up:		8:00 - 9:20am	
Competition:		9:30am - 1:00pm	
FEMALE	MALE	AGE	EVENT
	2	Open	100 Fly
3	4	Open	200 Free (Prelims)
7	8	Open	400 IM

Session #2 Friday, February 21, 2020			
Warm-Up:		3:00 - 4:20pm	
Competition:		4:30 - 8:00pm	
FEMALE	MALE	AGE	EVENT
9		10&U Females	200 Medley Relay
	10	11&U Males	200 Medley Relay
11		12&U Females	200 Medley Relay
	12	13&U Males	200 Medley Relay
3	4	Open	200 Free (Finals)
13	14	Open	100 Back
15		Open	100 Fly

Session #3 SATURDAY, February 22, 2020			
Warm-Up:		8:00 - 9:20am	
Competition:		9:30am - 1:00pm	
FEMALE	MALE	AGE	EVENT
	16	Open	100 Free
17	18	Open	200 IM (Prelims)
19	20	Open	400 Free

Session #4 SATURDAY, February 22, 2020			
Warm-Up:		3:00 - 4:20pm	
Competition:		4:30 - 8:00pm	
FEMALE	MALE	AGE	EVENT
21		10&U Females	200 Free Relay
	22	11&U Males	200 Free Relay
23		12&U Females	200 Free Relay
	24	13&U Males	200 Free Relay
17	18	Open	200 IM (Finals)
25	26	Open	100 Breast
27		Open	100 Free

Session #5 SUNDAY, February 23, 2020			
Warm-Up:		8:00 - 9:20am	
Competition:		9:30am - 4:00pm	
FEMALE	MALE	AGE	EVENT
28		Open	Mixed Medley Relay
29	30	Open	200 Back
31	32	Open	200 Fly
60-Minute Break			
33	34	Open	50 Free
35	36	Open	200 Breast
37		Open	Mixed Free Relay

Note: All Warm-up sessions may be blocked, Clubs will be notified by email prior to the meet with details.

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COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Canadian swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout, an announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions.

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest.
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

"SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."

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Event Photography and Videography Procedure

Swimming Canada believes that when used properly photography and videography are excellent tools to celebrate and promote one's involvement and achievements within the sport. We also understand that while the great majority of images are appropriate and are taken in good faith, it is fact that certain images can be misused and/or misinterpreted to put an event participant, most notably children, at risk.

Definitions

The following term has meaning in this document:

“Photography and Videography”: A blanket term referring to all forms of image capture, including but not limited to still photography, video recording, social media posts and/or video streaming.

Procedure

In order to minimize risk, all photographs and video taken at Swimming Canada/Provincial Section sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency - in particular:

- Photography and videography are prohibited from behind swimming blocks at the start of a race or where otherwise posted;
- Photography and videography are prohibited in locker-rooms or bathrooms or any other dressing or prep area;
- Action shots should be a celebration of the sporting activity and not a sexualized image in a sporting context;
- Action shots should not be taken or retained where the photograph reveals a torn or displaced swim suit;
- Avoid images, camera angles and poses that may be more prone to misinterpretation or misuse by others.

Failure to adhere to these procedures are subject to the [Code of Conduct and Professional Ethics](#) as per section 4.b of that policy, stating one must “Operate within the rules and spirit of the Sport including; being aware of and complying, at all times, with Swimming Canada’s bylaws, policies, procedures and rules and regulations, as adopted and amended”. In addition, failure to adhere to these procedures may also result in accreditation being revoked or removal from the event.

All event participants and spectators should be made aware of these photography and videography standards with event announcements. See below for a sample announcement, which can be added to current pre-session announcements.

“A reminder to participants; Under NO circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, OR in locker rooms, bathrooms, or any other dressing area.”

Approval

Reviewed: March 20, 2019

Approved: March 20, 2019